Nuclear Fallout Decision Aid for First Responders

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Abstract

If terrorists detonated an improvised nuclear device (IND) in an urban area, thousands of people would die from the blast, and many more would become sick or die from exposure to fallout radiation. Proper sheltering and evacuation can protect people from fallout and save lives. This project provides guidance to first responders as to when to evacuate and what route to take to protect themselves against fallout radiation. The radiation exposure from sheltering and evacuation was examined to determine when to evacuate. Data was collected by calculating evacuation radiation exposure for about 800 scenarios. Each scenario consisted of testing three straight-line evacuation routes (i.e., they do not avoid obstacles) for a given starting point in a

model-produced fallout pattern. It was found that evacuation dose increases with increasing outdoor dose rate at starting point. A means of estimating maximum likely evacuation dose given starting-point dose rate was developed. This estimation was utilized to develop charts that guide evacuation time based on indoor radiation rate and building protection factor. These charts enable first responders to decide when to evacuate using only their measured indoor radiation rate and building protection factor. For 98% of the 800 automatically generated evacuations, evacuation at the time recommended by the chart had about the same or lower dose than evacuating after 12 hours. For 45 scenarios in which paths were more realistic and did avoid obstacles, evacuation at the time recommended

resulted in exposures about the same or lower than evacuation after 12 hours. The charts only work when the better lateral path is taken. The better lateral path can be discovered 94% of the time in a simple fallout pattern by following a lateral path with decreasing radiation rates. For fallout patterns with greater spread, this is true only 79% of the time. Determination of observation-based evacuation times and routes will give first responders the ability to make good evacuation decisions even in the absence of advanced scientific information or modeling provided they have access to a high range radiation dose rate instrument. It is recommended that a broader analysis look into other factors not accounted for in this study before widespread application of these results.

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1.0 Introduction

1.1 The Threat

The threat of a nuclear attack on a major city is a growing national security concern. Of this threat President Obama remarked, "One nuclear weapon exploded in one city—be it New York or Moscow, Islamabad or Mumbai, Tokyo or Tel Aviv, Paris or Prague—could kill hundreds of thousands of people. And no matter where it happens, there is no end to what the consequences might be for our global safety, our security, our society, our economy, to our ultimate survival." Within the federal government this is a concern at all levels. In "A World at Risk," Congress conducted detailed research into this threat. Over the past few years, nuclear terrorism has been researched and investigated in national laboratories and considered by dozens of federal agencies responsible for every aspect of federal response. Local governments from New York to Los Angeles, especially of large urban centers, have likewise showed an interest.

1.2 Improvised Nuclear Device (IND) Fallout Hazard

The primary delayed effect from a ground-level nuclear detonation is called "fallout." Fallout is generated when the dust and debris excavated by the explosion is combined with radioactive fission products produced in the nuclear explosion and drawn upward by the heat of the event. This forms a cloud that rapidly climbs through the atmosphere, potentially up to 5 miles high for a 10-kiloton (10-kt) explosion, from which highly radioactive particles coalesce and drop back down to earth as the cloud cools. For a ground-level low-yield nuclear detonation (10 kt), the fallout created could settle on the ground and create dangerous levels of radiation for

10 to 20 miles downwind.¹ Proper protection from radioactive fallout could save many lives.

It is important to be inside shelter when the fallout arrives, as this is the time when the radiation levels are highest. Fallout arrival times vary with yield and weather, but if you are outside of the building-collapse area immediately surrounding the detonation, then you should have several minutes before fallout arrives. If you are outdoors or in a car, seek the nearest adequate shelter. Adequate shelters are locations that have as much earth, building materials, or distance between the occupants and exposed horizontal surfaces as possible and will reduce exposure to the occupant by a factor of 10 or more. Examples of adequate shelter include the following:

- Basements, usually against a basement wall.
- Multistory brick or concrete structures.
- Office buildings (central core or underground sections).
- Multistory shopping malls (away from roof or exterior walls).
- Tunnels, subways, and other underground areas.

Spending the first hour in an adequate shelter can keep exposures non-lethal.² The federal planning guidance¹ for response to a nuclear detonation recommends that "people should expect to remain sheltered for at least 12 to 24 hours." Depending on the level of protection offered by the shelter and the ability to determine the best evacuation route, optimal shelter departure time may be only a few hours in some cases.

Figure 1: Protection factors (PFs) vary for different buildings and different locations within a building.

The determination of an appropriate time and route to evacuate can be very difficult without knowing the fallout movement. A lack of fast situational awareness and good communication will likely leave many to make choices on their own. This could cause people to make poor choices in regard to evacuation routes and shelter departure timing.

1.3 Need for Guidance

In such a large disaster, even first responders will lack the detailed technical information needed to make informed evacuation decisions. Although many first responders have the equipment necessary to monitor radiation levels, guidance to inform their evacuation decisions does not exist. The purpose of

this study is to find ways in which first responders can make informed evacuation decisions using only information they can observe and the instruments they have on hand.

1.4 Goals of Study

The goals of this study are twofold:

- Provide first responders with guidance as to when they should evacuate based on knowledge of inside dose rate and shelter protection factor.
- Better understand how responders can choose a good evacuation path relying on only information they can visually observe or measure using high range instruments capable of measuring exposure rates up to 999R per hour.

