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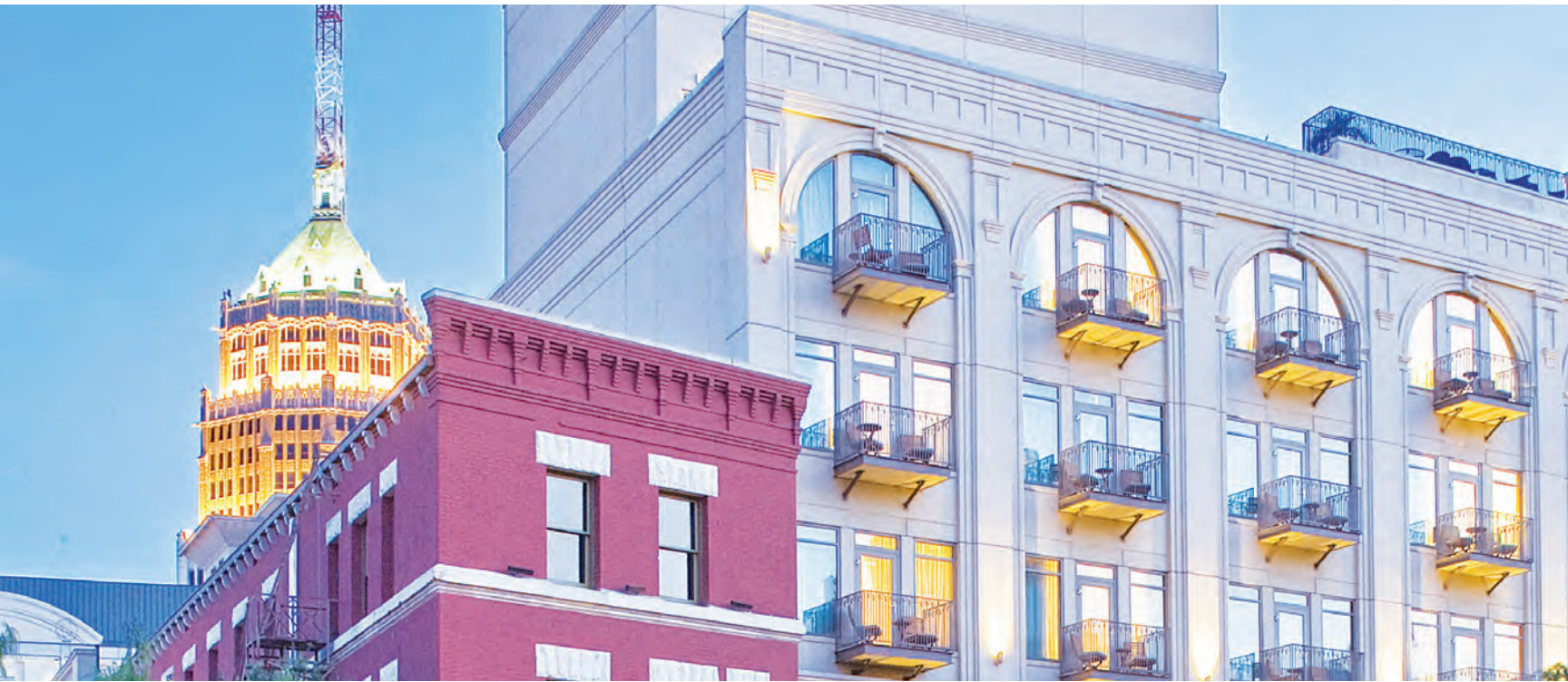
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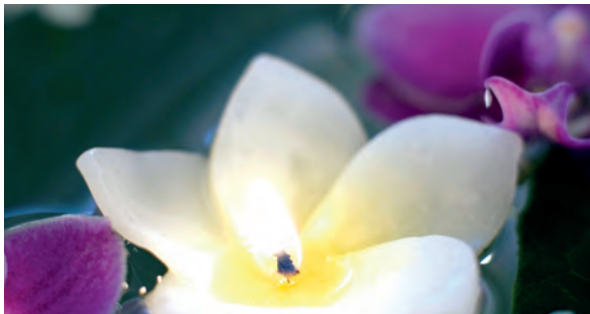
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74 • SOME LIKE IT HAUTE

Isn't she lovely? Isn't she wonderful? Our city-bred girl-on-the-go is ready to take the summer by storm with her own elegant style. Inspired by the Swingin' Sixties, from daytime beach frolics to Samba sashaying poolside, she is ready for anything in her chic summer ensembles.

Photography by Marc Oberlin Styling by Andru

84 • ST. PARADISE

Where to go for something different? St. Barth's is our first choice for a tropical getaway. It is warm, tropical and about as Jet-Set as it gets. We love it and we think you will, too.

By Lance Avery Morgan

Photography courtesy of Le Sereno Resort, Archival

90 • BEAUTY & THE BEACH

We love all things summer . . . the gadgets, gizmos, beauty treatments and the products that help make life more fun while it is warm. Here, we present some of the best choices to keep it cool.

By Emily Glocer and Samantha Subar

A Summer Place

(On This Page, Cover)
Highwaisted swimsuit and sheer swimsuit cover up from HausoffPinkLemonaid.com
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DEPARTMENTS

20 • CONTRIBUTE

It takes a village to create a magazine and its online media platform. Here is a look at the many dynamos who have helped make it happen this month.

22 • PUBLISHER'S LETTER

Publisher Eduardo Bravo is excited about summertime and summer fun. Here are a few of his favorite things that resonate most during the warm months.

23 • EDITOR'S LETTER

Creative Director and Editor-in-Chief Lance Avery Morgan loves the arts and how they personally apply to each of us. Here he lends insight into just how important the arts are to all Texans.

32 • CREATE

Our own Molly Bayme gets up close and personal with Austinite Daniel Esquivel of *Project Runway* fame and opportunities it has provided. Chic is as chic does.

34 • HOST

Our favorite professional hostess-to-the-stars Lara Shriftman gives us a rarified look inside the tony world of Malibu Beach. Surf's up.

36 • BEHAVE

This month perpetually white dinner jacketed Jake Gaines in our manners department weighs in with advice on how to live a more civilized life. Tally ho.

38 • ACQUIRE

Coral is the new pink. San Antonio trendsetter extraordinaire Erin Busbee recommends shades of the sea's red varience colors to spice up your wardrobe and home.

40 • ENLIGHTEN

Dr. Ahmet Oz, everyone's favorite celebrity physician, shares his life-changing epiphanies with Elise Ballard and her groundbreaking book, *Epiphany!*

42 • ADORE

Older men with younger women is a more common romantic dynamic these days. Austin-based dating expert and professional matchmaker Julia McCurley offers a fresh approach to it with her insight.

44 • EVOLVE

Austin-based holographic repatternist Mary Schneider reports on the power of change and chakras. Breathe, breathe, breathe.

46 • RESTORE

Austin-based acupuncturist Andra Million shares information on the Yin and Yang of summer and how to make it work to your advantage.

48 • EXCEED

Fitness expert Brandon Mills weighs in on keeping those healthy New Year's resolutions well into the summer. Shoulders back and tummy in, please.

50 • THRIVE

A living trust is what the financial experts recommend. Here are some tips to consider in helping you mastermind and protect your wealth-gathering strategies.

52 • CHRONICLE

The Paris gala weekend of the century is in full throttle. Meanwhile, there's trouble in paradise in the Goodfriend marriage when a nubile nanny enters the picture. Enjoy intrigue of the bourgeois in this scintillating excerpt from *The Society Chronicles* novel by Lance Avery Morgan

54 • DRIVE

Join us for a weekend of cars and high style with the Rolls Royce Owner's Club.

ENTRANCE & ARRIVAL

The Very Best Parties In
San Antonio, Austin, Houston and South Texas

ENTRANCE

- 58 • AUSTIN** The AMOA-Arthouse 5 X 7 event
- 60 • SAN ANTONIO** The San Antonio Museum of Art gala
- 63 • HOUSTON** The Houston Grand Opera ball
- 66 • SAN ANTONIO** The Patient's Institute event
- 68 • AUSTIN** The Zachary Scott Theatre gala
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ARRIVAL

- 94 • AUSTIN** The St. David's Foundation events
- 97 • HOUSTON** The Alley Theatre gala
- 100 • SAN ANTONIO** The Autism Community Network luncheon
- 104 • AUSTIN** The Austin Fashion Week gala
- 106 • AUSTIN** The Elizabeth Ann Seaton Board gala
- 108 • SAN ANTONIO** The Arts San Antonio event
- 128 • PRECEIVE** Weiss Kelly lends her business astrology acumen to help you chart your own course with the stars.

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ELISE BALLARD

Dallas-raised author, journalist and the creator and host of EpiphanyChannel.com, Ballard's first book, *Epiphany: True Stories of Sudden Insight to Inspire, Encourage and Transform* (Random House/Crown Publishing), is a collection of over 50 interviews with people from all walks of life recounting the stories of their greatest epiphanies. She is a TEDx speaker and a regular contributor to *Psychology Today* and the popular website, *Positively Positive*. The Los Angeles resident is currently in development on several projects, including more for EpiphanyChannel.com, film and television versions of the Epiphany project, and future books for the Epiphany series.



MARK OBERLIN

Our feature fashion photographer for this issue's fashion feature is Los Angeles-based Mark Oberlin. Oberlin has also photographed the collections of many of the West Coast's top fashion designers. He is an acclaimed painter, as well and has exhibited his paintings in Los Angeles, New York City and San Francisco galleries. More of his work can be found at his website at Markoberlin.com.

ERIN BUSBEE

San Antonio style maven Erin Busbee founded her own fashion consulting company, Busbee Style, through which she offers fashion styling, personal shopping and closet organizing. She also serves as the regular style expert for the popular south Texas TV show, *San Antonio Living* and is the on-camera fashion stylist in more than a hundred videos for Tyra Banks' TypeF.com and she also writes her own fashion and beauty blog, Busbeestyle.com.



JEN ROOSTH

Our Associate Editor Jennifer Roosth is a Houston-based writer who never ceases to be amazed by the wonderfully generous spirit of the Houston philanthropic community. "It's nice to live in a city where so many are excited about giving back. And in the process," she says. "They throw some mighty fine parties."



JULIA McCURLEY

Julia McCurley appears this month with her *Adore* column. She is the founder of *Something More* (Trysomethingmore.com), a professional matchmaking service. As a dating veteran herself, McCurley understands first-hand how difficult it can be to balance one's career and personal life; combining these two factors that use a best practices approach from the executive recruiting world and applies it to finding ideal partners in love. She lives in Austin, is happily married and a mother of three. Helping people find true love is her passion. Photo by Gray Hawn.



MARY SCHNEIDER

Mary Schneider has been studying alternative healthcare modalities for over 20 years and is certified in Holographic Repatterning and Touch for Health. She has studied homeopathy, the Chinese 5 Element Acupuncture System, The Work of Byron Katie and numerous other modalities. Her practice is the Holographic (Resonance) Repatterning Institute (Repat-ternit.com) and she happily resides and practices in Austin.

ANDRA MILLIAN

Andra Millian M.S., L.Ac., C.H. is a master of Traditional Chinese Medicine who weighs in with our *Restore* column this month. She is a graduate of the prestigious Yo San University of Traditional Chinese Medicine in Santa Monica, California. Her rigorous training includes postgraduate work at UCLA Medical Center Pediatric Pain Clinic in Los Angeles, California and specialized training in Neuro Acupuncture for Spinal Chord Injury at Project Walk in Carlsbad, California giving her a unique working background in Integrative Medicine - acupuncture applied to a Western Biomedicine environment. She has been happily living and practicing in Austin, Texas since 2001 and can be reached at Austinonsiteacupuncture.com.



LARA SHRIFTMAN

Our West Coast Lifestyle Editor Lara Shriftman co-founded Harrison & Shriftman in 1995, an agency that specializes in public relations, marketing and events for high-profile luxury brands (Hs-pr.com). The agency specializes in public relations, marketing and events for high-profile luxury brands. In addition to serving as a correspondent for *Extra* with her own segment, *Party Confidential*. Shriftman has authored four books on entertaining, *Fete Accompli*, *Fete Accompli Workbook*, *Party Confidential* and *Party Confidential: New Etiquette for Fabulous Entertaining*.



BRANDON MILLS

San Antonio native Brandon Mills is our *Exceed* column contributor this month. He is a physical fitness and elite health expert who has been training in the greater Los Angeles area since 2010 and holds the nationally recognized Certified Strength and Conditioning Specialist (C.S.C.S.) title, allowing him to provide fitness education and promote healthy lifestyle guidance to children and adults alike. Using The Mills Method to help others, Mills encourages individuals to focus on exercise as a way of life while making consistent healthy choices to attain new goals.



ANDRU WALLACE

Fashion and beauty guru Andru Wallace, who styled this month's *Some Like It Haute* fashion feature, believes the business of fashion is true embodiment: it begins with being sultry and sleek from the inside out. For Wallace, everything is a source of inspiration and he is constantly in the process of creating and capturing eccentric ideas and using the stories that fuel them to produce three-dimensional embodiments. He believes that a true artist can never rest, because even in their sleep they are in the act of creation. His work can also be seen at Stylingbyandru.com.

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Summer *Twist*

HAPPY SUMMER AND IF YOU ARE READING THIS IN TEXAS, how wonderful. If you are on a coast or in the mountains, thank you for bringing us along with you. This issue is packed with all the summer you could ever want, so enjoy it in the sizzling heat or a cool respite.

Around here we love summer and I wanted to take an opportunity of what most resonates to our team, based on a straw hat poll we took:

Dive in. We love the sights and sounds of the pool and beach. The water's waves splashing and the sounds of children making sand castles or playing Marco Polo always takes us back to our own childhood.

Yankee Doodle July. We love a parade and If it celebrates a summer tradition, dial us in. It is one of those great holidays that requires no present shopping, yet just enjoying a cookout and the fireworks.

Summer Sleek. As the sweaters and coats have been packed away, make way for white and bright colors, as well as linens.

Cold's Play. Sure, it's hot out but oh, how a blast of air conditioning can take the edge off that is not to be underestimated.

Movie Madness. The studios save their blockbusters for summer. Part froth, part action, all fun, we like a two hour diversion into a world that may be very different from our own.

Sunny Delights. A summer tan, when garnered safely, almost always looks good on anyone. We love the smell of tropical sunscreen, too, since it reminds us of our teen years.

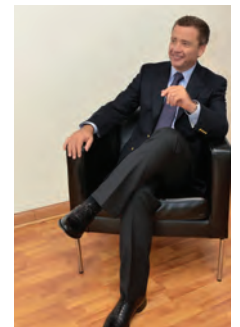
Refreshing, Isn't It? Ice cream, gelato, yogurt, a frozen margarita . . . whatever your pleasure, the addition of a cold treat on a warm day does wonders for a frame of mind.

School's Out. Education is so valuable and so is a break from it during the summer. We love our family vacations with school schedules not taken into account for several months.

Summer Rental. Getting away from it all, with family or friends, renews the senses. Seeing new sights and sharing fresh experiences creates a lifetime bond.

As in *The Sound of Music*, these are a few for our favorite things with a summer twist. We hope we've inspired you to take more advantage of our gorgeous region these summer months. Get your rest for our Fall issues we are working on now. You'll be dazzled. ☺

Eduardo Bravo
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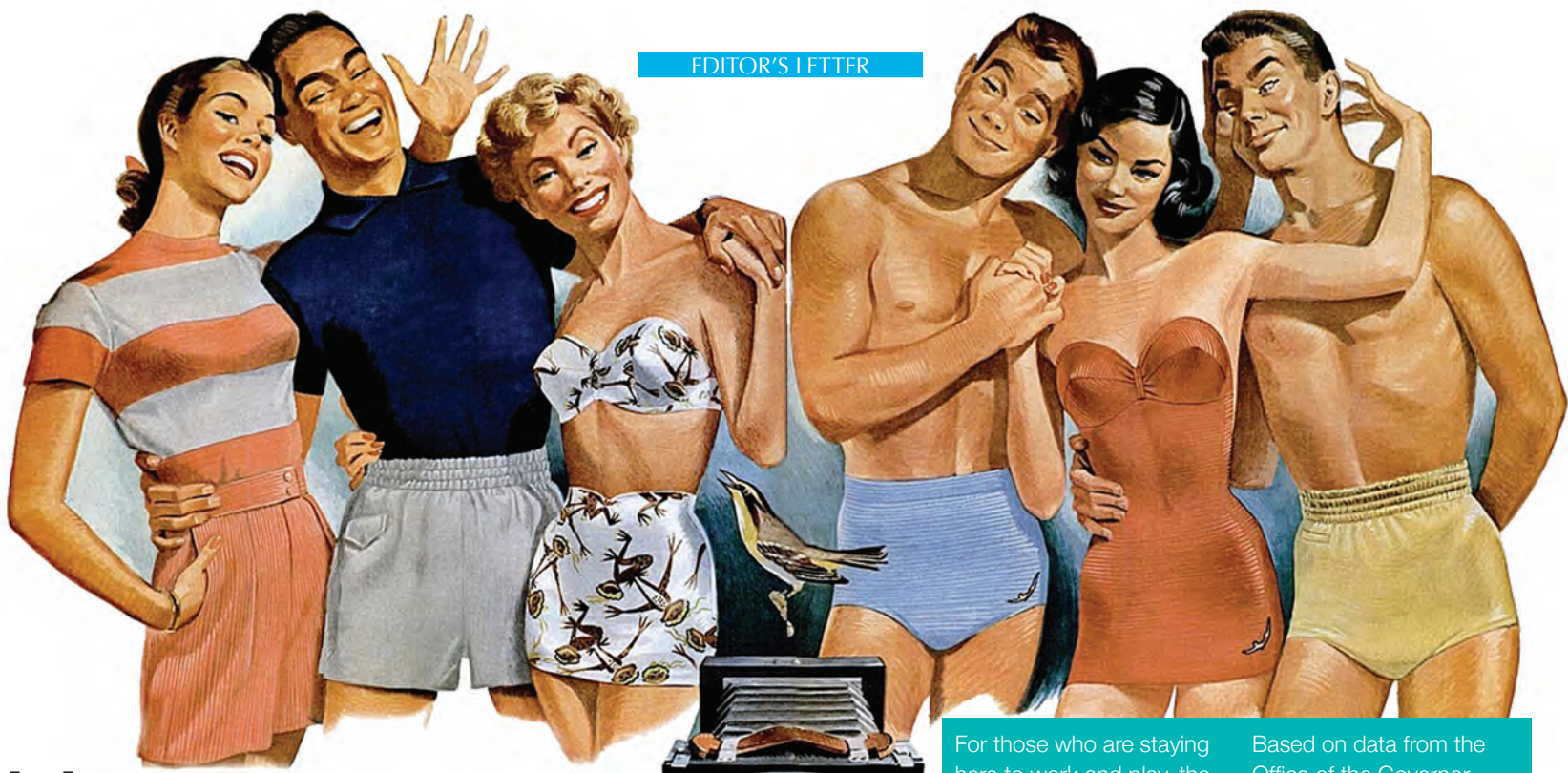
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How relaxing

WELCOME TO THE LONG HOT, SUMMER IN Texas. For those of you in the state right now, here's a towel to dry off after your dip. For those of you elsewhere, *there's* a towel to dry off. No matter where you are, it is summertime and the livin' is easy, as Gershwin wrote, and it's one of our favorite times of the year.

In this issue, we have a round of spring galas that won't soon be forgotten, nor will the funds they raised by their many talented and hard working volunteers. Many were black tie and many were not. We loved them all the same in our region where doers and shakers make a difference no matter what the attire.

We would rather take off clothes, rather than add another layer, so that's another reason we love these warm days so much. A place where tycoons, the rich and fashionable and so many others peel out of their work clothes to leave the world behind is in St. Barth's where we take you to this month at the über chic resort, Le Sereno, on the rarified island. It's the haunt of the where supermodels, CEO's, as well as families and newlyweds choose to make their destination year 'round. It's so hot you make have to take a dip after reading how much we loved it.

From there it gets both haute and hotter as we take a look at this year's best beach fashions and all the accessories (and some you would never thought of) that you'll need for a sizzling summer getaway. Since you have a choice of wearing less clothing, they should be your best and brightest choices, right? Look no further. Along with our favorite departments that offer insight and inspiration of all kinds, we hope will help your lazy days of summer be more productive. We've got your very best interests at heart in *The Society Diaries*. ☺

XO Lance Avery Morgan
lance@thesocietydiaries.com



Portrait photography by Jen Perez
Styling by Amanda Donley
Location: The Driskill Hotel

For those who are staying here to work and play, the good folks at the Texas Cultural Trust recently shared some information with me based on some research they generated about travel, tourism and culture here in our own backyard. The facts may astound you and we are mighty proud to share them:

Travel and tourism spending in Texas surpassed \$63.1 billion in 2011. Last year, travel-generated employment was 545,300 jobs with earnings in excess of \$17.6 billion.

In 2011, the average travel party to Texas spent \$782 per trip. Travel parties participating in Museums and Art Exhibits activities spent \$1,246 per trip – 59 percent more than the average travel party.

Four of the top ten activities for non-resident visitors are arts, culture, and history-related.

Based on data from the Office of the Governor, Economic Development and Tourism and studies commissioned by cities, nonprofit arts and culture industries generate \$2.46 billion in tourism spending. This translates into 21,000 jobs with earnings in excess of \$700 million.

In addition, the state and local governments received \$158.5 million in tax revenue from these visitors.

Inspired? So are we. So, take a look around you. There's so much to do here and beyond, so save us a seat at the pool, museum, state park or heck, even the South of France, wherever you want to take us with you along the way.

See you soon at the start of the Social Season with our next issue devoted to everything you would ever wanted to know about cool weather style for 2013 . . . like you've never seen it before.



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BMW M6 Gran Coup Released at BMW of Austin Event

By Molly Bayme Photography by Jen Perez



BMW's Axel Mittler, Christine Fleischer and BMW of Austin owner Steve Late at the M6 Gran Coup event

NOW MORE THAN EVER, BMW EXCELS IN PROVIDING CARS that bring more than luxury to the road. This spring, the BMW M series celebrated its 15th season as the "Official Car of MotoGP" In honor of this milestone, BMW recently debuted the BMW M6 Gran Coup in Detroit and at a BMW of Austin event hosted by Steve Late.

