LONG THROW AND ROTARY OUTPUT ELECTRO-THERMAL ACTUATORS BASED ON BENT-BEAM SUSPENSIONS

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ABSTRACT

This paper reports on significant advances in electrothermal bent beam actuators. Designs for long throw linear and rotary actuators are described. Silicon p++ devices showed 20-30 μm displacements with 150 pN loads at actuation levels of 6-8 V, and 250-300 mW. An electroplated version provided 15μm displacements at 0.8 V and 450 mW. Inchworm type devices are reported that had linear displacements of 100 μm with 200 pN loads. Refinements in the modeling to account for non-linear thermal expansion coefficients and buckling are also reported.

I. INTRODUCTION

Although many micromachined actuators have been developed in the past, the options for existing integrated circuit compatible micromachining processes are limited to electrostatic and electrothermal devices. Electrothermal devices consume more power, but provide higher forces and can generally be driven with lower voltages, allowing standard interface electronics to be used. Amongst electro-thermal devices that provide in-plane motion, bent beam actuators offer an attractive compromise of displacement, force, scalability and simplicity in design [Guc92, Jon99, Que99].

This paper reports on advances in bent-beam actuators that were previously presented in [Que99]. Refinements in design equations and fabrication techniques are described in section II, along with preliminary results on frequency response and operating life. Designs for long throw and time-sequenced rotary actuators intended for electromechanical firewalls and other secure systems are discussed in section III, along with limits imposed by buckling constraints. Inchworm actuators that reduce power dissipation and increase throw are discussed in section IV.

II. SIMPLE & CASCADED BENT-BEAMS

The simplest manifestation of bent-beam electro-thermal actuators is illustrated in Fig. 1. As an electric current is passed through a V-shaped beam anchored at its ends, thermal expansion caused by joule heating pushes the apex outward. The displacement of the apex is a function of the beam dimensions and slope[Gia96], and can be calculated analytically to within 5% of finite element analysis (FEA):

\[ d_{\text{max}} = \frac{2\tan \theta}{k} \left( \tan \frac{L_1 - L_2}{2} \tan \theta_1 \right) \Delta T = \frac{1}{\alpha L_1} \left( \Delta L' + \frac{P L_1}{E h} \right); \quad k = \frac{F}{E l} \]

\[ L' = \frac{(\frac{\tan \theta}{k})^2}{4k} \left[ G + k L_1 + k L_2 G^2 + \sin L_2 - 2G \cos k L_1 - G^2 \sin L_1 \right] \]

where \( G = \tan(k L_2) \), \( H = \tanh(k L_2) \), \( E = \text{Young's modulus} \), \( \alpha = \text{expansion coefficient} \), \( h = \text{beam thickness} \), \( w = \text{beam width} \), \( I = \text{moment of inertia of the beam} \), \( L_1 \) and \( \theta_1 \) are defined in Fig. 1, and \( F \) is an intermediate variable that represents the reaction force along the x-axis at the anchors. The comparison to FEA was performed for 500-2000 μm lengths, 4-5 μm widths and thickness', and 0.025-0.2 radian bending angles. The peak loading force that can be sustained at the apex, \( f_{\text{max}} \), defined as that at which the displacement is forced back to zero, can be calculated analytically within about 10%:

\[ f_{\text{max}} = d_{\text{max}} K_f; \quad K_f = \frac{4\sin^2(\theta_1) L_1 E}{L_1} \]

where \( A \) is the cross-sectional area of the beam, and \( \theta_1 \) is the effective bending angle, which may differ from the actual angle as a result of apex displacement, particularly in long beams with a shallow bending angle. Equation (2) accommodates beam elongation, but ignores bending for simplicity. The consistency of this formula with FEA was validated for the same dimensional parameters mentioned above, but over a reduced range of bending angles of 0.05-0.2 radian. (A simpler formula for \( f_{\text{max}} \) described in [Que99] is substantially more pessimistic.)