1.5 Sheltering and Evacuation Basics

Comprehension of the following terms will help the reader better understand this report. For more background information, refer to Reference 1 or 2.

Sheltering: Often referred to as “sheltering in place,” it is the location that affords the best protection that can be reached within a few minutes after detonation (generally before the fallout arrives).

Protection Factor (PF): The factor by which the outdoor radiation exposure is reduced by sheltering in a particular part of a building. The higher the PF, the lower the exposure that a sheltered person would receive compared to an unsheltered

Figure 2. Total dose received depends on time of shelter departure.

person in the same area. To obtain the sheltered exposure, divide the outdoor exposure by the PF. Figure 1 shows approximate PFs for various structures.

Dose: The amount of radiation exposure received.

Dose Rate: The rate at which radiation exposure is occurring.

Rem: A unit of absorbed dose that accounts for biological effects of radiation. For the purposes of this study, $1 \text{ rem} \approx 1 \text{ R} \approx 1 \text{ rad}$.

The exposure received by sheltering and evacuation is always changing due to radioactive decay. A way to display the exposure that might be received can be seen in the cumulative dose graph shown in Figure 2, which demonstrates the total exposure (shelter dose + evacuation dose) with various departure times. In the example scenario depicted, one hour after the detonation, those in the shelter will have received a 42-rem dose, and departure at this time (1 hour) will result in an evacuation dose of an additional 89 rem, yielding a total exposure of 131 rem for shelter departure at 1 hour.

In this case, sheltering 12 hours results in a slightly higher total dose than a departure at 4 hours, however an early departure can result in significantly higher (potentially lethal) evacuation doses. Through the use of this graph, the total (shelter + evacuation) dose can be determined for any of the shelter departure times noted on the x-axis. Optimal evacuation time depends on building protection factor, fallout

distribution, and evacuation-route doses. Unfortunately this information will not be known to most evacuees. This study aims to provide guidance to help first responders estimate a good time to evacuate with the limited information they have.

1.5.1 Paths

This document will refer to two types of paths. These paths are intended to be determined based on only detonation location and evacuation starting point.

- Radial: Refers to a path that simply heads away from the detonation point.
- Lateral: Refers to a path that goes perpendicular to the imaginary line connecting the detonation location

and evacuation starting point. There are two possible lateral paths:

- The better lateral path has a smaller radiation dose.
- The worse lateral path has a larger dose. This is usually because it goes back into areas with heavier fallout or it takes longer to escape the fallout.

Radial and lateral paths may be distinguishable to responders who can approximate the detonation location and do not require information about cloud movement. As demonstrated later on, one of the lateral paths is often the best evacuation. Responders can identify lateral paths by taking a path perpendicular to the line that connects their location with the detonation location, as seen in Figure 3.

Figure 3. Examples of lateral and radial evacuation paths.

2.0 Technical Approach

2.1 Overview

The basis of this study was the comparison of the gamma radiation dose received during sheltering and the dose received during evacuation. The sheltered dose was calculated by finding the integrated dose over a specified time and then dividing by the protection factor. The evacuation dose was found by dividing the evacuation route into segments and adding up the dose received in each segment.

2.2 Dataset Used

The data used for this study was generated by the atmospheric models run by the National Atmospheric Release Advisory Center (NARAC) at Lawrence Livermore National Laboratory (LLNL). The data consists of radiation dose rates and integrated dose data for 100x100-meter cells. All the data analyzed was for a ground-level, 10-kt nuclear detonation at Times Square in New York City.

2.3 Calculation of Sheltered Dose

The sheltered dose was calculated based on the outside dose rate an hour after detonation (d_1) and the 24-hour integrated dose (D_{24}) from the NARAC data set. The fundamental equations used for dose calculations are shown below. The dose at any time can be found using the dose rate at one hour³:

$$d(t) = d_1 t^{-1.2}$$

where:

$d(t)$ = Gamma dose rate as a function of time t

d_1 = Gamma dose rate one hour after detonation

t = Time after detonation (hours).

To find the dose received over a given time period, the equation can be integrated:

$$D(t) = \int_{t_o}^t d_1 t^{-1.2} dt$$

where:

$D(t)$ = Gamma dose received from time t_o to t

The 1-hour dose rate and 24-hour integrated dose can be used to estimate the time of fallout arrival. This is done by manipulating the integrated dose equation:

$$D_{24} = \int_{t_{\text{arrival}}}^{24 \text{ hrs}} d_1 t^{-1.2} dt$$

$$t_{\text{arrival}} = \left[24^{-0.2} + 0.2 \left(\frac{D_{24}}{d_1} \right) \right]^{-5}$$

where:

D_{24} = Gamma dose received from the time of cloud arrival until 24 hours after detonation

t_{arrival} = Time the fallout cloud arrived over shelter.

The radiation dose received during sheltering was calculated by taking the integrated dose received outdoors and dividing it by the protection factor of the shelter:

$$D_{\text{shltr}}(t) = \frac{1}{PF} \int_{t_{\text{arrival}}}^t d_1 t^{-1.2} dt$$

where:

PF = The shelter's protection factor

$D_{\text{shltr}}(t)$ = The total dose received by sheltering from the time of cloud arrival until time t .