The typical BMW owner's need for speed is satisfied by the extraordinary performance of the BMW M6 Gran Coup. The BMW M6 Gran Coup accelerates from a speed of 0 to 100km per hour in only 4.2 seconds. We like that. According to the luxe car manufacturer, "the BMW M6 Gran Coup not



Interior of the M6 Gran Coup at the BMW of Austin event

only offers a new luxury experience in an M vehicle, but also fully exhausts the dynamic driving potential."

In addition to speed, drivers can rest assured that the BMW M6 Gran Coup contains top of the line safety features. "We are really proud to

run our high-performance luxury coup, the BMW Gran Coup, as a Safety Car in 2013", says BMW of Austin's Steve Late in between watching laps of the car at the new F-1 track in Austin.

The BMW M6 Gran Coup's wildly handsome appearance, combined with its performance rates and safety assurances, demonstrate BMW's vehicular advancement. With that being said, it is without a doubt that BMW M6 Gran Coup is bringing a whole new sense of elegance to the road. And you can find that elegance at BMW of Austin. [📍](#)

For more information, visit BMWofAustin.com or call 512.343.3500.



Fans at the BMW of Austin M6 Gran Coup event

A Class



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BMW Center of Excellence Award; we've also earned the highest appointment efficiency rating of any BMW Center in the southwest. And with 165 new model loaner vehicles, on-site Customer Care Clinics and a Roadside Assistance Program, BMW of Austin will change the way you think about what a dealership can offer.



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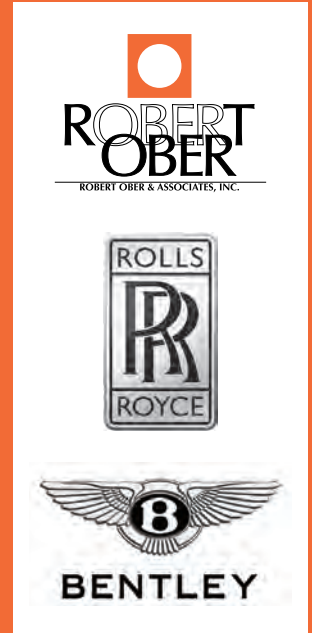
LOCAL BUSINESSMAN AND LUXURY AUTO COMPANIES COLLABORATE ON PHILANTHROPIC ENDEAVOUR

Robert Ober & Associates (ROA), headquartered in San Antonio, is proud to have partnered with Rolls-Royce Motor Cars and Bentley Motors, to underwrite the Grand Prize Raffle of the 2013 Rolls-Royce Owners' Club (RROC) National Meet hosted by Team Texas in San Antonio: A Trip for Two to London, England. The first five days will be a Culinary Excursion led by The Royal Chef, Darren McGrady, former head chef to HRH, Queen Elizabeth II, at Buckingham Palace, and then to Princess Diana at Kensington Palace. On Days Six and Seven, the winners will be hosted by Rolls-Royce and Bentley, respectively.

Because the raffle was fully underwritten, one hundred percent of ticket sales benefitted the Rolls-Royce Foundation (RRF), an independent, non-profit, charitable organization dedicated to the preservation and promotion of the heritage of Rolls-Royce and Bentley Motorcars.

The Foundation then donated half of the proceeds to the San Antonio Food Bank.

At the Awards Gala Banquet on the final evening of the Meet, Robert Ober, on behalf of ROA, Rolls-Royce, Bentley and the members of RROC who had supported both organizations by purchasing raffle tickets, presented a giant cheque representing the entire sum to Tim Younes, Executive Director of the RROC and RRF. Mr. Younes then presented another cheque, representing the Foundation's donation, to Michael Guerra, Chief Development Officer of the San Antonio Food Bank. Following the cheque presentations, a winner of the raffle was selected.



The evening was also an opportunity to recognize and salute the military's heritage in San Antonio dating back to the late 1800s and now the home of military medicine for the Department of Defense. San Antonio is known as Military City, USA. The program commenced with the Joint Base San Antonio Lackland Color Guard presenting the colors of the United States and Texas followed by the singing of our national anthem by the soloist of the Air Force Band of the West. Among the RROC membership are Colonel Bill Rasco (Ret.) and Colonel Jim Stryker (Ret.), who recognized Wounded Warriors invited to the gala as honoured guests. POWs and MIAs were remembered with a poem and an empty chair near the podium, a single place setting and a rose.

The theme of the whole week, appropriate for San Antonio, was "FIESTA!", which was culminated at the final dinner in a spectacular display of Fiesta Royalty gowns and uniforms, generously loaned by San Antonio families of royalty from four previous courts. Some of the attendees had heard of these breathtaking works of art, but

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SAFoodBank.org

these visitors from all over the world could not believe their eyes when the ballroom doors opened and they beheld the dazzling presentation of velvets, silks and lamés encrusted with hundreds of thousands of hand-sewn crystals and pearls, accented with lace, organza and other precious materials.



Paul Salos and John Sweney

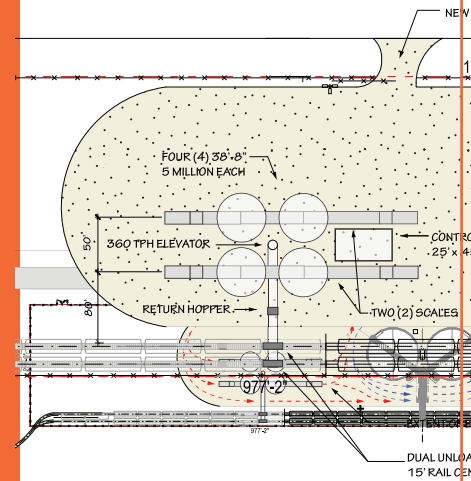
Entertainment was provided by America's Got Talent Finalist and International Artist, "Mr. Sinatra", Paul Salos, of Dallas. His crooning between awards, and spirited dialogue with Master of Ceremonies John Sweney, of Houston, kept the evening lively and on track.

Rolls-Royce Motor Cars sponsored the closing event of the Meet, and had a presence in the ballroom with a 2014 Rolls-Royce Phantom Drophead Coupé, delivered just days earlier from the Rolls-Royce factory and headquarters in Goodwood, England. Bill Rasco, of San Antonio, was proud to display his 1965 Rolls-Royce Silver Cloud III on the other side of the room. The almost entirely original beauty had taken Best in Class earlier that day on the Judging Field, in addition to numerous other accolades over its well-preserved history.

From gorgeous automobiles and stunning gowns, to music and merriment in a room full of beautifully-clad ladies and gentlemen, a club whose common interests include fine motorcars and an amazing camaraderie literally gave back at the end of the evening. Ticket sales and donations raised over \$35,000.00 for the two non-profit organizations, proving the group does everything in a big way and with style. Bravo!



L-R: Shawn Behrens and Robert Ober of Robert Ober & Associates, Paul Salos, Dan and Cathie Mouton with their young lady helper representing the members of RROC, present a cheque to Tim Younes, RRF Executive Director.



Robert Ober & Associates, LLC is a San Antonio based group of companies that includes Industrial Design and Architecture, Plant installations and service contracts for the oil & gas upstream and midstream sectors. The company is active globally in construction materials handling and processing and plant turnkey contracts.



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With Mazor Robotics technology at his fingertips, Dr. Leonard is raising the standard of care at Alamo Neurosurgical Institute.

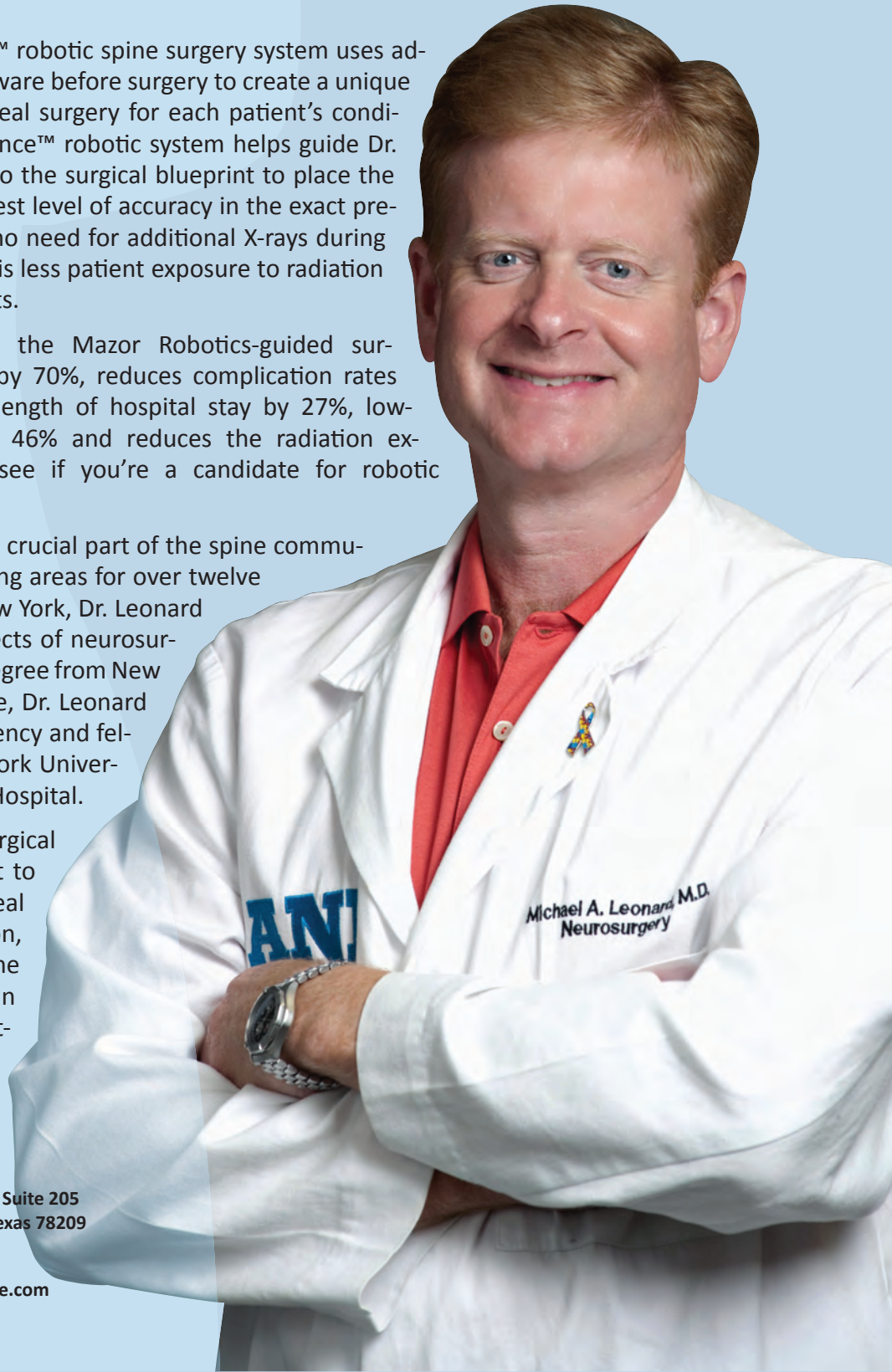
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Dr. Michael A. Leonard has been a crucial part of the spine community in San Antonio and surrounding areas for over twelve years. Educated and trained in New York, Dr. Leonard gained broad exposure to all aspects of neurosurgery. After obtaining his medical degree from New York University School of Medicine, Dr. Leonard completed his neurosurgery residency and fellowship in spine surgery at New York University Medical Center and Bellevue Hospital.

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When a person receives a cancer diagnosis, it can be shocking and overwhelming, and many questions may begin to surface. Perhaps the most challenging task is simply finding a place to start. Cancer Treatment Centers of America® (CTCA), in Tulsa, Okla., delivers care for the whole person and not just the cancer alone. At CTCA, this care is more than just a concept; *it is a way of life.*

At CTCA, treatments are all under one roof, including a 24-hour infusion center where patients can receive their chemotherapy when they want it, an expansive radiation platform with more than 30 different approaches to radiation treatment, and a world-class interventional pulmonology program. Other comprehensive services include sophisticated imaging technology and innovative neurosurgery services.

CTCA also provides an extensive list of complementary therapies to help build patients' immune systems and improve their quality of life. These services include nutrition, naturopathic medicine, oncology rehabilitation, mind-body medicine, pain management, acupuncture, and respiratory therapy. Each of these services is tailored to patients' individual treatment plan to ensure they are receiving the best care for their specific type and stage of disease.

Part of a national network of hospitals, CTCA provides a comprehensive, fully integrated approach to complex and advanced-stage cancer treatment. The Tulsa location served patients from 41 states and four different countries last year. The hospital has maintained an outstanding 98.5 percent patient satisfaction rate for the 2012 fiscal year and closely tracks its patient satisfaction rating every day.

Steve Mackin is President and CEO of CTCA in Tulsa, and has been with the organization for over 14 years. Under the leadership of Mr. Mackin, the hospital has dramatically expanded its technology platform, has implemented new services and increased its medical base, adding 148 jobs over four years to help better serve those who are always first – the patients. In the last four years, CTCA was also recognized as one of the "Best Places to Work in Oklahoma" by *OKC Biz* magazine.

To learn more about CTCA, visit cancercenter.com or call 855-634-4287.



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“ At Cancer Treatment Centers of America, they gave me *hope*. I recommend that you go there for treatment. Because not only did they give me hope, they gave me *options*. ” – *Martín Martínez*
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BEHIND THE SEAMS

Daniel Esquivel, the *Project Runway* television show finalist gives **our fashionista Samantha Subar** the rundown on his experiences, as well as insight on his journey to the top . . . all the while implementing his style roots from the region.



Daniel Esquivel at work on *Project Runway*

WHO WOULDN'T WANT A CHANCE TO become a world-renowned fashion designer? From the outside looking in, the industry may appear overrun by vain and disingenuous relationships, but designer Daniel Esquivel is a breath of fresh air to the fashion world. If his eclectic style and peerless use of fabric do not set him apart, his humble attitude and sincere appreciation for his fan base certainly makes him a one-of-a-kind.

Even though his time on *Project Runway* came to a close after episode 13, Esquivel isn't seeking out opportunities; they're coming to him. "No matter what happens, you win either way by being on the show," he told *The Society Diaries* in this exclusive interview. He goes on, "The crazy part is the people around the world that are approaching me." Esquivel has already received several offers to develop his own line and that complements his recent win at the Austin Fashion Awards as a Trailblazer Award recipient.

By simply listening to him, it is clear that fame has not clouded Esquivel's insight. With all of his recent success, Esquivel still recognizes from where he came and continues to draw inspiration from his hometown. "Austin is a big melting pot, I get influenced by people

off the street and I always people watch," Esquivel mused. "Earlier today I did a TV spot and I got to see some of the UT fashion students' work up close and I loved seeing their input and fresh ideas."

When asked about his favorite Austin locations, Esquivel answered in authentic Austinite fashion. Bird's Barbershop, Manuel's Mexican restaurant, Barton Springs, and of course, The Domain, were among his top picks. Esquivel also has a strong social conscience. In early May, Esquivel coordinated an event with the Austin Symphony to help increase attendance amongst the gay and lesbian community and he has spoken to several schools within the Austin district about bullying. "It is very important to me to get the word out there and let kids know it is ok to start following your dreams," noted Esquivel. "Look at me, I'm about to be 50. It's never too late to get started on doing what you love."

Esquivel credits Austin as "one of the strongest groups of fashion . . . I could almost compare us to Berlin," he proclaimed, a city where he went during the *Project Runway* series this season to draw inspiration for a design challenge. "Austinites are very current." Additionally, Esquivel loves discussing his adoration for his home state. "There was a person on the show who made a comment saying that Texas is just about pink and pageants. I thought that was disrespectful. I'm a proud Texan and yes we do love our pageants and pink and big hair, but do not get me started. We have so much *more* than that."

Before the show began, Esquivel was working in sales and also had a clientele of women who he designed for around the clock. "Once the show started, many new clients started contacting me, but I had to stay true to my original ladies," said Esquivel.

Since the show began, Esquivel has learned some valuable lessons as both a professional and an individual. First, as he says, "Everyone is entitled to their own opinion," he said. Secondly, he confides, "You just have to take that criticism with a grain of salt. Being honest with others has been really big, too." Then, finally, he shares, "learning how to work with others; if something negative, then turn it into a positive."

When I ask Esquivel to describe his personal style, he is sure to mention that significance of his favorite pieces goes beyond material possessions. "I have my teddy bear pin from Prada that I always wear, it's very sentimental to me. I also have a skull Alexander McQueen ring that I have on my finger almost all the time." He describes his style as "very eclectic" even though he loves black, white, and khaki. He also has a taste for unusual pants, saying "I have several pairs of printed pants and I love to mix things."

Throughout our entire discussion his voice radiated with gratitude. "Now that this is what I'm able to do full-time, I am going to work towards establishing my line and I think people should be able to afford everything that I do," he offers. "I can't believe how fast everything has happened, but I'm loving every minute of it. It is all good."



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How To Do *MALIBU*



It is the beach retreat of the rich and famous, but why? Here **our West Coast girl-in-the-scene Lara Shriftman** explores both the myth and reality of this fabled hot spot.

LEGEND HAS IT, AND YOU KNOW IT yourself: Malibu is super chic, yet it is also very laid-back and everyone who lives there leads a very active outdoor lifestyle, both in and out of the water. Perhaps it is that juxtaposition that I love most about this beachy enclave.

Malibu is a very close-knit community and many residents spend their time raising money for charities that help their community like Heal the Bay or the NRDC's ocean initiative "Peace Paddle Out" in which local boarders and surfers formed a peace sign in the ocean off of Paradise Cove. Stretched over 27 miles along the Pacific Coast Highway, the municipality of Malibu is prime real estate for Hollywood's biggest stars because of its beachfront properties like those on Carbon Beach.

Carbon Beach is also known as Billionaire's Beach for its notable residents like Los Angeles Dodger Jamie McCourt, Peter Morton, producer Joel Silver and Karen Silver, Larry Ellison, David Geffen, and Eli Broad. Near it is the Malibu Colony section, a favorite of Hollywood notables. Residents in the Colony include Juicy Couture founder Pamela Skaist-Levy and her husband Jeff Levy, Pamela Anderson, Tom Hanks and Rita Wilson, Sting, John McEnroe and his wife Patty, and Chrome Heart's owner Richard Stark. Another pristine stretch of coastline properties is La Costa Beach. Some of the people who reside in La Costa Beach are actor Stephen Dorff, Ron Herman, owner of the Ron Herman boutique, Ryan Murphy, creator of *Glee* and *The New Normal*, and Les Moonves, president of CBS. Surrounded by mountains and residential areas with gorgeous ocean

views, some people who live on Malibu Road are John Cusack, Adam and Jackie Sandler and Jeremy Piven. And, of course, there are all the residents on the Bluffs like Rande Gerber and Cindy Crawford, Mark Burnett, and Robert Downey Jr. Bold-faced residents are what Malibu is all about.

SHOPPING & DINING

The Malibu Country Mart is a large outdoor lifestyle center located in the heart of Malibu at the Civic Center on Cross Creek Road. There is great shopping like the Ralph Lauren, Ralph Lauren RLX, children's boutique 98% Angel, Madison, Vince, and Planet Blue. Tucked away in the corner is the Chrome Hearts store where they sell their signature jewelry and leather jackets. Ron Herman is great for maxi dresses and t-shirts.

MALIBU 411

STAY

If you want to stay in Malibu, there is the Malibu Inn on Carbon beach. It has the look and feel of a motel but chic and is next door to Surfrider Beach. That's really the only place to stay unless you are renting a house. 22969 Pacific Coast Highway, 310.456.1160

LEASE

Chris Cortazzo is the best real estate agent in Malibu and has more than \$800 million in sales. 310.589.2472

EAT

Country Kitchen is great for a casual lunch of burgers or a breakfast burrito. 21239 Pacific Coast Highway 310.456.8708

Nobu Malibu recently transitioned from the Malibu Country Mart (Mr Chow took over the location) to a new beachfront location on the Pacific Coast Highway. They serve Nobu classics like lobster and shitake salad, sashimi and ceviche. 22706 Pacific Coast Highway 310.317.9140.

Geoffrey's is located on the Bluffs. It is great for lunch and dinner and has a stunning view. There is also a really famous orchid farm towards Zuma Beach on Bonsall Drive 27400 Pacific Coast Hwy Malibu, CA 90265 310.457.1519

DO

Zuma Canyon Orchids. They are family-owned and have been orchid suppliers since 1974. They make custom orchid arrangements and have orchids in many colors like yellow, red, gold and fuchsia-hybrids. 5949 Bonsall Drive 310.457-9771

On the drive out to Malibu from the city is the Reel Inn seafood restaurant. 18661 Pacific Coast Hwy. 310.456.8221

There is also a great surf school in Malibu called Aqua Surf School. 2507 Main Street 310.902.7737

The Adamson House, Rhoda Rindge Adamson's private home built in 1930, showcases original Malibu pottery, ceramics and tiles. It is a short walk from Surfrider Beach. 23200 Pacific Coast Hwy. 310.456.8432



Mr. Chow Malibu



Since James Perse moved to a house in Point Dume four years ago, he developed a newfound interest in the outdoors that inspired his Yosemite line, an active-wear offshoot of his eponymous line. His flagship store has a ping pong table on the deck and they make James Perse mountain bikes, surfboards, and comfortable couches in his Lumberyard flagship.

The Country Mart also has great dining. Howdy's Taqueria is a great casual place for breakfast and lunch in the Country Mart. You can walk up and get a breakfast burrito from the counter. There is also a great park to walk around, or grab a coffee from Coffee Bean and Tea Leaf. It has swing sets and a play area for kids.

Taverna Tony restaurant serves fresh Greek food in a super relaxed, festive environment and has a beautiful patio space. It is really fun on a Saturday night because there is live, traditional Greek music and everyone dances on tables. It is also Malibu's power lunch spot. What's not to love about that?

