

A. F. MERRILL
TURA, ASSAM

Cookery Book

PART I.

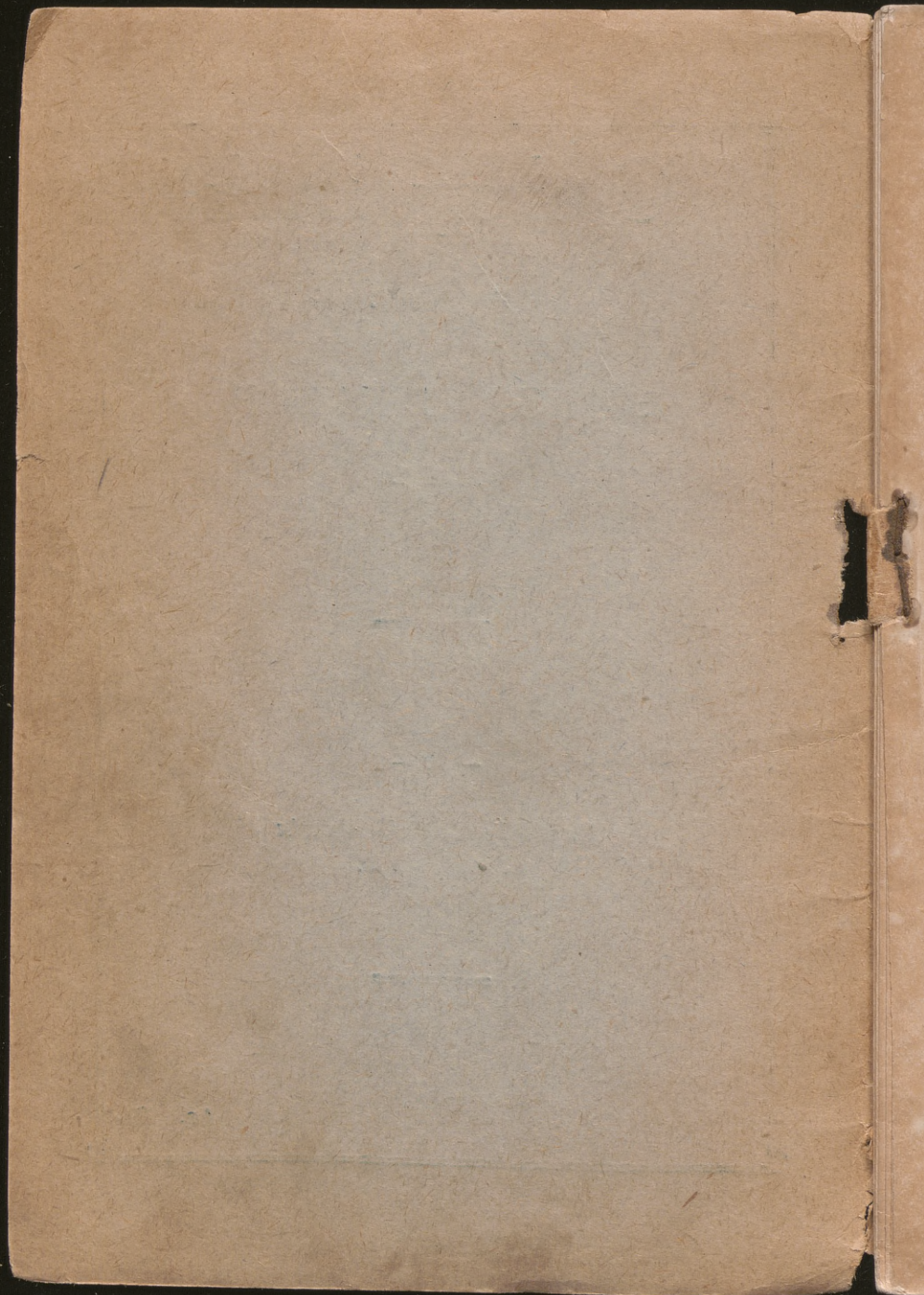
SONGANI KITAP

BAK I.

— BY —

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As. -/8/.



Printed by
M. L. SEAL
at QUEEN PRESS.
Published by
MRS. PHOEBE W. MOMIN.

Printed by
E. J. SEAL
at Queen's Press,
Published by
Mrs. Thomas W. Jones.

Printed by
M. L. SEAL
at QUEEN PRESS.
Published by
MRS. PHOEBE W. MOMIN.

Printed by
M. L. Bess
at Queen Press,
Published by
Messrs. Thomas W. Munro

MOLMOLANI.

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Chaanian beenko ansenge aro bilake rakina dakchakgipa aro nangbegipa mingsa onga. Been ansengania anchingni janggi tanganio, anchingko pilak kamo chusokgipa ongatna, gisikko ansaoatna aro kusi ongatna dakchakgipa nambatgipa chol mingsa onga. Uni gimin, kusi ongani salrango, ale chaani salrango, noktangtangona soka naan; salrango, ba manne onpaani salrango setangtang aro detangtangrangna, songe channe, ale kusi ongatpana gita, ia kitap noabirangna dakchakani onghina, ia kitap bisako seani mangsongani onga.

Ia kitapo mongsong anchingni songsul Bengalerangni jakkalronga songani rokomrangko mesokchengaha.

Ia kitapni bakgnigipao sahebrangni jakkalronga rangoniko mitam-rangko seangkugen.

Mrs. AARON. N. SHANGMA.

JAPANG KATARANG.

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- ODHAI I. Ontisa Skidapani.
- „ II. Kichuri ba Mi aro Dalko brine
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- „ V. Dochirangko rokomari Songani.
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- „ VII. Dal aro Mesurangko Songani.
- „ VIII. Mamarikni Dakanirang.
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ODHAI I.

ONTISA SKIDAPANI

Chaaniko Songna Changani namgni.

Chaaniko songna changachi, beenko bilake, ansege, chaanirangko rongtale, basee, minne aro uia dipet name chana simsakachi aro joton kaachi beenko bilakata aro gisikko ansaoata, una agreba banga sabisi sakanchirangoniko anchingko jokata Nokgimikko aldumittangna nanggipa, walang salang, gisik aro been nenge, kam kana nanggipa nokni skotonggipa measana je mane onnako chatona gita, simsaake, tarie onnako uamangna nanga.

Dalchrobaenggipa bisarangna, jedakode uamang bisaintal pangrake been bilakgipa aro ansenggipa onгна amgen uandake uamangna krara chaaniko nanga.

Nokni mechik, kamtangko name chusokatna amna gita ansenggipa aro bilakgipa onгна nama chaaniko manna nanga.

Schoolrango aro college-rango poraienggipa nogiparang aro jonggiparangna, badita nama chaaniko mana inditan beenko ansengatna aro taningko bilakatna dakchakani onga.

Uni gimin, cholibagimin mechik sakantian songna changgipa onгна joton kaode aro simsakode pilaknan dakchakani onngen; aro mandeskana dangdike onnachi aro namgniko dakachi aro gipinko kusi ongatachi anchingni Nokgipa Isolko rasong chaataniba onngen.

Songchakram biap.

Songchakram biap, mana dipet rongtalgipa, baljokgipa, ongode nambata.

Chudap ba Chankol.

Waal sochakram chudapko rokomgni dakna mana Chongmotan jedake dakode ambolko uano soon kolsano nangaigen indake, ba jedake dakode dam-sao soa ambolni waal kolgnion nangna mangen, indake dakna mana. Unon waal nangbatgipa biapo gongrakbate minaniko aro waal nangbregijagipa biapo kasine minatani bosturangko songtobata.

Chudapko dakon, chudapni kosako changgipa medikni kisang gimiko jedakode apsan waalni dinga nangna mana gita, ambolko sotona gita dakna nanga.

Maina samdik ba medikni kisang gimikchin waalni dinga apsan nangsokjaode je bosturangko songenga uarannг gimikchin apsan onge minjawa aro bijak ba minitoako komiatgen.

Ambol name chingna gita, chankolni taprangko, pringanti aro atamanti kitroke galnanga uro bearangko tarirongna nanga.

Songchak chachakanirang :

Songchak chachakna aro chaani bosturangko donchakna jakkalani pilak bosturang rongtalgipa aro bisi onkakatgijagiparang ongna nanga mongsongde silni medik sandikrangko jakkalna simsakbena nanga, Karahi gita dakgipa silni sandikko jakkalode, silni maram onkattjana gita, nate susrangmano, chiko rannate chaani toko nonge donnode nama.

Pitolni silni jakkalanirangko jakkalode, uarango, tangsekgipa chin ba dak onkattode uan bisi onga. Uandakgipa dak onkattjana gita uarangko atamo pringo, chaa changantion rongtale natna nanga. Tamani silni jakkalanirangko jakkalode uarangko kolai (Tamani silni sandik ba medikni rong talgiminko gital dake rupriptaiko kolai kaaminga.) kagija jakkalna nangja. Tamani silni medik ba sandikrangni rong talahaode uarang bisi onkattgipa onga.

Pitol aro tamani sil-o mesengrangko songchakna ba donchakna nangja. Uandake dakode uan bisi ongen. Aani, waani ba roongniko dakgimin songchakani ba donchakanirangko ba esairangko mesengrangna jakkalode nama.

Kosako janapbagimin gita, pitolni aro tamani silrangko uigija jakkalanichi, mitam mitam son-grango, saa aro sianirangba ongaha ine knana manna.

Songna jakkalani moslarang.

Songanirango mongsong ia moslarang ko jakkal-bata, chong motan, holdi, jira, golmorich, jallik, tejpata, besual bitchri, dhonia, meti, mouri, randhuni, kaljira, sajira, samorich, elaich dalgipa, elaich chongipa, dalchini, hing, eching, japhran, aro iarang baksa rasin gitchak aro rasin gipok, iarangko jakkalronga.

Meti, mouri, jira, randhuni aro kaljira ia ming-bonga moslarangko brine dongiminko Panchphoron ine minga.

Elaich, long, dalchini, joephol, iarangko brine damsans dongiminko gorom mosla ba (dinggipa mosla) minga.

Moslarangko jakkalon, rokomgittam cholchi uarangko jakkalna manna, chongmotan (1) dokgitepe (2) ranne natkninge (3) sosie natkninge. Ranne ba sosie jedake natoba moslarangko badita bneke nata inditan bijak chatobata.

Moslarangko jakkalon, agre bangdugae ba chuong-gijasrange jakkalode bijakko toata ni ongja. Bijakko niroke tiktak namsang kakket, moslarangko

jakkalode bijak chatobata aro beunaba namgni ongbata.

Moslarangko, salo rame ba waalo adita dingate natode bnekningbata. Uarangko agre dingatode moslarangni gunko komiata. Mosla ginchiko ruut kale donna skode, uko biba jokgija mituna mangipa donchakanio rakiode nambata.

Chi sime natgimin moslako ruute donnode ua simgen. Je moslakoba, mongsong gorom moslako, songna skang skang natgitike jakkalode nambata.

Holdi, jira, golmorich, dhonia indakgipa moslarangko, songna abachengantal sikchape name minatna nanga, maina uarang miningbegipa ongja. Jallik gran aro panchphoron indakgiparangko (satlaia) ba jobrong taiao jakkalna nanga. Gorom moslako songa minahao, detomna skangmangmang pudrape, samdikko chikope detome donna nanga. Unon uni simila biba joke katangjawa. Jallik, golmorich ginchi, aro rye iarangkoba chamitingo chachapna jakkalronga.

Been, natok aro Mesurangko Tariani :—

Beenrangko tarion, uarangoni kimil, bichring-chrap indakgipa chatogijagiparangko basee, rachite gale, beenko bnekatgija, bithin dake, chonchone ba daldale, indiba apsangrik onge raode nama. Unon rongtala chichi namedake changgni susrangode nama. Beenko agre susrangode uni suuako komiata.

Natokko tarion, bisingkap gninggipako tale bisingkap gale tarina nanga. Nasenchi ba magul gita dakgipa bigil rimilgipa natokrangho tarion, kosakoni rimilgipa. gisingipa ko natsiksike galode nambata. Ua natokrangko chi dingbeao dime donnode, unikoa minute 10 mangni jamano uko siksike niode rimilgipa bigil altuen gooke kata ine nikgen, aro nagittang seengakoba gimaatna dakchaka. Kari bringimin chio susrangode natok rongtalsranga. Natokko badita susranga inditan nama.

Mesurangko Tariani :—

Mesurangko tarion, bigilrangko gale, bitenggakrangko gale, gongchitna nangako gongchite, songtogija, chatogija bak kakketko gale, joong chaarangko nie, rengsi sikjotani soaranggko repote gale namedake tarina nanga. Mesurangko repon mana dipet apsangrik repode nambata, maina pilakan apsangrik mina ama.

Been baksa ba natok baksa songna tarigimin mesurang beenni ba natokni bithin gita apsan dalode nitobata. Been ba natokni bithinko daldale raode, songchapnasigipa mesurangkoba daldale aro uandake beenni ba natokni bithinrang chonchonode unbaksa songchapnasigipa mesurangkoba ugita chonchonone raode nama.

Tebrong gittang terik gittang, mekin ba geda indakgipa biski gnanggipa mesurangko tarina skang atte ba churio aro jako ontisa chaani toko nongchengode dakchakani ongbea. Taa, tagong indakgipa tiktakgipa mesurangko tarina skang chaani toko kari baksa brine jako nongchengode tiktakako namatna dakchakani onga.

Chaani Niam.

Chaanniko chamitingo,rongtala aro jasenga biapo chaode nama. Chaani somoe, pangnan charonga gita apsan somoe-o-chaode nambata. Chaatgimin bostu jrongjaskal chaani kosako chadapdapode, chaani jrongna nenga aro namgni ongja. Agre okkaprete ba okkagijasrang chana nangja. Been ansengjaode ba okkrijaode chadrana nangja. Indaka somoe-o jrongna altugipa bosturangko chade ba ringode nambata.