2.4 Calculation of Evacuation Doses

Google Earth was used to model the various evacuation paths tested. After the determination of an evacuation path, the evacuation dose was calculated by copying the path from Google Earth to Excel. In Excel, the path's geographic data from Google Earth KML code was parsed and split into small segments. A custom function evaluated the distance between

each segment. Another function determined in which grid cell the center of the segment was located. Once the segment was associated with the grid cell, the data for fallout radiation exposure for that cell was retrieved.

The dose received in each segment was found by using the integrated dose equation:

$$D_{\text{segment}} = \int_{t_o}^{t_f} d_1 t^{-1.2} dt$$

where:

D_{segment} = The dose received during a particular segment of the evacuation route

t_o, t_f = The times that travel through the segment was started and ended.

The total evacuation dose was calculated by adding up the dose received for each segment of the evacuation:

$$D_{\text{evac}} = \sum D_{\text{segment}}$$

where:

D_{evac} = The total evacuation dose.

The evacuation dose for any start time was originally calculated by changing the start time to the beginning of the evacuation. For simplification, the evacuation dose at any time was calculated by using the following equation for times after one hour:

$$D_{\text{evac}}(t) = D_{\text{evac at 1 hr}} \cdot t^{-1.2}$$

where:

$D_{\text{evac}}(t)$ = The evacuation dose when the evacuation starts at time t

$D_{\text{evac at 1 hr}}$ = The evacuation dose when the evacuation starts at 1 hour.

This simplification resulted in unreasonably high evacuation doses for evacuations before cloud arrival. The high evacuation

Figure 4 (left): An evacuation path passes through grid cells. Each grid cell has associated radiation dose data. Path segments A and B are labeled for reference to Figure 5.

Figure 5 (below): Spreadsheet showing calculations for evacuation dose. Each line of the spreadsheet integrates the dose received for small segments of an evacuation path. The rows labeled A and B correspond to the segments illustrated in Figure 4.

Evacuation Path

Blue		(meters)		(R/hr)	(R)	(hr)	min		Hr	rem
Latitude	Longitude	Distance	Grid Cell Number	Outdoor 1-hr DR	Outdoor 0-24hr ID	Cloud Arrival	Exposure Time	Time after Detonation	Dose	
40.7670	-73.9638	11.051	7026	460.09	2241.91	0.130	0.2	1.00	1.69	
40.7669	-73.9638	76.300	7026	460.09	2241.91	0.130	1.5	1.03	11.48	
40.7666	-73.9630	80.330	7025	473.95	2336.34	0.125	1.6	1.06	12.07	
40.7659	-73.9634	57.470	7025	473.95	2336.34	0.125	1.1	1.08	8.41	
40.7657	-73.9628	57.470	7124	448.04	2213.64	0.124	1.1	1.09	7.79	
40.7654	-73.9622	57.470	7124	448.04	2213.64	0.124	1.1	1.11	7.62	
40.7652	-73.9616	57.470	7224	442.62	2168.46	0.128	1.1	1.13	7.38	
40.7649	-73.9610	77.689	7223	360.19	1777.13	0.125	1.6	1.16	7.93	
40.7644	-73.9615	54.396	7223	360.19	1777.13	0.125	1.1	1.18	5.42	
40.7641	-73.9610	54.396	7223	360.19	1777.13	0.125	1.1	1.19	5.32	
40.7639	-73.9604	54.396	7322	231.42	1142.23	0.125	1.1	1.21	3.36	
40.7636	-73.9599	54.396	7322	231.42	1142.23	0.125	1.1	1.23	3.30	
40.7634	-73.9593	80.079	7322	231.42	1142.23	0.125	1.6	1.26	4.75	
40.7627	-73.9597	78.340	7321	152.00	755.64	0.122	1.6	1.28	2.98	
40.7621	-73.9601	54.839	7320	90.72	454.41	0.119	1.1	1.30	1.22	
40.7617	-73.9597	54.839	7320	90.72	454.41	0.119	1.1	1.32	1.20	
40.7613	-73.9593	54.839	7419	33.25	165.56	0.121	1.1	1.34	0.43	
40.7609	-73.9589	54.839	7419	33.25	165.56	0.121	1.1	1.36	0.42	
40.7605	-73.9584	70.240	7419	33.25	165.56	0.121	1.4	1.38	0.53	
40.7600	-73.9589	86.017	7418	11.68	58.34	0.120	1.7	1.41	0.22	
40.7593	-73.9593	51.268	7417	2.71	13.56	0.119	1.0	1.43	0.03	
40.7588	-73.9591	66.253	7417	2.71	13.56	0.119	1.3	1.45	0.04	
40.7586	-73.9584	66.253	7516	0.37	1.85	0.115	1.3	1.47	0.01	
40.7583	-73.9577	66.254	7516	0.37	1.85	0.115	1.3	1.49	0.01	
40.7580	-73.9570	66.254	7616	1.03	5.13	0.120	1.3	1.51	0.01	
40.7577	-73.9564	66.254	7616	1.03	5.13	0.120	1.3	1.54	0.01	
40.7574	-73.9557	66.254	7715	0.53	2.70	0.115	1.3	1.56	0.01	
40.7571	-73.9550	66.255	7815	0.29	1.47	0.116	1.3	1.58	0.00	
38		2746.8					54.9		93.7	

doses are due to the fact that the application of the power rule for times before cloud arrival does not take into account that the cloud has not arrived for many of the segments of the path. This is compounded because as time approaches zero, the power rule returns doses approaching infinity. Cloud arrival time was estimated based on the NARAC calculated integrated exposure for the evacuation starting location and used in the development of the shelter/evacuation time optimization graphs.