Located next to the Country Mart is the Malibu Lumber Yard. It is also a great shopping and dining destination. There is also a J.Crew at the Beach, Tory Burch, and Intermix. Maxfield is located in an intimate stand-alone building and carries high-end designer pieces like its Beverly Hills location. Long-time Malibu resident Rande Gerber's Café Habana is great for lunch to take friends and family locally. They serve delicious Cuban cuisine focused on locally-sourced ingredients and have an infamous karaoke night on Wednesday that is really fun, and has included some surprise celebrity performances. It is a favorite among celebrities like

Sean Penn, Courteney Cox, and Kid Rock. They have a bustling fun bar that features cocktails like the Casamigos Delicioso from Gerber and George Clooney's new tequila, Casamigos and Caliche rum.

Mr. Chow is a must-see and be seen hot spot in Malibu, in the Malibu Country Mart on Cross Creek Road, in the old Nobu location. In a nod to its beach location, the atmosphere of Mr. Chow Malibu is much more relaxed. I love the open kitchen where you can watch the chefs at work on the wok or creating the hand-pulled noodles in the famous nightly show. This locale serves the signature dishes of the Beverly Hills original like their Chicken Satay, Mr. Chow Noodles and Beijing Duck, which is made in a one-of-a-kind oven that was made especially for the restaurant. Other recommended dishes include lobster with noodles, water dumplings and green prawns. There is also the signature Mr. Chow champagne trolley and a dessert cart that includes chocolate fondant and Key Lime cheesecake. Since it opened, Mr. Chow's Beverly Hills has always been an institution for Hollywood's biggest stars like George Clooney, Gwyneth Paltrow, Elton John, Jay-Z and Beyoncé. Malibu's location has the same celeb following, and like the entire beach's state of mind, anything seem possible under the warmth of the Southern California sun. 📍

In A *Manner* Of Speaking

This month **our man-about-gala Jake Gaines** is on the scene and weighing in on matters as diverse as friendships, formal weddings, entrepreneurial children and how opening doors can make life better all around.

Dear Mr. Manners,

I love having so many close friends. One friend, however, compulsively speaks about her personal life and all that is wrong with it, all the while wondering why she knows so little about me when I can't even get in a word edgewise. Any solutions?

Talkative in Tarrytown

Dear Friend of Talks Much,

First, I get it. I really get it. I learned at an early age that people love to talk about themselves more than anything and that if you could get people to feel comfortable about revealing themselves, then you will likely have a friend for life. But, friendships are a two way street of interaction. If you feel that is not the case in

this friendship, then you owe it to yourself to let your friend know that she talks too much without sharing the friendship platform equally and that you prefer that she not speak of things in a purely negative light unless she thinks there are crucial matters where your advice could be of service. You can deflect the conversation to discuss something neutral that you both have in common, or perhaps a third party to join you so that the topics do not solely reflect your friend who is the conversation monopolizer. Either your pal will get on the bus with these strategies or not. I am hoping she realizes that most don't want to be inundated with others negativity and cleans up her act to be the good friend that once attracted you to her.

Mr. Manners

Dear Mr. Manners,

It seems that wedding season is year 'round now. My husband and I were invited to a black tie wedding, which is simple for him to wear a tuxedo, yet I am not sure what a summer black tie outfit for a woman might be?

Inquiring in Alamo Heights

Dear Inquiring Mind,

Great question and it is one that comes up often. As you know, good form dictates that black-tie wedding attire is only appropriate after 6 PM, yet these days as long as the reception starts around 6PM it is perfectly fine to request black-tie. For your attire, it depends on the venue and your age. A ceremony held in a house of worship may require that you have your shoulders and/or arms covered with a jacket, sleeves covered with a wrap or perhaps, a wrap is needed. A formal gown, one that would not even remotely upstage the bride, should fall to the floor, but an exception can be made for tea or knee-length, or shorter, if the design is very elaborate and on a younger woman. You'll see many of these weddings covered in our future issues, so look for those for more inspiration, too.

Mr. Manners

Dear Mr. Manners,

I am raising my children with an entrepreneurial spirit. Is it appropriate to sell my kid's fundraiser items to coworkers?

Curious in River Oaks

Dear Parental Guidance,

This falls under the topic of "Just About Everybody Does It" in our files. I actually feel strongly both ways and here's why. First, do not do it if your company's policy does not endorse such activities. If you are the boss, since your employees or team may feel compelled to pay up to stay on your good side, they will consider it a bribe, even if you do not, so consider that. That's one thing. Mr. Manners used to sell candy bars for school organizations to raise funds for them, but I went door to door in the neighborhood selling them, the old-fashioned way. It was a character-building experience to knock on the doors of neighbors I knew and did not know, candy bars in hand, ready to sell to whomever answered the door. Without parental supervision. On my own. And, you know what? I sold a ton of candy bars based on the importance of the cause that I conveyed, a winning approach, and a heartfelt smile. Kids are different now and thanks to the parental "helicoptering" approach of helping them succeed, kids now sell more candy bars with ways like taking it to mom or dad's office, which also benefits the organizations more. I still think that the personal touch of a child selling on his own still can be effective if you let them create a strong sense of self based on their own accomplishments. It will also be good for the resume' to get into college.

Mr. Manners

Dear Mr. Manners,

What's the latest belief in men opening doors for women? For a while women were offended in not being perceived as equal. What's the latest?

Laredo Door Opener

Dear South Texas Gent,

The latest is what has been consistent since modern manners were developed. Good manners simply mean the expression of helping others feel comfortable around you. When it comes to opening doors, rising when a woman approaches or leaves a table, helping her with her car door, or any other thoughtful act for that matter, manners are *always* in style. Women and men have gained equality in so many ways and part of that equality is knowing that good form is practiced for a reason. To make life more civilized and elegant – and isn't that always the goal?

Mr. Manners



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LAYER ON THE CORAL

Give your ensemble some style and sophistication with this chic, gold-plated, multi-strand necklace by Rachel Reinhardt. \$220. Availability and photos courtesy of Halsbrook.com

The perfect, pinkish-orange shade for summer is . . . coral. This vibrantly versatile color works beautifully with almost every skin tone. Try mixing your corals with neutral colors like white and tan or opt for a more fashion forward approach mixing coral with mint green, yellow or royal blue. Here are some pieces **our own San Antonio style maven Erin Busbee** is crazy about that will inspire you, too.



POINTED TOE PERFECTION

The perfect way to add a bright color to your otherwise neutral summer look, wear these papaya-colored, patent leather, sling backs by Christian Louboutin. \$625. Availability and photo courtesy of Netaporter.com

EYE-CATCHING APPEAL

Adorn your eyes with some fashion forward mesh-effect, frames by Thierry Lasry, a favorite avant-garde line among A-listers. \$375. Availability and photo courtesy of Netaporter.com



HOT HUE

Get a sun-kissed glow on your cheeks with this "Pure Color" powder blush in "Naughty" by Estee Lauder. \$28. Availability and photo courtesy of Julian Gold



STRIPED SEAT

The bold, striped, Chiraz fabric on this Louis XVI medallion, "Adam" armchair adds modernity to a classic piece. \$3,225. Availability and photo courtesy of Roche-Bobois.com



TIE ONE ON

An easy way to add some style and color to a white or blue button-down shirt, simply add this bold, Brioni silk tie. \$210. Availability and photo courtesy of NeimanMarcus.com.

IT'S A CINCH

Elegant and eye-catching, this glam, belted, one-shoulder "Caruso" swimsuit by Violet Lake is a must this summer. \$225. Availability and photo courtesy of Netaporter.com



SURELY STRAPPY

I have cajoled enough clients to rid their closets of unflattering comfort shoes to know . . . that finding the perfect fashion/function combo in footwear is not easy. These "Accomplish" sandals designed by a bonafide foot doctor could be the solution. \$119.95. Availability and photo courtesy of WeilBeing.com

EAR CANDY

Frame your face with a gorgeous pair of beaded, tassel statement earrings by Jose & Maria. Try these with your little white dress for a fresh summer look. \$365. Availability and photo courtesy of Julian Gold.



RIGHT TO BARE ARMS

Show off your toned, tan arms in this striking cross-back, silk-jersey, coral dress by Issa. \$1,125. Availability and photo courtesy of Netaporter.com



GORGEOUS GEORGETTE

Look effortless at your evening event in this Halston Heritage draped-back, washed-georgette gown. Add a bold gold necklace to complete your look. \$645. Availability and photo courtesy of Netaporter.com



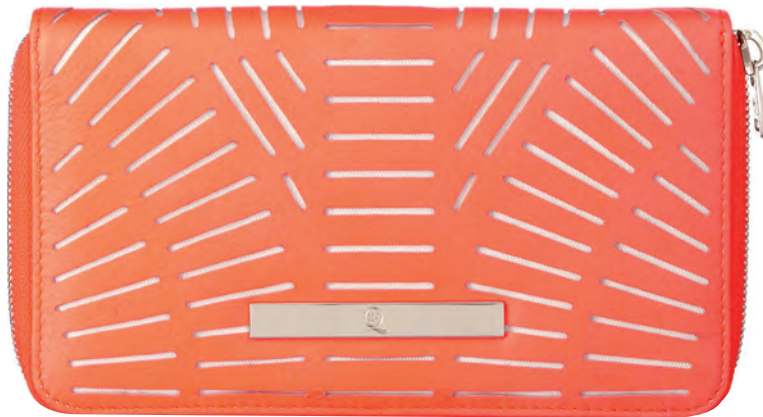
SEXY & SWEET

These coral, suede wedges by Paloma Barcelo are an ideal mix of sexy and sweet. Not to mention . . . wearable . . . because of the one-inch platform and ankle strap. \$299. Availability and photo courtesy of Netaporter.com



CHIC CASH CARRIER

Not your everyday wallet. This bold, leather, cutout wallet by Alexander McQueen is a chic way to carry your cash and cards. \$295. Availability and photo courtesy of Netaporter.com



CORAL FOR YOUR COFFEE TABLE

For the discerning fashionista in your life, a coffee table boxset from Britain Creates, focusing on the closely related worlds of fashion and art. \$55. Availability and photo courtesy of Netaporter.com



CORAL FLORAL

Try on one of the season's hottest trends: the patterned trouser with these sweet, printed, cotton capris by J.Crew. \$298. Availability and photo courtesy of Netaporter.com



FASHION'S FLARE

Not many people would dream up coral, crepe trousers, but then again, Stella McCartney is no ordinary designer. I love the sweet shade and fluid fabric of the fit-and-flare "Bedford" pants. \$1,080. Availability and photo courtesy of Netaporter.com



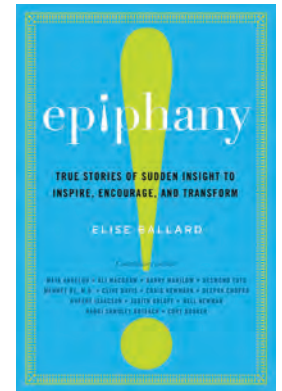
CORAL CUTENESS

Your little angel will be the picture of cuteness when she wears this coral, pleated, "Courtney" dress by Milly. \$145. Availability and photo courtesy of NeimanMarcus



A Doctor's **WORLD** View

Dr. Mehmet Oz comes into our lives every morning with his hit syndicated show offering valuable insight and advice. Here, **Austin-tied author Elise Ballard, author of *Epiphany: True Stories of Sudden Insight to Inspire, Encourage and Transform*** connects to learn about Oprah's favorite doctor's own epiphany in his healing medical world and beyond in this exclusive interview.



*"The goal is to move from just knowledge, which is information, to understanding, which is awareness."
Mehmet Oz, M.D.*

One Family's Decision

I WAS CHIEF RESIDENT OF GENERAL Surgery at New York Presbyterian/Columbia Hospital in New York City, still finishing my training. When you are Chief Resident, you run the care for people who are in emergency situations. A woman came into the ER with a bleeding ulcer and had almost completely bled out, which means she'd almost lost all the blood in her body. She was a Jehovah Witness and her entire family of about 30 people had come in with her. I told the family that I needed to take her into surgery to save her and, if it was successful, I would need to get their permission to give her blood after the surgery. I understood that the Jehovah Witness religion has the tenet that a person of their faith cannot receive blood, but I went into surgery thinking that once I got out of the OR they would give permission since the woman would die if we didn't give her the needed blood.

I completed the surgery successfully and went to the family, excited that we had saved this woman's life. I believe the spokesperson for the family was her eldest son, and he proceeded to tell me, "We have decided not to give her blood." I was astounded. I thought maybe they didn't fully understand the situation so I asked him if he understood that she would die without receiving the blood. He replied, "We understand. She can't have the blood."

You know, I was so angry I couldn't see straight. I felt insulted. And more than that, I felt I had failed as a doctor to convince them of the gravity of the situation. A "disobeying family"—that's how I saw them. They were disobeying me. That's exactly how I felt - how patronizing - but that's exactly how I thought about it. Here I had busted my ass all that time to save this woman, and now they were going to "strip her from me" just as I was going to grasp her from the jaws of defeat.

But then, I began to realize that it wasn't me they were distrusting. It wasn't that they didn't believe that what I was saying was true, and that I was trying to bluff them into giving their mother blood that she didn't want. They actually did believe she would die. They actually took me at face value. They were quite certain that they were signing her death sentence. But they, in their belief system, felt that it was more important for her not to receive the blood, and therefore have a better life in the future (somewhere else), than for her to take the blood now to live a little more on this earth.


Epiphany Created

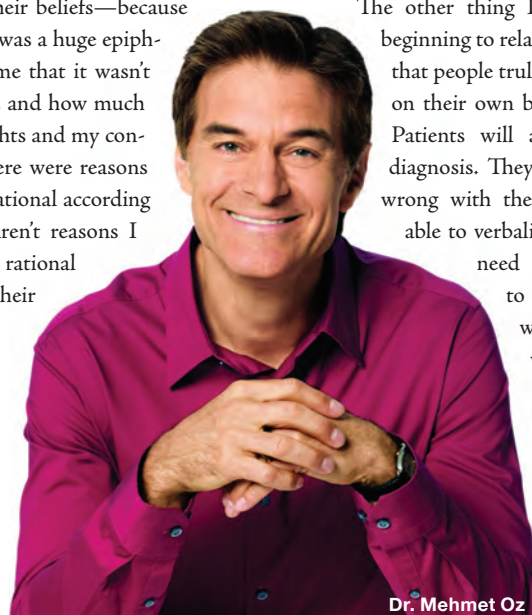
The epiphany was when I realized that it was out of their love for this woman that they made this decision--because, believe me, the easy decision for them would have been to give her the blood, right? That's the easy decision, no one could argue with that. They made the hard decision, because of their beliefs—because of their loved one's beliefs. This was a huge epiphany for me because it showed me that it wasn't all about me and my arguments and how much effort I had made and my thoughts and my conviction about what is right. There were reasons this family had that were very rational according to their belief system. These aren't reasons I agree with, but they were very rational in their own minds, and it was their judgment to make.

I began to realize that patients don't always read the same medical textbooks that we doctors read. Too often doctors focus on things that we think are important, not what the patient thinks are important. No longer do I

try to talk to patients like they're me. I try to talk to patients like they're them. The way I talk to people, not just patients, but to people in general also began to change, because I began to think about the worldview from their perspective rather than my own.

When you start doing that, you begin to have very different insights. Once you immerse yourself in someone else's worldview, you can understand their motivations much more effectively. I can really understand your perspective when I try to understand your worldview, which is what healing is all about. The word "doctor" means "teacher" in Latin. A good teacher gets into the minds of his students and understands what resonates for them, what clicks. The goal is to move from just knowledge, which is information, to understanding, which is awareness.

The other thing I began to realize by beginning to relate to people this way, is that people truly are the world experts on their own bodies. They really are. Patients will always tell you their diagnosis. They actually know what's wrong with them. They may not be able to verbalize it right, they might need your medical insight to appreciate it, but they will tell you exactly what is going on with them. If they are aware or a bit more conscious of what's going on in their body, it makes them that much better of a healer for themselves. 



Dr. Mehmet Oz



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The Truth About *Older Men & Younger Women*

This month **Austin-based professional matchmaker and relationship expert Julia McCurley** weighs in on what we all see among the wealthy: younger women attracted to older men. Long a staple in many cultures, McCurley examines the basis of how it really works.



THE FIRST THOUGHT THAT COMES TO many women's minds when they think of older men dating younger women is that men might only be interested in eye candy and in perpetuating the illusion of their own youth. For some men, this may be true, yet I have found that the attraction is a little more complicated than that.

Older men love dating younger women because of three primary reasons.

1. Younger women may be more sexually attractive to them.
2. Younger women help older men feel more youthful.
3. Younger women idolize older men and do not call them on their issues like an older woman might.

These are all the stereotypical reasons that come to mind to some people who think older men love to date younger woman. There are basic human needs experienced to varying degrees by all of us. However, some of us have stronger needs than others that are genetically different during the developmental stages in our lives. Here is some food for thought in regard to that.

First is the survival need, which encompasses the need to stay alive with food, clothing and shelter, and it also includes the psychological needs to feel safe and secure. Younger women are often looking for a sense of security that an older man can provide. Older men love dating younger women because the level of security they can offer a younger woman satisfies her in ways it might not an older partner he might seek.

The next need is connection. We all have a need to be connected to other people. Some of us need that more than others. Anthropologist Margaret Mead stated that one of the oldest human needs is having someone

to wonder where you are when you don't *come home at night*. This is a need that is different for men and women at different stages in their lives. Young adult women typically have a larger need for connection. While they will create careers, their main focus is their relationship and creating a family. Young adult men, on the other hand, are most focused on the need for significance. They have relationships and start families but their primary focus is figuring out a way to make it in the world. In young adult relationships, these needs are often in conflict, as the woman wants more intimacy and quality time and the younger man is instead focused on work and building his career.

The next need is freedom. People with high freedom needs do best in relationships with someone else who also possesses a high freedom need. Another reason older men love dating younger women is because even though she is focused on connection, she might be willing to allow an older man freedom in exchange for the security and the attention he gives her when they are together. This often creates a win/win arrangement for both.

The fourth need is fun. A younger woman still has a keen sense of energetic fun, whereas an older woman may have transitioned into meeting her fun needs with her children or by having a quieter kind of fun. This younger, energetic kind of fun is attractive to an older man who may be feeling his mortality and seeking a bit more fun than he's had in his past relationships.

Older men date younger women for many reasons. Some of the relationships last, some don't. Here's why.

1. Fantasy love fades. Usually within a year.

At first, the older man is in love with her looks and youthful spirit. Eventually, he realizes all they have in common is a roof over their heads, and he might be off to look for a relationship with substance that he might not thought he has found with a younger woman.

2. Older men may say they feel younger, but dating younger women won't make them younger.

No matter how hard older men try to make the wrinkles disappear, the darn things keep showing up in the mirror.

3. Older men and younger women utilize each other, similar to a business arrangement.

He has money, assets, power, and security; she has youth and beauty. If the money runs out, or someone richer comes along, she may break the lease, leaving him with an empty wallet and his arms around a tree trying to survive the storm the relationship may have created.

4. OK, maybe she's not using him.

Perhaps she loves him because he is more patient, laid back, mature, gentle, and more understanding than other men her age. Still, she's likely considered his financial attributes at some point. Rarely do I see younger women with destitute older men. Do you?

What matters most to all people is love, no matter what the age or circumstance. With more love in your life, there will be more life in your love. [📍](#)

For more information on Julia McCurley, visit [SomethingMore.com](#).



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A CHANGE WILL DO YOU GOOD

Everything changes. People, places and things. But how and why is change so important in all of our lives? **Austin-based resonance repatterning practitioner Mary Schneider** shares her insight on the inevitability of change and how we can best respond to it with ancient healing knowledge of chakras and acupuncture principles.

JUST HOW DOES CHANGE AFFECT YOU? THE only thing that we can count on with respect to change is that it is the one and only absolute. We absolutely know that it will visit us on a regular basis and will occur when we least expect it or are even remotely ready for it.

For many of us, change presents challenges because of our early familial circumstances. As children, much of the change we experienced was the result of traumatic circumstances. Divorce, death, illness, and injury are all integral to our backgrounds and each one of these brought its own attendant trials and tribulations that affected our attitude toward (and our ability to cope with) change.

The other side of the coin is that much of the change we experience lends itself to personal growth with unexpected and unpredictable events that lead us to self-discovery along with pathways to self-awareness that we would not have otherwise encountered. Thus, change is the only absolute in a perfectly paradoxical reality that makes it essential to our development as human beings.

CHAKRA CONNECTION

After studying energetic medicine for almost twenty-five years, I have become familiar with a number of healing systems that effectively deal with and obviate the stress associated with much of the change in our lives. One such system is the Ayurvedic chakra system. Dating back over 2,000 years ago in India, this system gives us a very detailed description of the existence of our energetic bodies and their influence on how we maintain health and well-being in the human experience.

There are seven chakras in our bodies. Each chakra provides the energy necessary to specific body sensations such as hearing, tasting, and seeing. In addition, the chakras regulate such essential systems as digestion, reproduction, elimination and breathing. The chakras act as step-down transformers regulating the divine energy that enters our bodies from the Crown chakra, the seventh chakra at the top of the head. As the Divine energy moves downward through the body each Chakra steps down the energy to a frequency that can manage the functions of the body.

The chakra most important in the management of change is the first chakra, the earth chakra. This chakra is located at the base of the spine – the coccyx – and has to do with very basic primal needs like home, family, tribe, security, stability, nurturance, transition and completion – all of these fundamental aspects of experience are handled in this chakra. It

is the chakra associated with “Mom” and when it is balanced we are able to cope with the changes that present themselves, stay steady and move on to the next phase of our growth with maximum learning and minimal stress. If we have been through massive change throughout our lives and have not had this chakra balanced, then there are a number of negative consequences for our overall well-being that can occur.