![Fig. 1 The basic unit of the bent-beam thermal actuator (left), and a cascaded device (right).](image-url)
In equation (1), it was assumed that the expansion coefficient of the structural material is not a function of temperature. Although this makes the analytical solution more tractable, it underestimates the displacement by about 30% for Si devices. The expansion coefficient of Si increases from about 2.5 ppm/K at room temperature to 4 ppm/K at 400°C [Ko85]. Using an expression for the expansion coefficient that provides a linear fit through these points, displacement and force curves were obtained by non-linear FEA with ANSYSTM (Figs. 2,3).

Besides scaling dimensional parameters, higher forces can be generated by placing these actuators in parallel, and larger displacements can be generated by cascading the actuators [Que99]. For cascaded actuators, if two primary base units are driven by the same power supply, there will be no current sustained by the secondary unit (Fig. 1). Cascaded devices have three to four times larger displacement than simple beams without heating the secondary unit. Heating the secondary unit increases this advantage.

Fig. 2: Non-linear FEA of Si actuators. Simple: H=4.5μm, W=6μm, θ1=0.2 rad, L=500/1000μm. Cascaded: H=4.5μm, W1=6μm, W2=4μm, θ1=0.1 rad, θ2=0.2 rad, L1=L2=500/1000μm. secondary unit was unheated.

Fig. 3: FEA load lines of Si actuators at 400°C. In the cascaded device, the secondary unit was unheated.

Temperature, Power, and Choice of Materials

Polysilicon, p+ Si, and electroplated Ni are commonly used structural materials for MEMS, and are good candidates for electro-thermal actuators [Que99]. The expansion coefficient of Si is 2.5-5 ppm/K over the temperatures of interest, while it is 12-16 ppm/K for electroplated Ni. Although this can result in larger displacement for Ni devices, the offset displacement changes with the ambient temperature because of its expansion mismatch with the substrate, which is typically Si or a type of glass that is expansion matched to Si. Moreover, while polysilicon devices can be operated to about 600°C (above which in situ annealing can be a threat), and p+ Si structures can be operated even hotter, the upper limit for Ni structures is about 350°C, beyond which an irreversible darkening of the structure is observed to occur (possibly due to oxidation), along with degradation of the actuation stroke.

Since the thermal isolation of most microstructures with respect to the substrate and the ambient is 1,000-10,000 K/W [Gia97], maintaining a temperature of 600°C requires only 60-600 mW of power (Que99). Moreover, the actuation voltages are in the range of 5-25 V, permitting the use of standard electronic interfaces that are generally inadequate for electrostatic actuators.

Fabrication

Preliminary fabrication results were obtained using polysilicon, p+ Si, and electroplated Ni separately as structural materials using the processes described in [Que99]. The only significant modification was in the release sequence used for electroplated Ni microstructures. For these, after stripping the mold and wet etching the seed and sacrificial layers in HC1, Cr etchant, and HF respectively, the Ni was selectively plated with ~500 Å Au by immersing for 10 min. in an electroless plating solution (Alfa Aesar #42307) at 60°C. This is followed by a coating of self-assembled monolayer, as reported previously. The Au coating improves the hydrophobicity of the surface, thereby reducing stiction. More importantly, it provides an inert chemical coating to the Ni actuators, elevating the operating limit from ~350°C to ~450°C. This increases the peak displacements achievable with Ni devices.
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Fig. 5: Measured frequency response of $p^{++}$ Si thermal actuators with dimensions as in Fig. 7. The drive signals were 10 V square waves for the single (cascaded) device.

**Measurements of Displacement, Force, Speed, Reliability**

Measurements of a fabricated basic $p^{++}$ Si actuator are plotted in Fig. 4. Verniers built into the devices were used to make peak deflection measurements. The peak force is calculated from the peak deflection. The approximate linearity of the response indicates that conductive heat loss dominates, as expected. The average temperature of the actuator was estimated from the increase in its resistance as the drive power was increased. Piezoresistance can account for no more than 15% of the resistance change, and is generally much lower.

