

# **University of North Texas**

1. The Awkward Dance of Church and State – David Shields (2 sessions)

Thursday, September 4 & 11: 10:00am - 11:30am

Robson Ranch Main Clubhouse

In March of this year Fred Phelps, founding pastor of the Westboro Baptist Church in Topeka, KS died and David and Barbara Green, owners of Hobby Lobby stores, filed a suit on religious grounds with the Supreme Court. Both of these incidents, though radically different, are related to issues of the separation of church and state. This course will explore some the history behind the "anti-establishment" clause of the First Amendment and why it continues to raise different and complex issues.

David S. Shields is a retired Presbyterian Minister. He began his career as a pastor in Skiatook, OK and Oklahoma City, OK. He then served in staff positions in New Jersey, New York City, Indiana, Illinois and Minnesota. Following retirement he served as an Interim Pastor in St. Paul, MN. Since moving to Argyle, he has taught classes in Science and Theology and the Reformation at his home church, Trinity Presbyterian, and a course on Religion in the Public Square for the Emeritus College and First United Methodist Church.

2. The Sleeping Beauty: The Iconic Classical-Romantic Ballet and Texas Ballet Theater - Janice LaPointe-Crump (1 Session)

Thursday, September 4: 1:00pm-2:30pm

Robson Ranch Main Clubhouse

During this exciting session, the history of the ballet in relation to the original fairy tale, master choreographer Marius Petipa's technical innovations and the many spectacular production values will be shared. Shown will be excerpts of Petipa's choreography as handed down from dancer-to-dancer. We will anticipate how Stevenson's brilliant, creative and thoughtful interpretation will bring even more excitement and theatrical pleasure to the essential theme of Virtue. The fairy tale and the Brothers Grimm's interpretation are about the innocent Princess Aurora and the struggle between good (personified by the Lilac Fairy) and evil (personified by Carabosse). The final act brings delight and humor to the serious tale when various playful storybook characters tumble onto the stage.

Video excerpts and simple gesture participation enhance the descriptive overview of the history, synopsis, stories and innovative theatrical conventions. Information about how to purchase tickets to the TBT production will be shared.

Janice is professor emerita, Texas Woman's University School of the Arts – Dance. She trained in classical ballet, performing with the Allegro American Ballet and Lyric Opera

Ballet in Chicago. There she performed roles in Swan Lake, Giselle, Coppelia, Les Sylphides and solo dances from The Sleeping Beauty. She is a cultural dance historian and has published three dance textbooks, one of which is *The Essentials of Ballet*. She is an officer of the Dance Council of North Texas and has the great pleasure of choreographing occasionally for the Denton Community Theatre and Music Theatre Denton, frequently collaborating with her set designer husband, Gail Crump. Her latest productions are *Spamalot* (2014) and *The King & I* (2013).

# 3. Dream Work- Troy Dale (1 session)

Thursday, September 4: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

This lecture is designed to encourage people to understand the importance of the messages contained in dreams. Methods for recalling dreams and interpreting their meaning will be discussed.

Troy Dale has a Bachelor's of Music and Masters of Education from Texas Tech University. He was trained in Dream Work by Joseph Dispenza, co-founder of Life Path Retreats in San Miguel de Allende, Mexico, and did 3-day intensives in 2003. He has been teaching Dream Work through the Adult Education Program at Lewisville ISD ever since and has facilitated several dream groups.

# 4. Playing with Language – Charles B. Martin (1 session)

Monday, September 8: 10:00am-11:30am

RTFP University Theater 110

Although the main purpose of human language is to convey basic information, some of the most enjoyable uses are those in which we "play" with words: poetry, humor (jokes, double entendres, bumper stickers, and cartoons), satire, limericks, palindromes, proverbs/maxims, puns, put-downs, back-handed compliments, tongue twisters, nonsense words, etc. Copious examples will illustrate each category. Come join the fun.

Dr. Martin taught English language and literature for 45 years, the last 35 at UNT.

#### 5. **Evening with the Presidents -** *Tom Tweeddale* (2 sessions)

Tuesday, September 9: 10:00am – 11:30am & 1:00pm-2:30pm Robson Ranch Main Clubhouse

This class is about American history for the trivia buff based on the succession of the presidency.

Tom Tweeddale is a former dance and private pilot ground school instructor with UNT (28 years). He was an airline pilot for 36 years, one presenting American and Texas history lectures to college, library, and retirement center audiences.

#### 6. Collecting America's First Best Seller – Spencer Keralis (2 sessions)

Tuesday, September 9 & 16: 2:45pm – 4:15 pm Robson Ranch Main Clubhouse

Susanna Rowson's seduction novel *Charlotte Temple* was the greatest steady-seller in pre-*Uncle Tom's Cabin* America. With more than 200 editions in the nineteenth century, the novel has remained continuously in print since 1794. Participants in this course will read the novel and one essay on the history of illustrations of the novel to discuss the novel's significance. Participants will also have the opportunity to examine a number of nineteenth and early twentieth century copies of the novel from the instructor's collection, and to learn about how collectors look for different things from these artifacts than do book historians.

Spencer Keralis is a literary historian whose work explores antebellum American literature and material culture; and the implications of social media, digital curation, and data management for the future of the humanities. He is currently Research Associate Professor with the UNT Libraries.

# 7. Sustainable Senior Living: USA & Mexico- Stan Ingram (1 Session)

Wednesday, September 10: 1:00pm-2:30pm RTFP University Theater 110

This class will first introduce the concepts of energy / water conservation in housing, as well as renewable options and how to evaluate various options to lower your bills. Second, as more retirees cannot afford to retire in the USA, what are the options for retirees to relocate to Mexico and other lands? What do retirees do to create a meaningful life in Mexico?

Dr. Stan Ingman has been teaching, performing community service, and research in gerontology for 45 years. He has recently created a volume on Sustainable Senior Living. He is a professor of Applied Gerontology and Editor of Sustainable Communities Review and Sustainable Senior Living.

#### 8. Classical Music Comes to America–Max Morley (3 sessions)

Thursday, September 11, Tuesday, September 16, & Thursday, September 18: 1:00pm – 2:30pm

#### Robson Ranch Main Clubhouse

This class will be an audio-visual class focusing on America's early exposure to European classical music and following its growth through the 20th century. This story is laced with interesting history, and some of it is off the beaten path of typical music history lessons. You are probably aware that Thomas Jefferson was an enthusiast for fine music, and he was an accomplished singer and violinist. Do you also know that Patrick Henry, George Washington, and Benjamin Franklin played the violin? The stories that I have chosen are linked together by Americans who wanted to bring musical quality and musical sophistication into their communities and into their lives. There was no mass movement

and no master plan. Each instance happened in a very American way. And the impulse can be traced to the work and aspirations of dedicated individuals who gathered resources to make lives better.