Songo sajinma saani ongkatode okkaprete chana nangja ba chagijasrangba dongna nangja.

Je chaanirang bobil ongrika indakgipa chaanirangko brine chana simsakna nanga. Jedake matchusok aro been ia minggni bosturangko brine chade jrongna nenga. Kagipa aro mesenggipa bosturangko chabrinode beenna namgni ongja.

Matchu sok aro mesengko chabrinjaode nama mefalko chadaldalo tusiode jrongningna nenga.

Tusina skang kantagnimang skang chaode nambata chadalale auoba jrongningako champenga.

Chaaniko chamitingo namedake chobaina nanga Agre gongrake chana nangja. Chaani namedake bnekna nanga aro jrongatgipa kuchi baksa namedake brinna nanga.

UDHAI II.

MI ARO DALKO BRINE SONGANI.

Anchingni songe chabewalna agre merongko mai mai rokom dake songe chana mana uaranko kamao adita mesoka.

1. Ghee-ni mi. (Ghee-Bhat)

Ghee-bhat songna, merong seengipa aro similgipa ko manode nambata. Ghee-bhat songna merongko namedake susrange cheksipe doncheng-bo. Unikoa medik tesao, merong adita nomna gita banggija chiko dingatchenge, chi dingahaon merongko sikatbo. Jensalo ua mi adha minaha unon uko detome polsupakarangko name dake ipake galbo. Unikoa medik gegipinno nangni namnika gita bange ba banggija gheeko dingatchengbo. Ghee name dingahaon, uno

dalchini., long aro tejpata iarangko banggija sikatchengbo aro uarangko opilbo. Ua moslarang gitchak gitchak dakbahaon, minbregija ritgimin miko uno pakatbo aro gimikchin ghee chipe, merong gitchakmrang mrang dakaona king king aditan dondikgija opilbo. Jensalo merong gitchakmrang mrang dakbaaha unon ua mio matchu sokko, merong seelsa, orgoide matchu sokpoasa, chi baksa brine rudapatbo. Unikoa uno kismis, badam, aro pestako adita sikate miko namedake opilbo. Chi rantiktik dake tipsipahaon ua miko opiltaiie uko detome donbo. Indake Ghee-Bhatko songa aro ian chana suua.

2. Chigipa Mi.

Chigipa miko songna, doi, matchu sok, Ghee, Chini, patilebu, ba narang jakskil aro kari iarangko nanga.

Merong seelsa, ongode, doi adha poa, matchu sok adha poa, Ghee Chotak I, narang rong I aro namnika gita kari aro chiniko onnode nama. Iako songna kari baksa chiko ritchengbo. Chi Chichaahaon, uno, susrange cheksipe dongimin merongko sikatbo, aro narang bitchiko sepdapatbo. Mi Name nom-srangahaon matchu sok baksa chiniko ua mini kosako terak terak satkikidapbo aro opiltaitaibo. Unikoa Gheeko rudape, ghee gimikchi chipe dingahaode, medikko Chikope deonne donbo. Ian chirim chirim chana toa aro bisarang iako chana namnikoea.

3, Kichuri Ram-ram.

(MERONG ARO DALKO BRINE SONGANI.)

Mosur, Muk, ba bangsi ia dalrangko Kichuri songna jakkalrong bata. Badita merongko raa inditan apsan bange dalko brinna nanga. Uko indake songbo.—

Merongko aro dalko susrange cheksipe donchengbo. Unikoa medik tesao chiko dingate donchengbo. Chi dingahaon merongko aro dalko sikate, uarang apsangrik brinjana king king name opilbo. Unikoa merong aro dal name minjana king king waalko kasin kasin snilbo. Waalko agre jele soode medik kisangchipak kamnaba gnang, uni gimin gisep gisep opile nina nanga. Kichuri chichapolpolna abachengon, uno holdi, jallik, jira golmorich natgiminko, tejpata jak 10 mang, japhran rong 8 mang, dhonia tola 2 aro eching tola $1\frac{1}{2}$, ia moslarangko sikatbo. Merong aro dal name nomahaon uno chatona gita kariko puatbo aro gheeko rudapatbo. (Merong seel I aro dal seel I ongode ghee poa I onna mana.) Unikoa uko namedake opile dikdiksani jamano gorom moslako pudrape, medikko chikope detome donbo. Iako dingbro dingbro dakmitingo chaode tobata.

4, Bhuni-Kichuri.

Bhuni Kichuri songna merong jaha ba je seengipa similgipa merongba nama. Iako songna badita merongko raa uni changgni bate dalko nanga.

Uko indake songa :—

Merong aro dalko susrange cheksipe donchengbo. Unikoa medik tesao gheeko dingate, ghee name dingahaon, uno tejpata, long aro elaich-ko sikate uni kosako merong aro dalko sikatbo aro uarango ghee chasipe gitchak mrang mrang dakjaskal uko jobo. Uarang gitchak mrang mrang dakahaon uno doiko rudape opilbo. Unikoa merong aro dalko aditan mripe chi dingako rudape medikko chikope ritbo. Merong aro dal adita nombahaon uno adita tejpata, namnika gita jallik aro natgimin jira golmorich, holdi aro dhonia iarangko sikatbo. Mi aro dal name nome chi tipsipahaon, uko ghee ontisa rudaptaie gorom moslako pudrape, bakan medikko chikope detome walsamo donbo.

Ian been jokrapa aro natok ba mesu jokraparang baksa chana nama.

5, Moglai-Kichuri.

Moglai-Kichuriko songna naa badita dalko raa uni bak brini baksa merongko brinna nanga. Namgipa, seengipa merong chatobata. Iako songna skang dal aro merongko susrange rannate donchengbo.

Uko songna iarangko nanga :—

Dal seel 1 ongode merong poa 1, been (je beenko namnika) seel 1, ghee poa $1\frac{1}{2}$, chini chotak 1, pesta

poa $\frac{1}{2}$, kismis poa $\frac{1}{2}$, golap jol chotak 1, gol-alu poa 1, rasin gitchak poa 1, long rong 8, elaich rong 6, dalchini teng 10, eching bitchi chotak 1, dhonia tola 1, jira morich tola 1, holdi tola 2, dochi rong 8 aro tej-pata jak 8.

Uko indake songbo :—

Mitim gnang beenko chonchone rae chi seel 4 baksa medik tesao ritchengbo. Medikni ebi dingbana abachengon uno natgimin holdi, jira golmorich dhonia, ia moslarangko sikatbo aro medikko chikope ritbo. Ua medikni chi seelsamangni gita tipangahaon uno dalchiniko pesemseme, long aro elaichrangko sikate medikko chikoptaie ritangkubo. Jensalo medikni chi seelgni mangni gita tipangaha unon uko detome kantasamang chikope donbo. Ua ritgimin been kasinahaon, jakko namedake jaksue, ua ritgimin beenko rimkning rimpneke, nongtala bara surio uni bitchiko namedake sepchotchote cheksipe rabo. Ua cheksipgimin bitchiko name chikope donbo. (Beenkode, galna mana.) Unikoa medik tesao gheeko dingate ghee dingahaon uno rasin, alu, long, dalchini, aro elaich, ia moslarangko sikate, uarang gitchakmrangmrang dakbaon eching bitchiko sepdatapbo. Unikoa merong aro dalko sikate uarang gitchakmrangmrang dakjana kingking joretretbo. Merong aro dalko name jomanahaon, cheksipe dongimin beenni bitchiko kasin kasin rudapatbo aro namnikagita kariko pue, tej-

patako sike, medikko chikope adita ritbo. Medikni chi chichana abachengon uko oprake uno dochirangko dokpee sikatbo aro kamjana gita pilnipil opilbo. Kichuri minbahaon waalko komiatsrange walkio songaibo aro uno doi aro chiniko sikdape namedake opile, jamano kismis aro pestako ghee-o joretrete rachege, ghee baksa brine uarangko sikatbo. Unikoa uko detomna skang golap, chiko ontisa satkikidape chikope detome donbo. Ian chana namen suubea.

6. Gujrati-Kichuri.

Gujrati-Kichuriko songna iarangko nanga :—

Merong adha seer ongode dal apsangrik. Ghee poa $1\frac{1}{2}$, golmorich adha tola, kaljira tola 1, eching tola $1\frac{1}{2}$, gorom mosla tola, rasin gipok tola 1, rasin gitchak poa 1, holdi aro kari.

Uko indake songbo :—

Rasin gitchakrangko roreng roreng dake bae repe donchengbo. Unon mediko gheeko dingate reppimin rasinko gitchakmrangmrang dake joe rabo. Unikoa ua ghee-o rasin gipok aro eching raplenggiminko sikate, dikdiksani jamano uni kosako merong aro dalko sikate, uarango ghee chasipkujana king king aditan opilbo. Unikoa adita ghee aro bangki mosla-sangko sikate name brinjaskal opilkubo. Jamano kasin kasin chi dingako ruatbo aro gimikchin apsan

onge name opilbo. Unikoa kariko pudape, joe dongimin rasinko adha-mang sikate, kichuriko opiltaie, medikko chikoptaie aditana riatngkubo aro kamjana gita gisep gisep opile nibo. Kichurini chi tipsipahaode, ghee baksa jogimin rasinko kosak-joljol pumrike, medikko chikope, waalko ete donbo. Ia kichuriko mesu, baring, alu, jokraparang baksa ba been ba natok bijakrangko ranne songarang baksa chana nama.

7, Kabuli-Kichuri,

Kabuli-Kichuriko songna iarangko nanga.—

Been seel, ongode merong adha seel, dal adha seel, ghee poa 2, gorom mosla tola 1, golmorich tola 1, Kaljira ontisa, eching tola 3, rasin gitchak adha poa.

Songani Niam,

Medik tesao gheeko dingatchenge, uno been aro rasin gitchakko joretrete rachengbo, unikoa natgimin eching, dhonia, ia moslarangko chio wingwinge uko sikatbo aro kariko puatbo. Been name nomahaode uko detombo. Unikoa medik tegipino gheeko dingate, longko sikchenge ua ritgimin beenko jobrongtaibo. Unikoa medik tesagipinno gheeko ontisa dingattaie, uno jira moslako pudrape, ritgimin beenrarako (chiko dingtang cheksipe donbo.) gorom moslako onchape ua gheeo joe rabo. Unikoa merong aro

dalko ghee-o joretretchenge, cheksipe dongimin been ritani bitchichi uko mine ritbo. Unikoa jogimin beenko un baksa pakbrine, gheeko ontisa rudape, waalko ete, aditana walkio ange donbo. Aditani jamano uko detome donbo.

ODHAI III.

POLAO, (Merong aro Beenko brine Songani.)

1. Polao Ramram.

Polao ramramko songna nanga bosturang.

Been seel 1, (je beeno namnika) ongede merong seel 1, eching tola 2, dalchini tola 1, dhonia tola 2, long tola 2, elaich adha tola, Kababchini adha tola, golmorich tola 2, sajira banggija, tejpata jak 8 mang, holdi aro kari namnikagita.

Merong jaha ba je merongba seengipa aro siml-gipa ongede nambata.

Uko indake songbo.—

Merongko susrange cheksipe rannatchengbo. Beenko adita bithin daldale rabo.

Unon medik tesao susranggimin beenko chi rugija indin dingatchengbo aro been antangni eh tipsrang kujana kingking opilrokrokbo. Beenni chi tipsipe gitchak-mrangmrang dakbahaon uko adita bange chi dingako rue ritna abachengbo.

Jensalo ua chichapolpolna abachengaha, bara suri rongtalo, dokgitepgimin eching aro holdiko, golmorich, kababchini, dhonia ia moslarangko rongimik katome ua ritenggipa beenno sikchatbo aro medikko chikope ritbo. Ua beenrang name nomahaode, badita merongko songna tariaha ua merong nomna chuongna gita bitchiko donne uko detombo. Unikoa rongtala barasurio, bitchirarako dingtang cheke rae, beenrarako dingtang sae donbo Unon medik tesao adita gheeko dingate, tejpatarako changsa sikchenge, unikoa sajira-rarako sikchenge changsa ua chekgimin bitchirarako jobronge rachengbo. Unikoa mediko adita gheeko ding attaie, ghee name dingahaon, uno cheksipe dongimin beenrangko sikate adita jobo. Unikoa dikdiksani jamano golmorich, elaich, long aro dalchini ia moslarangko sikate beenrangko namedake opile, uni kosako susrange ranatgimin merongko sikate aditan opilbo. Jensalo merong gitchak mrangmrang dakbaaha, unon jogimin beenni bitchiko uno rudape, kari pue, medikko chikope ritbo. Polao kamjana gita gisep gisep opilna gualnabe. Polaoni chi tipsipahaon waalko ete walkio ange donbo aro medik kosakoba walkiko gatbo.

Polao chana similla aro toa. Un baksa mesu joarangko ranne songa bijakrangko chachapna mana aro jamano doi ba maiba meseng bijakko chaode nama.

2. Beenni Polao.

Beenni Polao-ko songna nanga bosturang :—

Je beenko namnika been seel 4 ongode merong seel 2, ghee poa 1, tinkagipa doi, narang bitchi adha poa, eching poa 1, kismis chotak 1, pesta tola 4, badam adha poa, Jallik, dalchini tola 1, elaich tola 2, dhonia adha poa, golmorich tola 2, jira adha tola, tejpata jak 16 mang aro kari.