Survival issues are most prevalent in this chakra. The inability to earn enough to live on and/or to complete projects and relationships we have initiated may show up. We have a difficult time with endings and transitions – the stress created by these kinds of events can paralyze our decision-making capabilities and cause us to be stuck in seemingly endless change with no end or completion in sight. We cannot take care of ourselves, let alone others. But, again, the paradoxical aspect of this chakra is that when it is balanced we are not only able to deal with change easily and effortlessly, but we also welcome it.

The knees are the sub-chakra of the earth chakra. I once had a client who had a persistent knee problem. She had gone through all of the traditional westernized practices plus chiropractic, acupuncture and other alternative methodologies to no avail. She came to me and we did an earth chakra repatterning regarding an issue of massive change in her childhood that had to do with her mother and when the session resolved the issue, the pain went away completely.

ACUPUNCTURE ACUMEN

The other healing modality that deals effectively with change and its problems (and opportunities) is the Chinese Five Element acupuncture system. Again, in this system it is the earth element that governs change and consists of two meridians: the spleen meridian and the stomach meridian. Meridians are pathways of energy that run through the body (as opposed to Chakras which are basically wheels of energy situated down the middle of the body). When these meridians are out of balance, change is very difficult to navigate.

This system gives us some very specific signposts to alert us to the fact that we are not handling the change in our lives well. The stomach meridian is about nurturance. What mitigates too much change and transition is nurturance. One of the most prevalent problems I see in my practice is that people take care of everyone around them except themselves. They have energy for everyone in their lives and that leaves very little left for taking care of themselves. In this scenario, when change is incurred, the system breaks down very quickly since it was generally already out of balance.



One of the surefire ways to ascertain a lack of stomach meridian balance is that we find ourselves endlessly perseverating, that is, churning things over and over in our minds with very little resolution. If we find ourselves in this situation, it is time to create some nurturance for ourselves. Another signpost is a tendency to repeat what we've said. When I have someone in my office that repeats a certain phrase or story over and over I know immediately that they are not taking good care of themselves; they have probably been inundated with too much change and have not balanced it with nurturing activities. The earth element is again about “Mother”, the nurturing, caring “Mother Earth” who provides us with all that we need in order to move forward with our lives.

The spleen meridian involves the feeling of being at home in ourselves; in our lives, in our bodies, in our work, in our homes. When this meridian is out of balance, emptiness is experienced. We can feel that God, or our Source, is not there for us. The spleen meridian governs the immune system. When it is inundated with too much change, illness can occur as a way to find homeostasis. Finding ways to nurture ourselves, no matter what else is happening in our lives, helps return our system to balance so that we can go through the inevitable changes in our lives in a happy and enthusiastic state. In this state, change is a welcome and joyful experience.

The common, consistent quality provided by balance in both the earth chakra and the earth element is grounding. Visualize the earth beneath your feet and feel the energy of the earth being pulled into your body. Or, if you can take your shoes off and walk on the ground it gets you in touch with the groundedness of the earth element. When change occurs, remember to nurture yourself (and there are numerous ways accomplish this) so that the one absolute becomes an experience that is healthy and transformational. 🌱

For more information on Mary Schneider at The Holographic Repatterning Institute At Austin, visit Repatternit.com



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Balancing *Act*

Summer is all about having more time for things that matter. If we don't take care of ourselves, how can we enhance the lives of others around us? **Austin-based acupuncturist Andra Millian, L.Ac.** shares her insight on the benefits of the techniques of creating more balance with an Eastern healing aesthetic.

CHINESE MEDICINE IS ALL ABOUT HARMONIOUS balance, which we could all use. It addresses the equilibrium between our physical and mental state, as well as the attunement and harmony created between humans and the natural elements surrounding us.

To simplify with a visual clue, keep in mind the dual nature of balance. Ancient Chinese sages pondered, deliberated and came up with "the shady side of the mountain and the sunny side of the mountain," known respectively as Yin and Yang.

Everything in our natural world has aspects of Yin and Yang. Yin is shady, cool receptive, deep, soulful, wet and feminine. Yin moves inward and down. Yang is sunny, warm, assertive, outgoing, social, dry and masculine. Yin plus Yang make up one balanced whole. Yin is the root; Yang is the flower.

The Chinese sages studied the changing character of the seasons from peak Yin (winter) to peak Yang (summer). They came up with five seasons: Winter, Spring, Summer, Late Summer (our 'Indian Summer') and Autumn. Each season's observable qualities are used as tools to create a better sense of balance and harmony in our lives.



Our current season is called the Yang of Yang, the sunniest, warmest time of year. Summer is characterized by the color red, for vigorous activity, and the manifestation of ideas we thought up in the cooler months. Red fruits like cherries, watermelon and tomatoes are wonderful seasonal treats, recommended to create more harmony. Red is also the color of spices like chili and cayenne, that make us perspire. In traditional Chinese medicine, using heat to cool us off is called 'treating yang with yang.' Fire is the element of summer, which is treated by the most yin of substances, ice and water. Therefore, staying hydrated is referred to as creating yang with yin.

The taste of summer is bitter, known in Chinese medicine to have a 'heat clearing' property. Baby spinach salads and icy stuffed celery are all 'bitter' summer flavors that enhance your tranquil state of mind.

This summer, throw on some cherry lip-gloss or red flip-flops while sipping a celery garnished Bloody Mary, slightly bitter Campari and Soda or Cranberry Cooler. The Chinese seasonal direction for summer is South, so head to Mexico or the Mediterranean. Or, make the best of the Lone Star state by kicking back to enjoy Texas.

Keep your life in balance during these hot summer months by combining the robust and energetic aspects of yang into your daily routine. Make fresh pico de gallo or watermelon and mint salad before heading out on the water for fun and laughter with friends and family. Don't forget the sunblock. Remember, red is also the color of sunburn, but if it's too late, slather on some bitter cooling aloe vera gel to take the burn out of your skin. Moderation is key to maintaining peace of mind. Keep your yang in balance with the season to ensure your most harmonious summer ever. ☺

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Feel The *Heat*

An entrance ramp to a healthy summer can also be a fast track to a new you. According to **San Antonio-bred fitness expert Brandon Mills**. Here he shares tips and inspiration so that this summer can be your most fit one yet.

TRAINERS, GYMS, AND EVEN THE everyday active individual have a love-hate relationship with this masked motivational player that enters the arena every summer. On one hand, it is more people being active, sweating it out, taking a stand for their health, and looking to be a better healthier person. That part everyone loves. On the other hand, others burn their candles hot, powering through the gym haphazardly, clogging up classes, and losing their will to continue when it just seems like all the effort is either too much work or just not working. This part everyone dislikes. So where are you left in the mix?

Here's the good news. There is a solution. The bad news? It is not going to be easy. Change is difficult. Breaking habits is hard. Working when your body says 'no' and your mind says 'yes' hurts. But it pays off. The truth is, each and every one of us want to lead a healthier life, we just make excuses and put off hard work or new beginnings until tomorrow. Tomorrow is already here.

Plan B

Your original plan is a great one. It probably includes a huge transformation, a large weight loss goal, a six pack, toned arms, nice glutes . . . you know the rest. What a great goal to have. There's only one problem. It is only one goal. Whether you are watching weight fly off the scale week by week or not, your efforts each and every day are something to celebrate and incorporate many small goals that lead up to a large result. Let's take Plan A and make it a trophy. Put it up on the shelf, revisit it each and everyday, admire it, and let it serve as a beacon of encouragement and motivation. Now let's take the path of health and break it up into manageable steps that can be taken one day at a time.

Enter Plan B. We all make mistakes, some bigger than others. When you can learn to embrace the "bad" that comes along with the good and understand that you are still on the path to creating a healthy life, you will embrace fitness and health as a part of your life and no longer treat it as a chore. You will celebrate the small steps like finding a healthy food option you enjoy, lifting a few more pounds at the gym, or being able to

run five more minutes than the day before. Not many other things in life happen easily over night, and your improved health certainly will not either. We are going to tackle this from the inside out, accept our faults, and work to correct them. We will sculpt and polish our exterior until both the outside and inside shine as one healthy living vibrant individual.

Re-evaluate Your Diet

Exercise is only here to supplement the calories we consume each and every day. In simple math, it is Calories In vs. Calories Out. However, anyone who has tried to sit down and find caloric values, do math, and calculate their expenditures and additions has most likely quit after the second day . . . if not the second meal. How do you avoid having to count calories?



Eat More Often

Skipping meals tells the body to store the nutrients and allows the metabolism to go "cold". The end result of a cold furnace? You guessed it, fat storage. By spreading out your daily caloric intake into several small portioned healthy meals you keep the metabolism running, slowly adding fuel to the fire and allowing it to burn all day, using those calories efficiently and not storing them as fat fuel.

Eat Breakfast Each And Every Day

There is no excuse with this one. Just as we learned before, when nutrients are not constantly coming in the furnace goes cold. Last time I checked I don't eat while

I sleep, though the thought of it sounds great. So when you wake up, nothing has gone in, and the metabolism is slow and cold. Kickstart it. It takes three minutes to put a bowl of oatmeal in the microwave. It takes 30 seconds to put a healthy breakfast bar in your bag or purse the night before to have as a mid morning snack or breakfast. Plan out your tomorrow today and stock up with healthy snacks and options. Do the thinking now and you won't have to do it later.

Know You Are Smarter Than Your Craving

Don't deprive yourself, but don't indulge. It is very true that too much of a good thing is still bad. Embrace, not abuse, the things you love. Find healthy options to satisfy your cravings, whether it be a fruit and nut bar, or a portioned trail mix that has your beloved chocolate, know that a healthy snack and taste of what gives you joy still will satisfy your craving in a healthy way.

Drink More Water

If you have just planted the new seed of fitness and health in your body, you know the first thing it needs, other than the nutrient rich soil we have outlined above, is a good dowsing of water. Our bodies are comprised of water: we sweat it out when we burn calories and it is our job to replace it. Being dehydrated can lead to burning out sooner than anything else in a fitness setting. Not to mention, it can be very dangerous.

The old adage of eight glasses a day is hard to follow. I know I would lose count. What if my glass is taller or smaller than the glass of the recommended measurement? All of our bodies are different, but there is a simple answer. Find a reusable bottle that holds enough water to equal half of your current body weight in ounces. Drink that amount of water each day to maintain your hydration and keep those systems flowing. After you have had that much, fill it up again and keep going.

So will this information, take stock and take action and I'll see you creating your best fitness regimen ever. 📌

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When to Consider a Living Trust

Living trusts are flexible estate planning structures that place you in full control of your assets during your lifetime, and can help to simplify the settlement of your estate after you are gone.

THE PHILOSOPHY

behind the common phrase *carpe diem*, or seize the day, can be applied when an individual chooses to establish a revocable living trust: it ensures that your assets are managed according to your wishes today while you are alive as well, and in the future, when you are gone.

Living trusts are flexible estate planning structures that can be tailored to satisfy a range of planning needs and wishes. Because you serve as the trustee and maintain full control over the assets placed in trust during your lifetime, a living trust offers what many consider to be the most valuable benefit of all: peace of mind.

Following are some of the most compelling reasons to create a living trust.

Reason #1 You can avoid probate

A living trust is often used as a “substitute will” to transfer assets to heirs and avoid probate. Individuals typically place all assets in a trust and name themselves as income beneficiaries during their lifetime. Upon death, remaining trust assets are passed on to designated heirs without the need or cost of passing through probate court.

Probate costs vary widely from state to state, but on average, attorney, court and other fees can eat up about 5% of your estate. If the estate is complicated, the fees can be even larger.¹ Aside from the cost, the

probate process can take time: up to a year or more in many states.¹

Tax Tip—Income from property held in the living trust is reported on your personal income tax return. No additional forms or filings are necessary as long as you are both the “grantor”(i.e., the individual who set up the trust) and the trustee.²

Reason #2 You become incapacitated

While other planning mechanisms, such as a durable power of attorney, can achieve similar objectives, a living trust is a more flexible, user-friendly alternative. In the event that you become incapable of managing your financial affairs due to physical or mental illness, assets in a living trust may be managed by the person

you named to serve as trustee at your death (or, if you made a shared trust, the other trustee, typically a spouse) in keeping with your wishes.

Keep in mind that with a living trust, nothing is “set in stone.” Because it is a revocable instrument, you can amend or revoke a living trust at any time. If the trust is shared with a spouse or partner, both of you must agree on changes, but either of you may revoke the trust at any time.

Reason #3 You lack the ability or desire to manage your own finances

Perhaps you feel overwhelmed by the thought of managing the sizeable inheritance you just

received. Maybe you are a widow who always relied on your spouse to handle the finances. Or maybe you are a busy entrepreneur who would rather entrust the management of your wealth to a competent professional. Whatever the reason, you can name a trustee (e.g., a bank or other financial institution, a financial advisor or other trusted individual) to manage the trust’s assets for you. If a professional trustee is named, that entity is bound by law to take great care in managing and protecting your assets.

While a living trust can greatly simplify estate planning, it would be misleading to present it as a cure-all solution. Contact me to learn more about the benefits and limitations of living trusts and other potential tools to include in your overall estate plan. [S](#)

Footnotes/Disclaimers

¹Sources: The Internal Revenue Service, Reg.1.671-4; Fairmark.com.

²Source: Nolo’s Guide to Living Trusts, Nolo.com, 2009.

Courtesy of: Carol Mani Johnston, Senior Vice President—Wealth Management

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Beauty's Ins & Outs



In this month's book excerpt of *Lance Avery Morgan's The Society Chronicles* see how the rich live, and sometimes, die with all the trappings of success and happiness surrounding them in our very sociable world.

The problem with beauty is that it's like being born rich and getting poorer.
Joan Collins



LIKE EVERYONE, I WAS IN A REFLECTIVE mood. Everyone who attended the Medford dinner party had also begun to take stock of their lives because of Sabrina's bump off. Aaron Goodfriend's uninvited outburst. Zeke denying implied guilt. Those tears in the social fabric were not attractive. In shock, guests were evaluating life as the light of day revealed the low downs of high society, with the biggest burden, likely, laid upon the fairer sex.

Show me a beautiful woman and I'll show you a guy who might be tired of sleeping with her, according to a straw-hat poll I took at a recent poker game with some tycoons. Pretty on the outside? You bet. As pretty on the inside? Not so fast. You can't start a fire with damp matches, as my grandmother always used to say, about shallow women whose lasting appeal was elusive. Or, beauty is only skin deep but ugly goes all the way through, shared my Upper East Side grande dame pal, Giselle Gregory, who dated and mated upwardly all eight decades of her life.

Too many pretty women remembered to wear the eyeliner, but forgot to use her peepers to give her man the special look every guy craves. The formula for

keeping a relationship fresh and appealing is not complicated, even for the rich. He wants to be admired and she wants to be adored. A simple brush of the hand against another's, or lovingly cupping a face with both hands, can work wonders to restore the love that might seem forgotten.

Of course, a great body never hurts either, but you can always buy that.

I am not sure why women like Sabrina try so hard to get what they immediately dismiss. It seems that the newest profession in the world is the opposite pole of the oldest. That would be Social Climbing. How to do it. How to live it. How it can kill you. Sabrina knew the skill and now her acolytes were worried that they might be off'd for their success, too, eventually.

It is a story as old as time. It has happened for 10,000 generations of humanity. In her quest for power only to be quenched with exceptional and continuous notoriety, Sabrina had scaled the highest heights of the social universe by leapfrogging over the likes of society incumbents Cecilia Fortnight, Kit Jordan and yep, Alexandra Medford. The WWF-like showdown competition of

who could raise the most money at one night's gala for their favorite causes had placed Sabrina firmly in the lead and these other women did not favor being also-ran silver medal winners.

Yet, none of that seemed to matter as much the day after the day after Sabrina's sayonara, when it was recounted by even the least savvy of onlookers - that it was the fate of her husband's last and most flagrant affair that may have led to her untimely death.

At the party and shortly thereafter, Aaron Goodfriend had split a gasket and was shaking inside and out. In the throes of a mid-life crisis, not satisfied with buying another G6 (he'd upgraded from a Citation years before) or owning any more founding shares of hot technology companies like Facebook or Instagram, he was caught in the dirty act of publicly philandering and this time, it cut his wife down to the core and led to her demise.

Sure, Sabrina had known of Aaron's mistresses along the way. She told me all about it. The beach barmaid in Nevis. The tennis pro, the one with the flowing curls, at the Sutton East Tennis Club near their Park Avenue

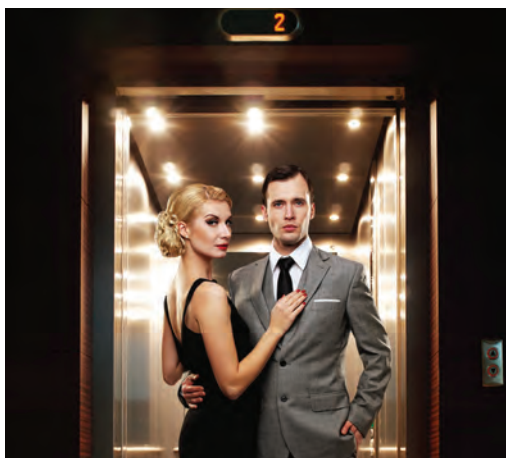


duplex. Worse, there was the time several years ago with her now-deceased cousin, Charlotte, stayed in the Goodfriend's guesthouse on their manicured and rose bed-laden Greenacres estate in Scarsdale.

But, this time, an affair with the children's au pair? Come on now.

Blake Radcliffe, apparently, was no ordinary nanny. She was a third degree black belt, for security reasons, which came in handy to counter the kidnapping threats toward Olivia and Maxwell Goodfriend, ages 16 and 15, respectively. Of course, Radcliffe was eye-wateringly beautiful and the scholarship student had just earned her graduate degree with a double major in education and social work at the nearby Fordham University, so she was smart, too. She loved marketing more, though. Mostly, marketing herself.

As ambitious as the day was long, Blake, in all her 23-year-old bountiful glory, was seduced by The World of The Goodfriend's. Who wouldn't be, really? Aaron Goodfriend had seduced her like she'd never been seduced before with a trip to Van Cleef's. Only A-list socialites could be caught wearing the store's expensive baubles, so it made Blake closer to them in spirit.



It was the shot heard 'round the world when Sabrina Goodfriend decided she would not file for divorce, but instead would make Aaron do it. The epiphany came to her after a ladies lunch at Michael's restaurant in Manhattan just hours before. The eatery, a favorite, sat on 55th Street, was relatively close to the Goodfriend's place by the Guggenheim Museum, and was also close to her post-lunch shopping and drinking haunts like Bendel's and the Oak Room at the Plaza.

The nerve of the him, she must have thought, as she vowed to find a way to get even . . . and she always did.

While alive, Sabrina had finally realized the hard way that everything happens, but nothing changes. Revenge meant she'd tried to take more than her half of the Goodfriend fortune in the divorce that she made him file, as well as upstaging Aaron at every possible chance. That would rile him all right. When she was in good with her family, Sabrina had enough of her own family money to squeak by (beer money, as she liked to call some of her inheritance, also given as a nod to her distant and lesser bred beer-making relatives in Milwaukee), but she wanted more this time around.

The Sabrina Goodfriend I knew best from the college debutante circuit was different from the one who now seemed so very dead. I wasn't born with a silver spoon, but I sure found sterling opportunities along the way. Like when Sabrina called me because we'd lost touch over the years. Little did I know how much that reacquainting would change the course of both our lives.

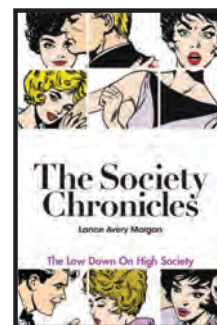
When someone like Sabrina first sees herself on the cover of a magazine, like she did on *Dazzle*, it is like that first hit of crack must be. It's never as good with the future hits, but she had to keep chasing the P. R. dragon to recreate that feeling. Publicity creates euphoria in people and that, seemingly, makes me their crack dealer of sorts.

In the dazzling world of people who would kill to be famous, we rule the roost. Want to be on the cover? The celebrity have better have a guaranteed \$100 million-dollar box office opening weekend of their new film. Or, she better be the new darling of Manhattan high society. They'll need plenty of ammunition to fight off all the slings and arrows of outrageous fortune of being rich, young and oh, so beautiful. For as long as that perfect triad lasts, anyway.

It's pure junkie-level adrenaline for any Sociable. Attend five black-tie galas in one night? Easy enough. Cocktails at the first event. A salad at the next. Jump to the live auction segment of the third one, dinner at the fourth and show up looking spectacular for the after-party at the fifth gala. Done by midnight. Welcome to paradise... to the world of step-and-repeat-entrances list at these shindigs. Some of the guests are just gala groupies; standing, contrapposto, awaiting that next digital close-up. That same addiction plagued Sabrina while she was alive and kicking.

As expected, people whispered of Sabrina, in the hours directly following her passing away. They thought of her tumultuous past, as well as her turbulent present. Right or wrong, people thought, she may have committed suicide. Not by her own hand, but the fact that every day of her life she was killing herself with her actions. Not in the gun-wielding sort of way, but with the weapons of her words and actions where all of her family was concerned, especially her younger brother Joshua, who too, was in over his head these days and was wreaking havoc only a few days before Sabrina's call to the great unknown. [S](#)

For more reading and to buy *The Society Chronicles*, please visit Societychronicles.com and Amazon.com



Luxury On Wheels

Rolls-Royce Owners Club Glides Into San Antonio For Grand Event

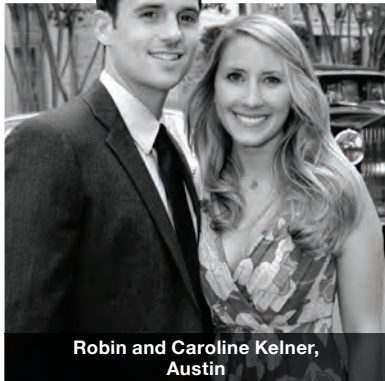
By Jennifer Pucci Starr Photography by Greg Harrison



Judging Day on the Green



Eating Royally
by Chef Darren McGrady



Robin and Caroline Kelner,
Austin



1990 RR Corniche



Don Knobler, Dallas,
kicks back in his "Texas Edition" 1989 RR Corniche



1938 Bentley 4 1/4 Litre Drop Head Coupe
with Mariachis during Awards Gala reception

IT HAD TO HAPPEN SOMETIME. A century of automotive excellence recently converged on Texas when the Rolls-Royce Owners' Club (RROC) held its National Meet this year in San Antonio. The club, as you may know, is an international organization for Rolls-Royce and Bentley owners and enthusiasts founded in 1951 and serving 9,000 members in over 50 countries. This was the first time the RROC national meet had been held in the Lone Star State and was welcomed by its over-400 active members in Texas.