Dr. Max Morley retired from the School of Music at Stephen F. Austin State University in 2009. He held three positions at SFA: 20 years as trumpet specialist; 15 years in Arts Programming and Development; and five years teaching music history and literature. He holds the degrees, BM, MM, and DMA from the University of North Texas.

# 9. Cyber Threats and Cybersecurity—Branon Dunn (1 session)

Thursday, September 11: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

Cyber Threats and CyberSecurity will overview computer and Internet security threats from a global, community, and personal level. The class will offer insight into this complex and rapidly changing subject by briefly discussing key historical security events, reviewing current hacking by state agencies worldwide, by patriotic hacking groups, and by criminals looking for financial gain. The class will also look at what individuals can do to help protect their critical information. Current trends that will shape security concerns in the near future will be discussed. Although not specifically a "how to" class, general best practices for personal cybersecurity will be reviewed.

Branon Dunn is a retired Semiconductor engineer with 35 years of design and computer aids experience. He holds recent computer certifications in Microsoft Enterprise and Desktop Administration, Cisco Network Administration, and Comptia Security and Network administration. He received a BS in Electrical Engineering from Texas A&M University, masters' level courses in Computer Science from University of Texas at Arlington, and an MBA from University of Dallas.

#### 10. Medicare - Do you know all you need to know?— Janet Henning (1 session)

Monday, September 15: 10:00am-11:30am

RTFP University Theater 110

Medicare is more complex than it used to be. You may have made some decisions about your coverage, but they should be reviewed periodically. Are you taking advantage of all the Medicare benefits provided for you? Do you know about the gaps in your health care coverage?

Dr. Henning has a PhD in Applied Gerontology, UNT, 15 years of experience at North Central Texas Area Agency on Aging as a Benefits Counselor, program supervisor, and coordinator of various projects designed to assist people age 60 and older.

# 11. Sensible Guide to an Active, Aging Lifestyle- Jean Seward (2 Sessions)

Monday, September 15 & 22: 1:00pm - 2:30pm

RTFP University Theater 110

This class is 5th in a series of sensible guides to optimal aging. Information on benefits of staying active and the importance of eating healthy food will be presented. Individual assessments will be performed on all class participants including muscle strength testing, flexibility measurement, walking, and balance analysis. Nutrition assessment and the importance of a healthy diet to staying active will be discussed. The sensible guide tool kit will be filled with both physical and motivational means to achieve a healthy and active lifestyle. Come and join the group as we explore the ways to age in community with grace and strength.

Jean Seward, P.T., is President, Owner & Program Director of Seniors in Motion, Inc. She is a graduate of the Mayo Foundation School of Physical Therapy and has been practicing in the Denton area for 36 years.

# 12. A Condensed History of Money and Banking in the US from 1790-2010 – David Higgins (2 sessions)

Tuesday, September 16 & Thursday, 18: 10:00am-11:30am Robson Ranch Main Clubhouse

The evolution of banking and control of the national currency is a series of failed experiments, economic crises, notable successes, and often a war pitting avarice and deception against noble intent and top caliber thinking. It is a stop-and-start process imbedded in our citizenry's long-standing suspicion of concentrated financial power. It bears witness to the political maneuvers of Alexander Hamilton and Thomas Jefferson, the memorable hatreds of Andrew Jackson and his distrust of banks, and the splendid oratory of William Jennings Bryan during the campaign for free silver. The financial collapses of the 19th century created hardships for Americans that far exceeded the impact of the 2008 economic decline precipitated by the mortgage crisis and the decline of real estate values, and these will be described. Banking and money constituted a wild west of finance until the establishment of the Federal Reserve System in 1913.

After recounting this saga, an outline of how our system of banking and monetary control is organized today will be presented; what the various Federal agencies are, their particular responsibilities for (hopefully) ensuring financial soundness, and how they interrelate with one another. Legislative initiatives to create and charge agencies tend to be clumped. In the 20th and 21st centuries, the important energizing events were the election of Franklin Roosevelt and a Democratic congress in 1932, the attempt to control drug money laundering in the 1990s and early 2000s, and actions designed to secure the financial system and quarantine the funds of national enemies following the Muslim attacks in September 2001. Diagrams will be used to connect the interrelationships among the Federal agencies.

David P. Higgins earned his doctorate in financial management and investments from the University of Texas at Austin. He served on the faculties of Arizona State University, the University of Wisconsin, and the University of Dallas. His specialty areas are

the keys to financial performance, the creation and maintenance of business value, effective working capital management, treasury management, business economics, and investments. David is author of Essentials of Treasury Management, 2nd Ed., and a desk reference for treasurers and the body of knowledge tested on the Certified Treasury Professional credentialing examination. He and his wife Peggy are retired and reside in Denton.

#### 13. Disasters and Emergency Preparedness— David McEntire (2 sessions)

Wednesday, September 3 & Monday, September 8: 1:00pm – 2:30pm [NEW CLASS DATES] RTFP University Theater 110

Many types of hazards - tornadoes, hazardous materials spills or terrorist attacks - may threaten us. This seminar discusses these events and provides information on how individuals and communities respond to disasters. Important case studies in emergency management will be explored. Special emphasis is given to personal preparedness measures to keep you safe and ready in case the unthinkable happens.

Dr. David McEntire has taught emergency management for 15 years and he is the author of 5 books and over 100 articles. Dr. McEntire was recognized by his peers as the recipient of the Wayne Blanchard Award for Excellence in higher education. Dr. McEntire has studied disasters in California, New York, Haiti, Peru, the Dominican Republic and elsewhere around the world.

# 14. Photography Collections at UNT Libraries- Morgan Gieringer (1 Session)

Wednesday, September 17: 1:00pm-2:30pm UNT Willis Library, 4<sup>th</sup> Floor

The special collections department at UNT Libraries houses extensive collections of original photography. This class will look at examples of different forms of photographic mediums such as daguerreotypes and cabinet cards, as well as view examples of images from the Byrd Williams collections and the Horse Country collection. Attendees will also have an opportunity for a guided tour of the Clark Family collections, on exhibit in the reading room during the fall semester.

Morgan Gieringer joined UNT Libraries in 2012 to serve as Head of Special Collections. Prior to joining UNT Morgan served as Senior Archivist for the Dole Institute of Politics at the University of Kansas. In other past positions Morgan has served as archivist for the Missouri Historical Society and the General Federation of Women's Clubs. Morgan was awarded certification from the Academy of Certified Archivists in 2006 and was selected to attend the Archives Leadership Institute in 2008.