Uko indake songbo :—

Merongko susrange dime donchengbo. Unikoa medik tesao seel 6 mang chiko channe, uno dhonia moslako bara suri rongtalao katome, echingkoba dokgitepe adita ritchapbo. Chi adita tipangon uko detome bitchirarako dingtang cheksipe donbo. Unikoa medik tesao gheeko dingate ghee dingahaon elaich rong 4 mang sikatchenge uno ritgimin beenrarako joe rabo. Beenni chi tipe been gitcak mrang mrang dakon, moslachi ritgimin chiko uno rudape beenko ritbo. Jensalo been name nomaha, unon medikko detome bitchirarako dingtang cheke, beenko dingtang dake donbo aro ua beeno golmorich ginchiko adita pudrape doi nongnonge donbo.

Unikoa cheke dongimin bitchiko adita rae, uno elaich jira dokkningiminko kari aro narang bitchi baksa briue ua beenno rudapbo. Unikoa medik tesao gheeko dingate, ghee dingahaon tejpatako sikate

tarigimin beenko uno pakdape adita ritbo. Ua beenni bitchi tipsipangon badamko nate uno sikatbo aro wingwinge medikko chikope waalko ete donbo. Unikoa dime dongimin merongko cheke, been ritani dongspagipa bitchi baksa ritchengbo. Merong nombahaon ua miko been baksa brine damsan songbo. Unon uano kismis, pesta aro banggija dalchini rangko sikate medikko namedake chikope, unikoa medik kumangko biba jokjana gita moidachi repie waalko ete aditana walkio ange donbo. Indake beenni Polaoko songna nanga.

3, Natokni Polao,

Natokni Polaoko songna nanga bosturang :—

Natok seel 1½ ongode, merong seel 1, ghee poa 1, eching adha poa, tejpata jak 8, golmorich tola 1, dhonia adha poa, gorom mosla adha tola.

Polao songna dal dalgipa natokni rokomrang jedake Rui, naek, chitol, indakgiparang nambata.

Uko indake songbo :—

Natokko adita bithin daldalkale rabo. Unikoa eching, dhonia aro golmorich-ko bara suri rongtalao katome ua natok baksa seelgnimang chichi ritbo. Ua ritenggipa natokni bitchi adhamang gita tipangon uko detome, bitchirarako dingtang cheke, natokrarako dingtang sae donbo. Unikoa ua chekgimin bitchirarako gheeko dingate, jalikko sikchenge

Ua joe rabo, aro natokrarakoba gheeo joretrete rachengbo. Unon medik tegipinno susrange dongimin merongko minbregija ritchengbo. Mi ritgimin baksa natokko brinbo aro moslarangko dokkninge uarang baksa namedake brinbo. Uni jamano medik tesao gheeko dingate, ghee name dingahaon tejpata, unikoa natok, uni kosako miko donnate, jamano cheke dongimin natok ritani bitchiko uno rudape, medikko chikope aditana ritbo. Mi name nomahaon, chi tipsipahaode, waalko ete aditana walkio ange donne jamano detome chabo.

4, Bibiani Polao,

Bibiani Polaoko songna nanga bosturang :—

Been seel 1 ongode, merong seel 1, doi poa $1\frac{1}{2}$, ghee poa 1, eching bitchi chotak 1, golmorich tola 1, sajira adha tola, gorom mosla adha tola.

Uko indake songbo :—

Beenko adita chonchone rate, wasri petchokachi adita suprotprote, eching bitchiko sepdape, doi aro kariko nongnonge kantagni mangna dime donchengbo. Unikoa golmorich, elaich, long aro sajirako, doi baksa natkuinge ua beenno nongnongtaibo. Unikoa medik tesao adita ghee-ko rue skang mitapsa merongko donchenge, uni kosako beenko mitapsa dake donga kakket merong aro beenrangko sajaibo ba sulsul donbo. Unon medik tesao uko ghee ontisa

rudape channatbo. Unikoa kari aro elaich-ko ghee-o joe rachege ua tarigimin ko uno pakdape chi dinga rudape uko chikope ritbo. Unikoa medik kumangko moedachi repimnike, kantasamangna walkio angbo. Unon Bibiani Polao onngen.

ODHAI IV.

BIJAKRANG.

BEENRANGKO SONGANI.

1; Dobok Kasi ba Matchu Been,

Beenni bijakko songna nanga bosturang :—

Been seel 1 onkode, alu adha seer, gee poa 1, natgimin eching aro rasin gipok, mi chana jakkalani chamoso chamos 1, dhonia natgimin chamos 1, holdi chamos 1½, jira golmorich chamos 1, rasin gitcak rong 4 (ba namnika gita.), gorom mosla chamos 1, doi chotak 1.

Uko indake songbo :—

Beenko rae susrange doi baksa nongnonge dime donbo. Alurangko been-ni bithin baksa apsan daldale repe susrange donchengbo. Rasinrangkoba rorong rorong bae repe donbo. Iarang pilakko tariman-tokahaode aro natua nangani moslarang ko nate tarimanahaode, samdik gesao gheeko dingate rasin gitcakko aro alurangko dingtang dingtang

joe donchengbo. Unikoa ua ghee-o adita long-rangko sikchenge, natgimin moslarangko, chongmotan eching, dhonia, holdhi, rasin gipok aro jallik iarangko chio wingwinge sikatbo aro uarang gitchakmrang mrang dakjana king king dikdiksana jobo ; unikoa jamano uni kosako beenko sikatbo aro namedake opilbo aro medikko chikope aditana donbo aro beenni chi ongkate tipkujana king king ritbo. Jensalo been antangni chi tipaha, ua beenko aditana opiltaie, been gitchakmrang mrang dakbahaon uno chi dingako rudape ritbo. Jensalo ua chichapolpolua abachengaha unon uno natgimin jira aro golmorichke sikatbo aro dikdiksani jamano jogimin alu aro rasinko. Sike, kariko pue medikko chikope donbo. Jensalo bijakni chi tipnang nang dakaha, mesu aro beenrang name nakatsrangaha, unon natgimin gorom moslako pudrape uko deone donbo.

Beenrangko songmitingo pangnan been antangni chiko tipatchengbo aro chi dingako bijakna jakkal-rongbo. Indake dakjaode been nomningjabata aro been chibrokgen ba ontisa rimilgen.

2. Dobok Pantani Been.

Dobok pantani beenko songna nanga bosturang :—

Been seel 1, alu adha seel, chaani to ba ghee poa 1 (ba namnika gita) chini adha poa ba namnika gita, natgimin aro rasem semgimin holdi aro eching,

natgimin jira golmorich aro dhonia, dalchini teng 4, long rong 10 mang, elaich rong 4 mang, namnika gita jallik, tejpata, rasin gitchak aro gipok.

Uko indake songbo :—

Beenko namedake rae, susrange, natgimin holdi, eching aro kari baksa nongnonge dikdik sana dime donbo. Unikoa medik tesao chaani toko dingate, to name minahaon, tejpatako sikchenge, uno tarigimin beenko sikatbo aro namedake opile, medikko chikope, waalko agre jele sogija beenni chi tipkujana kingking ritbo. Jensalo beenni chi tipaha, been gitchak krang krang dakjana kingking uko opile, jamano chi dingako rudape, chikope been name nom srang janakingking ritangkubo. Jensalo ua chicha polpolna abachengaha, unon natgimin dhoniani adhako, jallik natgiminko, namnika gita kari ontisa, chini ontisa aro natgimin holdiko sikatbo. Unikoa been name nomahaode uko detome donbo. Unikoa medik tesao ghee-ko dingate alurangko joe rachengbo. Unikoa ua ghee-o eching rasemsemgiminko joe rabo. Dikdiksani jamano elaich, long, dalchini, iarangko sikatchenge jamano beenko aro aluko uno pakdape medikko chikope adita chichaatbo. Jensalo ua chichana abachengaha, unon, jira golmorich natgimiuko aro bangki dhoniako, bijakni bitchiko ontisa rae uno wingwinge sikatbo. Been aro alu name nomahaode namnika gita bijakni bitchiko

rakie uko detombo. Badita bitchi komia inditan bijak Suubata.

3. Kopta Bijak. (matchu ba Dobokni Been)

Kopta Bijakko songna nanga bosturang :—

Been seel 1 ongode ghee adha poa, rasin gitcak natgimin chotak 1, jallik rasemsemgimin, holdi dokgitepgimin, eching natgimin, golmorich ginchi, rasin gipok natgimin, biskut ginchi aro dochi rongsa. Uko indake songbo :—

Japingni ba kisingkopni grengko wate beenrarako rabo. Grengrangko dingtang rite uni bitchiko rabo. Beenrarako name bichringchrap galchenge, namedake susrange mosla natani roongo dokkningbo ba bolplengo chnri ba atte matachi denkningbo. Unikoa ua bnekgimin beenko, biskut ginchi ontisa, golmorich ginchi cha chamos-o chamos 2 aro kari ko, greng-rangko ritani bitchio wingwinge, un baksa namedake nongnongbo. Unikoa do chiko dokprete uko ringre uipilgija namedake dokwing winge, ua beeno wingwinge aro nongnonge, badita daldale namnika indita daldale borot borot dake tombo. Ua tomgimin beenrangko biskut ginchiko nong nongtaibo. Unon medik tesao gheeko name dingate, ua tomgimin beenrangko gitcak gitcak dake jobo aro bangki moslarangko chi ontisao wingwinge satkikidapbo. Unikoa greng ritani bitchiko rudape, kariko pudape, kantagnimangna ritbo. Unikoa kopta name noma-haode gorommoslako pudrape detombo.

Namnikode alu, Kajol, pul Kobi indakgipa mesurangko jochenge sikchapna mana.

4. Do-Piaja—Ba Dunagni Rasin.

Je beenko mana been ba mana amode natik dalgipa ba Rui, Naek indakgipa daldalgipa natokrang Do-Piaja songna nama.

Do-Piaja songna nanga bosturang.—

Been ba natok seel 1 ongoode ghee ba to poa 1, daldalgipa rasin gitchak rong 10 mang, natgimin holdi cha chamos-o chamos 2, namnika gita jallik aro eching dokgitep gimin.

Uko indake songbo.—

Beenko namedake tarie bewal bithin daldalkale rabo. Unikoa rasinrangko bigil okee, roreng roreng rae, ghee dingao gitchak mrangmrang dake joe maiba donchakanio sae donbo. Unon ua rasin jogimin ghee-o mesokbagimin moslarangko jobo aro moslarang gitchakmrangmrang dakbaon uno beenko sikate, beenni chi tipe gitchakmrangmrang dakjana kingking uko opiltaitaie jobo. Jamano chi dingako rudape been name nomkujana kingking sandikko chikope ritbo. Chi adita tipangon jogimin rasinrangko uno sikatbo. Jensalo been name nomaha aro bijakni bitchi bangjaha unon uko detome chabo.

Namnikode alu ba Kajol ba pul-Kobi indakgipa mesurangko jochenge sikchapna mana.

5. Been-ni Kopta.

Koptana grengrangko basee, beenrarako rabo. Been seel 1 ongoode, chirarako una adha seel dingate rachengbo. Unikoa medik tesao ua ragimin beenko waalo channe been antangni chirarako tipatchengbo. Been-ni chi tipsrangahaode dingatgimin chiko uno rudape, natgimin jira golmorich, dhonia. jallik aro holdi iarangko sikchape ritbo. Jensalo ua been ritani bitchi tipangaha unon ua been baksa, kari, but-dalni chatu aro gorom moslako namedake brinbo. Unikoa beenko namedake rimkninge uarangko bimrong bimrong dake tombo. Unikoa dochi rong 4 ko rae piala gesao dokpee, uarangko name dok wingwing cnege tarie donbo aro ua dochio kariko ontisa pudapbo. Unon Karahi ba Fry-pan-o gheeko dingate, ua tomgimiu beenrangko tengprak tengprak rae ua tarigimin dochio simbol simbole ua dinggimin ghee-o gitchak mrang mrang dake joe rabo. Uau beenni Kopta ong aha.

Chatuni pal namnikode Besun-ko Dalni ginchiko jakkalna mana.

6. Been-ni Kabab.

Beenni Kababko dakna nanga bosturang.—

Been adha seel, natgimin rasin gitchak, jallik, dhonia, gorom-mosla, eching aro kari.

Uko indake songbo.—

Beenko rongtale tarie, susrange moslani roongo dokkningbo ba bolplengo denkningbo. Unikoa ua

bnekgimin been baksa kari aro natgimin pilak moslarangko namedake nongnongbo. Unikoa wasing namako rae uko rongtalate tarigimin beenko wasingo brabo aro kmango esalko mituchenge amangko repiminikbo. Wasingni samtang tangchi gimikchin amangko bae repibo. Unikoa ua wasingko walkio anpiltaitaie angbo. Indake minute 15 mang angmano ua wasingko rae, uko kasine pitsrie beenko maiba donchakanio toktoke rabo. Unikoa ua toktoke ragimin been rorongko dalgap dalgap rate ghee dingao joe chabo. Wasingni samgnichin konggrangode uko pitsrigija, samsachiko ochenge samgipinko megol-chi kasne siknapaton been rorongrong dake ongkatgen.

7. Been-ni Korhma Bijak.

Beenko name tarie, bewal bithin daldale rae susrange, unbaksa rasin gipok, rasin gitchak, eching, jallik, dalchini, long, elaich ia moslarangko natgiminko namedake nongnonge chini ontisa brine kantasamangna kasina biapo dime donchengbo.

Uko songnasion sandiko gheeko dingate, ghee name dingahaon, ua dime dongimin beenko uno sikate, namedake opile jobo aro sandikko ch.kope adita ritbo. Ua beenni chi tipkujana kingking gisep gisep opilbo. Jensalo beenni chi tipsrange gheerara skongaha, unon been nomahaode chi rudapna nangjawa, indiba been name nomkujaode, been nomna

chuongna gita chi dingako rudape adita ritkubo aro gisep gisep opilna gualnabe. Been name nomahaode aro bijakni bitchi chinoknok dakaiahaode, ghee ontisa rudape uko detome chabo.