Hosted at the Hyatt Hill Country Resort & Spa, the Texas regional chapter organized festivities for the week, which included several tours of the Hill Country and a Neiman Marcus fashion show, as well as technical seminars and daily driving excursions. A trip to San Antonio would not be complete without a visit to the Alamo, so mid-week guests paraded their cars into downtown San Antonio where they toured the distinguished landmark before dining at the historic Menger Hotel. "We are thrilled to welcome our

fellow club members to San Antonio," said Phillip Reese, Texas regional member and co-chair of the event. "These annual meetings are an excellent opportunity for groups across the U.S. to gather while we share our passion for these incredible works of art." And works of art the cars are.

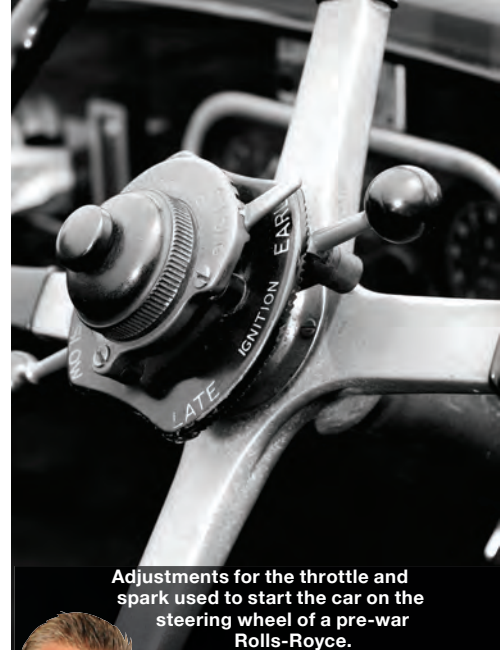
Rolls-Royce and Bentley are two of the world's best known luxury vehicles. The famous ad headline from David Ogilvy, the Madison Avenue advertising guru,



Original (unrestored) 1929 Phantom II Elmdown/Brockman Boattail Roadster; Owner: Keith C. Beers, Dallas



Steven Nannini and Dave McCaul, Tucson, Arizona



Adjustments for the throttle and spark used to start the car on the steering wheel of a pre-war Rolls-Royce.



Fiesta Royalty Gowns on display at Awards Gala Banquet



Robert and Susie Ober



Shawn Behrens with '99 Rolls Royce Silver Seraph



1931 RR Phantom II Henley Roadster, Best In Class, Concours
Owner – Steven Nannini, Tucson, Arizona

said it best, "At 60 miles an hour, the loudest noise in this new Rolls-Royce comes from the electric clock." The companies, each headquartered outside London, are known to have a strong presence with British royalty. Bringing in a little taste of that origin to Texas, a luncheon was held for the club members with former chef to Princess Diana and H.R.H. Queen Elizabeth II, Darren McGrady. Also known as The Royal Chef, McGrady presented the typical fare for a royal meal, shared stories of his days serving as the

royal chef and treated guests to a signed copy of his new book, Eating Royally.

Philanthropy has long been a passion for the club that also created the Rolls-Royce Foundation, a non-profit organization positioned to support the continued preservation and promotion of these vehicles, in 1978. A fundraising raffle was held throughout the week in support of this organization as well as for local non-profit, the San Antonio Food Bank, in an effort

to share that philanthropic spirit with its host city. Tickets were sold for a chance to win an excursion for two to London, which included tours of the Rolls-Royce and Bentley headquarters and a "Downton Abbey" themed culinary tour with Darren McGrady that follows in the footsteps of PBS's British period drama. Over \$35,000 was raised in just 2 and-a-half days of raffle ticket sales.

South Texas regional chapter member, Robert Ober,



Jon and Ellen Leimkuehler, the hosts of the 2014 RROC National Meet



1950 Bentley Mark VI



Winners Circle displayed during Awards Gala Reception



Royal Chef Darren McGrady, Robert Ober and Eric Cooper, President/CEO SAFB



Bill Rasco's Best in Class 1965 Rolls-Royce Silver Cloud III



(front row) Don Hanrahan & Jean Rolalnd, Indian Wells, California and (back row) William Hayden & Jose Espinoza, Houston



Julius Cohn, Chief Judge Bob Fahrig and Ona Cohn, White Plains, NY
Recipient of Perpetual Award for 1952 RR Silver Dawn
Photo Courtesy of GatesPhotography.com

of Robert Ober & Associates in San Antonio, is a long time supporter of the tremendous efforts of the San Antonio Food Bank and he graciously donated the grand prize for the raffle. "Although the San Antonio Food Bank has many generous corporate and individual supporters," says Ober. "Every volunteer hour, every can or box of non-perishable food and every dollar donated makes a difference to this wonderful organization. Providing emergency food assistance to almost 58,000 people per week, over

a third of which are children, is not a small job left just to their larger sponsors. We can all make a difference." The final day of the event was judging day and more than 125 Rolls-Royces and Bentleys were aligned on the judging field of the Hyatt Hill Country Golf Club. From the early 1900s ranging to the latest models, all aspects of these amazing vehicles were represented. The winning car was announced that evening at a gala and award ceremony. The gala, also held at the resort, began with a cocktail reception

where guests enjoyed the music of Paul Salos, with his Sinatra-themed performance.

As guests enjoyed dinner, the "Best in Show" car was announced, the 222 AJS 1931 Rolls-Royce Phantom II, originally owned by Helen Hay Whitney, who herself also had a history. Whitney was a remarkable woman with a unique political upbringing as her father was the personal secretary of President Abraham Lincoln. Whitney purchased the car in



Spencer Reese and Michael Reese, Plano



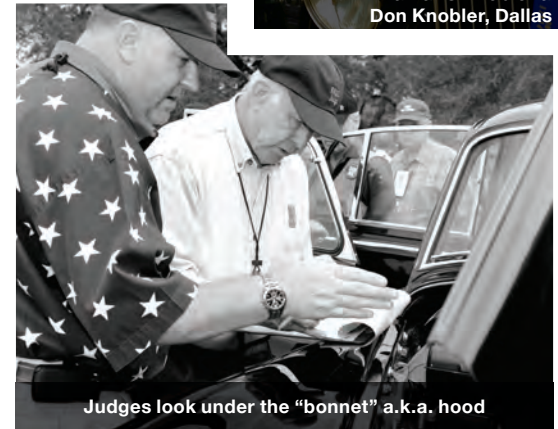
1949 Bentley Mark VI Park Ward Drop Head Coupe



Dr. Damaris Knobler and Don Knobler, Dallas



AI Briseño, San Antonio, and Phillip Reese, Austin, are honored for their work as Meet Co-Chairs, by RROC President Sneed Adams, Houston. Photo courtesy of Doug Gates



Judges look under the "bonnet" a.k.a. hood



1938 Bentley 4 1/4 Litre Drop Head Coupe (front) and a 1929 Rolls-Royce Springfield Phantom I Brewster Tourer (back)



Gerhard and Nancy Zwick, Hainesport, New Jersey



1932 Rolls-Royce 20/25 Hooper Limousine and others, in the Winners' Circle




Sneed and Anne Adams, Houston, and Eva and Werner Hacker, Sao Paulo, Brazil

1931 after her thoroughbred horse, Twenty Grand, captured the hearts of America when he won several races that same year including the Kentucky Derby and Belmont Stakes. The automobile was recently restored to its original glory by current owner and RROC member Steve Nannini and looked as it did the day Whitney purchased it. Several first place awards were won by Texas members: with Robert Ober of San Antonio receiving two of these prestigious awards for his modern cars, and Bill Blasco, also

of San Antonio who received a national first place for his 1965 Silver Cloud III.

The purpose of the Rolls-Royce Owners' Club is to encourage the preservation, use and restoration of Rolls-Royce and Bentley automobiles through educational presentations, dissemination of technical and historical information, and social meetings and gatherings. The Rolls-Royce Foundation is located in Mechanicsburg, PA, and its

headquarters includes a museum with best Rolls-Royce and Bentley models. An extensive library holds books, technical manuals, handbooks, sales literature and periodicals, as well as historic documents and more information can be found by visiting Rollsroycefoundation.org. 

CANVAS AND *Cocktails*

AMOA Arthouse 5X7 Draws Illustrious Crowd For Annual Fundraiser

By Rob Giardinelli Photography by Live Box Photography



Victoria Avila and Sofia Avila



Stephen Jones and Johnny Jones

ON A RECENT, BEAUTIFUL NIGHT, OVER 500 OF AUSTIN'S most creative dynamos flowed in like a bottle of fine 1893 Veuve Clicquot into the Jones Center for a party that is truly unique to Austin – part hipster, part socialite, part artist, part community activist . . . all for the AMOA-Arthouse's annual 5x7 Splurge's see and be scene event.

As VIP's ascended the stairs to the second floor of the Jones Center, they were treated to over a thousand pieces of 5x7 art. Yes, over a thousand. As guests mingled about the crowd discussing their favorite pieces of art to later tag for purchase, they sipped on cocktails donated by Tito's Vodka, Pedernales Cellars, Independence Brewing Company and Karma Tequila, as well as enjoying tasty passed nibbles donated by Ranch 616, Trace, Bissingers and The Driskill Hotel. DJ Dan Gentile spun tunes to keep the crowd artfully inspired.

Then, at 8:30PM sharp, the whistle blew and art aficionados grabbed the tag of their favorite work of art and pay a flat fee for each piece - \$100 for AMOA-Arthouse members and \$150 for non-AMOA-Arthouse members. What gives 5x7 that added jolt of suspense and sophistication? It's a mystery because you do not know who the artist is because they sign the back of the pieces, which guests cannot see before purchase. As guests shrieked with delight over grabbing the tag and thereby getting their favorite work of art, chances are they were thinking about next year and inventive pieces they might find then. 📍



Darrell and Teresa Windham, Terry Quinn & Diane Land



Sean Ripple and Sean Gaulager



Kara Dockery and Cassie LaMere



Courtney Hill, Diana Dobson and Ann Ashmun



Kevin Williamson, Kelley and Gary McClure



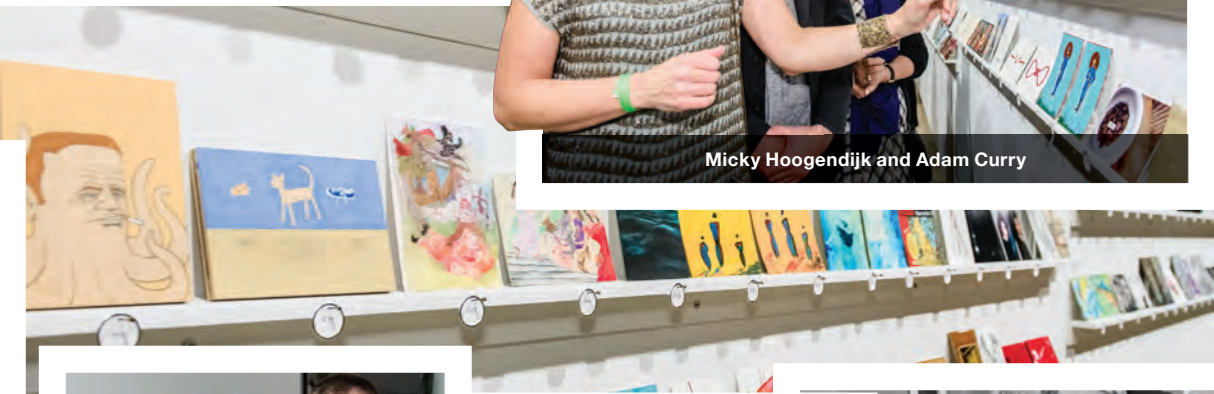
Rodney Susholtz and Louis Grachos



Micky Hoogendijk and Adam Curry



Rob and Christy Emshwiller



Claire Winslow and Cameron Maxwell



Caleb Campaigne and Libby Tilley



DJ Stout and Kevin Smothers



Popularity Contest

San Antonio Museum of Art's Gala Celebrates Pasi3n Popular Show

By Ellie Leeper Photography by Greg Harrison



Lisa and Tim Blonkvist

RECENTLY THE SAN ANTONIO MUSEUM OF Art hosted its gala, themed Pasi3n Popular, as part of its annual effort to honor both the museum's past and to celebrate its future. This year's event honored San Antonio philanthropists Peggy and Lowry Mays for their service and commitment to SAMA. The Mays have helped transform the museum into a vibrant cultural center for the region while championing many of its recent expansions.

The event featured the premiere of the exhibit Pasi3n Popular consisting of Spanish and Latin American Folk Art from the Cecere Collection, comprised of approximately 170 objects, dating from the 18th century to modern times. Peter P. Cecere, a career foreign service officer, began collecting as a boy and energetically acquired folk art for over 50 years. This exhibition is a visual manifestation of the passion with which Cecere has built his collection and his commitment to the preservation of these vital objects for future generations. We love that legacy.

This year's gala was chaired by Tim and Lisa Blonkvist. Richard Flowers of The Events Company in Houston designed and coordinated the event while the RK Group catered the evening. Flower's d3cor transformed the tents at SAMA to appear as modern-day missions, boasting Spanish flair with ornate wooden candle holders on the dinner tables, while sleek white contemporary sofas were provided for lounging. The evening was elegant and enjoyed by all and to no one's surprise, plans for next year's exhibit and gala are already in progress. 3



Barry and Elizabeth Roberts & Ana Paula and Mark Watson



Gala Honorees Lowry and Peggy Mays
Photo Courtesy of Rose Lenhart of Rae del Sol



Stephanie and Bobby Cavender, Kim Lewis & Clint and Jessica Worth



Lindsey Guenther, Emilie Petty, Amelita Moorman Mauze and Ashley Weaver



Tricia and Albert Steves



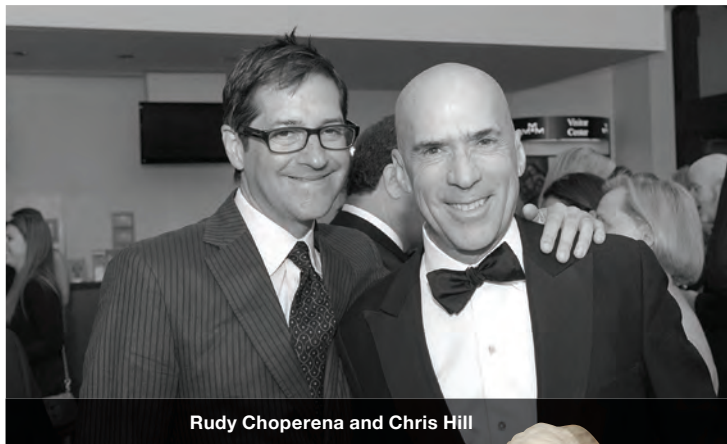
Jim Foster and Guillermo Nicholas



Dr. Suzanne Dabbous, Alexis Armstong & Carolyn Gill French



Charles Butt, Karen Hixon, Joan Wyatt, Katie Luber, Claudia Huntington, Richey Wyatt, Phil Luber
Photo Courtesy of Rose Lenhart of Rae del Sol



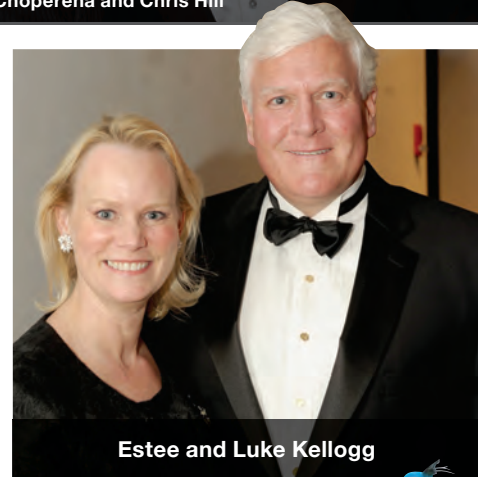
Rudy Choperena and Chris Hill



Laurie Luhn and Belinda Nixon



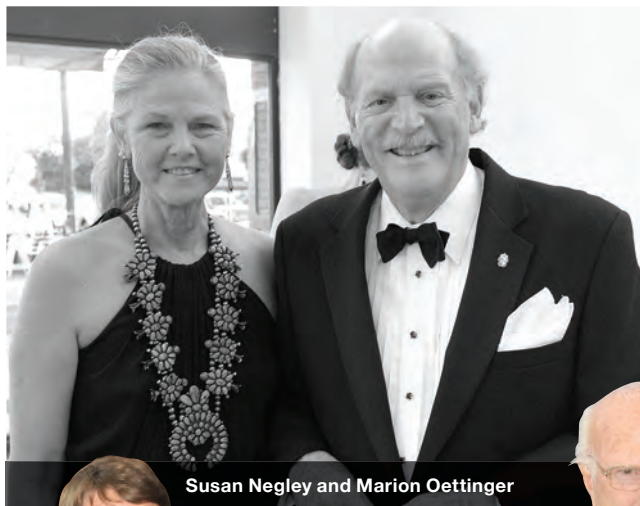
Jennifer and Bob Shemwell & Cary Marriott



Estee and Luke Kellogg



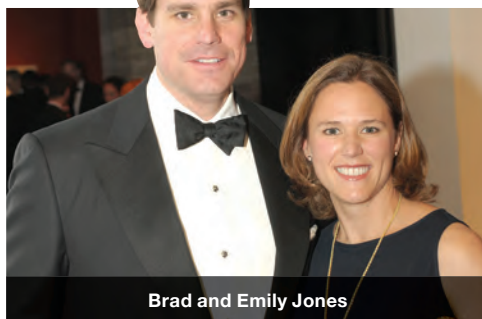
Martha Avant and David Rubin



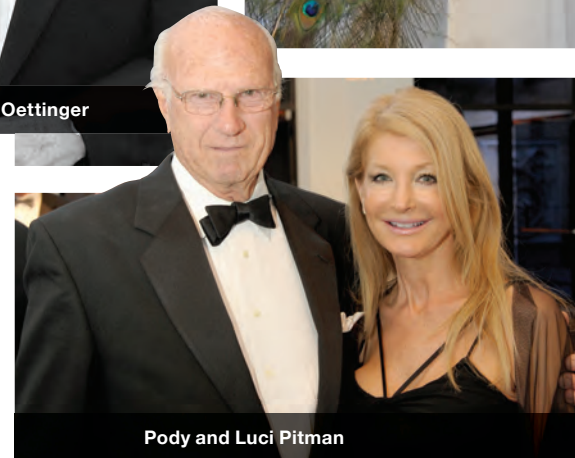
Susan Negley and Marion Oettinger



Mimi Zoch and Reagan Stone



Brad and Emily Jones



Pody and Luci Pitman



La Belle Époque

Houston Grand Opera Raises \$1.75M At Annual White Tie Ball

By Jen Roosth Photography by Priscilla Dickson, Wilson Parish and Anthony Rathbun,



Lou Gregorty and Linda Lorelle

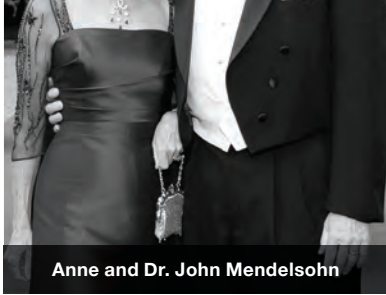


Danny and Isabel David



Lynn Wyatt and Brad Wyatt

IT WAS AS FUN AS A NIGHT AT THE opera with all the grandness one expects from such a gala occasion. Over 600 guests attended the 2013 Houston Grand Opera Ball, La Belle Époque, with the French-themed gala raising \$1.75 million to support the company's renowned performances and community.



Anne and Dr. John Mendelsohn



Jerry and Laura Lasco



Diane Lokey Farb and Mark Sullivan



Sarah and Aaron Stai



Dr. Mark and Mary D'Andrea



Ron Franklin and Janet Gurwitch



Margaret Williams and Patrick Summers

Chairs Anne and Dr. John Mendelsohn welcomed Houston Grand Opera's white tie and begowned patrons and guests who enjoyed a lavish evening of celebration, luxury and elegance at the Wortham Theater Center. The Perrier-Jouët bubbly flowed, while Jackson Hicks and Company created an impressive French-themed dinner menu including duck à l'orange, filet mignon, with brie and pear en brioche.