#### 15. **Top 12 Estate Planning Mistakes**– *Leigh Hilton* (1 session)

Thursday, September 18: 2:45 pm – 4:15pm

Robson Ranch Main Clubhouse

Top 12 Estate Planning Mistakes: How to detect and avoid them is one of the more popular speeches that Leigh Hilton gives. It covers issues such as who can make healthcare and financial decisions, protecting your spouse and children in a second marriage, Medicaid and Veteran's benefits, tax deferral benefits of retirement plans to name a few.

Leigh has over 19 years of legal experience in Estate Planning and Probate. Leigh routinely prepares simple estate plans as well as very complicated wills and trusts for high wealth individuals as well as helping with Medicaid and Veteran's planning. She was born in Dallas and grew up in Denton. Leigh graduated with a Bachelor of Science from the University of North Texas with honors in 1989 and graduated Summa Cum Laude in 1992 from South Texas College of Law in Houston, Texas. She is a member of Wealth Counsel, National Association of Elder Law Attorneys and Elder Counsel as well as an Accredited Estate Planner with the National Association of Estate Planners and Councils.

# 16. What is Trash and What Happens After They Take It Away?— Fred Busche (1 session)

Monday, September 22: 10:00am – 11:30am

RTFP University Theater 110

All trash does not go to the landfill like it used to. This is a presentation that addresses the history of trash and how it is handled now in comparison to the past. Also, we will talk about the benefits of recycling and new landfill designs.

Dr. Fred Busche has a PhD in Geochemistry from the University of New Mexico, with concentration in the study of meteorites, lunar samples and the potential presence of life on celestial bodies other than our own. His work history included work supported by a grant from NASA, exploration geologist with Shell and Westinghouse, research manager for the US Environmental Protectional Agency, and 10 years with IBM concentrated on the use of Discovery Based Mathematical Algorithms to understand why people do what they do. Currently he is the CEO of WinTechGeo, a small business that concentrates on consulting associated with Microbiological Enhanced Oil Recovery.

# 17. **The Constitution** – *Tom Tweeddale* (2 sessions)

Tuesday, September 23: 10:00am – 11:30am & 1:00pm-2:30pm Robson Ranch Main Clubhouse

This course is an introduction to the U S Constitution. It is a presentation of the 7 articles of the Constitution, their subsections and clauses as well as the 27 amendments with dates and backgrounds. Attendees will leave with a better understanding of our governing document and respect for its authors. They will also learn why the Constitution was amended when it was and what the hoped-for outcome was for the amendment.

Tom Tweeddale is a former dance and private pilot ground school instructor with UNT (28 years). Airline pilot for 36 years, one presenting American and Texas history lectures to college, library, and retirement center audiences.

#### 18. Immigration Through the Port of New York - Susan Schwartz (1 session)

Tuesdays, September 23: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

More immigrants entered the U.S. through New York than through any other port. Learn the history of Castle Garden, the Barge Office and Ellis Island and how to find your ancestors in these records.

A retired educator and avid genealogist since 1999, Susan has been happily researching numerous family lines. She has taken many genealogy courses, both in person and online, and has attended a number of local, state and national genealogy conferences. She currently serves as President of the Robson Ranch Genealogy Club and as the DAR Benjamin Lyon Chapter Lineage Research Chairperson; conducting courses and mentoring other researchers.

#### 19. Frogs and Toads of the Denton County Area – Scott Kiester (2 sessions)

Wednesday, September 24 & October 1: 1:00pm – 2:30pm

RTFP University Theater 110

The first class will concentrate on the classification, history, physiology and biology of amphibians. The second session will review and discuss the different frog and toad species found in the Denton County area, including information on activity, habitat, breeding habits and reviewing the calls of each species. This session will end with an introduction to the Texas Amphibian Watch program and the opportunity for class participants to become involved. An evening field trip to listen for frogs and toads in the outdoors will be offered to class participants within two weeks of the final class. The field trip will be to the Bittern Marsh at LLELA near Lewisville.

Scott has Bachelor's and Master's degrees in geology and is retired from the energy industry. He is currently completing a second Master's degree in Conservation Biology through Green Mountain College. He has been a Texas Master Naturalist since 2003 and has been involved with Texas Amphibian Watch as a volunteer and instructor since 2004.

#### 20. Ancient Near East Creation Stories – *Greg Hawk* (2 sessions)

Thursday, September 25: 10:00am – 11:30am & 1:00pm-2:30pm Robson Ranch Main Clubhouse

Numerous ancient Near East creation stories, including the origin of humans, predate and influenced the writing of the Old Testament Genesis accounts. Stories from older regional powers, such as Greece, Egypt, Assyria and Babylon will be presented and compared and contrasted with the Biblical accounts in Genesis.

Greg Hawk has a BA in psychology from Moorhead State College and a BS in chemistry from the University of Texas at Austin. He is the Director of Environmental Services at Scientific Consulting Labs. He has had a lifelong interest in the origin and evolution of ideas and the effects of scientific discoveries on religious beliefs.

# 21. **Leaving a Legacy** – *Leigh Hilton* (1 session)

Thursday, September 25: 2:45pm – 4:15pm

Robson Ranch Main Clubhouse

This class will discuss how to pass your values on to the next generation, and will cover ethical wills and incentive trusts and charitable giving.

Leigh has over 19 years of legal experience in Estate Planning and Probate. Leigh routinely prepares simple estate plans as well as very complicated wills and trusts for high wealth individuals as well as helping with Medicaid and Veteran's planning. She was born in Dallas and grew up in Denton. Leigh graduated with a Bachelor of Science from the University of North Texas with honors in 1989 and graduated Summa Cum Laude in 1992 from South Texas College of Law in Houston, Texas. She is a member of Wealth Counsel, National Association of Elder Law Attorneys and Elder Counsel as well as an Accredited Estate Planner with the National Association of Estate Planners and Councils.

#### 22. Learn, Laugh, Live Longer – Anita Hawley and Anita Washburn (2 sessions)

Monday, September 29: 10:00am – 11:30am & 1:00pm-2:30pm

RTFP University Theater 110

Anita Hawley will present the benefits of humor in our everyday life. New additions will include humor's influence on recovery from heart disease and cancer. Come prepared; active participation will be required come to gain new insights and be entertained!

Anita Washburn will co-lead this class, introducing laughter exercises and the healthy benefits of laughter. Group exercises have been added. Most of the activities may be done while seated. Please wear comfortable clothing.

Anita Hawley holds a Master's degree in Education and Gerontology from the University of North Texas. As a school teacher, she utilized humor as an effective learning tool teaching English. She has also used humor in her professional and volunteer work with the elderly population.

Anita Washburn is certified as a Laughter Yoga Leader in June 2012. She has presented programs to the Denton County Health Department, Good Sam on Hinkle and currently leads a weekly group at Seniors in Motion Denton.