Namnikode doi adha poa mang sikchapua mana aro alukoba jochenge sikchapna mana.

8. Mes Been-ni Proleho.

Nanga bosturang.—Been seel 1 ongode doi poa 1, sipin to chotak 1, ghee poa 1, udhulon aro besbar ia moslarang.

Uko indake songbo.—

Beenko tarie, namedake susrangmano uno doi aro kariko nongnongchengbo. Unikoa uko sipin tochi namedake nole natgimin moslako uno nongnonge chi rue aditana ritbo. Been name nomahaode sandik gipinno gheeko dingate, ritgimi. beenko uno pakgope jobo aro udhulon moslako sike uko detome chabo.

9. Mutton Chop,

DOBOK BA MES BEEN-NI CHOP.

Mes been seel 1 ongode, rasin gitchakni bitchi poasa adha, eching bitchi poa 1, kari tola 2 elaich chongipa rong 4, adita golmorich, ghee ba makon.

Uko indake songbo.—

Japingni been chopna nambata. Iako dakna fapingni grengko gale beenrarako rabo ba janggal

bolgroni guasu grengko manchape rana mana. Chop dakna beenko bithin daldale tilong tilong dake, gro jakpasa, gipeng jakpasamang onge rae rachengbo. Unikoa ua bithin tengprakkon samtang tang chikon churi petchokchi suprot prot chengbo. Been bekeningjana gita, tilong dake dongaina gita simsake suprotprotna nanga. Unikoa ua been bithinrango eching aro rasin bitchiko sepdape kanta 3 mang chikope dime donbo. Uni jamano Karahio adita makon ba gheeko dingate, been bithinrangko teng prak ba tenggnigni dake, gitchakmrang mrang dake joe rana nanga. Jomitingo gisep gisep ua bithinrango been dimani bitchiko satkikidapbo. Been bithinrangko jotokmanon, uarangko damsandonne kari pudape elaich aro golmorich ginchiko pudrape makon ba ghee nongnonge chabo.

10, Dooni Kabab,

Dooko namedake kimil pike, gitchakmrang sosrake, okko chitprue, chana namgija pilak bakrangko gale, chi adita dingachi namedake susrangchengbo aro uko ragija manggimik donbo. Unon ua dooni bimang gimikko churi ba golsri petchokachi pilakchikon suchokchokbo. Indake dakachi been gimikon karini aro moslarangni situako chipata.

Unikoa ua doo beenno, natgimin eching, dhonia, elaich, golmorich, rasin gipok aro gitchak, kari-iarangko brine namedake nongnongbo aro samdik

tesao gheeko dingate doo manggimikko ghee-o gitchakmrang mrang dake joe rachengbo. Doo chona ba dambe ongode, chi ontiprak satkikidape adha :kantamaigna joon ua name nomgen. Doo dala ba bria ongode ghee-o jomano chi dingako been nomna chuongna gita adita rudape ritbo. Jensalo chi tipesipe ghee aro dooni mitimsan skongaiaha unon uko detome chabo.

11, Dogep Roast ba Anga,

Dogepko rongtalatchenge, uni okko raprue, bibikrangko ote gale susrangchengbo. Unikoa uni been gimikko churi ba wasri petchoka chi suprotprotbo. Unikoa pura gindeko ba alu ritgiminko rimpneke, rasin, holdi aro namnikode dhonia, jira golmorich, iarangko natgiminko namedake ua pura ba alu baksa brine dogepni oko brae uko kilding aro biji rongtalachi kocheppilbo. Unikoa indake tarigimin dogep manggimikko natgimin eching, dhonia, golmorich, rasin, gorom mosla iarangko namedake nongnonge, gheeko dingate joe rachengbo, unikoa chi dingako rudape ritbo. Adita ritani jamano uko ote, goolo jotprote walkini kosako anpil taitaie angbo. Uko angmitingo uko ritani bitchiko sat kikidap joljolbo. Dogepni been name nomahaode uko golsrioniko oke ontisa ghee nongnonge chabo.

Ian namen chana suusranga.

12, Been-ni Cutlate,

Been-ni cutletko dakna been bithin namako seoke rabo. Unikoa ua beenko, rongtala bolplengo donchake churi ba atte matachi denchemchembo. Been name bnekahaode uno natgimin holdi aro namnika gita moslarangko aro kariko nongnonge, eching aro rasin dokgopgopani bitchiko sepdape namnika gita ritchae pileng pileng dake tomo. Unikoa dochiko piala gesao dokwingwing chenge ua tomgimin been-ni dal gaprangko ua dochio simbole biskut ginchiko nongnongbo. Unikoa Karahi ba fry-pen-o ghecko dingate uarangko geprak ba gegnigni dake, gitchakmrang mrang dake mine joe rabo.

Ian Beenni Cutlet ongaha.

13, Been-ni Alu Chop,

Alu chop-ko dakna been poa 1 na alu seel 1 nanga.

Uko dakna beenrarako rae ritchengbo ba ritgija-ba namedake natgimin holdi, namnika gita moslarang aro kariko nongnonge natkning chengbo ba nome ritgimin ongode chonchone tetsemsem chengbo, unikoa uko rasin gitchak rasemsemgimin baksa ghee-o joe rachengbo. Indakmitingo alurangko rite, cheksipe kasinahao, bigil okee namedake rimkningbo. Namnikode alu baksa ontisa moidako brinna mana. Alu name bnekahaode uko doo bitchi gita gita onge

rorok rorok dake tombo. Unikoa ua rorok prakni jatchio akolko dake jogimin been-ni ginchiko adita adita rae uni ningo brae skang gita tomtaibo. Uandake pilak alu aro been donga kakket ko tarimantokahaode, uarangko dokwingwing gimin dochio simbole, biskut ginchio nong nonge gheeko Karahio dingate tenggni tenggittam dake gitchakmrang mrang dake joe rabo.

Unon beenni alu chop ongaha.

14. Dooni Malai Curry.

Doo beenko, ghee, rasin gitchak, rasin gipok, eching, holdi, long, elaich, dalchini jallik ia natgimin moslarang baksa, narikel minako rikotgimin-oniko cheke ragimin narikelni dud baksa indake songbo —

Malai curry songao dhonia aro jira ia moslarangko jakkalode narikelni simillako gimaatgen.

Dooko namedake tarie, susrange, bewal bithin daldale rabo. Unikoa sandiko gheeko dingate elaich-na agre pilak gipin moslarangko uno gitchak mrang mrang dake jochengbo. Ua moslarang gitchakbaon beenko uno sikatbo aro namedake opilbo aro been-ni chi tipkujana kingking uko chikope ritbo. Indakmitingo narikel minani gipokgipa beenko seem seem rikote rachengbo. Unikoa uno adita chi dingako rudape, bara suri rongtalao cheke, sepchote rabo. Uan narikelni dut onngen.

Ritenggipa doo been-ni chi jensalo tipaha, uko
gitchakmrangmrang dakaona kingking opil opile
namahaon uno tarigimin narikel-ni dut-ko rudap
atbo aro kariko pudape ritbo. Jensalo been name
nomaha aro bijakni bitchi chinoknok dakaiaha,
unon elaich chongipako natkninge uno pumrike
detome chabo.

Namnikode alu ba maiba mesurangko sikchape
songna mana.

Paroa, natik dalgipa indakgiparangni beenba
Malai curry songna nambea.

ODHAI V.

DOCHIRANGKO SONGANI.

Rake ritgimin ba rake songgimin dochirang
jrongna nenga. Uni gimin bisarangnade nome
ritgimin ba nome songgimin dochirang nambata.

1. Dochini Ball.

Dochini Ball-ko dakna pilakna skang adita alu-
rangko ritchengbo aro bigil okee donbo.

Uarang kasinahaon uarangko namedake rim-
pnekbo. Unikoa un baksa dochi birimit, jallik
ginchiko brine, rasin gitchak aro eching bitchiko
sepdape, robol gita borot borot dake tomba. Unikoa
ua tomgimin bosturangko dochi bigipoko simbole
ghee-o, ba chaani too joe rabo. Iau dochini ball.

2. Dochini Bijak.

Dogep ba doo bitchirang jeko songnasia, okena mana gita ritchengbo aro bigil okee donbo. Uandake alurangkoba repe tarie donbo. Unikoa samdik gesao ghee ba toko dingate ua rite okegimin dochirangko joretrete maiba donchakanio donbo aro namnika gita koranggni ba korang bri dake rabo. Unikoa ua dochi joe ragimin ghee-o rasin gitchak repgiminko aro alurangko dingtang dingtang joe sae donbo. Unikoa tejpata, long, dalchini rangko sikchenge, holdi, jira golmorich, dhonia, iarangko natgiminko uno sikate ontisa chi satkikidape jochengbo. Gensalo ua moslarang gitchakmrangmrang dakbahaon alurangko sike chi dingako rue adita chichaatbo. Bijak chichana abachengbaon joe dongimin rasin gitchakko sikatbo aro alurang nombao joe dongimin dochirangko sikatbo. Bijakni bitchi bangja haode gorom moslako pudrape uko detombo.

3. Dochini Kopta.

Dochi Koptako dakna, dochirangko mana dipet chonchone kolpue ningoniko toktoke rabo. Unon ua toktoke ragimin dochirang baksa japhran, golmorich ginchi, elaich ginchi kari aro ghee iarangko namedake brinbo. Unikoa ua bringimin dochiko ua bikrokrango brapilbo aro uarangni akolrangko moidachi minikipilbo. Unon ua tarigimin dochirangko, samdik gesao donne, uni kumangko bara suri rongtalachi kapinge, medik gegipinno chirarako rite, ua ritenggipa chi dingani bibani kosako bara surichi kapingimin dochini samdikko songtekpile

(chongmotan bara suriko chi dingachipak donpile) uni bibao ritbo. Dochirang minsusu dakahaon uko detombo aro chi kasinachi moida minikgipa kumrangko ontisa simchenge dochirangko okebo aro uarangko ghee-o ba too joe rabo. Indake dochini Koptako daka.

4. Dochini Cutlet,

Cutlet daknasion, cutlet daknasigipa dochirangoniko rongsa ba ronggniko rae uni birimit-ko tok toke, un baksa dal-ginde, golmorich-ni ginchi aro gorom moslako brine, rasin gitchak aro echingni bitchiko sepdape namedake wingwing donchengbo. Unon bangki dochirangko ritchege bigilrangko okee dalgap dalgap, bareng bareng dake rabo. Unikoa ua dalgapprakko, wingwinge tarie dongimin dochio simbol simbole ghee-o ba too joe rabo. Jan dochini cutlet ongaha.

5, Dochirarani Dijak,

Dochirangko ritchege, bigilko okee, tonggni ba koranggnigni dake namnika gita rabo. Unon samdiko ghee-ko dingate ghee dingahaon, eching rasin gipok aro gitchak, holdi, golmorich iarangko natgiminko ontisa chio wingwinge joatchengbo. Uarang gitchakmrangmrang dakbaon rite, rae dongimin dochirangko uno sikatbo aro gitchakmrangmrang dakkujana kingking opile, jamano dochirangko mripbregija chi dingako rudape diddiksana chichaatbo aro bitchi chinoknok dakaiahaon uko detombo.

6. Dochini Proleho.

Dochini Prolehoko songna, dochirangko ritchenge bigilko okee, tonggnigni ba koranggnigni dake rate, ghee-o joe rachengbo. Unikoa eching, dhonia, jira morich, rasin iarangko natgimin ko, dochi joe ragimin ghee dingao sikatbo aro chini pudape aditan opilbo adita opilmano ontisa doiko sikatbo aro karikò puatbo. Uni jamano banggija chi dingako rue adita chichaato, chichana abachengon jogimin dochirangko sikatbo. Adita medikko chikope chichaatan jamano, ontisa ghee aro gorom moslako pudrape uko detombo.

7. Dochi Jokrapa.

Dochirangko jokrapna skang, dochirang ko dokpee, piala gesao donchake, uarangko namedake dok wingwinge, golmorich ginchi aro kari baksa wingwingchengbo. Unikoa ghee ba toko dingate, rasin rasemsemgimin aro namnika gita jallik rasemsemgiminko gitchakmrangmrang dake jocheuge, uno wingwinggimin dochiko rudape uko dolgope rabo. Badita bakbak ote rana mana inditan dochi noma aro dochiko badita nome jona mana inditan jrongna altubata.

8. Natok baksa dochi joa,

Natokko dalgap dalgap, bareng bareng dake rae, susrange, unbaksa kari, golmorich ginchi aro

natgimin holdiko nongnonge, rasin gitchak aro eching bitchiko sepdape taribo.

Unikoa dochiko piala gesao bigipokrarako toktoke rae wingwingbo. Jamano tarigimin natokrangko ua wingwinggimin dochio simbol simbole toko minatchenge, geprak ba gegnigni dake jokrape rabo.

9. Dochi Poach,

Ghee ba toko ontisa sandik-o minatchenge uni kosako dochiko dokpeatbo aro uno nangna gita kariko aro golmorich ginchiko pudrape bakan derae rabo. Dochini birimit ontisaba boonggija, bigipokni kosako sikkone dongna gita name poach kana mana.

10. Dochi-ko bak gni-ni baksa ba bak brini baksa minne ritani,

Chiko chichae rite dochiko piala gesao donchake, ua chichadaldal chiko uno rudape dikdiksana chikope donmano uko derae rabo, unon dochi quarter boil ba bak brini baksa mingen. Apsanko dake adita ruutbatkale chikope donne uko derac raode unon dochi half boil ba bak gnini baksa mingen.