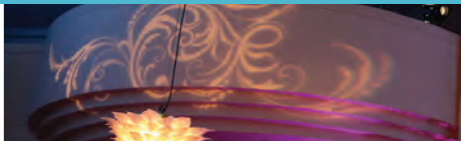
After dinner, the dance music of David Caceres transformed the venue into a chic *fin-de-siècle* Paris salon and supper club complete with the famous cigarette girls from Bizet's *Carmen* (led by Houston Grand Opera's chorus master Richard Bado), and the marching band from Act II of Puccini's *La Bobème*. The organization's Young Opera Patrons joined for the Encore Party in the Grand Foyer, chaired by Leslie Jackson and Marcus Carter. DJ Little Martin and a midnight breakfast added to the spectacular evening. "We are fortunate to be in a city where opera is valued," noted Perryn Leech, the Houston Grand Opera's managing director. Isn't life grand with events like this? ☺



Bobbie-Vee Cooney and Perryn Leech



Anna and Steve Fulgham



Anne and Albert Chao



Pat and Dan Breen



Cynthia and Anthony Petello



Jerry G. Fischer and John G. Turner

Evening

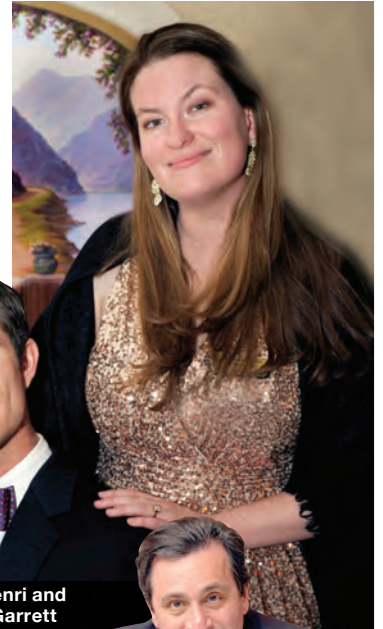
Of Caring

Patient's Institute Gala Honors Own

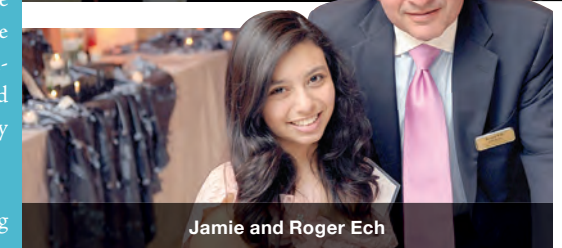
By Ellie Leeper Photography by Greg Harrison



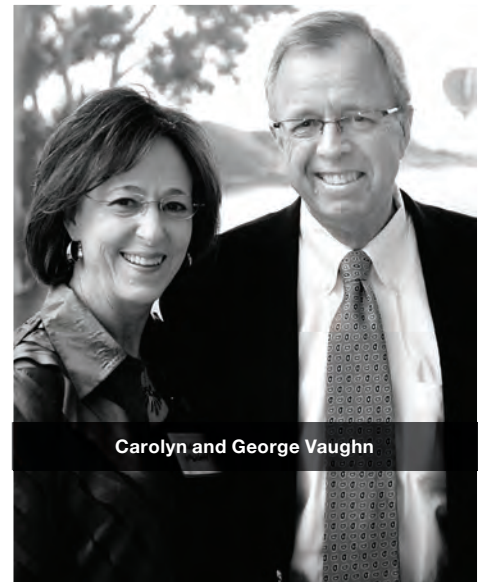
Morris and Deborah Miller



Alexander Henri and Francesca Garrett



Jamie and Roger Ech



Carolyn and George Vaughn

IN SAN ANTONIO GUESTS RECENTLY GATHERED AT THE BETTY HOWARD CARRIAGE House to honor four local healthcare visionaries. This annual awards ceremony pays tribute to Dr. Irving Ratner's memory and success as a physician, and honors current physicians who are living his legacy. Founded in 2008, The Patient Institute is an independent non-for-profit charitable research and educational institution whose mission is to empower patients and their caregivers to navigate the healthcare system. The Institute accomplishes its mission by providing free educational programs, developing and disseminating healthcare navigation tools, and performing research both directly and in partnership with other organizations in the community. The evening owes a special thanks to benefactor level sponsors: Harbour Hospice, and Adam, Joan and Varda Ratner, and to the evening's co-chairs, Shari Pulman and Cynthia Kirksey. The guests enjoyed music by The Merchants of Jazz band and delicious food by Signature Catering.

"Compassion has driven the work of each of tonight's honorees," said Francesca Garrett, Chief Operating Officer of the Patient Institute. "Each saw a need in our city, in our healthcare system, and worked tirelessly to address it." Today over a thousand patients a day are served by San Antonio's 28 hospices, five of which named Dr. Primomo as their medical director. These honorees embody the "patient first" spirit of the late founder, Dr. Ratner, who was the first pediatric surgeon in South Texas and cared for thousands of patients and their families.

Recipient George B. Hernández, Jr., JD, President & Chief Executive Officer of University Health, was recently named one of the Top 25 Minority Healthcare Executives by Modern Healthcare for his innovative approach to care, and his expansion and modernization of healthcare resources in our city. Alvin Loewenberg, President & Chief Executive Officer of Morningside Ministries for more than 23 years, has created a legacy of compassion and warmth through his tireless work for San Antonio's senior population. John Mangos, M.D., of the UT Health Science Center at San Antonio, has developed and implemented innovative programs to help infants, youths and families coping with HIV/AIDS and cystic fibrosis for more than 50 years. Marion Primomo, M.D., one of just five women in her medical school in 1944, became medical director of San Antonio's first hospice at St. Benedict's facility. We are delighted to support these vital men and women's goals with the Patient's Institute. 📍



Dr. Brad Pollock



Mary Rummelein, Betty Howard and Donna Marie Booras



K.T. Whitehead, Adele Barnette, Janine Primomo and Varda Ratner



Cynthia Kirksey and Sari Pulman



Jeanne Bennett and Richard Bennett & Shirley Sanders and Dr. Al Sanders



Susan and Steven Butler



Sandra Scott, David Loewenberg, Alvin Loewenberg, Joan Dixon Maria Wellisch and Jack Rodger



Scott Vasquez, Esq., Christann Vasquez and George B. Hernandez, Jr. JD

RED HOT & Soulful

ZACH SCOTT'S DIAMONDS AND PEARLS ARE FOREVER-THEMED GALA CELEBRATES THEATRE'S 80TH YEAR

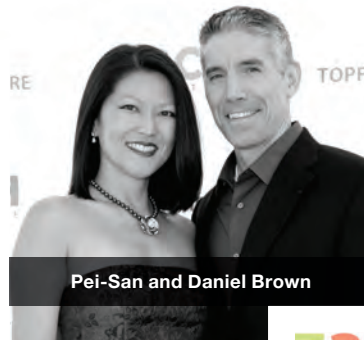
By Rob Giardinelli Photography by Jim Debth and Tony Spielberg



WHAT HAPPENS WHEN ONE OF THE HOTTEST EVENTS OF THE SPRING IS AT ITS NEW venue in town? A sold-out event that attracts 430 of Austin's most creative and philanthropic denizens for a night of theatrical revelry. Zachary Scott Theatre's Red, Hot and Soul gala has had a long-standing tradition as one of Austin's most entertaining parties and this year the event was held for the first time at the "People's Plaza and the "Bobbi Pavilion" on the grounds of the newly-opened Topfer Theatre, the new crown jewel of the ZACH theatre campus.



Tom Meredith, Eloise DeJoria, Bobbi and Mort Topfer, Lynn Meredith & John Paul DeJoria



Pei-San and Daniel Brown



Karen and Rick Hawkins



Armando Zambrano and Bryan Gardner



Mary and Rusty Tally



James Armstrong and Larry Connelly



Stephanie McKenzie, Mindy Bakker, Tiffany Stillwell, Annette Renaud, Deb Corbin, Joanie Bentzin, Ronda Gray, Amy Mills, Anna Johnson and Venus Strawn



ZACH Divas Laura Benedict Scott, Judy Arnold, Felicia Dinwiddie and Kia Dawn Fulton



Carol Adams



Eric and Maria Groten



Dave Steakley



Elisbeth Challener

This year's event, chaired by the unstoppable duo of Bobbi Topfer and Armando Zambrano, shattered another fund raising record of \$480,000, the proceeds of which go toward underwriting the theatre's education and artistic programs of one of Austin's most beloved institutions. The evening began as VIP's walked the red carpet that led up to the main theatre, for photograph opportunities, in their best gowns, jewels and James Bond-inspired attire. Then it was into the theatre for a lively and fun cocktail hour where guests mingled about the theatre's lobby sipping on Patron Tequila and Ultimat Vodka cocktails. Guests dashed to iPads to outbid the competition on their favorite silent auction items that was managed electronically for the first time this year.

Guests journeyed into the tent erected in the Bobbi Pavilion for a glam, seated dinner where they were entertained by various performance acts as they dined on cuisine courtesy of The Four Seasons. As the dinner party portion evolved, guests then adjourned back into their assigned seats inside the Topfer Theatre for more theatrical entertainment and a spirited live auction. For the gala after-party, guests danced the night away in the Bobbi Pavilion, capping off another substantial year for ZACH's theatrical season and what has long been known as one of the liveliest galas in Austin. 🍷



Susan Lubin and Candace Partridge



Regina Aubuchon, Victoria Hentrich and Danielle Levy



Robert Brown and Dennis Karbach



Gary Cooper and Richard Hartgrove



John Duncan and Becky Beaver



Mindy Ellmer, Kathy Hutto and Joy Selak



Samantha Slate and Brenda Thompson

IT'S ABOUT THE *KIDS*

Social Season's Luncheons Raise Awareness To Benefit Causes

By Jen Roosth Photography by Fulton Davenport and Michelle Watson



Children's Assessment Center fashion show by Saks Fifth Avenue



Greggory Burk, Kathryn Smith and Lindsey Love at CMH



Elizabeth Petersen, Joyce Echols and Estela Cockrell at CAC



Cindy Tilley and Courtney Barajas at CMH

This social season's luncheons did so much good for so many in Houston. The River Oaks Country Club ballroom was filled with pretty pastels as the Children's Museum of Houston hosted its 20th annual Friends and Family luncheon with guest speaker and *New York Times* bestselling author Dr. Wendy Mogel. Gina Gaston Elie and Dr. Kelli Cohen Fein chaired the event that benefits the museum's early childhood and parenting programs. Four hundred guests eager to hear the charismatic lecture about raising resilient children helped raise \$124,000.



Children's Museum
Tiffany Smith and Jana Bruce



Nadia Michel, Jill Schlenker and Holly Ross at CAC



Amy Lee, Megan Sutton-Reed and Stephanie Perkins at CAC



Millette Sherman, Gina Bhatia and Phyllis Williams at CMH



Caroline Finkelstein and Lisa Oren at CMH



Debbie Festari at CAC



Gabriela Dror and Pily Simon at CAC



Kelli Tumi and Susan Plank at CAC

At the Westin Galleria, the 14th Annual Spirit of Spring luncheon and fashion show benefiting the Children's Assessment Center welcomed 450 guests, and raised \$350,000 to stand up for child victims of sexual abuse and to help protect the children of our community. The event's chairs, Ursaline Hamilton, Stephanie Perkins and Megan Sutton-Reed, created a delightful afternoon that included a Saks Fifth Avenue spring fashion show, a moving testimony from abuse survivor and author Erin Merry, and swag bags that sold out in less than twenty minutes. A live auction at the end of the afternoon afforded generous CAC supporters the opportunity bid on the 10 seats for dinner with Olympic Legend Michael Phelps. We love how much Houston gives to those in need throughout the year, too. 📍



Ursaline Hamilton and Ericka Bagwell at CAC



Liz Glanville and Kimberly DeLape at CMH



Childrens Museum Luncheon chair Gina Gaston Elie, Dr. Wendy Mogel and chair Dr. Kelli Cohen



THE ULTIMATE VIP NIGHTLIFE EXPERIENCE AUSTIN, TX: 15-17 NOV, 2013

Party with the Biggest Names In Motorsport!

Only during the 2013 United States Formula 1 Grand Prix



Supercar Display



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Some Like It *Faute*

Poolside, beach or summer party? Yes, yes, and yes. This summer's sizzling fashions have you wearing (and taking off) some of the most brightly beautiful clothes the warm weather season has seen in years. Here we offer a few suggestions for keeping your cool as the temperature rises.

Photography by Mark Oberlin Styling by Andru

Make-Up by Eric Allen Hair by Gris Quezada

Model: Lauren James of Vision, LA Sittings Editor: Lance Avery Morgan

Location Courtesy of Icis Apartment Homes

Bringing high-style living to Colorado Street in Glendale, CA at Icisliving.com



Once Upon A Summer

Asymmetrical swimsuit top by
Hausofpinklemonaid.com
Skirt by Dolce and Gabbana,
available at Neiman Marcus
Jewelry by Tezabile.com



(this page)

Suddenly, Last Summer

Dress by [Missoni](#), available at [Neiman Marcus](#)

Gold Cuffs by [VeraMeat.com](#)

Ring by [Texabile.com](#)

Sunglasses are [vintage Prada](#)

(opposite page)

Summer Stock

Reversible bikini top by [Missoni](#), available at [Neiman Marcus](#)

High-waisted Bermuda short by [Prada](#), available at [Neiman Marcus](#)

Jacket with removable hood by [Escada](#), available at [Neiman Marcus](#)

Necklace by [Qi by Sa'naz](#)

Earrings by [Tebazille.com](#)

Sunglasses from [HausofPinkLemonaid.com](#)



Now is *beautiful*

My Summer of Love

Dress by AlpanaNeeraj.com

Head scarf from HausofPinkLemonaid.com

Chrome sandal platform by Fornarina

Gold cuffs by Verameat.com

Ring by Tebazile.com





(this page)
Summer Hours
Dress by [Gucci](#), available at [Neiman Marcus](#)
Necklace by [Tebazile.com](#)
Ring by [Sazingg.com](#)

(opposite page)
Summer of '42
Cashmere sweater by [Michael Kors](#) available at [Neiman Marcus](#)
Reversible bikini bottoms by [Missoni](#), available at [Neiman Marcus](#)
Bathing cap from [PRB Private Collection](#)
Gold plated ring by [Tebazile.com](#)
Gold rings, earrings and necklace by [VeraMeat.com](#)





(this page)

Summer of Love

Knit top by [Missoni](#), available at [Neiman Marcus](#)

Headscarf from

[HausofPinklemonaid.com](#)

Bracelet by [MichaDesign.com](#)

Necklace and ring by

[Tebazile.com](#)

(opposite page)

Endless Summer

Swimsuit from

[HausofPinklemonaid.com](#)

Chrome sandal platform by [Fornarina](#)

Spine hoops by [Ladders Up](#)

[Ladders Round](#)

Earrings by [VeraMeat.com](#)



St. Paradise

For many celebs and tycoons, St. Barth's is their home away from home. Those seeking glamour without pretense, however, look no further than the secluded hideaway of Le Sereno for its unique barefoot luxury. Jet away with Lance Avery Morgan to experience the island dream that high profile and celebrated visitors enjoy at this year 'round oasis.





Typical room view at Le Sereno



Poolside at Le Sereno



Aerial View of St. Barth's



Dining on the deck of Restaurant des Pêcheurs at Le Sereno



The Spa at Le Sereno



Plane landing in St. Barth's



Statuary in St. Barth's

THE FRENCH, AS YOU KNOW FROM spending any time in Paris, have a phrase that is often heard as a response to most requests: *Non, non qui est tout à fait impossible - nous ne pouvons pas faire que pour vous* (No, no that is quite impossible - we cannot do that for you). In St. Barth's, the chic, small island in the French West Indies, the response is very different: Yes, of course. Whatever you wish, we can make it happen. At the insider's favorite resort of Le Sereno, the response is accompanied by the fulfillment of any request for its star-studded guests.

"We believe the 'St. Barth Spirit' is embodied in a series of somewhat contradictory values such as: private, friendly, exclusive, stylish, informal, French (although the clientele is predominantly American), simplicity, good food, party, quiet and relaxed," confides Le Sereno's South American owner, Luis Contreras. "There are other non-contradictory values that are also important, but are much easier to understand such as: Beach/Sun; Expensive; The Beautiful People, etc. We believe in creating a tangible environment where the intangible 'spirit of St. Barth' is evident; both in the rooms, pool, public areas and the restaurant."

At St. Barth's it is easy to feel that anything is possible as the balmy winds blow across the water that seems to get bluer with a more intent stare. Those in the know swear that St. Barth's looks exactly as it did in the 1950s, when the French-Caribbean island was known in insider circles as the private sandbox for the Rockefeller and Rothschild families and their Jet Set play pals (the former David Rockefeller mansion sits right above Colombier beach, which is one of the island's 17 beaches). Fast forward to today where St. Barth's is now a coveted vacation getaway.

Getting there from Texas is a real jaunt. If you are flying commercial, there are many flights, and they fly often, from here to the island of St. Maarten. Once on St. Maarten island either a small jet or a water ferry gets you to St. Barth's in about 30 minutes. Then let the fun and relaxation begin. And oh, so stylishly so.

Ignore the lore of the extravagant party scene in St. Barth's that may have tarnished its lure to some. Not everyone wants to come to St. Barth's to do tequila shots with Hip Hop singers or be around the latest junior film actress's island escapades as she's enroute to recovery. That is exactly why people who want R&R at a high level seek Le Sereno instead. The hideaway is yes, a favorite of Victoria's Secret catalog shoots, and also Bill Gates likes to have lunch there periodically while visiting his sister's home nearby, yet this resort exudes the best of the best for a sun-filled getaway that is located on the Grand Cul-de-Sac lagoon on the island's northeastern side.

HIGH STYLE SECLUSION

The resort has, to use another French term, *soignée*. Perhaps that is firmly in place because of the world-class French designer Christian Liaigre (in the U.S, think of the Mercer and Buddakahn hotels in Manhattan and beyond that, the Montalembert in Paris, Troisgros in Roanne, Busaba in London, as well as private residences he's done for Karl Lagerfeld, Calvin Klein and many others of the pop cultural elite). At Le Sereno he has created, literally, a serene environment in varying shades of Dior gray, snow white and with punches of red to keep the visual senses alert in the island surrounded by miles of azure blue water. Liaigre owns a home on the island, so he understands what a visitor would love in St. Barth's and designed a perfect

backdrop for the ocean's mesmerizing water tones at the resort.

Upon arriving, after the hotel's driver who picks you up at the ferry landing or island airport, the calm begins to set in for your stay. Secluded, yet with island access to the island's "scene," when desired, the resort's entry speaks volumes. The entire scope of the resort is taken in with one breathless look. The hotel's 37 suites and villas (that amount can easily also be found on just one floor of a Vegas hotel) is anchored by the center, freshwater pool, and faces the island's tranquil beachfront of the resort's peaceful lagoon. It exemplifies understated exclusivity.

The resort has been there for about 30 years, yet underwent a transition in 2002 when the chic Venezuelan architect couple Luis and Gabriella Contreras envisioned the hotel as a new player in the resort scene on the island. Then they went to work transforming it into an oasis. "Our business is word of mouth. We are not a resort spot like you might find on other islands," shares Gabriella Contreras. "You don't feel overscheduled while you are here. Plus, it is so quiet, there is no need for our celebrity clientele to have security guards. Privacy is key."

Privacy is indeed key, which is reflected in the rooms that are elegant, yet without fuss. Comfortable and lovely, yes, but this is a beach destination after all, so the hooks on the wall of every room to hang wet swimsuits speak volumes of the practicality of the rooms and villas. The four-poster beds that are draped with crisp white mosquito netting rests on dark, wide-plank wooden floors. The decadent Porthault linens throughout are as bright white as the walls.



Beachside at St. Barth's



Le Sereno rooms as seen from the lagoon



Beach house on St. Barth's



The Bar at Restaurant des Pêcheurs



View from a Le Sereno villa



Restaurant des Pêcheurs at Le Sereno



Mini Coopers on St. Barth's



Le Sereno villa living room



The scene at the Le Sereno poolside

It is this intentionally neutral backdrop that frames the stunning ocean that sweeps beyond the French doors to the patio, complete with an array of gray furniture and often times, lap poolside views. Beyond the suites' wooden benches, desks and sleek sofas, you'll find the latest five-star amenities like plasma-screen TV's, iPod docking stations and of course, Wi-Fi to stay in touch with the outside world when needed.

In the last decade, naturally, the resort has found itself as the go-to destination for fashion types from both Paris and the US (about 50% of the hotel's guests are Americans), along with media mavericks, high tech successes and their families. In fact, while I was there several young families had children in tow, all perfectly behaved, so as not to intrude with those guests who were married couples seeking down time or the singletons there to explore the nightlife as well as the beach's sun scene. In fact, according to owner Gabrielle Contreras, one American couple has come to the resort every year for 30 years; sometimes with their family on occasion, but always for a trip alone, too.

Around the holidays, during the beginning of the high season, the island goes, well, crazy, shares Contreras, and plenty of other people who have managed the Christmas time frenzy. She states, "It's nuts. We love it, but it's nuts. We have one special visitor who comes twice a year. Once during the holidays so he can get business done by meeting others, and the other time during the low season when it is much more quiet." From about December 20th to about January 5th is off the charts and that is the time when people showboat their yachts in nearby Gustavia harbor. Island occupancy tends to quadruple at this time and all the hotels and restaurants are usually overbooked. Getting a table without a reservation weeks in advance is a pipedream. So, going in the winter takes planning. The room rates at Le Sereno range from one bedroom suites at \$700 a night low season to \$1500 a night in the high season and increase from there depending on the number of bedrooms in the suite and the whether you include a private pool or hot tub.

For a group of friends or a family gathering, Le Sereno's villas are a perfect option. The rates range from \$4860 a night in the low season to \$11,500 a night during the

high season and if you are in a buying mood, each villa is always for sale for a cool \$10 million dollars. There are three of these abodes that perch upon the beautifully landscaped hill, above the resort's entrance, and each of the four-bedroom villas provides 7000 square feet of living space including the deck, outside living spaces and amply sized swimming pools. Nestled above the resort, with a view of the lagoon and luxury homes that dot the hillside, the villas also come with a 24/7 butler and many special occasion options for gatherings. For families, the rooms will be supplied with stuffed animals and custom jigsaw puzzles handcrafted in France and illustrated in Venezuela that the owners created. A Mini Cooper convertible also awaits the villa resident, ideal for traversing the island's winding roads.

ISLAND TIME

The town of Gustavia, when you venture out, is a shopper's haven. All shops are duty free, including Hermés, Chanel, Louis Vuitton, as well as any other luxury brand you could want. Inspired by the resort's innate flair? Christian Liaigre furnishings are available at his boutique in Gustavia. The eight square mile island takes only 20 minutes by car to go anywhere you want. Some of the best and most sought-after restaurants can be arranged by the hotel concierge in the low season. It is important to note that St. Barth's is known as the "cuisine capital of the Caribbean." Its flavors and food range from classic French to native seafood to Asian and West Indian cuisine are readily available at more than 80 restaurants.

During the high season is when the island's eateries buzz at a fever pitch. The restaurants that have the most scene-stealing people watching and water views are Baz Bar, Isola, Bonita's and Maya, and more depending on the mood you are in to create a stir with a group, or to simply share a dinner for two. The nightlife on St. Barth is diverse as well. From live jazz at a café to some of the most happening discos and nightclub, the great times never seem to end in St. Barth.