# 23. Immigration Through Ports Other Than New York- Susan Schwartz (1 Session)

Tuesday, September 30: 10:00-11:30am

Robson Ranch Main Clubhouse

Although many immigrants entered the U.S. through New York, significant numbers entered through other ports. Learn the history of these other immigration ports and where and how to access these records.

A retired educator and avid genealogist since 1999, Susan has been happily researching numerous family lines. She has taken many genealogy courses, both in person and online, and has attended a number of local, state and national genealogy conferences. She currently serves as President of the Robson Ranch Genealogy Club and as the DAR Benjamin Lyon Chapter Lineage Research Chairperson; conducting courses and mentoring other researchers.

# 24. London Monsters- Peter Johnstone (2 Sessions)

Tuesday, September 30 & October 7: 1:00pm-2:30pm Robson Ranch Main Clubhouse

This class will investigate the lives of two London criminals. One of these criminals was the 'other' Jack the Ripper, a deranged attacker who, in spite of his best efforts, never fatally wounded his victims. If he had, then this Ripper would be far more famous than his Whitehall namesake. The second meeting will consider the work of the infamous barber of Fleet Street and his pie-making mistress Elizabeth Lovett. Did they really exist or is it fiction...and if it is then who was the man that hanged on the gallows for cutting his client's throat in a barber's shop in the early nineteenth century?

Dr. Peter Johnstone has Master's Degree in International Criminal Law (England), Master of Philosophy in History (Colonial Law in America) (France) Ph.D. in Comparative Law (England). He is a member of the Inns of Court of England. He has written books (four of which are currently used by UNT students in my classes) and has experience of teaching in England (Law School), France, Lithuania, Holland and the US. Dr. Johnstone is currently working on a second Ph.D. (Medieval Ecclesiastical Privilege) at the Institute of History, University of Leiden, Holland. Peter is Professor of Criminal Justice at UNT and Scholar-in-Residence at the Caruth Police Institute, Dallas.

# 25. Radio Hour- Don Vann (2 Sessions)

September 30: 2:45pm-4:15pm and October 30: 1:00pm-2:30pm Robson Ranch Main Clubhouse

Most of us have fond recollections of radio programs in the 1940s, '50s, and early '60s. You probably spent happy hours listening to the hilarious comedies, *Fibber McGee and Molly, The Great Gildersleeve*, and *Jack Benny*. Or how about westerns: *Gunsmoke, Tales of the Texas Rangers*, and *Frontier Gentleman*. Come join Dr. Vann to listen to some of these classics. He will give some background to each series and information about the actors. The programs will last about an hour, leaving another half hour for discussion. You may want to share your memories of those glorious days.

Dr. J. Don Vann is a UNT Professor Emeritus and Regent's Professor. With a primary interest in Victorian literature, he is the author or editor of eight books and dozens of articles. He admits to loving all literature.

#### 26. **5 Billion Years of Earth History**- *Fred Busche* (1 Session)

Wednesday, October 1: 10:00am-11:30am

RTFP University Theater 110

The Earth has been around for over 5 Billion Years. Life has progressed from little bitty micro-organisms through giant beasts to now, with the arrival of man, the most intelligent species that we know exists in the Universe. How did we progress through the varieties of life to get to where we are today? How did the Earth change over time such that this progression of life was able to occur? Those are the topics that will be addressed in this class.

Dr. Fred Busche has a PhD in Geochemistry from the University of New Mexico, with concentration in the study of meteorites, lunar samples and the potential presence of life on celestial bodies other than our own. His work history included work supported by a grant from NASA, exploration geologist with Shell and Westinghouse, research manager for the US Environmental Protectional Agency, and 10 years with IBM concentrated on the use of Discovery Based Mathematical Algorithms to understand why people do what they do. Currently he is the CEO of WinTechGeo, a small business that concentrates on consulting associated with Microbiological Enhanced Oil Recovery.

# 27. **Drift Towards War: 1850-1860-** *E.R. Milner* (1 Session)

Thursday, October 2: 10:00am-11:30am

Robson Ranch Main Clubhouse

This class will be about the period between 1850 and 1861 that drove an increasing wedge between the north and south resulting in the Civil War.

Dr. Milner has 35 years of experience teaching in colleges and universities (UNT as teaching fellow and later as adjunct; Tarrant County College as Prof of History, Dept. Chair, and Editor of Tarrant County Historical Review in Ft Worth; and Mountain View College as a part timer while completing his Ph. D. at UNT).

# 28. What Do You Know About Food Safety?- Jo Anne Cassell (1 Session)

Thursday, October 2: 1:00pm-2:30pm

Robson Ranch Main Clubhouse

Unfortunately, food safety has become an issue of increasing importance in the United States. Sometimes, this is a home kitchen issue. In some cases, food safety issues occur in "take-out" foods or restaurant kitchens, or the cause may be in processed food purchased in a grocery or from a farmers market. Whatever the cause, the U.S. Centers for Disease Control (CDC) reports more and more incidents and cautions consumers to be more aware of what

foods they purchase and what foods they consume. This class will look at some ways to prevent foodborne illness.

Dr. Cassell is a nationally known writer and speaker on the subjects of food history, food habits, and nutrition. She is recently retired from TWU. Over the years, she has been a consultant to both government, non – profit organizations, and industry. She has written three books, published scientific papers and nutrition – related articles, as well as web pages and instructional materials. She was the editor of a professional nutrition journal for six years. Dr. Cassell has been a speaker for national defense, state, and local groups, and a frequent guest on both local and national radio and TV.

#### 29. Meditation 101- Candy Wade (1 Session)

Thursday, October 2: 2:45pm-4:15pm

Robson Ranch Main Clubhouse

If you can sit in a chair, you can meditate. Come learn about the connection between inner peace and overall health, stress, and success. It's push-ups for the brain!

Candy Wade is a retired teacher whose heart is still in teaching. She owns and operates an in-home care company since 2006. She presents all over the DFW area on health related topics.

## 30. **Origins of Civilizations**- *Reid Ferring* (4 Sessions)

October 6, 8, 13 & 15: 10:00am-11:30am

RTFP University Theater 110

The rise of early civilizations in the Near East and Mesoamerica is essentially the story of two independent worlds—worlds where we can archaeologically explore the fascinating saga of culture change, gaining insight into the nature of human culture itself. We will track the records of those two regions, from the domestication of plants and animals, to the first villages and ceremonial centers, and finally to the emergence of kings, city states and empires. How were economic and population changes shaped by advances in technology, trade and writing? How did the religious and secular elite gain and hold control over those societies? How do art and architecture reveal the belief systems that evolved over the millennia? What do we share in common with those ancient civilizations? What can we learn from them?

Dr. Reid Ferring has been at the University of North Texas for 32 years, teaching geology and archaeology. He earned a Ph.D. in Geology from University of Texas at Dallas and taught the Geology of Texas for many years. His research includes the geology of the Trinity River and geology-archaeology in the Republic of Georgia.