Bisarangna iarangan, jrongningna altnani gimin, onna nambata.

ODHAI VI.

NATOKRANGKO SONGANI.

1. Natokni bijak (Jholl ba bitchi gnanng bijak),

Natokko bewal bithin daldale rae, kari bringimin chio susrange, kari aro natgimin holdiko

nongnonge donchengbo. Unikoa karahio chaani toko name minatchenge, tenggittam gittam ba tengbribri dake ua tarigimin natokrangko gitchak-mrang dake joe donchengbo.

Unikoa alu, Kobi, baring ba je mesurang baksa ua natokko songnasienga uarangkoba repe, tarie, susrange dongiminko ua too joe rachengbo. Unon ua karahini ba samdikni to ranahaode toko rudape uko minatchenge, natgimin rasin gitchak, holdi, dhonia, jira morich, mouri iarangko ontisa chio wingwinge uno joatchengbo. Uarang gitchak mrang mrang dakbaon, jogimin mesurangko sikatbo aro namedake opile, chi dingako rudape samdikko chikope adita ritbo. Bijak adita chichabaon jogimin natokrangko uno sikatbo. Jensalo natokni suua bijako chipsusu dakaba aro bijakni bitchi mesu aro natokrangko mripjaha unon uko detome donkubo. Unikoa samdik gegipinno ontisa toko minatchenge, uno tejpata aro panch-phoron moslako ontisa sikchenge, ua songgimin bijakko uno pakgop-dape jotaibo aro kariko nangna gita pue uko detome donbo.

Ian natokni bitchi gngang bijahko songani bewal.

2. Natic Dalgipani Kopta Bijak.

Natic dalgipani skorarako dingtang rae donne, bigil okegimin beenrarako namedake natkningbo. Unikoa ua natkninggimin natic baksa skoni mitimko brinbo aro uno golomorich ginchi, kari aro biskut

ginchiko nongnonge rasin gtchakni bitchiko sepdapbo. Unon dochi rongsa ba ronggniko dokpee uarangi bigipokrarako toktoke natik natgimin baksa nongnonge, borot borot dake, namnika gita daldale, uarangko tomchengbo aro jamano biskut ginchiko nongnonge donbo. Naticni skorangko dokgegepe, natgimin dhonia, golmorich ginchi aro namnika gita jallik ginchiko brinne, ghee ba toko minate joe rachengbo. Unikoa ua tarigimin Koptarangko uno sikatbo aro uarang gitcak mrangmrang dakjana kingking uarangko opiltaitaie jobo. Uarang nama haon, kariko pue tejpatako sike, chi dingako rudape aditana ritbo. Jensalo natik name nomaha aro bijakni bitchi gitcaksimsim dakaha unon gorom moslako ontisa pudrape detome donbo.

Namnikode alurangko ba je mesurangko ba jochenge sikchapna mana.

3. Natokni Romonjus.

Rou ba Naek gita daldalgipa natokrangko, bithin daldale. rae, kari bringimin chio susrange, kari aro holdiko nongnonge donbo. Unikoa karahio toko minatchenge ua natokrangko joe rabo. Unon ua too natgimin rasin gitcak, eching namnika gita jallik, holdi aro golmorich natgiminko outisa ehio wingwinge sikatbo aro gitchaomrang mrang dake jobo aro namahaon natokrangko uno sikate adita chi dingako ruatbo aro aditana chichaatbo. Bijakni bitchi chinoknok dakaiahaode uho detome donbo.

4 Natokni Kopta.

Natokni Koptako dakna iarangko nanga.—Natok, chaani to, muk dal, chatu, dochi, eching, dhonia, kaljira, holdi, golmorich, mouri joe natgimin, rasin gitchak aro gorom mosla.

Uko indake dakbo :—

Natokko tarie, holdi aro kariko-nongnonge kanta-samagnagna dime donchengbo. Unikoa uko namedake susrangtaie, uno kariko pue eching bitchiko sep-dapbo. Unon samdiko toko minate ua natokko jochengbo, jamano natgimin eching, dhonia, golmorich, kaljira aro rasin gitchakko ontisa chio wingwinge uno sikatbo. Natok name mine chi tipsipahaode, uko detome donkubo. Unikoa samdik gegipinno ontisa toko minatchenge, uno long rong 10 mang sikchenge, ua songgimin natokko pakgope jotaibo, unikoa dalchini aro elaich ginchiko pudrape uko detome donkubo. Jensalo ua songgimin natok kasinaha unon unoniko busurangko basee gale, un baksa dal ginde, chatu aro dochini bigipokko nongnonge uko namedake rimpnekbo. Unikoa uko dochi gita gita onge tombo. Unon samdik gesao ghee-ko ontisa rue, uano tomgimin natokrangko badale donne, samdikko chikope walki jelao angbo aro samdikni chikopani kosakoba walkiko gatbo.

Rou, Naek ba indakgipa busu daldalgiarang san dongaigipa natokrang indake chana nambea.

5 Angke Jokrapa.

Angkerangko jasi, jaksi, mikron, kusik, pakkore gannapak iarang gimikkon gale, chi dingachi

rongtale susrange, grongrangko dintang done, angke-
rangni bikingrangni noksikrango mitimrang skonga
gnangode uaranko ote rabo aro bichel baksa don-
chapatbo. Unikoa ua bichelrango, dhonia, eching
jira morich, jallik, holdi aro rasin gitchak iaranko
natgiminko namedake nongnonge kariko pue
taribo. Unon : samdik gesao toko name minat-
chenge uaranko jokrapbo. Uan namen simila aro
suubea.

6 Nasal, Rou indakgipa Natokrangni Kalia.

Natokni Kaliako dakna iaranko nanga.—

Natok baksana, to, alu, doi ba narang jakskil ba
chambil-ni bitchi, eching, holdi, dhonia, golmorich,
jallik, gorom mosla, rasin :gitchak, kumkum aro
kismis.

Uko indake songbo :—

Pilakna skang natok aro mesurangko tarie, sus-
range, natna nangani moslarango nate donchengo.
Unon samdik gesao adita toko minatchenge, natok-
rangko aro alurangko dingtang dingtang joe
rachengbo. Unikoa kismisrangko joe rabo. Unon
toko rudape uko minatchenge, eching, dhonia. jallik
aro kumkum iaranko natgiminko doi ba je me-
sengko mana aro kari baksa brinne :uno sikatbo aro
namedake opile, chi dingako natok aro alurang
mripna gita chichaatchengbo. Ua chichana aba-
chongenon uano jogimin alurangko aro natokrangko,
joe rachenggimin rasin gitchakragko sikate, kismis-
rangko sikdape samdikko chikope adita ritbo,

alurang aro natokrang name nomahaon, bijakni bitchi skong skong dakbahaon, uno gorom moslako pudrape, samdikko bakan chikope uko detome donbo.

7 Natokni Bhorta ba Rimpineka.

Natokko bisingkaprangko tale galchenge. uni okko chitprue, bibik, bikarangko ote gale, karini chio susrange samadik tesao uko mang gimik ritchengbo. Jensalbo ua minaha, unon uko derae, kasinate, uni pilak busurangko basee galtokbo. Ukon busu galgimin natok beenrarao, eching bitchi aro narang bitchiko sepdape, kari, jallik nongnonge, elaich aro long ginchiko pudrape brinbo. Unikoa samdiko toko minatchenge, elaich chongipako sik-chenge tarigimin natokko joe rabo.

Ian notokni Bhorta.

8. Natokni Cutlet.

Busu daldalgipasan dongaigipa natokrangni been cutlet dakna nama.

Cutletna natokko dalgap dalgap dake bewal bareng bareng dake rabo. Unikoa uarangko natok busu okani silskepchi busurangko oke galtokbo. Unon natok beenko churi matachi seem seem rasi-sibo aro rasin bichiko sepdape, natgimin holdi, jira morich aro jallikko nongnonge, kari pue adita dime donbo. Unikoa na dalgapprakko, dokwingwing gimin dochio simbole biskut ginchio nongnongbo. Unikoa karahio adita toko minatchenge tarigimin

natokrangko uno teng prakprak sike, gichakmrang
mrang dnke joe rabo. Ian natokni Cutlet ongaha.

9. Natok Jokrapa.

Jokrapna, natokko bewal bithin daldale, indiba
bae bae rabo. Unon ua rae, susrange tarigimin
natokrangko wasri petchokachi suprotprote, uno
rasin bitchiko samtang tangchi chipe sepdape, holdi,
kari, jira golmorich aro jallik iarangko natgiminko
nongnonge taribo. Unon karahio minatchenge, uo
mingimin too, gitchakkrang dake, kosakgipa bak-
rang alamala kramkram dakaona kingking jokrap-
bo.

10. Natok Anga.

Natok bewal chonkalarangko manggimik ange
chana nama.

Natokko manggimik rongtalate, okko chitpruari,
bibikrangko ote gale, karini chio susrange, bolgroni
busuona sokbregija, churi matachi rasisie, natok
been gimiko, holdi aro jira morich aro jallik iarang-
ko nongnonge, rasin dokgepgiminni bitchiko sep-
dape, kari pumrike toko ontisa nongnonge golsri
mangrakao jotprote walo angbo. Minkujana
kingking anpilrurae angbo. Natok name minsrang-
ahaosa uko oke rabo.

ODHAI VII.

DAL ARO MESURANGKO SONGANI.

1, Dalko Bitchi gnang Songani

Muk, Mosur, Chola ba je dalkoba apsan rokom songna mana.

Dalko songnasion, uko namedake choponge, roongrangko basee, uko susrangani chi grikjana kingking namedake susrangchengbo. Unikoa uko, mediko chi rue, chirarako dingatchenge, chi chichabana abachengon dalko sikatbo Dalko sikatmano chichapolpolna abachengon, uno natgimin holdi, rasin gitachak, jira aro golmorichko sikatbo. Dal name minahaode, dal bnekatanihi, uko namedake wingwinge bnekatbo. Unikoa samdik gesao ghee ba toko minate uuo jallik, rasin gitachak aro namnikode rasin gipok aro echingko aro tejpatako jochenge ritgimin dalko uno pakgope jobo aro kari pue, namnika gita bitchiko donne uko detombo.

Nannikode rasin-ni pal panch-phoron moslako sikchengna mana.

2. Dalko ranne Songani.

Daldalgipa But ba motor dal, ba Mosur dal iarangko basakoba basakoba rane songronga Indake songna skang, dalko susrange, un baksa natgimin jira, golmorich, holdi, dhonia iarangko nongnonge ontisa toko rudape dalko nole adha kontamangna dime donchengbo. Uni jamano samdiko ghee ba toko minatchenge, jallik gran, rasin,

gitchak aro tejpatako sikchenge dime dongimin dalko uno sikate jobo. Unikoa angke ba natikko jochapna skode unon jochapbo. Jensalo dal aro un baksa jochapgipa bosturang namen ghee ba to chipe gitchak mrang mrang dakbaaha unon dal name minna chuongna gita chi dingako rue ritbo. Jensalo Dal namen nomaha aro bijak rantiktik ba chinoknok dakaha unon gheeko ontisa rudape detombo.

Dogep bitchi ba doo bitchiko sikchapna skode dochirangko ritchege, bigil okee, kosakgilgil rasrisrie ba rakorake, ghee-o joretrete rachenge, bijakko detomna minute 5 mang skang sikchapbo aro detomna skang chani chamos-o chamos! natgimin gorom moslako pudrapho aro samdikko bakan chikope detome donbo.

3. Dal meseng Songani.

Muk dal. Mosur dal, Motor dal iarang meseng chana nambata. Tegatchu gittang, cheng, tedi ba ambare rongtong indakgipa mesengrangmu dalko meseng songna nama.

No. 1. Dal songanio jedake dalko ritchina jana-paha uandake dalko ritchengbo. Dal meseng songna gheeko jakkalna nangja tokosa pangnan jakkalna nanga.

Je meseng baksa ua dalko songnasienga dalko ritmitingo ua mesengko repe tarie donsobo, Jensalo dal minaha unon samdik gipinno toko minatchenge uno besual bitchiko sikatchenge tarigimin mesengko joatchengbo. Uni iamano mingimin dalko uno

pakgopdape jobo Dal meseng songao rasinrangko jakkaljaode nambata.

4. Pul Kobi Chotchori.

Bori—Dalko dime, natkninge, jallik, mouru indakgipa moslarangko brinne, jaksima gita gita ba una bate chonchon bate ba daldalbate choke choke rame rannatgimin dalni borot-rangko Bori ine minga. Tura songoni antioba uarangko mara ama.

Pul Kobini chotchoriko songna iarangko nanga—

Pul Kobi adha seel, alu adha poa, motor gittang adha poa, bori chotak 1, to chotak 1, ghee tola 2 holdi natgimin adha tola, dhonia natgimin tola 1, jallik natgimin tola 2, long rong 4, elaich rong 8, panch-phoron chani chamos-o adha chamos. Uko indake songbo.—

Mesurangko pilakkon repe, tarie, susrange donchengbo aro nanga moslarangko dingtang dingtang nate donchengbo.

Unikoa sandiko toko minatchenge, bori, pulkobi alu iarangko dingtang dingtang joe rachengbo. Uarangko joe ramano, gorom mosla-na agre pilak gipin moslarangko ontisa chio wingwinge ua dinggimin too joe rachengbo. Jensalo moslarang gitchakmrang dakbaaha unon jogimin moslarangko uno sikatbo. Uarang chichabaon uko maiba donchakanio pake donkubo. Unikoa ua sandiko susrange chankolo chantaibo. Ua ranahaon gheeko ontisa minatchenge, panchphoron-ko ontisa sikchenge ua

bijakko jotaibo aro samdik chikopaniko chikope aditana chichaato. Jensalo mesurang namedake nomaha, unon ghee ontisa rudape, gorom moslako ontisa pudrape uko detombo, Natok ba been granrang baksa songna namnikode, uarangko jochenge mesurangko jamano sikbo.