Within arm's reach, the resort's only restaurant and accompanying bar, Restaurant des Pêcheurs, is about al fresco dining. Set above the sand and by the pool, it serves as an epicenter of epicurean delights. It specializes in seafood and its special wine list complements

every course. Serving all three meals, the eatery transforms itself from a casual breakfast and lunch spot to a fine dining establishment all by way of lighting – pin lights, candles and up lighting create a very sexy ambiance for a romantic meal, or just a gathering of friends.

While there, indulge in the hotel's Spa at Le Sereno. The designer Liagre also had a heavy hand in designing the hotel's spa retreat area which uses the fragrant Ligne St. Barth products that are made with ingredients native to the island. The retreat has treatment rooms that are actually waterfront pavilions, which mean that you are never leaving the beachy feeling while being indulgent. I recommend two spa treatments out of the array of an extensive menu of facials, body wraps and massages.

The first is the spa's specialty, the St. Barth Coco Massage that uses fresh coconut shavings as part of the therapeutic scrub treatment. For sixty minutes it is worlds-way indulgence at its finest. The second massage is the resort's signature massage called the Chill Out. It may as well be called Heaven. This one-of-a-kind treatment was created by the spa and infuses hand-buffed clamshells that are filled with minerals and seawater that are then activated with heat and applied through the massage to the skin. The warmth of the shells, the scent of the minerals and the coolness of the breeze in the spa's treatment area is the perfect combination that also offers health benefits beyond the mind renewal; it stimulates lymphatic flow and increasing circulation flow. The best part is that skin is immediately silky smooth as the massage comes to an end before you create your next island adventure.

Since the island is home to a fair amount of the most beautiful and pristine beaches on the planet, there are many water activities to fill the days if sunning, eating and shopping are not enough. Within steps on the beach is the opportunity to snorkel, sail, kayak, paddleboard or Jet Ski the day away and still not have to leave the resort's waterfront. We love that.

At Le Sereno, where its French connection can remedy the toll of hard work by providing a week or more of true serenity, is a place to return to again and again, as if seeing an old friend again after a long absence. [5](#)



HELLO, SUMMER COLOR

Add a pop of color with this eye-catching turquoise cluster beaded necklace designed by Devon Leigh. \$440. Availability and photo courtesy of Neimanmarcus.com.

HAIR APPARENT

Even a gal on the go has to keep her tresses looking beautiful. We recommend the hot iron cover from Austin-based Blue Avocado's XO(eco) Collection designed by Lauren Conrad. \$14.99. Photo and image courtesy of BlueAvocado.com



Beauty &

Fashion and style this summer are at arm's reach if you follow our chic warm-weather essential guide to ensure more fun in the sun. Add these glamorous must-haves to your wardrobe, households and beach bags, and this may be your most stylish season yet. Here's hoping.

By Emily Glocer and Samantha Subar

PURE SEDUCTION

Keep those heads turning with the new Gucci Guilty fragrance. This daring scent is made for your sexy summer nights and give you the confidence to indulge in your guilty pleasures. \$69. Available at your local department stores for men and women. Photo courtesy of Gucci.com



FACE TO FACE

Simplify your beauty routine with three multi-tasking steps from Jane Iredale – The Skin Care Makeup. Products range from \$25-\$48. Availability and photo courtesy of Shop.janeiredale.com.



KICK BACK AND RELAX

Add some modernity to your backyard with this eye catching, lime green fiberglass lounge chaise lounge. Pillows are available to add a little extra cushion and upmost comfort. \$4,180 Availability and photo courtesy of floatland.com





SLIP INTO SOMETHING DRY

Hermès offers chicsters a prints charming way to keep dry with the finest towels and beachwear. \$550. Availability and photo courtesy of Usahermes.com.



FRENCH PROTECTION

Keep your skin safe and beautiful with Oscar de la Renta's moisturizing SPF 30 sunscreen. This freshly fragranced formula is light-weight to keep it hidden from everyone but the sun. \$42. Availability and photo courtesy of Oscardelarenta.com.



TOTE-ALLY FAB

Accessorize with some floral perfection for your next beach day or stroll in the city. With this styling Louis Vuitton tote you will make your summer statement. \$1,770. Availability and photo courtesy of Louisvuitton.com.



THE EYES HAVE IT

Want to feel like a 1950's femme fatale? Just slip on these Prada cat eye shades and keep 'em guessing what trouble you're stirring up. From \$350 BY Prada. Available at Prada.com

The Beach



QUEEN OF THE BEACH

Show off your newly toned figure in these flattering, eye-catching swimsuit and cover ups by your favorite lingerie brand. From \$500. Availability and photo courtesy of Leperla.com

JEWELLED FOR ACTION

You can flop to the beach or flop around town with this everlasting metallic jewel show that will is timeless. By Ferragamo. \$395. Availability and photo courtesy Neimanmarcus.com.





SHORE THING

These floral print shorts are by Old Bull Shorts and are the perfect way to saunter through summer. The custom fit adds panache to these summer savvy bottoms. \$129. Availability and photo courtesy of Oldbullshorts.com



OUR EARS ARE RINGING

The lightweight Jordan Hoop features a fretwork pattern inspired by geometric designs found on ancient Mediterranean tiles. \$125. Availability and photo courtesy of Toryburch.com

SQUEAKY CLEAN

Freshen your skin to silky, smooth with a pop of color. These powerful and gentle electric Clarisonic brushes are perfect for all skin types. \$149. Availability and photo courtesy of Nordstrom.com.



SHADY DAZE

Relaxation is elevated to an art form with the Frou Frou Parasol. Block 99% of UV rays with the protective and stylish umbrella, made from "raffia" that sways with the breeze. \$5,495. Availability and photo courtesy of Frontgate.com



BEAUTY BANGLE

Add it to a swimsuit or evening maxi. A variety of cushion cut stones come together to make a statement in Kendra Scott's newest cuff bracelet. This colorful and eye catching piece is a chic addition to any outfit. \$200. Availability and photo courtesy of Kendrascott.com

CHIC TO THE BRIM

Keep cool in every aspect with Saint Laurent's classic, wide-brimmed fedora. \$995. Availability and photo courtesy of Ysl.com



PASSPORT TO STYLE

Add this handy dandy accessory to your shopping list. Farbod Barsum brings to you a glamorous and chic passport holder with room for your credit cards too. \$580 - \$1,080. Availability and photo courtesy of Farbodbarsum.com



SEA THE DIFFERENCE

Grab a dab to moisturize your hair with this irresistible seaweed mask to help protect, nourish and prevent future sun damage to your luscious locks. \$55. Availability and photo courtesy of Repêchage.com.



SEA'S BREEZE

Cool breeze cramping your summer shoulder-baring style? Keep trendy and comfortable on those windy summer nights with Diane Von Furstenberg's infinity styled scarf with embellished lining. \$185. Availability and photo courtesy of Dvf.com.



BANGLES, ANYONE?

Just because it's warm doesn't mean that glamour melts away. We recommend piling on these Houston-based Armenta bangles in oxidized sterling silver and 18 karat yellow gold. \$1,690-\$6,245. Available at Shetler Wade Jewelers, San Antonio \$1,690-\$6,245



FOAM FABULOUS

Showcase your nails this summer by coordinating with your lush beach surroundings. Deborah Lippmann's new Mermaids Dream, sea foam colored nail polish will set the tone for your next ocean outing. \$19. Availability and photo courtesy of Bloomingdales.com.



PUCKER UP, YOU

Keep those lips smooth and silky for your hot summer nights. Various colors for your changing emotions. \$28. Availability and photo courtesy of Vbeaute.com.



FLYING IN FLORALS

The new Tumi Vapor offers the most advanced, light, and easy-to-manuever design in an Ana Sui Floral to satisfy your summer style and travel needs. \$645. Availability and photo courtesy of Tumi.com.



WHEN STYLE MEETS COMFORT

Kick back on the patio and enjoy the cushy textured upholstery of the hand-crafted spindle chair by Williams Sonoma. \$1,295. Availability and photo courtesy of Williams-sonoma.com.



SCENT OF A WOMAN

By wearing Modern Muse, Estée Lauder's first new scent in a decade, you'll be feeling tall, tan, young and lovely as you saunter around Ipanema. From \$59. At Neiman Marcus

Toast With The Most

St. David's Toast Of The Town Offers Variety Of Events

By Rob Giardinelli Photography by Robert Godwin and Stacey Harrell



Sunset at a Toast of the Town event



Joe and Sandra Aragona

It's an annual happening like no other in Austin. Twenty themed dinner and cocktail parties over a period of five and a half weeks were hosted at some of the city's finest homes and the hippest venues in town, all of which raised money for one great cause. The hosts funded each elaborate event so that proceeds could go directly to the St. David's Foundation with the Toast of the Town events.



Linda and Congressman Michael McCaul & Mrs. Ann Butler



Nancy and Admiral Bob Inman



Susan Hackney and Lisa Trahan



Charlie Mars



Eddie Safady, Dinah Street, Chef Paul Qui and Ryan Street



Liz Stevenson, Cheryl Davies and Tobie Funte Flannery



Jesse Herman and Devon Broglie



Frank Krasovec, Chef Larry McGuire and Margaret Krasovec



Kathy and Randy Taylor



Chef Tim Love and Charlie Jones



Live performance at a Toast of the Town event



David Garza, Charmaine McGill and Dr. John Hogg



Ray Benson and band



Mitch and Janna Jacobson



A Fall Creek Vineyards event

This year's parties raised approximately \$1.13 million for St. David's Neil Kocurek Scholarship Fund, which awards scholarships for top students in the Austin area seeking to pursue a career in various medical fields. Event chair Susan Hackney and vice chair Dinah Street created a collection of parties and events appealing to the many different and diverse personalities that comprise the zeitgeist of Austin.

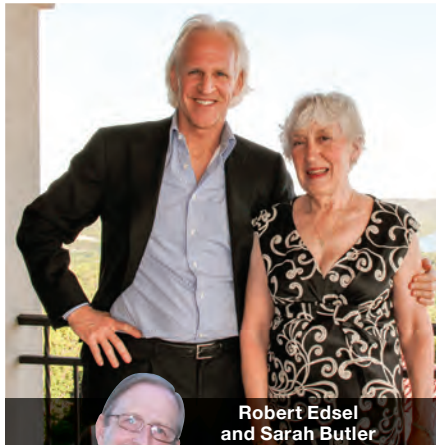
The dazzling array of event choices was kicked off with the Bella Toscana at The Oasis followed by themed parties that appealed had a little something for everyone – foodies, sports-fans, theater-goers, politicos, urbanites and sophisticates. These themes included "Tales from the Court with Coach Barnes", "Mad, Beat, Hip and Gone", "The Great Gatsby", and one honoring the book *Austin's Faces of Philanthropy*. Other events included "Celebrate in the City", "5-Star Dining with Chef David Bull", "Tasting with Top with Chef Paul Qui", "Challenges in Foreign Affairs" and concluding with "Wining & Dining at the Falls", helping to make this year's Toast of the Town series of events be the most memorable yet. 🍷



David Booth, Chandler Booth and Suzanne Deal Booth



Coach Rick Barnes and Jeff Garvey



Robert Edsel and Sarah Butler



Bill Strawn, Peter Bay, Beau Theriot and Venus Strawn



Robert and Michelle Godwin



Chef David Garrido and Coach Augie Garrido



Marina Sifuentes, Shannon and Wendy Kratzer



Diane and Danny Buck Davidson, Kay McConaughy & Richard Linklater



Geroge Gau and MP Mueller

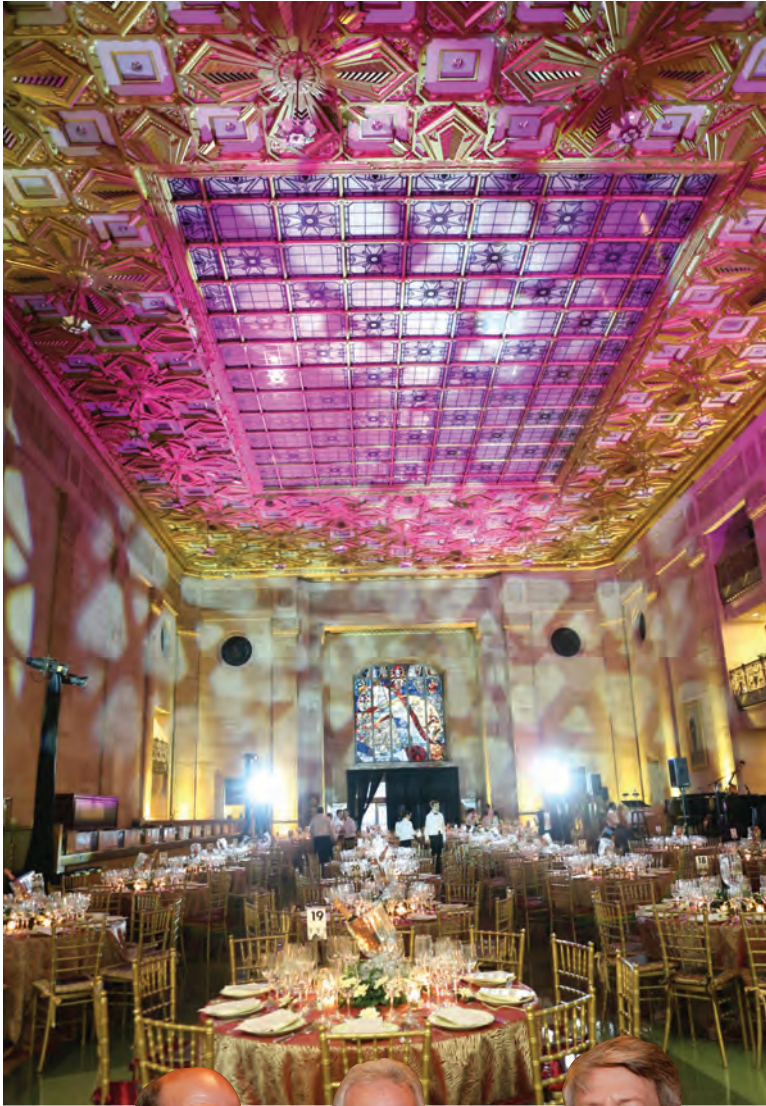


Cissy Ellis, Larry Peel and Mary Scott Nabers

Supper Club

Alley Theatre Gala Recreates Golden Age Of Café Society

By Jen Roosth Photography by Jenny Antill and Priscilla Dickson



Karen and Bob Aspromonte



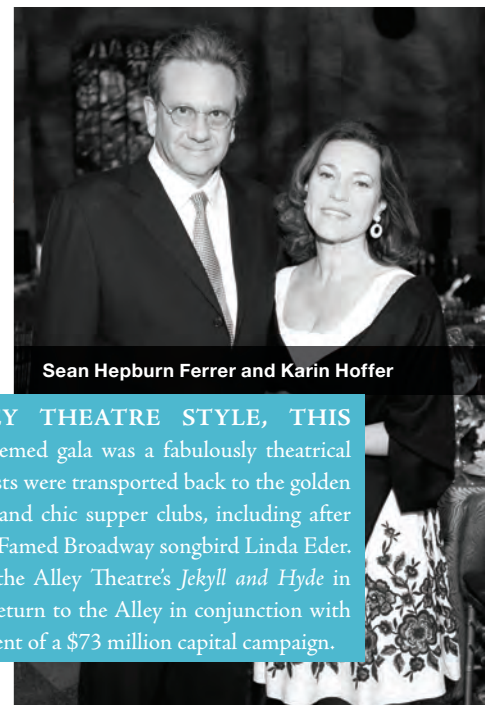
Lori Krohn and Phillip Sarofim



Lynn Wyatt



Linda Eder performing



Sean Hepburn Ferrer and Karin Hoffer



Ashley Madray, Peter Hardin and Erich Munding

TRUE TO ALLEY THEATRE STYLE, THIS year's Supper Club-themed gala was a fabulously theatrical affair. Almost 400 guests were transported back to the golden age of the glamorous and chic supper clubs, including after dinner entertainment. Famed Broadway songbird Linda Eder. Eder, who starred in the Alley Theatre's *Jekyll and Hyde* in 1990, was excited to return to the Alley in conjunction with the recent announcement of a \$73 million capital campaign.



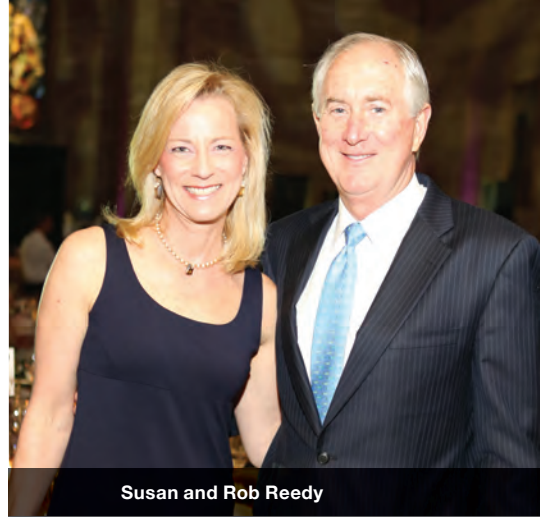
Cynthia Petrello and Florence Langford



Kathy Ketelsen



Heather and Chris Enright



Susan and Rob Reedy



Frances Marzio, Ralph Burch and Beth Madison



Joanne King Herring and Diane Lokey Farb

The 1920s historic JPMorgan Chase building (formerly known as the Gulf building) served as the perfect art deco venue reminiscent of a sophisticated New York supper club. Just how do you turn an old bank building lobby into a whimsical scene from *The Cotton Club*? Naturally, you call Richard Flowers and The Events Company who donned tables with red, cream and gold zebra stripe table linens adorned with centerpieces of white gardenias. Plus, a crystal wine bucket of champagne. City Kitchen prepared a mean inspired by the New York's 21 Club, while the Tasting Room provided the evening's wines.

Also notable at the event was the extensive auction chaired by Karen Aspomonte, with packages ranging from extravagant vacations (Paris, Costa Rica, and Chianti, to name a few) to diamond jewelry (courtesy of Valobra Jewels) to a private fashion show luncheon (hosted by Neiman Marcus). At the end of the evening, ball chairs Carol and Mike Linn even provided guests with a party favor copy of Linda Eder's Greatest Hits CD to keep the supper club tunes playing on the ride home and beyond. 🎵



Sam and Melinda Stubbs



Dean and Jane Gladden



Josie de Guzman and Gregory Boyd



Clayton Erikson and Gracie Cavnar



Scott and Lori Wulfe



Jane and Larry Wagner



Jim and Molly Crossover



Meredith and Cornelia Long and Shel Erikson



John and Danielle Ellis



Mike



Chris Goins



Andrew Cordes and Brian Teichman



Dancie Ware



R.O. and Carol Hunton, Deana Blackburn & Franco Valobra



Ileana Trevino

Hold Onto Your *Hats*

Le Brunch Des Chapeaux Luncheon Benefits Autism Community Network

By Terran Luke Duhon Photography by Greg Harrison



Julian Gold models



Kenda Willoughby, Mary Beth Mosbacher, and Carol Oliver



Whitney Ramirez and Candace Kleck



ACCESSORIES ARE JUST AS IMPORTANT AS ANY OTHER PART OF OUR EVERYDAY WEAR. FOR ONE SAN ANTONIO non-profit organization, their special accessory, hats, are widening the brim of one emotional disorder to achieve their goal of defeating autism. The Le Brunch Des Chapeaux, nicknamed The Hat Luncheon, recently held its 10th anniversary luncheon on the historic lawn of The Argyle. Over 300 guests, all wearing fabulous hats, were treated to both a lunch and a special fashion show by Julian Gold. Since its inception the organization has raised over \$100,000 that goes to assist local San Antonio programs for young people in the community.



Val Dullnig and Asia Ciaravino



Sharon Batchelor and Carroll Dorsey Walker



Bonnie Giddens, Amy Goforth, Kimberly Menchaca and Nancy Gallagher





Melanie Schmacker and Mary Potts



Kristen Tips



Andrea Word and Corie Boldt



Tanji Patton



Anita Allison, Claudia Coleman, Raven Labatt and Shannon Turner



Carrie Worthen, Paige Bitter, Leanne Hulse and Laura Hobbs

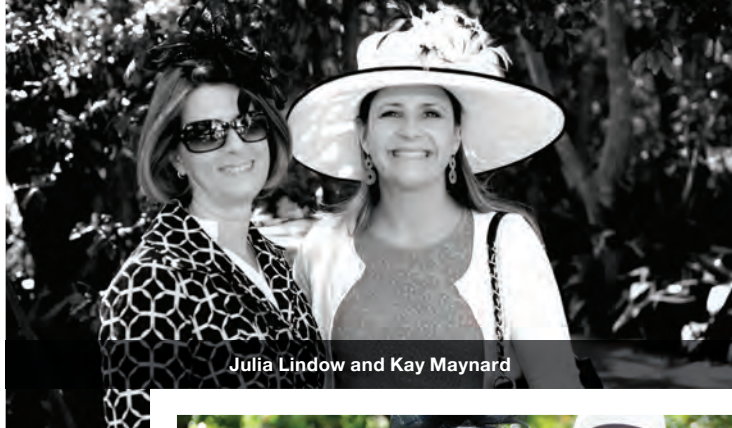


Delaina Harrison





Andrea Olson, Heather Craig and Terri Herbold



Julia Lindow and Kay Maynard



Michelle Schenecker



Chaney Stuart, Jennifer McLiney, Victoria Roca and Josafina Longoria



Lindsey Cota, Courtney O'Daniel and Britt Kleberg



Joy Fuhrmann, Ginger Lord and Jill Burk



Jennifer and Kent Evans



Chaired by Marybeth Mosbacher, Carol Oliver and Kenda Wiloughby, this year's luncheon benefitted the Autism Community Network. Established in 2008, the Autism Community Network was created to provide services for all people with autism. Their services range from early intervention to parental training and focus on helping not only men and women affected by autism, but people that have family members with autism as well. It is their mission through the Le Brunch Des Chapeaux to maximize the potential of children with autism by increasing autism awareness and services for families throughout the San Antonio area with an emphasis on collaboration with other service providers, early diagnosis, and providing services to underserved young children and their families.