Thermal actuators are generally slower than electrostatic ones because the thermal time constants involved are longer than the electrical and mechanical time constants for most microstructures. However, there is a common misperception about the drive frequencies that are possible. Preliminary tests for both simple and cascaded devices indicate that non-resonant actuation frequencies in excess of 1 KHz are reasonable (Fig. 5). This is possible because of the very small thermal mass of these structures. It is worth noting that the heat (and current) in these structures can be confined to selected beams as discussed in [Que99], while others serve purely as motion amplifiers. This can help to maintain short thermal time constants even for larger and more complex mechanisms.

Preliminary tests were conducted to assess the reliability of simple bent-beam actuators. A device with the dimensions described in Fig. 7 was exercised with a 6V, 300 Hz square wave for a total of 6 million cycles. There was no degradation in the amplitude of the motion to the extent that could be determined by the integrated vernier. However, it is reasonable to expect that device lifetime is related to drive amplitude. Additional studies are being conducted to determine the operation limits.

In all the measurements made on the preliminary test structures, no cross-talk was ever observed between devices – even those in close proximity to each other. This indicates that the temperature increase is localized to the activated device. The relatively small thermal mass of these devices and the relatively high thermal conductivity and thermal mass of the substrate are likely contributing factors. This indicates that standard microsensor packaging technology is adequate for thermal actuators.

**III. ROTARY ACTUATORS**

Rotary actuators are used to drive mechanical discriminators for electromechanical firewalls and other secure systems [Gar98]. In order to serve these applications, the rotary actuator must drive a 100 $\mu$m diameter gear with a stall torque of at least 500 pN-m. In the past, orthogonally arranged pairs of comb-driven electrostatic actuators have been used to drive the output gear. Since the loading force is small, the motivation for electro-thermal actuation in this context is largely the lower actuation voltages which permit the use of standard circuit interfaces.

The rectilinear stroke of the bent-beam actuator can be converted into rotary motion of a gear by impact drive [Lee92], or the translation of a linear rack which is engaged with the output gear. The former is difficult to implement with continuous loading forces, susceptible to friction problems, and the repeated impact raises concerns of lifetime and reliability. The latter is relatively slow, and requires very large linear displacement. An attractive compromise is offered by two orthogonal cascaded drives providing the 2-axis motion needed to rotate the gear (Fig. 6). This approach provides continuous motion, fast response, and potentially high reliability.

With the drive pin is located 15 $\mu$m from the center of the gear, the target displacement for the actuators is about 30 $\mu$m. The 500 pN-m stall torque requirement is satisfied if output force at this displacement exceeds 33 $\mu$N. Since 33 $\mu$N is much lower than a typical $f_{\text{max}}$ (Figs. 3, 4), it is assumed that $d_{\text{target}} = d_{\text{max}}$.

![Fig. 6: Schematic of a rotary actuator based on orthogonal cascaded bent-beam elements for a gear of 50 $\mu$m radius.](image)

![Fig. 7: Non-linear FEA of an orthogonal pair of cascaded Si actuators with one axis is actuated. Dimensions: $W_1=6$ $\mu$m, $W_2=W_3=4$ $\mu$m, $\theta_1=0.1\,\text{rad.}$, $H=4.5$ $\mu$m, and $L_1=L_2=L_3$.](image)
vertical buckling.

For many designs, vertical buckling can be the limiting factor for maximum displacement, output force, and drive temperature. For cascaded structures and other complex shapes, FEA is necessary to examine vertical stability. Using the geometrical model, boundary conditions, material properties, and an external loading force of 40 μN (max. loading force of 33 μN + 7 μN safety margin), the static solver is first executed. Following this, the buckling solver is executed, specifying a single degree of freedom, as desired for vertical or lateral buckling. This approach (using element Beam4) matched analytical formulas for buckling straight beam under various boundary conditions within 5%.