# 31. Music of Mexico: The Mariachi Tradition- José R. Torres-Ramos (1 Session)

Monday, October 6: 1:00pm-2:30pm

RTFP University Theater 110

Mariachi is a folk music tradition that began as a rural folk style transforming to a global icon for Mexican national and cultural identity. This course will trace the development of mariachi from its rural origins through its modern development within the medium of radio, television, and film. Topics will include cultural identity formation, nationalism, transnational migration and mariachi's positioning within US public school music programs.

José R. Torres-Ramos is a PhD student in Music Education and Ethnomusicology. His research focuses on cultural diversity, culturally responsive teaching, and vernacular music styles. He is the 2014 Perry R. Bass Fellowship in Music Education award recipient.

#### 32. Pain Management- Kirsten Kaae (1 Session)

Tuesday, October 7: 10:00am-11:30am

Robson Ranch Main Clubhouse

Pain is a fact of life for many. It takes your energy and shrinks your world. There are many ways to manage pain with and without professional help and use of medications. Barriers to living pain-free include misconceptions, pride, and fear of addiction. Don't let pain steal your Joy.

Kirsten Kaee is a Registered Nurse and Licensed Professional Counselor with more than 20 years of experience in end-of-life care and grief support. She is currently providing inhome consultations, education and therapy.

#### 33. Islam in America- Spencer Keralis (3 Sessions)

Tuesday, October 7, 14, & 21: 2:45pm-4:15pm

Robson Ranch Main Clubhouse

This course examines the role Islam has played in American culture from the colonial period, through the nineteenth century, and into the present. Perspectives are derived from historical research, primary source documents, and personal memoirs. Participants will have the opportunity to learn the historical contexts of Islam in America through short lectures, and to engage in lively discussion of the selected texts, to develop a more thorough understanding of how Islam has always been present in American society.

Spencer Keralis is a literary historian whose work explores antebellum American literature and material culture; and the implications of social media, digital curation, and data management for the future of the humanities. He is currently Research Associate Professor with the UNT Libraries.

# 34. Mind-Body Connection - Lin Weinberg & Nancy Little (1 Session)

Wednesday, October 8: 1:00pm-2:30pm

RTFP University Theater 110

Does what we think habitually impact our health and quality of life? If so, how? And does research show that changing our thoughts and our feelings can significantly impact our wellness, prosperity, and relationships? If so, how can we systematically begin to choose more life-enhancing thoughts and feelings? In this class, we will look at what research is showing us about the mind-body connection. We will also look at strategies for taking control of our thinking.

Lin Weinberg has Master's Degrees in Communication and English Literature / Rhetoric. She is a licensed spiritual educator through the Unity Worldwide Movement for Positive Living. Nancy Little has her doctorate in Counseling. During her career at UNT, Nancy taught master's level counseling classes, directed an academic support program, and offered workshops for employees. Like Lin, Nancy is a licensed spiritual educator through the offices of Unity.

# 35. Texas in the Civil War- Richard McCaslin (1 Session)

Thursday, October 9: 10:00am-11:30am

Robson Ranch Main Clubhouse

The Civil War deeply affected Texas as a state of the short-lived Confederacy. Texans fought with distinction in all theaters of the war, and they won three battles within the Lone Star State. At the same time, efforts to suppress dissent within Texas, which were often violent, complicated the legacy of the war for postwar generations.

Dr. Richard B. McCaslin is a professor in and chair of the Department of History at UNT. He has published more than a dozen books on Texas, the Civil War, and other topics. His work has earned many awards, and he is a Fellow of the Texas State Historical Association.

#### 36. Elder Law Boot Camp - Richard Barron (3 Sessions)

Thursday, October 9, 16 & 23: 1:00pm-2:30pm

Robson Ranch Main Clubhouse

The classes are designed to educate adults and/or families on some of the common legal mistakes, myths and concerns related to aging. Information covered includes wills, powers of attorney (financial and medical), advance healthcare directives, trusts, legal asset protection, government benefits (Veteran's Benefits and Medicaid) and probate issues.

Richard M. Barron, JD has been a member of the State Bar of Texas since 1981 and is an Accredited Attorney with the Department of Veterans Affairs. He is a member of the National Academy of Elder Law Attorneys.

# 37. Democracy, Constitutions, and the Paradoxes of Freedom- John Booth (1 Session)

Thursday, October 9: 2:45pm-4:15pm Robson Ranch Main Clubhouse

Drawing on classical political theory and contemporary politics, this class will discuss the meaning of the term "democracy" (rule by the people) and some of its surprising implications. The class will then examine a constitution's critical role in taming democracy's potential for excess. The audience will discuss some of the paradoxes of constitutional democratic rule, such as limiting some freedoms in order to preserve others.

Dr. John Booth is Regents Professor Emeritus of Political Science, UNT. He has Ph.D. in Government from the University of Texas at Austin; taught at UT San Antonio and UNT from 1975 through 2011. For 37 years, he has taught American politics. He is also a specialist in Latin American politics, democratization, revolution and political violence.

# 38. Treasures of the UNT Music Library- Mark McKnight (1 Session)

Monday, October 13: 1:00pm-2:30pm UNT Willis Library, 4<sup>th</sup> Floor

Dr. McKnight and his colleagues will give an overview of the various types of special materials available in the UNT Music Library, from vintage sheet music, sound recordings, artifacts related to our various collections, including Leon Breeden, Willis Conover, Maynard Ferguson, among others.

Dr. McKnight is head of the UNT Music Library and Adjunct Instructor in the UNT College of Music. He holds a Ph.D. in Musicology from Louisiana State University and an M.S. in Library and Information Science from the University of Illinois.

# 39. Waltz: History, Music, & Demonstrations - Henry Evans (1 Session)

Tuesday, October 14: 10:00am-11:30am Robson Ranch Main Clubhouse

This class will have slide presentations of waltz history and waltz music, demonstrations of various Waltz styles, and will explain and demonstrate foot positions, body mechanics, connections, etc.

Henry Evans has danced at state and regional levels in dance competitions. He has taught dance classes and workshops for 20 years in 17 different dances in Latin, Swing, Ballroom and Country/ Western. He has written articles for *Big D Dance Newsletter* for three years.

# 40. **History of the Chisholm Trail**- *Jean Greenlaw* (1 Session)

Tuesday, October 14: 1:00pm-2:30pm

Robson Ranch Main Clubhouse

Though the Chisholm Trail occupied a brief span of time, its history resonates in our mythology of the West. The class will cover the men who had a significant role in creating the Chisholm Trail, as well as the life that was lived by the cowboys who traveled it.