Two keynote speakers who work directly with young people in our community, Heather Craig from Cambridge Elementary and Kari Butts from Alamo Heights High School shared their insights as teachers proving the work that this organization is doing for people with autism is inspiring. The women attending the Le Brunch Des Chapeaux luncheon made a bold statement, not only with their hats of assorted colors and styles, but also a public statement stating they are fully committed to helping individuals faced with living with the disorder, while also trying to put an end to it for future generations. And sometimes, the best accessory of all is a helping hand . . . as well as a gorgeous hat. ☺



Mitzi Sandell and Laurie Barnes



JORGE L. MENENDEZ
Certified by The American Board of Plastic Surgery
Fellow of The American College of Surgeons
Member of The American Society of Plastic Surgeons
Member of The American Society for Aesthetic Plastic Surgery

JM
JORGE L. MENENDEZ, M.D., F.A.C.S.

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His emphasis on minimally invasive procedures sets him apart from other cosmetic surgeons. He encourages realistic expectations while still delivering phenomenal results. From facelifts to tummy tucks to Botox to breast augmentation, Dr. Menendez is highly skilled in the art of perfecting all parts of the body. In the end, his talent and compassion will improve your body and satisfy your mind.



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Passion For Fashion

5TH ANNUAL AUSTIN FASHION WEEK SHOWS INNOVATIVE DESIGNS

By Rob Giardinelli Photography by John Pesina and Jen Perez



Project Runway's Daniel Esquivel



Kendra Scott Jewelry
runway design



Matt and Kara Swinney

THE SECRET IS OUT . . . AUSTIN IS STAKING ITS CLAIM in the competitive regional fashion scene's gold rush. How? This year's Austin Fashion Week featured eight days of inventive collections that spanned the spectrum from glam to hip to dramatic, covering all aspects of style in a way that was unique to the city.

Austin Fashion Week began with the visually impactful NOIR fashion and feast event at Brazos Hall, with parties and collections offered throughout the week and as the week continued, Austin's best and brightest showcased dazzling collections including *Project Runway's* Daniel Esquivel and Fashion Star's Ross Bennett.

The week concluded with a glam showcase of fashion at Austin Music Hall, drawing out a Who's Who of Austin's fashionistas and hipsters. The runway-focused event began with collections by AFW's Mash-Up teams (a dynamic collaborations of models, photographers and stylists who gather to create original photographs that compete against each other), along looks as well as Dawn Younger-Smith's Boudoir Queen fashion collection. In the midst of the collections, various Austinites were presented "golden boot" awards as Rising Stars and Fashion Trailblazers including *The Society Diaries'* own Lance Avery Morgan.

The runway shows continued with collections by Gail Chovan's black ensembles, Kendra Scott's jewelry and then, Stephen MacMillan Moser, whose dramatic women's and men's collection married fashion and theatre, brought down the house. After the event concluded, guests then danced the night away at a lively after party, capping off Austin's best fashion week yet. 🍷





Gail Chovan
runway design



Boudoir Queen
runway design



Rising Star Award Winner
Priscilla Barroso



Stephen MacMillan Moser
runway design



Trailblazer Award Winner
Rochelle Rae with Ron King



Rising Star Award Winner
Sandra Antoun



Trailblazer Award Winner
Stephen MacMillan Moser



Ross and Erin Bennett



Mashup Winning Design from Team Eon



Rob Giardinelli and Lance Avery Morgan



Joseph and Sue Webber

EASB Gala *Excels*

Elizabeth Ann Seton Board Gala Takes Austin's Camp Mabry by Storm

By Rob Giardinelli Photography by George Brainard and Jim Lincoln



Jerry Jeff Walker performs



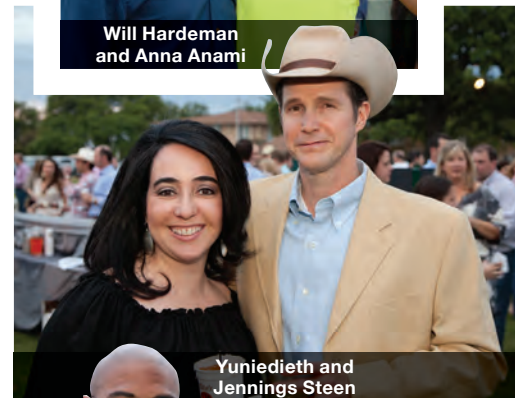
Stephanie Jastrow and Lindsey Majors



Will Hardeman and Anna Anami



Cameron and Hannah Nokes



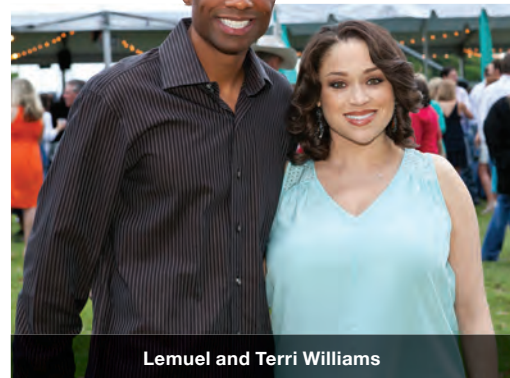
Yuniedieth and Jennings Steen



Matt and Stephanie Matthews & Jennifer and Chuck Campbell



Brent and Nicole Covert



Lemuel and Terri Williams

On a recent Saturday evening, nearly 1,200 guests descended upon Austin's Camp Mabry in Central Austin for the 23rd Annual Elizabeth Ann Seton Board Gala. This year's sold-out event, co-chaired by Amy Deane and Lori Johnson, raised over \$600,000 for the Seton Community Health Centers and Sister Gertrude Levy's Endowment for the Poor, which supports patients in need at Seton's Kozmetsky, McCarthy and Topfer campuses within the Seton medical matrix.

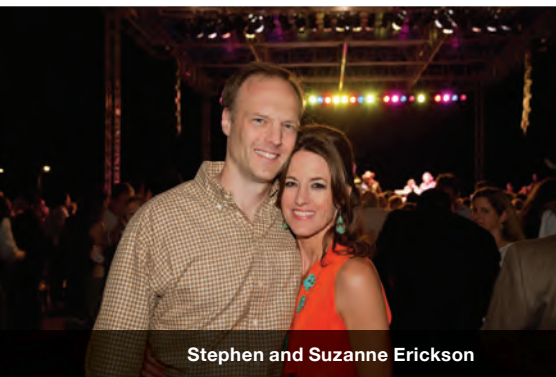
This year's program features a packed evening of good food and live entertainment that kept the crowd captivated and energized all evening long. After arriving for a lively cocktail hour, guests were treated to some good ol' Texas barbecue, courtesy of Lamberts, which was followed by a live auction that included such glam packages as the Formula One At It's Finest package and a Marfa ranch getaway for 10. As the evening proceeded, guests were treated to live country music courtesy of the legendary Jerry Jeff Walker and The Bellamy Brothers. Following the performances guests were treated to some delicious late night snacks courtesy of P-Terry's, capping off an event of fun, food and music for a very worthy cause. 🍷



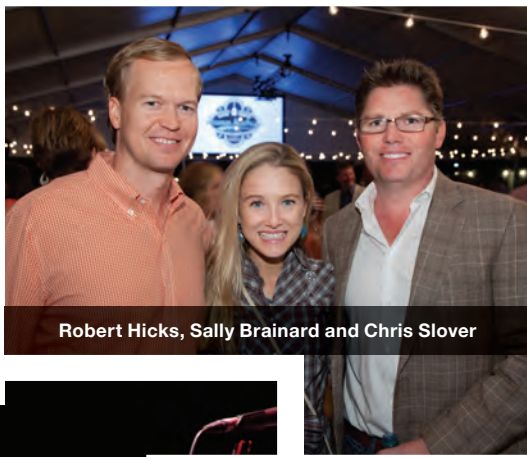
Co-chairs Amy Deane and Lori Johnson



Lee and Hill Morrison



Stephen and Suzanne Erickson



Robert Hicks, Sally Brainard and Chris Slover



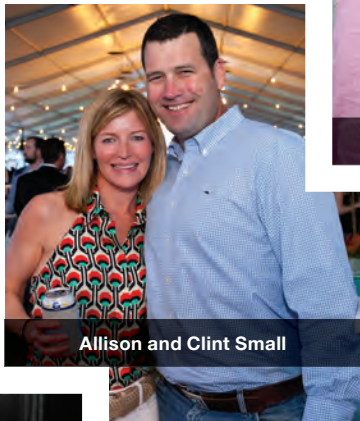
Rick and Sarah Wittenbraker & Emily and Rick Seiders



The Bellamy Brothers perform



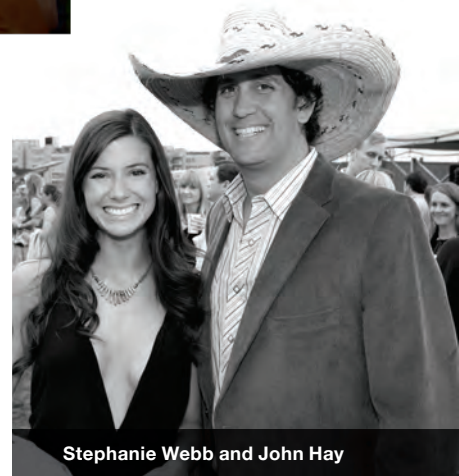
Jim Cone, Sean and Diana Greenberg



Allison and Clint Small



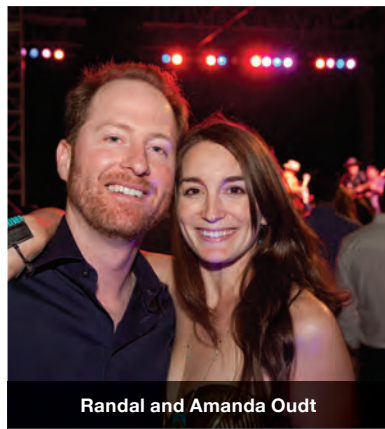
Tiffany O'Shea and Lissa Anderson



Stephanie Webb and John Hay



Anne and Keith Donahoe



Randal and Amanda Oudt



Lisa Magids



Dan Herd and Sister Gertrude Levy



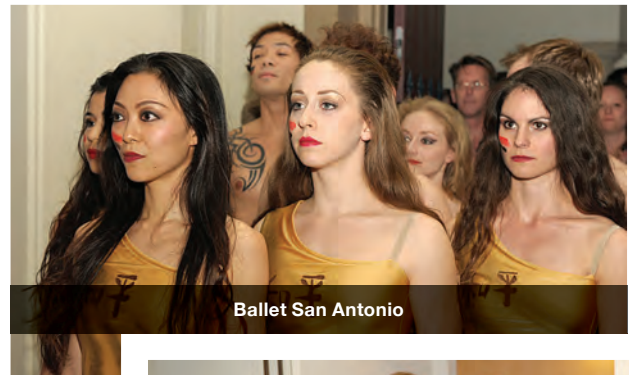
Celebrating Fine Art

The Joffrey Ballet Returns

By Ellie Leeper Photography By Greg Harrison



Ballet San Antonio



Ballet San Antonio

This Spring, ARTS San Antonio presented *An Elegant Gala Evening at the McNay with The Joffrey Ballet* as one of the events in their celebratory series that led to The Joffrey Ballet's performance of *The Rite of Spring* at the Lila Cockrell Theatre. Guests enjoyed an evening of fine art and fine food at The McNay Art Museum and the opportunity to meet Senior Leadership and Principal dancers from the world-famous Joffrey Ballet. The event celebrated The Joffrey's first appearance in San Antonio after more than 20 years. ARTS San Antonio created six Joffrey Experience events to herald The Joffrey Ballet's return to San Antonio.

Gala guests posed for keepsake photos with a specially commissioned painting commemorating *The Rite of Spring* by renowned San Antonio artist Kathy Sosa. Young dancers from the San Antonio Metropolitan Ballet led a procession to bring The Joffrey Ballet dancers into the Leeper Auditorium where Ballet San Antonio dancers performed and posed in vignettes. In addition, guests viewed displays of original costume sketches for the Ballets Russes provided by the Tobin Theatre Arts Collection.

The Joffrey Experience Honorary Chairs were Phil and Linda Hardberger, and Co-Chairs were Margaret R. Kanyusik and Barbara L. Stevens. The Gold Presenting sponsor was Capital Group Companies. ☪



Sherri Singletary, Gobie Walsdorf, Ana Montoya and the San Antonio Metropolitan Ballet



Judi and John Toohy



Robert Haggard, III and Epitacio Resendez



John McCusker and Ann Van Pelt



Joffrey Ballet principal dancers



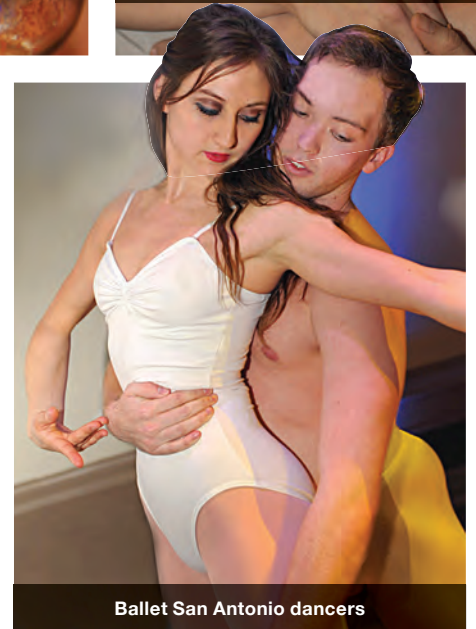
Margaret and Bill Kanyusik



Joffrey Ballet principal dancers



Liz and Bill Ciego



Ballet San Antonio dancers



Auba and Susan Franklin & Linda and Phil Hardberger

Shweiki Ad Here

Gourmet Photography
Greg Harrison

210-325-0740



It's In The Stars

Astrological Advice from Weiss

Aries 3/21-4/20

I trust you followed through on those pending projects of late June, if not, then complete at least one by the 21st. Get out your planner and make those appointments (12th-30th), but anticipate some delays, cancellations or revisions. August's scenario has a more enjoyable and creative social setting. Combining business with pleasure pays off. Expect to be more involved with the community events by the 23rd.

SUN SIGN SIGHTINGS: Aries are the "right now" personality; that person who grabs that aisle seat first on the plane or dashes in front of you in the buffet line. You know who you are skipping all the mayhem to jump to the top.

Taurus 4/20-5/20

June's disappointments will make you focus and create other opportunities this month. The pace of the world's events, goes backwards (1st-21st). Your people skills will bring success. It is all about who you know, who you don't know, and who you should know. Good fortune awaits you in August (and I'm not talking about those fortune cookies) due to the effort you put forth last month. Unexpected developments occur by the 6th, bringing new ideas, plus new clients entering your life.

SUN SIGN SIGHTINGS: This Taurus earth sign is into tangibles, like millionaires, estates, a second home in Maui and, yes, a wardrobe of designer clothes. Their favorite color is green like money.

Gemini (5/21-6/20)

It is possible to write up a contact or reach an decision by midmonth. Just make sure you have all the details in writing before you move forward. Be prepared to do some compromising. You excel with words and marketing, which is your forte (1st-12th), and these months have you moving quickly from your past ways of doing things. It is the dynamics of your professional contacts in August that keeps you on the go and requires you to keep updated and informed with the latest developments. Be prepared to do some traveling (it could be fun).

SUN SIGN SIGHTINGS: Place a Gemini in the front seat of Lamborghini and let them drive around the neighborhoods. Or, rent a stretch limo and take them to lunch. That makes them happy. They are into cars and flash.

Cancer 6/21-7/22

Get ready to write a new chapter in that professional or business book this year. July begins a very lucky 12-month-cycle (there's no such thing: luck is opportunities) and if you don't recognize them you'll miss them. Keep alert (15th) when they'll make themselves known, then respond. Any direct or indirect professions/businesses relating to women, homes, family, foods, décor, etc. will be expanding rapidly. August is a "Me, Myself and I" month and happenings bring a positive re-enforcement of your own personal goals, until the 29th.

SUN SIGN SIGHTINGS: Cancers are savers. They never have garage sales and you will never find them in a pawn shop. They collect shoeboxes. That is where they "fit" their money. They often feed their piggy bank twice a day and write "I bite" on it to keep others away.

Leo 7/23-8/22

Combining business with the local events and promotions is July's focus, although somewhat unpredictable. Some of your affiliations and plans apt to be altered the first half of the month, so you'd better check them out. Your most productive period starts around the 23rd, whereas August is your month of more creatively artsy activities. You are more motivated in making things happen. Special formal events and unique celebrations require you to look your best (image is everything at this time). Expect much attention coming your way (the full

moon on the 21st). Be sure to keep in touch with those event planners... they are the key to new networking introductions. Better take advantage before the month edges forward toward your work zone by the 26th.

SUN SIGN SIGHTINGS: That Leo gent wearing the Armani tux, and that Leo gal in the Valentino formal, (red of course) both are true to their sign. They buy Signature, whether they can afford it or not.

Virgo 8/23-9/22

Your finances and earnings may have been tight, but this month things seem much easier. Those involved with any health-related businesses, services or products are about to see a marked improvement and demand in those industries. Keep an open mind in any rumors that seem to be floating around since no clarity will be reached until next month. Confidentiality is necessary in August, when some work-related developments are being considered, but not quite ready to take place until the 24th. You can accomplish more by your own methods.

SUN SIGN SIGHTINGS: Virgos are workers and perfectionists who are coordinated (put together) and efficient. No mix and match outfits for them. That one carrying a weekly planner book (neatly scheduled up until February 2014) is a Virgo. They wrap their Christmas gifts in July. No body does it better, so don't even try.

Libra 9/23-10/22

You won't go anywhere in July if you keep standing in the same place. Any agreements or pending matters that have not worked out by the 8th or so, then let them go. It is best not sign any \$\$ contracts until later in the month. (after the 22nd). Any real estate offers require a counter offer. Take time to celebrate the fourth of July with family and friends because August finds you busier and more in demand, with a series of brainstorming meetings, and planning for the upcoming Fall season. Those last few years of restrictions and challenges will pay off now.

SUN SIGN SIGHTINGS: Need a negotiator or a business partner? Look no further because these are the pretty and popular Libras who have more invitations to every local happening. Their career is attending social events. Why? Because they mind their manners and that's the person you see at every social function, charity ball, in town including political events. Check out the photos in this magazine because they are everywhere.

Scorpio 10/23-11/22

Say goodbye to any past methods or ways of doing marketing or outdated values because July finds you at a career crossroad. Cut out what needs to be cut out and finish what needs to be finished since it make take a bit of self convincing and time (the end of July). You're a fixed sign so it hard to make changes. Any confrontations occurring (1st-21st) should be avoided, so be as nice as possible and keep an eye on the stock market. Early August is ideal for sorting out your priorities. In a few more weeks and you will be back in your element and taking control. Arrange those meetings (21st) or make some contacts for future reference. August finds you "finding" out what really works for you and what did not.

SUN SIGN SIGHTINGS: Do not ask Scorpios because they will not tell you anything about themselves since they are so private. They excel in stocks and other people's investments. This is the person who slithers into the room and makes eye contact immediately. The sexy model on the cover of Vogue, Elle, or this magazine is, of course, is a Scorpio. They also have a mind like a bank vault.

Sagittarius 11/23-12/21

Last month's emphasis on the dynamics of your business relationships continues to play an influential role in July. The next five months brings major changes in your job, or perhaps, a consideration for a move? No need to react prematurely. Ease up on advertising your talents until the last week of July and then August allows you to formulate your goals for the coming weeks and then act on them at the New Moon on the 6th. Circle the 28th as eventful.

SUN SIGN SIGHTINGS: Where to find a Sagittarius? At the airport checking in that huge golf bag (autographed by Arnold Palmer), several tennis rackets and a duffel bag of dumbbells (10 pounders each) because strength and notoriety mean everything. Both sexes are into travel and sports, naturally.

Capricorn 12/22-1/19

Your work routine and duties will be demanding the first week so expect to put in some extra hours. Do not neglect the family get together on July 4th. You will have to consent to the request of others this month including business associations now. August has you alternating your social life with your business life because you know the right people in the community and have established a solid reputation. Expect some recognition for that and more emphasis is placed on small businesses month.

SUN SIGN SIGHTINGS: The average Capricorn is conservative and into time management and quality. Check their wrists and you'll spot no Mickey Mouse watch for them. It is diamond Rolex, at least, yet would you believe they save coupons and split lunches? You'd better be nice to them because someday they will either be your boss or buy you out.

Aquarius 1/20-2/18

This month is surprisingly productive, in spite of some retro planets and out of control world affairs. Use mid-month July to improve your products or services. Do some research on what the coming trends in businesses are for the fall season. Your social connections can be more important than the want ads or job searches this month. August is all about them. You'll need others this month like interacting with local associations, charitable functions and any work-related events will be crucial. Dress up and show up.

SUN SIGN SIGHTINGS: An Aquarian is their own person doing their own thing their own way. They are the zany designers, the tech gurus, the humanitarian organizing charity events. Check out the gal who arrives at the meeting carrying a Fuchsia Ostrich leather laptop cover or the guy wearing a collectible Jerry Garcia necktie. It's got to be an Aquarian. Like Sinatra, they do it their way.

Pisces 2/19-3/20

Your professional work family is where the changes are taking place this month. You should be more verbal and out there, so you can see where some needed improvements should be made. The pace of work may slow down a bit, by the third week. July is best for fact-gathering and research. Want some escape time? Circle the 23rd In August you can take your time and let others take the lead. Your intuitive sense can open doors of new opportunities by mid-month. Be prepared to work under some demanding conditions or having to make some compromises. It is all necessary and it's all good.

SUN SIGN SIGHTINGS: Oh, there she is, prancing around in those pyramid-high platform shoes, with red painted soles. Or, there he is wearing the latest black and white winged-tip spectator shoes. Both are into feet and painted toenails. It symbolizes how much they love to have fun with others.

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