The predictions for buckling temperature obtained by FEA are pessimistic because only one degree of freedom is specified. In reality, lateral deflections that occur in normal operation of the device reduce the propensity for vertical buckling. Lateral buckling presents a problem in addition to vertical buckling. When lateral buckling occurs, the V-shape of base unit in a cascaded becomes inverted, rendering the device inoperational. Figure 8a shows the lateral buckling results, plotting the maximum lateral deflection that can be achieved before a cascaded actuator buckles laterally. Figures 2 and 8b show the temperature at which an actuator will buckle vertically. Bending angles of $\theta_1=0.1$ rad. and $\theta_2=0.2$ rad. provide the best compromise for both lateral and vertical buckling. Process variations such as increased structural thickness longitudinal corrugations in the structural material can help to further increase the vertical buckling temperature.
Fig. 10: (a: top–c: bottom) Measurements p+ Si rotary actuators R3, R5, and R6, respectively (Table I). In all cases the X and Y actuators were activated together.

Table I: Dimensions of rotary output actuators in μm and radians. L1=L2=L3, θ1=0.1 rad, and θ2=0.2 rad. L3 is the length of the push rods. All devices are 6.5 μm thick, except J3, which is 11.0 μm thick. The load beam is 250 μm long, and 3.15 μm wide; D = diagonal placement; Y = placement across the Y actuator drive shaft alone.

<table>
<thead>
<tr>
<th>Name</th>
<th>L1</th>
<th>W1</th>
<th>W2</th>
<th>θ3</th>
<th>Load</th>
</tr>
</thead>
<tbody>
<tr>
<td>R3</td>
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<td>4.3</td>
<td>2.3</td>
<td>0</td>
<td>none</td>
</tr>
<tr>
<td>R5</td>
<td>500</td>
<td>5.5</td>
<td>5.5</td>
<td>0</td>
<td>D</td>
</tr>
<tr>
<td>R6</td>
<td>500</td>
<td>5.2</td>
<td>3.2</td>
<td>0.2</td>
<td>Y</td>
</tr>
<tr>
<td>RJ3</td>
<td>500</td>
<td>5.7</td>
<td>6.7</td>
<td>0.2</td>
<td>none</td>
</tr>
</tbody>
</table>

Measured Results

Operation of the rotary actuators was validated by fabricating them in both electroplated Ni and p+ Si using abbreviated processes which provided a single structural layer. This precluded the fabrication of gears because a second structural layer would then be necessary to cap (vertically constrain) the gear, and a third one to provide a linkage with clearance above it. The loading effect of the gear on the actuator was emulated by a loading beam constrained by brackets at each end. The loading beam was attached transversely to the drive shaft along each axis and/or at the location of the gear (Fig. 9).

A number of different designs were fabricated and tested. The measured results are plotted in Fig. 10 and 11, whereas the dimensional parameters for these devices are listed in Table I. For devices R3 and RJ3, there was no loading force applied, whereas for devices R5 and R6, loading force was applied only for displacements higher than a certain threshold, which was the displacement necessary for the loading beam to come into contact with its bracket constraint. Beyond this point, the loading force increased with displacement, which was measured using integrated verniers. The Si devices showed displacements of 20-30 μm with beam lengths of 500-1000 μm, total power levels <300 mW, and peak actuation voltages in the 6-8 V range.