Dr. M. Jean Greenlaw grew up in Pennsylvania and received a B.A. (1962) and M.A. (1965) from Stetson University; she earned her doctorate at Michigan State. Jean, an expert in children's literature and reading, taught in public schools and was an active member of the University of North Texas faculty from 1978 until her retirement in 2005. In 1987-88, UNT awarded Jean the title of "Regents Professor," given to those who have performed outstanding research or teaching; today she holds the title of UNT Professor Emeritus of Teacher Education and Administration.

#### 41. The 2014 Healthy Diet: High Protein? High Fat? Or...?- Jo Anne Cassell (1 Session)

Wednesday, October 15: 1:00pm-2:30pm

RTFP University Theater 110

Media advertising and popular books often suggest that a specific food, beverage, or nutrient will ensure good health, the prevention of some specific diseases, even extend our life. Unfortunately, there is little science to support these claims. We'll take a brief look at some of these messages but spend most of our time exploring recent research about food and nutrient requirements.

Dr. Jo Anne Cassel is a Registered Dietitian/ Nutritionist, Licensed in Texas to provide nutrition care. She is also a writer and speaker on nutrition science, food habits, and other food- related issues as well as a retired faculty member in the Department of Nutrition and Food Sciences at TWU.

#### 42. Fall for Fall Prevention-Laura Wolfe (1 Session)

Thursday, October 16: 10:00am-11:30am

Robson Ranch Main Clubhouse

Have you fallen or are you afraid of falling? Discover the simple and practical ways to mitigate your risk of falling. Find out what simple exercises you can do to increase your balance and flexibility. This is a summary of the free Matter of Balance Program offered in your community through the Area Agency on Aging of North Central Texas.

Laura holds her Ph.D. in Applied Gerontology from the University of North Texas where she both taught and conducted research in aging issues related to hospital readmissions, quality of life, and caregivers. Currently Laura is the volunteer coordinator at the North Central Texas Area Agencies on Aging.

#### 43. Forecasting the 2014 Elections- Patricia (Patti) Richard (1 Session)

Thursday, October 16: 2:45pm-4:15pm

Robson Ranch Main Clubhouse

Congress is wildly unpopular and mired in conflict. Will this influence the 2014 elections? To address this, the class will examine the pattern of voter turnout and other factors that affect midterm (non-presidential year) congressional elections and use the pattern of results in prior midterm elections to provide a framework to look ahead to this November's elections. We will then look at current polling about House and Senate races to arrive at forecasts for the 2014 results.

Dr. Patricia Bayer Richard is Trustee Professor Emerita of Political Science at Ohio University. From 1992-2001, she served as Dean of University College and Associate Provost for Undergraduate Studies. In her scholarly work, Dr. Richard has written extensively about democracy, elections, and campaigns and about reproductive rights. Her current research investigates political participation, support for democratic values, and civil society in Latin America.

# 44. The Human Brain- David Plaut (1 Session)

Monday, October 20: 10:00am-11:30am

RTFP University Theater 110

While many liken the brain to a computer, this is selling the brain short. Can a computer see? Can it discuss free will or "good" and "bad"? Without much discussion of anatomy (very little, actually), we will take a look at how the brain does the remarkable -- sometimes unbelievable, what it does, and how sometimes it goes awry. Bring your brain for a most interesting course.

David has a background in liberal arts (major in literature) and biochemistry (clinical). He has taught several courses for the Emeritus College. In his spare time, he tutors math and science and makes audio recordings for the sight impaired. He also writes two blogs a month in addition to articles and book reviews for various journals.

# 45. Ukraine & the Empire's Western Borderlands in the 21st Century- Milan Reban (2 Sessions)

Monday, October 20 & 27: 1:00pm-2:30pm

RTFP University Theater 110

Losing 300 years of imperial conquest is dismaying to Putin and disorienting for many Russians. Ukraine's fragile realm is in turmoil while Russia seeks to reincorporate it into its sphere. While this will be the primary focus, we will examine the developments in Moldova, Belarus, and the three Baltic states, as Putin seeks to ameliorate what he has characterized as Russia's greatest geopolitical catastrophe. What are the prospects? What of the impact of the U.S., Europe, China, world economy?

Dr. Reban experienced first-hand some of these momentous events and later lived in a political refugee camp in Germany, ultimately immigrating to United States. He has studied various aspects of the widespread displacement of European peoples.

#### 46. Universe or Universes? Strings or Particles?- Fred Busche (1 Session)

Tuesday, October 21: 10:00am-11:30am Robson Ranch Main Clubhouse

New data being collected using the Kepler satellite that looks at the beginning of time or if you prefer "The Big Bang" has muddied the waters with respect to where we came from and where we are going. This lecture will compare the two primary theoretical approaches to explain the history of our Universe or Universes in a way that will enable understanding of the enigma that the theorists have created. How many dimensions are there anyway?

Dr. Fred Busche has a PhD in Geochemistry from the University of New Mexico, with concentration in the study of meteorites, lunar samples and the potential presence of life on celestial bodies other than our own. His work history included work supported by a grant from NASA, exploration geologist with Shell and Westinghouse, research manager for the US Environmental Protectional Agency, and 10 years with IBM concentrated on the use of Discovery Based Mathematical Algorithms to understand why people do what they do. Currently he is the CEO of WinTechGeo, a small business that concentrates on consulting associated with Microbiological Enhanced Oil Recovery.

# 47. **Get More Out of Life**- *Kirsten Kaae* (1 Session)

Tuesday, October 21: 1:00pm-2:30pm

Robson Ranch Main Clubhouse

Do you run out of energy before running out of things you want to do? Learn how to improve your quality of life by conserving, prioritizing, and re-directing your energy.

Kirsten Kaee is a Registered Nurse and Licensed Professional Counselor with more than 20 years of experience in end-of-life care and grief support. She is currently providing inhome consultations, education and therapy.

#### 48. Two Plays by William Igne- Alex Pettit (2 Sessions)

Wednesday, October 22 & 29: 10:00am - 12:00pm RTFP University Theater 110

William Inge (1913-73) was arguably the foremost American dramatist of the 1950s, for a time more popular even than Tennessee Williams. Before fading prematurely into obscurity, he wrote four unquestioned masterpieces: *Come Back, Little Sheba* (1950); *Picnic* (1953); *Bus Stop* (1955); and *The Dark at the Top of the Stairs* (1957). In consecutive class meetings, we will discuss *Little Sheba* and *Picnic*.

Dr. Alex Pettit, University Distinguished Teaching Professor of English, has taught in UNT's English department since 1991.