5. Bijak dakgipa mesu-ni Ghonto.

Laisak, danggasak, mula sak, palong sak, merimib, indakgipa bijak mesurangko songani nanga Bosturang.—

Mesu bijak poa 1, alu, baring, motor gittang bori, natgimin holdi, jira-morich, adha tola, tejpata jak 3, dhonia natgimin adha tola, long rong 8, narikel rikotgimin adha tola, matchu sok chotak 1, eching jaksima gita.

Uko indake songbo.—

Mesu bijakrangko seem seem rasemsembo aro gipin mesurangko ba tarie susrange donbo moslarangko pilakkon dingtang dingtang nate donbo. Unikoa toko minate borirangko joe rachengbo. Pilak gipin mesurangko medik gesao ritcheqbo. Ua mesurang nomahaode uarangko ritani chiko cheksipe gale ua mesurangko namedake jotkninge brinbo. Unikoa samdiko ghee-ko dingate, panch-phoron-ko sikchenge ua ritgimin mesurangko jobo aro matchu sokko rudape dikdiksana chikope donbo. Unikoa dikdiksani jamano ontisa gorom moslako pudrape uko detombo. Ghonto songana natok chengkna, pekuare, aro beenko cutletna radalgape ragiminni busurangko sikchapode suua.

Natokrangko sikchape songode narikel rikot-
gimin aro matchu sokko onskana nangja.

6. Mekin-ko Songani.

Mekin adha seel ongode, bori adha poa, holdi
natgimin cha chamos-o adha chamos, dhonia adha
tola, jira morich adha tola, tejpata jak 4, eching
adha tola, long rong 8 matchu sok chotak 1, chini
iarangko nanga,

Uko indake songbo.—

Mekinko okee seem seem dake rabo aro uko rit-
chengbo. Mekin nomahaon chiko paksipe gale uko
sae donkubo. Unon borirangko tochi joe rachengbo.
Jamano sandiko ghee-ko minate, tejpata aro jirako
sikchenge ua ritgimin mekinko uno sikatbo aro
gorom mosla na agre pilak gipin moslarangko ontisa
chio wingwinge uno rudapatbo aditani jamano
jogimin borirangko sikatbo uno namedake opile,
matchu sok aro chiniko ontisa sikate chikope ritbo.
Jensalo bori name minbaaha aro bijak chinoknok
dakbaaha, unon ghee ontisa rudape gorom moslako
pudrape detombo.

7. Baringni Ghonto.

Baringni ghontoko songna nanga bosturang.—

Baring adha seelna, long rong 8 ni ginchi, gondho-
drobo, jira morich cha chamos-o chamos 1, kismis
chotak 1, eching adha chotak.

Uko indake dakbo.—

Pilakna skang, baringko gope, ua minahaon uko kasinate, bigil okee, un baksa long ginchi aro kariko nongnonge donbo. Unikoa samdiko ghee-ko dingate, eching rasemsemgiminko sikchenge tarigimin baringkø sikate, namedake opilbo aro dikdiksani jamano jira morich ginchi ko sike, gorom moslako pudrape uko detome donbo. Ghonto songna baring dambe nambata. Namnikjaode kismis aro gondho-droboko jakkaljaoba mamung ongja,

8. Banda-Kobini Dalna.

Nanga Bosturang.—

Kobi adha seelna, alu poa 1, motor gittang adha poa, natgimin holdi adha tola, jira natgimin tola 1, dhonia tolasa adha, eching natgimin tola 1, tejpata jak 4, gorom mosla cha chamos-o adha chamos, sipin gipok natgimin chamos 1, chini adha tola, ghee adha chotak.

Uko indake songbo.—

Banda kobi-ko seem seem rasemsembo ; alurang repe tarie, natna nanggni moslarangko nate donbo. Unon samdik gesao toko minatchenge, uno eching rasem semgimin, tejpata aro mitam gorom moslako pekninge sikate jochengbo. Unikoa kobi aro motor gittangko sikate adita jobo aro jamano alurangko sikate adita jobo. Uarangko adita joani jamano natgimin holdi, jira aro dhonia aro kariko chi ontisao wingwinge uno rudapatbo aro dikdiksa Chikope

donbo. Kobi Minbahao sipin gipok natgiminko sikatbo aro ontisa chiniko puatbo. Gensalo bijakni chi tipsipaba, unon ghec ontisa rudape gorom moslapudrape uko detombo.

9. Tebrong Gittangni Dalna.

Nanga Bosturang.—

Tebrong gittang adha seelna, eching bitchi tola 2, doi chatak 2, ghee Chotak 2, dhonia tolasa, jira morich cha chamos-o chamos 1, gondhodrobo, holdi ginchi chamos 1.

Uko indake songbo.—

Jako toko ontisa nongchenge, tebrong gittangni rakgipa bigilko rongtale gale rasemsembo aro uko susrange ritcbengbo. Ua minahaon uko detome chiko cheksipe galbo. Unikoa unbaksa eching bitchi, doi, holdi aro kariko nongnongbo Unikoa sandiko gheeko dingatehenge, uno longrahgko sikchenge, ua ritgimin-tebrongko uno sikate jobo. Dikdikساني jamano natgimin jira morich aro dhoniako ontisa chio wingwinge uno rudapatbo. Gensalo bijak name minsrangaha aro chi tipsipaha, unon ghee ontisa rudape gorom mosla pudrape uko detome donbo.

10. Modipolni Dalna.

Modipol gittang repgimin adha seelna, dhonia natgimin tola 1, jira morich adha tola, tejpata jak 2, sipin gisim natgimin adha tola, kaljira chamos 1½, pul-bori chotak 1, ghee adha chotak, matchu sok

adha chotak, chini tola I, holdi natgimin cha chamos-o chamos I.

Uko indake songbo.—

Modipol gittangko bigil repe, biehri gale bareng bareng dake repe susrange donbo aro natna nanggni moslarangko nate donchengbo. Unikoa reppimin modipolko ritchengbo. Modipol minahaon uko detome chiko cheksipe galbo, Unikoa samdik gesao toko minatchenge uno borirangko joe rachengbo. Unikoa toko rudape uko minatchenge, uno tejpata aro kaljirako sikchenge ritgimin modipolko sikate jobo. Uko adita joani jamano natgimin holdi, jira morich, dhonia iarangko ontisa chio wingwinge rudapatbo. Uarang chichana abachengon jogimin borirangko sikatbo. Borirang name nomahaode, matchu sokko rudape chiniko namnika gita puatbo Bijakni bitchi chinok nok dakaiahaode ghee ontisa rudape uko detombo. (Tee damberangkoba iandake apsan songna mana, indiba modipolko gita tee dambeko ritchengna nangja.)

11. Gedani Ghonto.

Gedako songna shang, uko rasemseme, kari aro holdiko nongnonge dime doncheugbo. Aditani jamano unoni ongkatgipa chiko cheksipe galbo. Unikoa mekinni ghontoko jedake songchina sebaaha uandaken apsan ukoba songbo.

12. Nim Jholl.

NIM-GASNI BIJAKKO SONGANI.

Nanga Bosturang.—

Ningas-ni bijak jak 20, nakap dambe adha poa, baring adha poa, alu adha poa, lau kongjongni bite adha poa, bori chotak I, besual bitchi tola I, dhonia tola I, kari, ghee, to, chini aro panch-phoron.

Uko indake sangbo.—

Alu, baring, nakap aro lau kongjong rangko chonchone rae susrange donbo. Unikoa holdi, besual bitchi, dhonia inrangko dingtang dingtang nate donbo. Unon samdik gesao toko minate, borirangko gitchak mrangmrang dake joe rachengbo. Jamano baringna agre pilak gipin mesurangko jochenge uno natgimin holdi, besual bitchriko ontisa chio winge-winge rudapatbo. Jensalo uarang chichana abahengaha unon jogimin borirangko aro baringko uno sikatbo aro Jamano natgimin dhonia aro ontisa chiniko pue dikdiksa chikope ritbo. Unikoa samdik gipinno pake minatchengo panch-phoron-ko sikchenge nim-bijakrangko joretrete rachengbo, unikoa janapbagimin mesu gimikhon uno pakgope, kari pue damsang sangbo. Jensalo bijakni chi chinoknok dakaha, unon ghee ontisa rudape uko detombo. Kaako chana namnikgiparangna ian chana nambea aro beennaba namgni onga.

13. Kangkuneng-ko Songani.

Kangkuneng poa I, potol poa I, besual bitchi natgimin dhonia, alu poa I, terik gittang (rekbok)

rong 2, doi adha poa, ghee aro holdi iarangko indake songbo.—

Uo mesu songnasigiparangko, tarie donchengbo. Unikoa medik tesao adita chiko rue natgimin holdiko uno wingwinge uko ritchengbo. Jesalo chi chichabah a uno kariko puatbo. (Borirangko songna skang pangnan jochengna gualnabe.) Mesurang minbahaon uko maiba donchakanio pake donbo. Unikoa ua mediko gheeko dingate, ghee dingahaon panch-phoronko sikatchenge ritgimin mesurangko uno sikatbo aro samdikko chikope adita chichaato. Bijakni bitchi chinoknok dakahaade uko detombo.

14. Natok Sko aro Dal.

Muk Dal ongjaoba But Dal natok sko baksa songna nama. Uko songna skang dalko namedake susrange donchengbo. Unikoa natokko tarie susrange, holdi aro kariko nongnonge, karahio:toko minatchenge joe raehengbo. Unikoa mediko chiko dingatchenge dalko ritbo. Dal namedake minahaode jogimin natok skoko uno sikatbo aro natgimin holdi, jira morich-ko ontisa chio wingwinge uno rudapatbo aro kariko puatbo. Jesalo Dal aro natok :sko name minaha, unon samdik gipinno toko minatchenge, uno tejpatako sikatchenge ua natgimin bijakko uno pakgope jobo. Bijak tipsipe chinoknok :dakahaon gorom moslako pudrape uko detombo.

15. Alu-dom.

Nanga Bosturang.—

Alu adha seelna, ghee adha poa, pati lebu ba

narang bitchi adha tola, badam natgimin tola 2, dhonia natgimin tola 1, golmorich cha chamos-o chamos 1, gorom mosla chamos 1, doi adha poa, natgimin holdi chamos 1.

Uko indake songbo.—

Alurangko bigil repari ronggimik donbo. Unon karahio gheeko minatchenge alurangko jochengbo. Ua alurangni chi tipsipe gitchakmrangmrang dakon doi aro natgimin moslarangko ontisa chio wingwinge uno rudapatbo. Aro alu minna chuongna gita chidingako rudape, samdikko chikope chichaato. Alurang name minahaon bijak chinoknok dakaiahaode ghee ontisa rudape, gorom moslako pudrape uko detombo.

16. Mekin Dom.

Mekinni domko dakna, alu domna je moslarangko aro badita jakkala ugita apsanke onna nanga aro doi aro chinikoba opsan onna nanga, Uko indake songbo.

Mekin-ko seem seem rasemseme, uko susrange ehiko namedake sepe galbo. Unikoa medik dalkalao chiko adita rue chanbo. Unon bara suri rongtalao mekin aro tejpatako katome, ua ritenggipo chini bibao kadebo. Uno katomgipa bostu chio nangdikjana gita uko kadebo. Mekin minsusudakon uko enge, mekin-ko ote rabo, Unikoa samdik gesao gheeko dingate, uno anem, eching, dhonia aro jira morich natgiminko jochenge, ritgimin mekinko

uno pakgope jobo. Aditana joe holdi aro kariko sikatbo, doikoba rudapatbo aro samdikko chikope adita ritbo. Aditahi jamano uno chiniko pudape namedake opile detome pakjite donbo. Unikoa ua samdiko gheeko bangija dingattaie, gorom moslako sikchenge ua songgimin mesuko uno pakgope jobo aro dikdiksani jamano ghee ontisa rndape jobo.

17. Jokraparang.

Alu, baring, gominda, akaru gipok, kangkelong. Nakap indakgipa je mesurangko jokrape chana ska ua mesuko bareng bareng, dalgap dalgap dake rae, kari aro holdiko nongnonge, karahio toko minat-chenge, banggija banggija rae uno jokrapbo. Jokrapmitingo uarangko anpilrokrokbo aro mesuni chi tipe gitchakmrangmrang dako uarangko ote ote sae donbo.

18. Alu Bhorta.

Alurangko bhorta kana, uarangko nome ritchengbo. Unikoa chiko name cheksipe gale, ranate, kasinatchengbo. Indakmitingo rasin gitchnkko chonchone roreng roreng dake ba seem seem dake jedake ska, indake repbo aro un baksa jallik gittangko rasemsembo. Unon un baksa togittangko ontisa rudape kari pudape nongnonge donbo. Alu kasinahaon uarangko okee namedake rimpinekchengbo. Jensalo alurang namen bnekaha, unon nong-nongetarie dongimin rasin aro jallikko un baksa namedake brinbo. Uan alu bhorta ongaha.

19. Baring Gopa.

Baringko sona ba gopna skang baringni kosako chaani toko nongnogne, petchokgipa churi ba golsrichi suprotprotchengbo. Unikoa uko walkio angbo ba gopbo. Indakmitingo rasinko alu bhortana repa gita dake jallik gittangko rasemsemchape to gittang aro kari baksa nongnonge tarie donbo. Baring minahaon, uko waaloniko ote kasinatchengbo. Ua sogimin baring kasinahaon uko bigil okee, skotongko rasote gale, uko namedake oprake, joong chaa donga ma dongja uarangko name. nie, rongtalate tarie dongimin rasin aro jallik baksa uko namedake brinbo. Unon baring bhorta ongaha.