For times after an hour, it was found that the simplification provided results slightly below (a few rem) what it would have been had the entire path been evaluated for a later start time. This simplification has been used because this analysis focused on evacuations occurring after cloud arrival.

2.5 Data Analysis

Data was collected in two ways. Most of the data collection consisted of evaluating computer-generated lateral and radial paths. These paths do not follow streets or avoid obstacles but simply take paths perpendicular to the line from the detonation location to the shelter. Using this automated method, two lateral paths and a radial path were evaluated for over 800 different starting points in five different weather patterns.

To check the automatically generated paths against more realistic paths, lateral and radial evacuation paths were drawn by hand to follow streets and avoid obstacles. Two lateral paths and a radial path were drawn for each of seven locations. These paths were tested against different fallout patterns by evaluating the evacuation dose for the paths using datasets from different months of the year. In total, this provided 45 different scenarios for comparison.

The data was used to verify that dose rate changes as the responders move around can be used as an indicator of evacuation-route quality. For example, for a responder monitoring dose rates over the first few

minutes of an evacuation, an increasing dose rate would likely indicate that they are on the wrong path and would likely receive a higher exposure than just remaining in the shelter. A challenge

comes from the fact the dose rates are falling off rapidly everywhere as the fallout decays, so the assessment in the following pages validates that dose-rate measurements will likely be a reasonable indicator of the correct evacuation path. An example of the automatically generated data can be seen below.

Path Doses for evacuation at 1 hour (rem)

Better Lateral Path Difference in radiation rate (rem)

Worse Lateral Path Difference in radiation rate (rem)

Bo	1 hr	24 hr	Bett	Wor	Radi	0:02	0:03	0:04	0:02	0:03	0:04
4618	20	224	1	13	1	8	14	14	-8	-7	-20
6501	22	119	1	254	1	18	18	21	-54	-188	-183
4511	24	258	2	6	1	8	8	14	-5	-10	-9
6114	25	162	1	297	373	22	22	25	-132	-128	-519
7396	39	198	2	210	2	23	24	33	-35	-33	-14
8092	43	104	2	187	3	22	23	33	-38	-98	-95
7310	47	230	2	226	567	34	35	43	-77	-240	-233
9186	63	282	3	147	4	28	29	47	-34	-32	-84
4909	66	737	3	126	5	34	51	52	-56	-53	-213
8888	81	372	4	158	7	42	43	65	-44	-41	-89
4817	82	906	5	51	5	39	40	60	-58	-55	-144
8889	131	598	7	160	12	54	93	94	-47	-43	-99
3387	149	660	10	148	17	49	83	84	-52	-47	-113
4713	151	1675	13	17	8	29	69	71	16	19	46
7199	166	826	7	230	11	98	100	139	-147	-140	-368
8493	247	1136	17	173	27	87	91	151	-80	-73	-171
5110	275	2789	11	383	21	195	197	241	-724	-702	-2127
7001	321	1622	15	253	23	177	180	255	-264	-576	-556
9988	366	1547	43	121	80	58	65	131	-7	2	-13
8992	367	1627	33	149	55	92	162	166	-71	-126	-115
9993	452	1782	66	102	196	45	83	91	-6	4	32
9392	486	2065	59	121	99	95	103	167	-29	-38	-27
9494	560	2303	86	97	172	37	48	104	40	51	100
7699	587	2773	36	191	67	223	380	385	-189	-171	-348
8700	590	2494	46	147	312	148	282	289	-80	-100	-85
7804	764	3509	45	185	402	263	474	481	-155	-237	-214
8398	773	3423	88	128	161	135	149	271	-36	-18	11
8099	839	3799	83	148	150	177	192	344	-49	-42	-22
7202	911	4488	56	208	95	352	365	612	-217	-192	-300
6805	1501	7787	102	197	200	469	493	910	-119	39	71
5712	2049	14076	87	277	612	1095	1117	1781	-571	-511	-218
5611	2889	20328	181	182	391	793	840	1851	483	1554	1583
5212	3225	30526	138	312	235	1730	1763	2792	-582	499	560

2.5.1 July 14th Data

This scenario has a very simple fallout pattern. The simplicity of the pattern makes finding a good lateral path much easier. In this data, it is seen that one lateral path is often significantly better than the other. This is because one lateral path usually leads away from the plume and the other heads back into it. In every case, the better path is well indicated by rapidly falling gamma dose rates in the first four minutes of evacuation. For places where both evacuation paths have decreasing dose rates in the first minutes, they both have similar total exposures. Taking the route with more rapidly decreasing dose rates will be a good route every time.

Figure 7. Fallout exposure patterns.