# 49. Fatherhood: Historical and Global View- Rudy Seward (1 Session)

Wednesday, October 22: 1:00pm-2:30pm RTFP University Theater 110

Parents, parenting, and parenthood have been common themes in historical and classical literature, but the systematic study of parenting by social scientists began with a focus on mothers. In the United States, the roots of fathering studies go back at least to the 1940s with the publication of reports on fathers' attitudes and activities revealed through interviews. Leonard Benson at NTSU (now UNT) in 1968 published the first comprehensive sociological treatment on fatherhood and fathering. Parenting research in large-scale societies initially focused on White, North American, and middle-class mothers and fathers. Building on these roots, interest in and research on fathers, fathering, and fatherhood became more catholic and spread worldwide. As a result extant fathering research is great in depth and breadth. Evidence is available from cultures in every continent. Together the cultures represent over half of the world's population. But the coverage within and between nations varies widely. Uneven coverage makes cross-cultural comparisons difficult but when possible the results often challenge previous assumptions made in Western cultures. Approaches to fathering vary widely from a primary focus on being a disciplinarian and provider to a focus on nurturing child care with many possible types and combinations occurring in between these approaches. Non-Western fathering varies more dramatically than fathering practices in the Western world. Almost all research on fathers across cultures since 1990 indicate rising expectations for greater family involvement and, though more modest, related changes in fathers' conduct. Cultures with more involved fathers tend to be more peaceful and have greater gender equality.

Dr. Rudy Ray Seward, Vice President of the International Sociological Association's Committee on Family Research, has taught, researched the family, and advised students at the University of North Texas (UNT) since 1973. After retirement from UNT in August of 2011, he was designated Professor Emeritus and continues his research, teaching and advising in the Department of Sociology. He completed his graduate training at Southern Illinois University, Carbondale, earning his Ph.D. in 1974 and undergraduate training at Truman State University, Kirksville, Missouri. He has authored a book, book chapters, and journal articles dealing with family issues, including fathers, demographic history, work/life balance, and Irish family plus edited two special academic journal issues on family and father issues. Currently he is researching changes and cross-cultural differences in parent-child relations and the impact of long distance commuting on families. Dr. Seward and Jean Ann Seward, P.T., have two sons and four grandchildren.

# 50. Water Issues for Texas & the Western USA- Thomas LaPoint (2 Sessions)

Thursday, October 23 & Tuesday, October 28: 10:00am-11:30am Robson Ranch Main Clubhouse

This course will introduce participants to critical water issues facing us in the western US – and elsewhere. We will discuss: the hydrologic cycle, why water is important for life, how water is used in municipal contexts and for agriculture, how water is reused, and methods of conservation. We will also discuss international aspects of water use, with the potential for conflict among nations. Part of our discussion will focus on the Trinity River basin as a specific example.

Dr. Thomas LaPoint is an aquatic Toxicologist, with expertise in the effects of chemicals in water on aquatic biota. He also has an interest in water reuse issues and how water is used in agriculture. His educational training has been in aquatic ecology and water pollution.

# 51. Trojan Women- Don Vann (1 Session)

Thursday, October 23: 2:45pm-4:15pm Robson Ranch Main Clubhouse

Many of those who attended Dr. Vann's course on Homer's *The Iliad* and *The Odyssey*. asked that he give another presentation on Greek literature. *The Trojan Women*, first produced in 415 B.C., recounts the events that legend says occurred after the fall of Troy. It is one of the most moving of all Greek tragedies. Antony's preface to his funeral oration for Caesar, "If you have tears, prepare to shed them now," could well apply to Euripides's play, for it is heavy, serious drama. It will make you ponder many aspects of the human condition. A link to the e-text of the play will be provided so that you may read it in advance; however, this is not necessary, as Dr. Vann will give a detailed summary of the play and read many of the major speeches to you. He will also allow time for discussion after his presentation.

Dr. J. Don Vann is a UNT Professor Emeritus and Regent's Professor. With a primary interest in Victorian literature, he is the author or editor of eight books and dozens of articles. He admits to loving all literature.

#### 52. Serial Killers- David Plaut (1 Session)

Monday, October 27: 10:00am-11:30am

RTFP University Theater 110

You will recognize many of these names, but not all of them: Amy Archer-Gilligan, Albert DeSalvo, The Zodiac Killer, Ted Bundy, David Berkowitz, John Wayne Gacy, Jeffrey Dahmer, Charles Manson, Belle Sorenson Gunness and Aileen Wuornos. They tend to have some things in common but it is difficult to profile them. They did have one thing in common — they were all serial killers.

David Plaut has a background in liberal arts (major in literature) and biochemistry (clinical). He has taught several courses for this program. In his spare time he tutors math

and science and makes audio recordings for the sight impaired. He also writes two blogs a month in addition to articles and book reviews for various journals.

# 53. How to Grow, Cook With, and Preserve North Texas Herbs- Barbara Brown (1 Session)

Tuesday, October 28, 1:00pm-2:30pm Robson Ranch Main Clubhouse

Herbs make wonderful landscape and garden plants. Use fresh herbs for dressings, vegetables, meats and fish to add color and flavor to your foods. Many herbs can be grown in landscapes, gardens and containers in North Texas, if provided the right conditions and care. The class will cover general planting, growing and preserving of herbs with a detailed description and recipes for 20 favorite herbs.

Barbara Brown is a Denton County Master Gardener. She serves on the DCMGA Board for communications and is a volunteer for the organization's speaker's bureau and a website author. She has published over 100 articles on gardening for print and web-based organizations.

#### 54. Enjoyment of Symphonic Music - Ron Fink (1 Session)

Tuesday, October 28: 2:45pm-4:15pm Robson Ranch Main Clubhouse

This class will take a classical journey through musical gems of composers from early to contemporary styles. Short music clips (sound bites) selected from over 50 notable composers will be introduced to the audience, with emphasis on some less well known masterpieces. Audience participation will dictate the selections picked for listening, since some of the music is already obviously familiar. Brief mentions of the composer's life and style of writing will accompany his photo on power point while the audio of his music is presented.

Dr. Ron Fink has been a drummer since he was eight years old, and was playing a full drum kit by the time he was ten. He is a graduate of the University of Illinois. At the University of Northern Illinois, he taught Music Appreciation courses prior to coming to UNT. At UNT, he had the honor of 'filling in "for Fessor Graham in the summer he became ill. He is a professor emeritus of percussion, and is a professional musician.

# 55. Actors from the London Stage – Jacqueline Vanhoutte (1 Session)

Wednesday, October 29: 1:00pm-2:30pm

RTFP University Theater 110

The traveling troupe Actors from the London Stage will be on campus as part of the UNT Fine Arts Series the week of October 29. They will be holding several performances of Shakespeare's *Much Ado about Nothing*, among his funniest and most popular plays. This class is scheduled for the day after the first performance. Our focus will be on how a play is

translated from "page to stage." To prepare for class, students should read the play and attend the performance.