Mekinkoba iandake tomgimik gope, soe chana mana.

20. Mio Bila.

Soe ba gope chaana agreba, alu baring, mingimin akaru gitchak; tajoug, taa, indakgiparanko mi baksa sikchape ba mio bile, mi tipahaon ote rae. bhorta, kae chana mana. Natok, dal indakgiparangkoba, mio bile chana skode, rongtala bara surio katome sikchapna mana.

ODHAI VIII.

MAMARIKINI DAKANIRANG.

1. Malpoa.

Malpoako dakna, namgipa moeda seel 1 na. doi adha seel, chini poasa adha, ghee adha seelko nanga.

Uko dakna pilakna skang, moida aro chini aro doiko damsan namedake brine, chinoknok dake chiko brine wingwingbo. Bringimin-ko rue rana manna gita cbinoknok dake donbo. Unikoa karahio gheeko dingate, poaprakni gita uno rue rue jodalgape jodalgape rabo. Uarang gitchakmrangmrang dakbaon namaha.

2. Doiko Dakani.

Chi bringija, ritgimin matchu sokko narang bitchi sepdape ba cheng donchape sal 3 ba sal 4 na donbo. Unon ua matchu sok tinkagen aro mesengen. Uan doi ongen. Chi bringimin matchu sokko doi donnode indita suujawa. Chigipa doiko dakna skode, doiko donna abachengon, Chiniko pudapna nanga. Unon chigipa doi ongen.

3. Sujini Mohonbhog.

Samdik gesao gheeko dingatchenge uno songnasingipa sujiko joretrete rachengbo. Jensalo ua gitthakmrangmrang dakbaaha unon uno matchu sok ba manjaode chidinga ko rubo. Ua chichana abachengon uno chiniko puatbo. Unikoa uno kismis, badam aro pestako sikate namedake opilbrine uko detome chabo.

4. Sujini Halua.

Sujini Haluako songna, samdiko gheeko minat- chenge, sujiko joretrete rachengbo. Jensalo ua gitchakmrangmrang dakaha unon matchu sokko

rudape uno chiniko puatbo aro long, dalchini aro adita elaichrangko sike, kismiskoba sikchape adita chiehaatbo. Jensalo halua rantiktik tomka tomka dakaha, unon uko detome luchi ba pau rutirang baksa chana nama.

5. Goja.

Goja mitaiko dakna, moeda-o ontisa kariko pue, gheeko ontisa nongnongchape, namedake hrine nolchengbo. Unikoa chi rudape namedake mine nolbo. Moedako nolmitingo un baksa kaljira moslako aro sipin gisimko ontisa brindapode suubata Badita mine nola, inditan goja noma aro soopa. Moeda nola minahaode moeda nolchakanio (Bengalichi Belon-chak ine minga.) inch 1 ritchea noldalgape rachengbo. Uniko kona bri dake bithjn bithin dake rae geprak ba gegnigni dake ghee-o jokrapbo. Uarang gitchakmrangmrang dakon uarangko ote rabo. Unikoa chiniko ritgimin chio uarangko sime donbo, Unon goja onginok.

6. Rosogolla.

CHANA—Matchu sok patigiminni tinkagipan bakko chana minga, Rosogollako dakna adita chanako rae ua chanani chiko namedake sephotchote galua nanga aro uko namedake nolna nanga (Bara suri rongtalao katome sephotchotode septobata.) Badita name nola aro chiko sepe gala inditan rosogolla noma aro spo spo

nama, Chanako nola matchoton uko borot borot, tombet tombet dake toambo.

Indakmitingo medik tesao chiniko ritbo aro ua tomgimin chanarangko, ritenggipa chinini bitchio donatbo. Unikoa waalko komiate uko chansime donbo aro gisep gisep chi ksainako satkikibo. Mitam mitam manderang chanako tommitingo, pesta ba kismis ba clai chongipa rangko donchapna namnika. Tomgimin chanani borotrang, chinini bitchi sikatchengode balbogen, indiba jensalo minangaha unon napsrimanggen, Uarang adita rakbaahaon gesamangko ote nie chi kasina-o simbole nibo. Jensalo ua napsrimjaha unon ua rosogolla minaha. Unon uko bitchi bewal skongskong dakon detome rabo,

7. Jilappi.

Suji Poa 1 aro merong ginde seel 1 ko namedake brine chi rudape namedake dokwingwingbo. Ontisaba tinkagipa ba tilongdakgipa dongpilgija, jinnik jinnik dake namedake dokwingwingna nanga. Badita name dokwingwinga inditan jillapi namgen. Unikoa piala kolgipu gnangko ongaoba narikel bikrok kolpugiminko rae rongtalatbo. Unon karahio gheeko dingate, wingwinggimin suji aro pura gindeko ba tarigimin piala ba narikel bikroko rae, dinggipa gheeo reketi reketa dake wilwile rue jobo. Jensalo ua joenggipa jillapi gitchakmrangmrang dakaha unon uko derae chiniko ritgimin chinini

bitchio simbole donbo aro chini-ni bitchi jillappio chasipahaon uko derae rabo, unon jillapi onginok.

8. Terikni Pita.

Terikni Pitako dakna, merong ginde, mitai ba chini, terik, matchu sok, narikel rikotgimin nro banggija chongipa elaichrangko nanga. Uko dakna merong ginde baksa, chini, matchu sok, aro je nanga pilakkon name damsan nongbrinne borot borot dake tomchengbo. Unikoa Karahio gheeko dingate ua tomgimin borotrangko gitchakmrangmrang dake ua ghee-o joe joe rabo. Uan terikni pita ongha.

9. Bija Bitchini Paios.

Bija Bitchni Paios-ko songna, merong adha seelna matchu sok seel 1 ko nanga. Uko songna pilakna skang matchu sokko ritchengbo. Matchu sok chichaon merongko sikatbo, Merong nombana abachengon uno, rongtala nama bija bitchiko, badita chiako namnika, indita ruatbo. Mi name nomahaode uko detombo.

10. Kastai Luchi.

Luchiko dakna, moeda seel 1 na ghee poa $1\frac{1}{2}$ aro kari ontisa onne namedake nolchengbo. Unikoa matchu sokko ba manjaode chiko rudape namedake nolbo aro borot borot tomchenge, moeda nolchakanio, terak terak dalgap dalgap dake nolchengbo. Unon jawano karahio ghee-ko dingate, luchi dubina gita ghee-ko rue, gilgni ba gilgittamgittam dake

dinggimin ghee-o sikatbo aro gitchankna skangan ote ote rabo. Unon Luchi ongaha.

11. Sujini Pudding.

Sujini Puddingko dakna, suji poa I, matchu sok poasa adha, aro dochi ronggniko nanga. Uko dakna pilakna skang sujiko chio simchenge, unbaksa matchu sok, dochi ronggnini brimit aro kari ontisa onne namedake brinchengbo. Dochini bigipokrarakode piala dingtango donne namedake wingwinge kaspu onkakatbo. Unon samdikko chankolo dingatchenge ua dochi bigipokko uno pakatbo. Uni jamano suji, matchu sok aro dochi birimit bringiminko uno pakdapatbo aro waalko jelgija sike kantasamangna chansime donbo. Unon sujini pudding onggcn.

12. Merongni Pudding.

Merongni puddingko dakna, merong adha poa-na matchu sok poasa adha, chini adha poa, dochi ronggni iarangko nanga.

Uko songna, merongko namedake susrange nome ritchengbo. Indakmitingo dochi ronggni ko piala gesao dokpee dokwingwinge donbo. Unikoa ua wingwinggimin dochio ritgimin matchu sokko dingbo dingbo rudapatbo aro uarangko namedake brinbo. Unon ua bringiminko ua nome ritgimin mio pakdape namedake brinbo aro uko kantasamangna walkio ange donbo. Unon merongni Pudding onggcn.

13. Komla Lebuni Sorbot.

Pilakna skang rongtala chiniko chio rite chini-ni bitchiko tarichengbo. Unikoa ua chinini bitchiko komla lebuni bitchi baksa, uni baksnini baksa gita, namedake brinbo. Unon komla lebuni sorbot ongen.

14. Pati Lebu ba Narang jakskil-ni Sarbot.

Narang jakskilni sorbot-ko dakna, onnce 10 narangni bitchi, ounce 1 narangni bikap aro chini ounce 10 mang.

Uko dakna narangni bikapko narangni bitchio ritchengbo. Unikoa chiniko pudape uko adita rittaibo, Unon narangni sorbot onngen.

15. Jarok-Lebu.

Pati lebu ba narang jakskilko badita dakna ska indita rae, uarangko namedake susrangchengbo. Unikoa uarangni bakbrini baksa gitamang kariko nongnonge botolo chipe donbo. Unikoa ua leburang kari chinape nomjana kingking uko salanti salo rambo. Unon Jarok-Lebu onngen.

16. Tegatchuni Chigipa Achar.

Tegatchuni chigipa achar-ko dakna, tegat-chu gittang rong 10 na Rye ba besual bitchi ni ginchi adha chotak, golmorich tola 1, holdi adha tola, meti tola 1, kaljira adha tola, jira tola 1, khari tolasa chini adha seel ba gritni sirka poa 1, iarangko nanga.

Uko indake dakbo,—
Tegatchu gittangko bibrongko galgija, bitchil
ko ote galari srignigni ba sribribri dake rabo. Unikoa
un baksa besual bitchi natgiminko aro kariko
namedake brinbo aro salgnina king king dime
donbo. Salgnini jamano unoni chi ongkataha ine
nikgen. Unikoa ua tegatchurangko derae chinini
bitchio salsa dime donbo. Uni jamano uno nanga
kakket gipin moslarangko ondape aro sirkako
rudape, biba jokgija mituna mangipa donchakanio,
chipe donbo aro salanti sal rakao rambo. Unon
antisa ba antignini jamalo uan tegatchuni chigipa
achar onngen.

17. Gritni Sirka.

Gritni sirkako dakna, pilakna skang gritni
bitchiko jete rachengbo aro uko ritbo. Ua chichaon
uko rongtala bara surio cheke rabo. Unikoa uko
aani ba janerani donchakanio donne, namedake chi-
kope, salni dinga aro ripamchi nangna gita walang
salang, sal 10 ba 15 mangna apalo donbo. Indake
donani jamano ua grit bitchini kosako tinkagipa
ongkataeaha ine nikgen. Ua kosako tinkagipako
chamos-chi kiksroe gale, ua grit bitchiko rongtala
bara surio cheke teke skang gitan uko apalo donang
taikubo. Jensalo grit bitchini kosako tinkagipa
ongkattaiha, uko kiksroe galtaie, bara surio cheke
rataie, skang gitan apalo donangtaikubo. Uandake
ua bitchini kosako tinkagipa ongkata matchotku-
jana kingking uko dontaitaibo. Jensalo grit-ni

bitchini kosako tinkagipa mamungba onkatjaha, unon uko cheke, biba jokgija mituna mangipa botolo uko chipe ketket mitue donbo. Uan gritni sirka onngen. Ia sirkako ruta salna jakhalna mana aro uno simbole donnode biterangko soatgija rakina mana.

18. Selprini Morobba.

Morobbako dakna selpri gittangsa nama. Uko dakna selprini kosakgipa rakgipa bigilko repe galchengbo aro uko dalgap dalgap dake bewal bae ratongtongbo. Unikoa ua dalgapranoniko bitchilrangko ote galbo aro chi kasinao kantasana dime donbo. Jamano uni chiko namedake cheksipe galbo. Unikoa uko chini-ni bitchio chatona gita nome ritbo. Uan selprini morobba onngen. Ian okna namen nama.

19. Akaruni Morobba.

Akaruni Morobbako dakna, akaru gipok bitchri galgimin seel 1 na, merong ginde tola 5, potkiri tola 1, elaich ginchi adha tola, golap jol tola 1, chini seel 1, iarangko nanga.

Uko dakna akaruko tilong tilong dake rachengbo. Unikoa golsrichi suprotprote uarangko chi kasinao kantasana dime donbo. Unon uko merong gindeo aro potkiri bringimin chio rite rachengbo. Uni Jamano uko rongtala chio susrange rabo. Jaman kitiko uko chinini bitchio ritbo. Jensalo ua

minaha, unon uno elaiç ginchiko pudrape, golap-jolko rudape detome rabo. Unon akaruni morobha ongaha.

20. Excellent Biscuit.

Excellent Biscuit-ko dakna, nama moeda pound 2 na, chini gipok ounce 4, arrowroot ounce 1, makon ounce 4, dochi rong 1 iarangko nanga aro iarang baksana carbonate of amonia drum 3, ko nanga. Janapbagimin ia pilak bosturangko namedake, matchu sokchi sime sime adubek gita stapstap dake nongnong brinchengbo. Unikoa jamano uko pileng pileng rae, biscuit dakchakani sasao donne biscuit-rang minatani tarigimin chudapo minute 15 mang donne minatbo. Jensalo uarang minaha, uarangko geprakprak kole, biba jokgija mituna mangipa tinno dingbro dingbro dakmitingon chiye donbo.

21. Picnic Biscuit.

Picnic Biscuitko dakna, moeda adha-pound-na, makon ounce 2, carbonate of soda grain 15, chini ounce 2, matchu sok ounce 4, iaraggko nanga.