Path Doses for Evacuation at 1 hour (rem)			Better Lateral Path Difference in Radiation Rate (rem)			Worse Lateral Path Difference in Radiation Rate (rem)		
Box	1 hr DR	24 hr ID	Better	Worse	Radial	0:02	0:03	0:04	0:02	0:03	0:04
9850	20	60	5	54	16	5	5	7	1	3	4
5241	25	69	5	826	3	4	4	5	-4	-3	-11
9545	27	85	7	59	25	7	7	11	-2	-2	1
7347	29	121	7	88	17	6	7	7	-6	-5	-8
8142	32	121	10	78	32	6	10	10	1	2	1
8536	47	160	14	75	55	4	11	12	-3	-2	-5
7636	53	181	18	92	53	6	7	15	2	-3	-1
6144	54	157	10	148	12	11	12	20	-2	-1	-2
6643	58	181	13	116	20	9	20	21	-2	-5	-4
9535	60	204	15	65	64	11	12	19	-6	-10	-9
7239	65	209	18	98	36	10	11	17	-3	-6	-4
7339	65	211	17	94	37	7	15	16	5	6	7
9133	74	261	19	71	75	8	21	23	0	2	-20
6735	90	267	27	122	47	6	8	14	-8	-6	-19
7032	102	329	33	110	73	13	15	18	-9	-19	-16
9318	105	502	7	79	473	30	55	56	-21	-18	-47
6534	111	334	31	126	49	14	16	24	-9	-17	-14
9030	127	481	26	69	109	29	31	57	-7	-4	-19
8428	159	623	32	72	134	37	40	58	-24	-20	-43
5532	161	505	31	349	26	29	54	56	-16	-12	-40
5330	192	631	34	693	23	46	49	71	-30	-25	-43
4617	228	1250	34	42	9	6	11	28	26	51	55
8721	248	1150	25	77	384	41	45	95	-9	-3	-16
7025	259	1061	61	95	174	58	62	98	-37	-30	-76
8024	279	1209	57	61	242	29	35	69	-6	-18	-11
5726	380	1346	76	239	90	67	74	127	-37	-28	-76
5924	407	1538	97	169	152	61	69	110	-45	-35	-97
7521	420	1964	46	93	380	70	78	137	0	9	59
6919	430	2120	35	124	515	101	108	206	-24	-14	6
6719	519	2550	44	132	514	109	119	229	-7	5	60

This fallout pattern was influenced by weaker upper atmospheric winds and a greater wind shear at lower levels, creating a fallout pattern that is more spread out. For the points that fell in areas with less fallout, such as in the northeastern part of the map, the difference between a good route and a bad route became much less certain. This can be seen in the first 13 rows of data. Despite the increased complexity of this pattern, decreasing radiation rates in the first minutes of evacuation still usually indicated the better path.

2.6 Trends in Doses

Figure 9 represents the better lateral-path evacuation dose plotted against the outside dose rate at the evacuation starting point. The automatically generated data is represented by dots that vary by color for different fallout patterns. The hand-drawn evacuation routes that avoid obstacles and follow streets are represented by the triangles. Generally, as the outdoor rate increases, the evacuation dose increases. It also appears that evacuation dose increases linearly at first and then spreads as starting point dose rate increases. The trend also varies by fallout pattern. Note that for the April and November fallout, the evacuation dose rises very quickly and linearly in the beginning. This is because the fallout pattern for these tests had a large spread area of low radiation that must be crossed to evacuate. This was not the case for the July, October, or December fallout pattern, in which most of the radiation is concentrated in the fallout and is more quickly and easily escaped.

October looks almost the same as July.

Figure 9. Evacuation dose increases as dose rate at starting point increases.

2.7 Estimation of Evacuation Dose Using Outdoor Rate

In general, places with higher dose rates had higher evacuation doses. This trend has been used to estimate the maximum likely evacuation dose for the better lateral path based on outdoor dose rate at the evacuation starting point. As seen in Figure 9, there is quite a bit of spread, and the line representing this estimation does not accurately predict evacuation doses given the starting-point dose rate. The purpose of this line is to estimate the maximum likely evacuation dose. For this reason the line was drawn above 78% of the data points. The equation of the line to predict maximum likely better evacuation dose is below:

$$D_{\text{evac at 1 hr}}(d) = 3.65 \times 10^{-9}d^3 - 3.4 \times 10^{-5}d^2 + 0.1122d + 40$$

Where:

$D_{\text{evac 1 hr}}(t)$ = The evacuation dose for a better lateral path evacuation starting an hour after detonation (rem)

d = The gamma dose rate at the evacuation starting point one hour after detonation.

This equation can be modified to estimate the evacuation dose for an evacuation starting at any time, as seen below:

$$D_{\text{evac}}(d_1, t) = (3.65 \times 10^{-9}d^3 - 3.4 \times 10^{-5}d^2 + 0.1122d + 40)t^{-1.2}$$

2.8 Calculation of Recommended Evacuation Times

Recommended evacuation times were calculated by finding the time at which the total dose (shelter + evacuation) was a minimum, as demonstrated at one hour for Figure 1. The total dose was calculated as the sum of the sheltered dose until evacuation began and the evacuation dose:

$$D_{\text{total}}(t, d_1, PF) = D_{\text{shltr}}(t, d_1, PF) + D_{\text{evac}}(t, d_1)$$

The value for total dose is found by substituting the equations for sheltered dose and estimation of the maximum likely evacuation dose at any time:

$$D_{\text{total}}(t, d_1, PF) = \int_{t_{\text{arrival}}}^t \frac{d_1}{PF} dt + (3.65 \times 10^{-9}d^3 - 3.4 \times 10^{-5}d^2 + 0.1122d + 40)t^{-1.2}$$

Figure 10 in the Results section was generated by iterating the equation above using different time values to find the time at which the total dose is a minimum provided the Responder can determine the best lateral evacuation path.