IV. INCHWORMS

In the preceding section, bent-beam actuators with 1-2 levels of cascading were shown to generate rectilinear displacements of several tens of microns. For applications that require an order of magnitude more displacement, alternate approaches are necessary. Since rotary actuators are available, one option is to use gear trains coupled to a linear rack. Another option, which is potentially less susceptible to frictional wear, is to use inchworms. Pairs of opposing bent-beam actuators are pulsed to grip and shift a central shank, which is cantilevered on a flexible suspension (Fig. 12). The sidewall of the shank and the mating surfaces of the actuators are corrugated to reduce their reliance on friction. The actuators effectively work as a split cascade: when actuated, the individual actuators move forward until they touch the shank, at which point they effectively form a single actuator with an additional level of cascading, which further amplifies the motion. Alternatively, the second pair can serve as a passive lock that prevents the shank form being pulled back once it has been displaced. This results in tremendous power savings when a displacement must be held for extended time intervals. It also increases the operating life of the device. As shown in Fig. 12, the passive lock can also be designed to retract when actuated. The peak displacement of the shank is reached when the pull-back force from the extension of the spring matches the output force from the active pair of actuators. This is in contrast to impact-driven slider mechanisms, which rely on friction and do not develop high forces [Pai99, Kia98].
A number of different inchworms were designed and fabricated using a single structural layer of electroplated Ni. Preliminary tests were performed on the devices shown in Fig. 12. Designs 111, 133, and 1100 use pairs of simple actuators that effectively have a one-level cascade when they touch the shaft, whereas designs L1 and L4 have a two-level cascade after they touch the shaft. Designs 111 and IL4 have releasable passive locks, whereas the other have unreleasable ones.

The preliminary measurement results are summarized on Table II. Locked displacements of up to 100 μm were achieved using DC (≤1 V, 250 mA) or pulsed (≤1.2 V, ≤600 mA) actuation (Figs. 12, 13). The best pulse widths were empirically found to be in the 20-40 ms range. These are probably determined by the thermomechanical time constants of the microstructure.

The stiffness of the spring located at the base of each inchworm shank can be estimated from measured dimensional parameters by the formula $K_p = \frac{192EI}{L_1N}$, where $E$ is the Young's modulus of the electroplated Ni, estimated to be 150 GPa; $I$ is the moment of inertia of the spring beam, which is a half loop; $L_1$ is the length of the half loop, and $N$ is the total number of them present. This formula assumes fixed-fixed boundary conditions, which match observations of deformed springs. Using this, the peak forces generated in devices 1100 and IL1 were calculated as 171 μN and 196 μN, respectively (Table II). In reality, the maximum displacement achievable by the inchworm is limited not only by spring stiffness, but also by out-of-plane deformation of the actuators or the shaft. This is caused by stress gradients in the structural material and by the sloping sidewalls of the shank and the mating surfaces of the actuators. The peak forces generated by the inchworms, therefore, are expected to be higher than those estimated above.

**V. CONCLUSION**

This effort has examined several issues pertaining to the performance and application of p+ Si and Ni bent beam actuators that were introduced in [Que99]. Issues addressed for simple and cascaded actuators include: (i) refinements in modeling such as the use of non-linear expansion coefficients and the evaluation of lateral and vertical buckling limits; (ii) fabrication improvements that increase by about 100°C the peak operating temperatures for Ni devices by electroless Au plating; (iii) measurements of operating frequency which indicate a –3db bandwidth of 700 Hz for both simple and cascaded p+ Si structures. Orthogonally placed pairs of cascaded thermal actuators were applied to rotary drives. Fabricated p+ Si devices with 500-1000μm beam lengths and 6.5 μm thickness showed 20-30 μm diagonal displacement with >150 μN loading at actuation levels of 6-8 V, and 250-300 mW. An electroplated version with 500 μm beam lengths and 11 μm thickness provided 15 μm displacement at 0.8 V, 450 mW. When a single axis
is actuated, there is a backward displacement of about 1 \( \mu m \) along complementary axis. Opposing pairs of simple and cascaded actuators were applied to inchworms. Several designs were fabricated with electroplated Ni, and tested with DC and pulsed actuation schemes. Devices with 500-1500 \( \mu m \) beam lengths and 8-14 \( \mu m \) thickness provided displacements of up to 100 \( \mu m \) against estimated loading forces of up to 196 pN. Overall, these efforts have demonstrated that bent-beam electro-thermal actuators can be used to generate displacements and forces in the 100 \( \mu m \), 100 pN range, and can be used in energy efficient ways for a variety of applications.

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