Dr. Jacqueline Vanhoutte is an Associate Professor of English specializing in Renaissance literature at UNT. She was the recipient of the English GSEA outstanding teaching award for 2013, the English department's 2011 Preston Award for Outstanding Undergraduate Teaching, and the 2003-2004 Pursuit of Excellence in Teaching Award, awarded by UNT's University Forum on Teaching and Learning Assessment. Her first book, *Strange Communion: Motherland and Masculinity in Tudor Plays, Pamphlets, and Politics*, appeared with the University of Delaware Press. Her second book, *A Companion to Chaucer and his Contemporaries*, written in collaboration with Laurel Amtower, was published by Broadview. Vanhoutte is currently at work on another book, about Shakespeare and Elizabeth I, entitled *Age in Love*.

# 56. Using a Timeline to Tell Your Story- Tom Pryor (1 Session)

Thursday, October 30: 10:00-11:30am

Robson Ranch Main Clubhouse

A timeline is a chronological list of events for a person, husband & wife, or family. On one piece of paper, a timeline lists by year important events that tell the story of a person, couple or family. Timelines are useful to teach grandchildren about your life. Timelines make a great Christmas gift.

The class will cover:

- 1. What is a Timeline?
- 2. What are types of Timelines, e.g., family, business, church, personal.
- 3. How do I use a Timeline?
- 4. What are some examples of famous people's Timelines?
- 5. How do I create my Timeline?
- 6. What methods can I use to create my Timeline?
- 7. What templates are available to create my Timeline?

Tom Pryor is a semi-retired business consultant, UNT adjunct professor of Social Entrepreneurship and author of five books. Being on the cover of BUSINESS WEEK magazine in June 1988 was his 15-minutes of fame and one of the points on Tom's Timeline.

# 57. ID Theft- Harry Woloschin (1 Session)

Thursday, October 30: 2:45pm-4:15pm

Robson Ranch Main Clubhouse

In this class, we will discuss exactly what identity theft is. We will also go over password guidelines, credit reports and scores, security and safety on-line, and resources and help. Please print out Mr. Woloschin's Power Point slides for note taking in the class.

Harry Woloschin has experienced 15 years of teaching Computers and Business classes in the college environment. He has supported similar products at IBM for 20+ years.



# 53. Music and Health: A Sound Relationship- Nicki Cohen (1 Session)

Friday, November 14: 1:00pm-2:30pm

Location: TWU Administration and Conference Tower, 501

In the 21st century, music therapy has emerged as a familiar and viable health care service for patients, related therapists, and medical staff. The lecture will introduce participants to the profession of music therapy, music's therapeutic functions, and clinical populations (e.g., persons with Alzheimer's disease, children on the Autism Spectrum) and settings (i.e., children's hospitals, schools, assisted living facilities) served by music therapists. Participants will experience music firsthand during the lecture. No musical experience is required.

Dr. Nicki S. Cohen joined TWU in 1992, and she serves as the Coordinator of Vocal Studies and Professor of Music Therapy in the Department of Music and Drama. She researches effects of singing on speech production for persons with neurogenic communication disorders, graduate music therapy education, vocal considerations in music therapy practice, and the Bonny Method of Guided Imagery and Music. A regular presenter at professional conferences, Dr. Cohen has been invited to lecture on music therapy both in the United States and abroad. She is active in professional organizations in her field, and her vocal experiences include numerous solo performances around the country.

# 54. Remember When? The Science of Memory- Jyutika Mehta (1 Session)

Monday, November 17: 2:30pm-4:00pm

Location: TWU Administration and Conference Tower, 501

Why can you vividly recall the day your father took you to your first baseball game many years ago but you can't remember where you just put the car keys? We tend not to think about it much, but memory is the seat of consciousness. The process of how we remember, how we forget, and why we remember certain things and not others is a rich subject of scientific inquiry and a fascinating window into who we are and what makes us tick. This session will explore various aspects of memory from its role in learning to the effects of trauma and aging and look at current therapies that aim to improve our memory.

Dr. Jyutika Mehta is Assistant Professor of Speech/Language Pathology in the TWU Department of Communication Sciences and Disorders. She directs the Neurophysiology Lab in The Stroke Center at TWU's T. Boone Pickens Institute of Health Sciences--Dallas. The main focus of the Neurophysiology Lab is to understand the neural correlates of speech and language disorders using electrophysiological techniques in adults and children. Dr. Mehta focuses her research on speech and language representation in typical and atypical brains

# 55. How Do We Talk As We Do? Keeping Your Voice Healthy- June Levitt (1 Session)

Tuesday, November 18: 2:00pm-3:30pm

**Location**: TWU Blagg-Huey Library Reading Room

More or less, we all experience oral communication becoming more effortful as we become older. For example, we recognize that our voices become breathy and weak; and we often need to repeat ourselves more than before. In this session, participants will learn the systems of human speech production, the effects of aging on our voices, and vocal hygiene techniques to take good care of our voices.

Dr. June Levitt is Assistant Professor of Speech/Language Pathology in the TWU Department of Communication Sciences and Disorders. She received her master's degree in Applied Cognition and Neuroscience and her doctoral degree in Communication Sciences and Disorders from the University of Texas at Dallas. Dr. Levitt researches speech production and is currently studying the effects of group voice therapy for individuals with Parkinson's disease, the effects of visual feedback in speech sound learning/remediation, and cognitive processing of the speech sounds.

#### 56. Introduction to Film Noir—John Calabrese (2 sessions)

Thursday, November 20 & December 4: 1:30pm – 3:00pm

**Location:** TWU West Art Gallery

This introduction will explore the characteristics of this distinctive film style and genre by examining character, plot, dialog, atmosphere, lighting and other key elements. Clips of selected films will be used.

Dr. John Calabrese is a Texas Woman's University Full professor of Art History, Aesthetics, Film History and Art Histories Studies Abroad Program.

# 57. The Learner's Journey: Philosophies on Teaching and Learning- Gray Scott (1 Session)

Thursday, November 20: 2:30pm-3:30pm

Location: TWU Blagg-Huey Library Reading Room

Both J. K. Rowling (*Harry Potter*) and Patrick Rothfuss (*Kingkiller Chronicle*) are former English teachers with recent blockbuster fantasy series involving young wizards at schools of magic. Although Rowling and Rothfuss seem to idealize very different kinds of teachers and students, in both stories successful learning seems to follow the same pattern, one that echoes in some ways the famous "hero journey" described by Joseph Campbell. Are there lessons we can learn from these schools of magic about how to educate the young?

Dr. Gray Scott is Assistant Professor of English and Director of First-Year Composition at TWU. Dr. Scott received his Ph.D. at the University of California, Riverside. Dr. Scott's research focuses on writing pedagogies and writing across the curriculum; however, he takes occasional side treks into authorship attribution, assessment, and science fiction/fantasy literature. Another interest of Dr. Scott, reflected in recent collaborations with political scientists, is political rhetoric and political grammar.