2.9 Limitations, Assumptions, and Sources of Error

The purpose of this study was to provide guidance to aid responders in decision making without the aid of advanced computer models or subject matter experts. Because detailed technical information may not be available to first responders at the time evacuation decisions are made, the results of this study are a rough guide as to what they should do. Because the results of this guide are general to different scenarios and different cases, it is expected that, in some cases, following the recommendations of this document will be worse than doing nothing at all or making uninformed decisions. However, for the cases examined, the strategy explained in this document is better than evacuation after 12 hours* more than 90% of the time.

2.9.1 Weather and Scenario Bias

A large source of bias in the results is the limited dataset used for analysis and conclusions. The data used consisted of fallout effects for 12 PM and 8 PM detonations at Times Square taken the 14th of each month in 2009. Although many fallout patterns likely resemble those used in this study, it is suspected that variation in time and space is important. A different detonation location with different prevailing winds and climate will have a different set of fallout patterns. Also, even detonations in Times Square could vary not only by time of year, but also by time of day, which was not considered in this study. In summary, the data used to make this analysis does not accurately represent a random set of fallout patterns for a detonation at any location or at any time of day. A statistical study of the probability of different patterns would be useful in understanding how to apply these results to any locale. Another limitation of this work is that it considered only ground-level detonations with a 10-kt yield. The effect of larger or smaller yields and different detonation altitudes has not been considered here.

2.9.2 Sources of Error

Although many experiments have been conducted with nuclear weapons, there is no actual experimental data regarding the effects of a low-yield nuclear device at ground level in an urban environment. For this reason, this entire study was performed using data from models generated by NARAC. Because the data used for this study was generated by a model and not by actual experimentation, it is difficult to be certain how accurate the results are.

The calculation of exposure along segments of an evacuation route used the one-hour dose rate for whichever grid cell contained its midpoint. This approximation was probably not a large source of error. Other small sources of error include distance-measurement error from using latitude and longitude.

2.9.3 Other Assumptions

Calculation of evacuation paths assumed outdoor exposure and as such did not take into account exposure-reducing actions such as moving through buildings or subways. Path calculation assumed a steady, fast walking speed of 3 km/hr (1.8 mph) and did not make any account for bad path discovery. The automatically generated data did not account for obstructions of any type.

*12 to 24 hours is the current federal guidance and should be the default strategy if the evacuee does not have high range radiation dose rate instruments.

3.0 Results

The correlation between outside dose rate and evacuation dose was used to develop charts that can guide evacuation timing.

First responders with high-range radiation-measurement capability and knowledge of their shelter's protection factor can use Figure 10 to find their recommended evacuation time.

Figure10. Evacuation time can be determined using protection factor and the dose rate measured inside.

Figure11. Estimated exposure reduction (rem) by evacuating at the recommended time instead of after 12 hours.

Figure 10 was generated by finding the time at which the total dose is a minimum. This was done by calculating sheltered dose and estimating evacuation dose as described in the methods section. The values in the figure have been rounded to the nearest hour to improve readability and to express uncertainty. For the data analyzed, the estimation of evacuation dose was conservative. This means that although in many cases the best time to evacuate may be sooner, a later time was used. This is an attempt to allow for error and make certain that those who take an evacuation route with a slightly more than expected dose will not be put in danger.

Although the estimate for evacuation dose was made slightly conservative, it is not recommended to evacuate at the above listed time for any evacuation path. Evacuation at the above listed time reduces dose only when a good path is taken. How to determine and monitor a good path is detailed in Section 3.2, "Guidance for Responders."

It is important to know the benefit of evacuating early compared to waiting 12 hours before evacuation. The first benefit is that first responders can be supporting response operations rather than sheltering in their firehouses. Their radiation-monitoring equipment can help them to find a safe route, which can often result in a lower exposure for an early evacuation. Another benefit of evacuating at the recommended time is reduced exposure. Figure 11 shows the benefit (in dose reduction) of optimal shelter departure time compared to a 12-hour shelter departure. The table uses the same format as Figure 10 to allow for comparison.

3.1 Findings

In the course of analysis, a number of interesting points were discovered.

- The evacuation dose for the better perpendicular path can be roughly estimated using the outdoor dose rate. This correlation makes time of evacuation guidance possible without measurements and models of the entire plume.
- The time of cloud arrival (and distance from detonation) was found to have no impact on the optimal shelter departure times after its arrival.
- It was observed that the better lateral path does not always pass through areas of decreasing intensity. However, the better lateral path is usually indicated by decreasing radiation rates, which should be used to determine best path.
- Paths that reach safe dose rates in less than 750 m were found to have very low dose rates every time.