Uko dakna pilakna skang makonko dokwing-wingchengbo. Uni jamano moeda, carbonate of soda, chini aro matchu sokko namedake nongbrinne brinckengbo. Uniko uko rorong rorong romromchenge inchprak ritçhae rae rae rabo aro geprakko dalgapatbo. Unon uko chudapo donatna skang geprakko, golsri petçokachi suprongpronge chudapo minatbo. Unon Picnic Biscuit ongaha.

22. Ginger Buiscuit.

Ginger Biscuit-ko dakna, moeda pound 2 na, chini ounce gittam, makon ounce 3. ginger powder ounce 1 aro banggija matchu sok iarangko nanga.

Uko dakna ia pilak nanga bosturangko stap stap, skong skong dake, nougnongbrinchengbo. Unikoa Picnic Biscuit-ko jedake dakchina sebaaha ugita apsan iakoba dakbo.

23. Dochiko Soatgija Rakiani.

Dochini kosako dome attako nongnonge uko ontisa walkio ange rannate donbo. Unon dochi soningjawa,

24. Mesurangko Soatgija Rakiani.

Kamachipak bangbanggipa box-ko rae, uko sal nanggija kasina biapo uni bak chikkungni baksako aningo napate dape donbo aro kumangona soke uni samtangtangko amangchi repiminikbo. Uni ningo mesurangko chipe, chabi teke donbo, unon mesurang sikrepningjawa.

25. Matchu Sokko ruute Rakiani.

Matchu sokni chi kakketko rite tipatbo. Unikoa chini ontisa pue ontisaba biba jokgijagipa donchakanio uko donnode ua bilsisana mamungba ongjawa.

26. Aluko Bilsisana name Rakiani.

Chi dingbeao aluko aditana simme donne jamano uko derae rannate, uko kasingipa biapo, bolplengo donnode, bilsu gimikna alu name donggen.

27. Beenko Soatgija Rakiani.

Maiba donchakanio beenko donne, makon sal-gimin matchu sokko, uno beenko dubipile rudap-bo. Dikdiksani jamanon matchu sok patiaha ine nikgen. Indake dakon ua been sal 10 ba 12 na sogija donggen.

28. Lemonade-ko Dakani.

Lemonade-ni botolo (Lemonade dakani dingtang-mancha botolrangko brena mana,) Chiko poa 1 brae, uno carbonate of soda tottak 30, rongtalgipa gritni chini dram 2, lebuni ator tottak 5, iarangko namedake wingwinge, un baksa nitric acid-ko tottak 30 brinne, rangsan totalko mituatbo aro uko songtekbo. Indake lemonadcko daka.

29. Soda-Waterko Dakani.

Soda-waterko dakani botolo chi poa 1 ko brac, uno tartarik acidko tottak 30 brinne namedake wingwingchengbo. Unikoa uno sodako chotaksa adha brinne rangsan botolko mitue uko songtekbo. Unon soda-water onngen lan okditarangon dakchakanina ringna nama.

30. Selprini Sorbot.

Mingimin selpriko sorbot dake ringna nama. Uko dakna mingimin selpri dala rongsana, chini chotak 1, doi chotak 1, kari ontisa, cheng ontisa aro adita chiko nanga.

Uko daknasion mingimin selprini ningoni beenko ote, rikote rachengbo. Unikoa uko chi baksa brinne

namedake rimrinokbo. Uan name bnekahaode uko rongtala bara surio cheke rabo aro bichingehrap gimikkon tale cheke galbo. Unikoa un baksa ontisa chi rudapataie, chini, doi, cheng aro kariko unbaksa brinne namedake wingwingbo.

Uan selprini sorbot ongen.

Ian beenna namgni ongbea.

31. Baring Belatni Chatni.

Baring belatini chutney-ko dakna, baring belati seel 1 na, kismis poa 1, alu bokara rong 12, cheng minsranga geng 4, aro chini poa 1, rasin gitchak natgimin cha chamos-o chamos 1, holdi natgimin chamos 1, panch-phoron ontisa, to adha chotak.

Uko dakna Baring belatiko koranggni ba baring daldalgipa ongode korang bribri dake rabo. Kismis aro alu bokara gran-ko gateng ake namedake susrangbo.

Unikoa cheng minako alamala susrangchenge, uno chiko rudape namedake rimrinokbo aro uko cheke rabo.

Unikoa ua chengni bitchio, baring belati, alu bokara, kismisrang uarangko damsan pake sandik gesao ritbo, Jensalo ua chichapolpolaha, unon ua natgimin holdi aro rasin gitchakko sike kariko ontisa puatbo. Uni bitchi skong skong-dakbaon uno chiniko puate adita chichaate uko detombo. Unikoa sandik gesao toko minate uno panch-phoron moslako sik, chenge ua ritgimin chatney-ko uno pakgope jobo.

Ian Baring Belatini chutney. Lau, modipol gittang, indakgiparangkoba ia gita apsan chatney songna mana.

32. Tiktakgipa Taako Namatani.

Taa-ni tiktakako gimaatna skode taako repmano, unbaksa natgimin sipinko nongnonge adhakanta-mangna donbo, Uni jamano uko rongtala chio name-dake susrangbo. Unon uni tiktaka gimagen.

33. Sagoo-ko Songani.

Namgipa sagoo bisarangna aro sagipa-rangna chana nama.

Uko songna skang sagooko adita chi bangao sime dime donchengbo. Unikoa samdik gesao chiko dingatchenge uko jamano sikate adha-kontamangna ritbo. Uuon uko chanasion chini aro matchu sok baksa brinne chabo. Namnikode matchu sokni pal, rati lebu ko narang jakskillni litchiko sepdape chana mana.

34. Nimki-ko Dakani.

Nimkiko dakna, moeda seel I baksa ghee poa I ko noggnonge namedake chi gri nolchengbo. Unikoa uko chi baksa brinne, kari, sipin aro kaljirako onne namedake noltaibo aro jamano uko borot borot tom-chenge noldalgapbo, Unon karahio gheeko dingate, uarangko kramme jobo.

35. Gripe's Water-ni Gun.

Woodward saheb-ni dakgimin gripe-Water ming-gipa sam, bisarangni wagan namiting somoe-namen dakchakani ongbea. Wagan namiting somoe-rango ia samko bisarangna niam gita jakkalode, uamangni tangseke apal rearangko, ok rearangko aro tusina mangija uamangni dongtogijarangko namatna dakchakani ongbea aro uamang agre duk manja.

36. Arrowroot-ko Songani.

Namgipa arrowroot tola 1 ko ; adha seel chio brinbo. Jamano chi chichako uno chotak 5 ba 6 mangna onti onti rudapatbo aro uko wingwing joljolbo. Unikoa uko minute 5 ba 6 na waalo channe wingwingbo, Unon arrowroot onngen. Unikoa chanasion namnika gita chini, matchu sok ba narang bitchiko sepdape chana mana. Sagiparangna ia chaaniko onna nama.

Sagoo—Barley Water—Arrowroot iarang bisarangna aro sagiparangna onna nama aro jrongna altugipa chaanirang onga. Sok mangijagipa bisarangnaba. Barley-Water aro matchu sokko brinne onnode namen namgni ongbea.

**Badia chaani bostu jrongna badita somoeko nanga
uko chanchichipna altuna gita kamao adita mesoka.**

BOSTU.

SOMOE.

Songgimin Mi	Kanta 1.
Dalim	"
Jogimin Akke	Kanta 1 minute 12
Tee mina	" "
Mosur Dal	Kanta 2.
Bangsi Dal	" "
Muri	" "
Tegatchu gittang	" "
Dobokni sok ritgimin	" "
Matchu sok	" "
Natok	" "
Ruti	" "
Kangkelong	Kanta 2 Minute 24
Potol	" "
Baring	" "
Tebrong gittang	" "
Terik gittang	" "
Jingka	" "
Anaros	" "
Gominda ba Joginot	" "
Lau	" "
Kismis	" "
Matma Sok	" "
Dochi gittang	" "
Mitai aro chini	" "
Songgimin Kichuri	Kantu 2 minute 48
Chola Dal	" "
Arhar ba Motor Dal	" "

BOSTU.

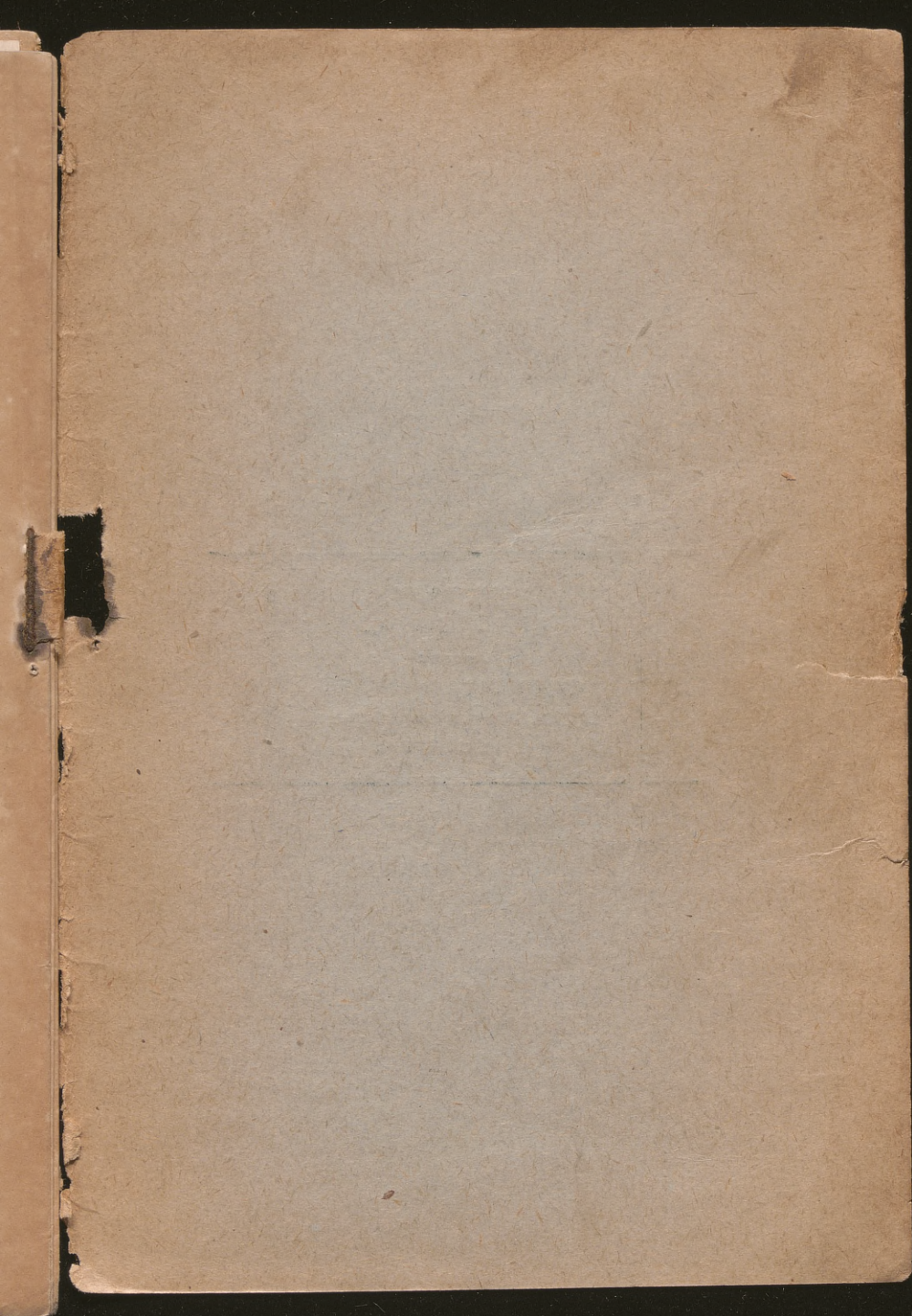
SOMOE,

Narikel Mina		Kanta 2 Minute 48
Tebrong Mina	"	"
Mine ritpimin dochi	"	"
Echaluk Ronggro	"	"
Matchok Been	"	"
Dobok Been	"	"
Mes Been	"	"
Dogep Been	"	"
Danggasak ba chandli		Kanta 3 Minute 24
Banda Kobi	"	"
Ol Kobe aro Pul Kobi	"	"
Palong Sak	"	"
Gajor	"	"
Rasin Gitchak	"	"
Salgom	"	"
Nakap	"	"
Alu	"	"
Karek	"	"
Tamarang gitchak aro gipok	"	"
Mula	"	"
Doo bitchi mingimin	"	"
Chana aro Makon	"	"
Doi aro Ghee	"	"
Dadam aro Pesta		Kanta 4
To	"	"
Doo Been	"	"
Songgimin Polao		Kanta 5 minute 12

NOKGIPANI PATIA.

Nokgipa Isol dakaha mandeko,
Bilakgipa, Nitogipa, namgipa bimangko .
Rokomari chaaniko patijok mandena,
Nama namja chanchichenge basee chachina.
Chaanichi beentangko mangrake rakina,
Ongipa Isolna rasongko onchina.
Simsakgija chaaringachi beenko ongsiate,
Nokgipana namnikani ongja wa uade.
Nokgipani patigimin gisikko jakkale,
Nambatatna joton kana gisiko nangkale.
Bilakgipa, ansenggipa dongchakram beeno,
Sramgipa, changninggipa gisik donga uno.
Chuonnikgipa gisik nabara una,
Ansaoata gisikkoba, kamo chusokna.
Kasae watataha Isol agilsakna
Hai anching janggi tangna rasongnasa Una.

Mrs. PHOEBE W. MOMIN.



PRINTED BY
M. L. SEAL
AT THE
QUEEN PRESS.
37/3, HARRISON ROAD.
CALCUTTA.