3.2 Guidance for Responders

3.2.1 Choosing When to Depart your Shelter

Determining when to evacuate depends on shelter quality, measured radiation rates, and the ability to choose a good path. You will probably be able to identify a good path if any one of the following is true:

- Someone with a reliable model or measurements of fallout has told you which way to go.
- You can see where the fallout cloud is and can easily find a lateral path to escape it.
- You know of a radiation-free place that is within 15 minutes of your current location.

- You see a benefit (you need to exit either to reduce exposure or to be available to respond elsewhere) to early evacuation and can find an unobstructed lateral path where the radiation rate generally decreases.

If you are sure you can find a good path, you can estimate a good time to evacuate by using Figure 3. To use this tool, you will need to know your shelter's protection factor and the radiation rate indoors 30 minutes or one hour after detonation. If you are unsure about any of the above, it is recommended that you follow the most recent planning guidance for uninformed sheltering and evacuation.

3.2.2 Taking a Better Path

This study has led to a number of recommendations for evacuation strategies. The study found, as others have suggested, that a path perpendicular to

the movement of the fallout cloud is usually better. However, the movement of the fallout cloud is not always something visible to the observer on the ground, especially in an urban area. For this reason, it is suggested that one take a path perpendicular to the imaginary line that connects his or her location and the presumed detonation location.

- Responders should take a path perpendicular to the line that connects their location with the detonation location, as mentioned in the paths section of Section 1, "Introduction."
- Responders should test to see which perpendicular path is better by sending scouts ahead—if they measure a significant decrease in radiation, the rest of the team should follow.
- Small increases (due to natural variation in the accumulation of fallout) in radiation rates are expected during evacuation. If the rate is

Figure 12. Fallout radiation decays rapidly as time passes.

continuously increasing, however, responders should head a different direction or seek shelter in a nearby building that offers good protection.

- Fluctuations will exist in the dose rates during evacuation. Walking close to buildings will probably have a different exposure than walking in the middle of the street. Intersections will likely have higher dose rates. Try to walk through areas with lower dose rates.
- Moving through areas without fallout will reduce exposure. If possible, cut through buildings, underground parking garages, tunnels, or subways.

3.2.3 Monitoring the Path

Gamma dose-rate monitoring during evacuation will be difficult because the radiation rate is constantly decaying (decreasing with time). This means that meters may show that radiation is decreasing even when entering areas that have greater concentrations of fallout. Figure 9, based on the power rule from the methodology section, shows how radiation decays overtime. To avoid entering areas of more dense fallout an evacuation route must grow farther from lines above it and closer to those below it.

Figure 12 shows three possible evacuations two hours after detonation. The blue path is the better lateral path out. The green path represents a lateral path that goes back through areas with more dense fallout. The yellow path represents a radial evacuation. Figure 13 shows what radiation rates first responders would read as they take each of the three paths presuming they begin their evacuation at 2 hours after the detonation. Note that the best path in this case actually takes the responder closer to the detonation location and into areas that may be more difficult to traverse. The black line represents the decaying (decreasing) dose rate just outside the shelter.

Figure 13. Radiation rates for first responders.

4.0 Examples

4.1 FDNY Ladder 115, Engine 258 Firehouse

Scenario

- Nuclear Detonation:** 10-kt yield
- Location: Times Square at Ground Level.
 - Time: Noon Jul 14, 2009.
 - Firehouse: Four story Brick Structure:
 - Located on 47th Ave., Queens.
 - 3.2 miles from detonation.
 - PF 50 (for sheltering in the basement).

Timeline:

- 12:00 PM Firefighters see the flash, soon hear the explosion of a nuclear bomb. Several of the windows may break, but this does not significantly affect the fallout protection offered by the building.
- 12:05 PM Through visual observations, crew suspects a nuclear explosion and moves down

to the basement to protect themselves against fallout.

- 12:11 PM After a few minutes of almost no detectable radiation, the measured rate indoors climbs and peaks at about 140 rem/hr, which indicates that fallout cloud has arrived to their station. Because they are in a basement with a PF of 50, outside the radiation is 50 times as much, or 7000 rem/hr.
- 12:30 PM Inside, the radiation rate is now about 40 rem/hr. Outside, it is 2000 rem/hr.
- 1:00 PM Inside, the radiation rate is now about 17 rem/hr. Outside, it is about 860 rem/hr. The firefighters look at the charts to see the recommended evacuation time (seven hours post-detonation). They also see a small benefit (a reduction of exposure of about 1 rem, giving a dose of 82 rem instead of 83 rem).

Figure 14. (left) Two likely paths for evacuation. (right) The radiation rate measured during evacuation.

7:00 PM The firefighters begin their evacuation. They will try to take the better lateral path. They must choose between the blue path and the green path. Both paths provide a reasonable way out. The blue path follows the better path and has a dose of 9 rem. The green path goes through an area with slightly more fallout and would have resulted in twice the evacuation dose (18 rem). Had they started out on the green path, they would have noticed the increasing radiation rates in the first three minutes. At this point, they could turn around and take the blue path and in the end receive a dose of 14 rem.

The optimal time to evacuate was 5 ½ hours after detonation, at which point the total (shelter + evacuation) dose would be 81 rem. An evacuation anytime between 3 ½ and 16 hours would cause a dose within 3 rem of the lowest possible dose. The firefighter's evacuation after seven hours gave them a total dose of 82 rem.

Figure 15. Evacuation anytime after 3.5 hours provides a reasonably low dose.

4.2 FDNY Battalion 8, Engine 2, Ladder 2 Firehouse

Scenario

- Nuclear Detonation:** 10-kt yield
- Altitude: Ground Level.
 - Location: Times Square.
 - Time: 8:00 PM Oct 14, 2009.

Firehouse

- Part of a large high-rise.
- 0.85 Miles from detonation.
- PF 100 (center of high-rise).

Timeline

- 8:00 PM Light, sound, and blast felt. Blast wave arrives a few seconds after flash. All windows and doors violently broken, but this does not significantly affect fallout protection offered by the building.
- 8:05 PM Crew is unable to determine where the explosion occurred

or cloud movement because of the visual obstructions in the urban environment, but moved to the center of the building as a precaution in case this was a nuclear event.

- 8:15 PM Fallout cloud arrives. Peak reading is about 20 rem/hr indoors or 2000 rem/hr outdoors.
- 8:30 PM Indoor rate is 16 rem/hr. Outdoor rate is 1600 rem/hr.
- 9:00 PM Indoor rate is 7 rem/hr. Outdoor rate is 700 rem/hr.
- 8:00 AM Begin evacuation.
- 8:30 AM Evacuation complete.

Finding the better path
The better lateral path is indicated by rapidly falling radiation rates in the first minutes of evacuation. The worse path shows a steady radiation rate for the first minutes of the path.

Shelter departure timing

The best time to evacuate was 18 hours after detonation, when the total dose

would be 29 rem. However, an evacuation anytime after four hours produces a dose of less than 40 rem and may be warranted

if there are other hazards, such as fire, threatening the station.

Figure 16. (left) Two likely paths for evacuation. (right) The radiation rate measured during evacuation.

Figure 17. The best time to evacuation is 18 hours after detonation.

4.3 FDNY Engine 34, Ladder 21 Firehouse

Scenario

Nuclear Detonation: 10-kt yield

- Altitude: Ground Level.
- Location: Times Square.
- Time: 12:00 PM Jun 14, 2009.

Firehouse

- Two-story brick structure.
- 0.5 miles from detonation.
- PF 20 (presumes no basement).

Timeline

12:00 PM Light, sound, and blast felt. Blast wave arrives a few seconds after flash. All windows and doors are violently broken, but this does not significantly affect the fallout protection offered by the building. Building is partially shielded from blast effects by other buildings, but

many buildings in the area suffer partial collapse.

12:05 PM Crew is unable to determine where the explosion occurred or cloud movement because of the visual obstructions in the urban environment, but moved to the center of the building as a precaution in case this was a nuclear event.

12:06 PM Fallout cloud arrives. Peak reading is about 20 rem/hr indoors or 2000 rem/hr outdoors.

12:30 PM Indoor rate is 170 rem/hr. Outdoor rate is 3400 rem/hr.

1:00 PM Indoor rate is 75 rem/hr. Outdoor rate is 1500 rem/hr.

evacuation radiation levels would initially drop for both evacuation pathways (Figure 18, right), the worse path passes through areas of increasing radiation and is longer to traverse (Figure 18, left).

Shelter departure timing

The best time to evacuate was 1½ hours after detonation, when the total dose would be 300 rem. The chart recommended an evacuation after two

hours, when the dose would be 306 rem. An evacuation after 12 hours has a dose of 378 rem. By evacuating after two hours the dose was reduced by 68 rem. This is enough to reduce radiation illness severity.

Figure 18. (left) Two likely paths for evacuation. (right) The radiation rate measured during evacuation.

Figure 19. The best time to evacuate is 1.5 hours after detonation.

5.0 Next Steps

5.1 Statistical Study

A statistical study of fallout patterns would be useful in determining how probable certain fallout patterns are for different locales. Because the correlation between evacuation dose and outdoor evacuation dose varies depending on fallout pattern, knowledge of what patterns are probable for a specific locale would be useful in determining location specific strategies.

5.2 Broader Analysis and Risk Analysis

A broader analysis of this subject should be performed prior to wide-scale implementation of the results. In

particular, it would be useful to analyze shelter/evacuation strategies for many different detonation locations at different times of day and times of year. Analysis should be performed on a large random set of fallout patterns. This type of analysis would provide better insight into what probable evacuation doses are and how probable they are. Once the probability is found of taking a good versus a poor route, guidance should be developed to account for the risk of taking a poor route.

5.3 Local Variation Study

This study recommended that first responders find the best path by taking a lateral path with decreasing radiation rates. Local variation in an urban environment could make this task more

difficult than it would appear. The NARAC data upon which this study was based did not take into account local variation. Analysis of local variation due to buildings, weather changes, and other factors would provide more insight into how to find the best possible evacuation route.

5.4 First Responder Guides

First responders with radiation-monitoring capability will need brief guides that can direct them regarding how to make sheltering and evacuation decisions. This type of guide should include relevant charts that give guidance as to when to evacuate. Guidance should also describe evacuation strategies.

6.0 References

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