A STUDY OF THE ADMINISTRATIVE AND CURRICULUM PROCEDURES USED FOR THE DEVELOPMENT OF SKILLS OF MEN PHYSICAL EDUCATION MAJORS IN STATE SUPPORTED COLLEGES

AND UNIVERSITIES IN THIRTEEN SELECTED
STATES IN THE SOUTHEAST PORTION OF THE UNITED STATES OF

AMERICA

APPROVED:


A STUDY OF THE ADMINISTRATIVE AND CURRICULUM PROCEDURES USED FOR THE DEVELOPMENT OF SKILLS OF MEN PHYSICAL education majors in state supported colleges AND UNIVERSITIES IN THIRTEEN SELECTED STATES IN THE SOUTHEAST PORTION OF THE UNITED STATES OF AMERICA

THESIS

Presented to the Graduate Council of the North Texas State University in Partial Fulfillment of the Requirements

For the Degree of

MASTER OF SCIENCE

By

Hubert Gray Dungan, B. A. Denton, Texas

August, 1969

TABLE OF CONTENTS

$$
\text { LIST OF TABLES . . . . . . . . . . . . . . . . . . . . . . } \mathrm{iv}
$$

Chapter
I. INTRODUCTION . . . . . . . . . . . . . . . . . . I

The Statement of the Study Definition of Toms Purpose of the Study Limitations of the Study Sources of Data
II. PROCEDURES FOR THE DEVELOPMENT OF THE STUDY • • 5

Preliminary Procedures
Selection of Subjects
Construction of Instrument for Collection
of Data
Administering the Questionnaire Collection of Data Treatment of Data
III. PRESENTATION OF DATA . . . . . . . . . . . . . . 9

General Information
Skills Taught in Activity Program Evaluation of Skills
IV. SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS . . . 34

Summary of Study Summary of Findings Conclusions of the Study Recommendations for Future Studies

APPENDIX . . . . . . . . . . . . . . . . . . . . . . 43
BIBLIOGRAPHY . . . . . . . . . . . . . . . . . . . . 57

## LIST OF TABLES

Table
Page
I. Physical Education Major and Minor Students Enrolled in the Institutions Surveyed . . . . 10
II. Staff Members Associated With the Men's Department of Physical Education as Indicated by the Seventy-Eight Institutions Surveyed12

III. Selection of Instructors Based on Proficiency
of Skills They Are to Teach as Revealed
by the Seventy-Eight Institutions

Surveyed ..... 14
IV. Degrees Offered by Institutions Surveyed in Association With the Physical Education Department15
V. Person or Persons Responsible for Determining What Skills Are Taught in the Activity Program as Revealed by the Institutions Surveyed16

VI. Participation in Intcrcollegiate Athletic

Programs as Revealed by the Institutions
Surveyed . . . . . . . . . . . . . . . 17
VII. Responses Concerning the Requirement of

Intramural Athletics as Revealed by the Institutions Surveyed19
VIII. Facilities the Seventy-Eight Institutions of
the Survey Own or Need to Provide
Instruction of Activity Skills
IX. Activity Skills in Which Men Majors Are

Required to Demonstrate Proficiency as
Indicated by the Seventy-Eight
Institutions Surveyed . . . . . . . . . . . 22
X. Range of Activicy Classes for Students With

Different Levels of Ability as Indicated by the Seventy-Eight Institutions
Surveyed.

Table
Page
XI. Distribution of Responses Concerning Rhythmic Activities Required of Men Majors in the Institutions Surveyed . . . . . . . . . 26
XII. Department Participation in Co-Educational Activity Classes as Revealed by the Seventy-Eight Institutions Surveyed . . . . . 27
XIII. Methods Used in Evaluating the Skill

Proficiency of Beginning Men Physical Education Majors as Indicated by the Seventy-Eight Institutions Surveyed . . . . . 29
XIV. Methods Used by the Physical Education Department to Determine When a Student is Proficient in the Basic Skills as Revealed by the Institutions Surveyed . . . . 31
XV. Areas of Skill Development That Need the Greatest Improvement as Indicated by the Seventy-Eight Institutions Surveyed . . . 33

## CliAPTER I

## INTRODUCTION

The professional preparation of physical education majors has long been a primary concern of many physical educators. One of the main areas of this preparation is the acquisition of activity skills needed for the teaching of physical education. This study deals with the administrative and curriculum procedures used in the development of activity skills of men physical education majors in state-supported colleges and universities in thirtcen solected states in the southeast portion of the United States of America.

A great deal of scientific research has been done in the various areas of professional preparation, but very few studies have been related to the acquisition of activity skills. Many physical educators recognize this lack of competence among men majors in this area of preparation. The ability of the instructor to teach an activity skill efficiently must include the capacity to perform the skill with some degree of credibility.

No college or university can prepare an individual in all the activity skills. This is not to be expected. However, a program of professional preparation can expose the student to as many experiences as possible and give the individual the
tools with which to develop these skills. Too often a problem occurs while the student is attending public school. Too many physical education teachers primarily hired as coaches are not interested in having a quality education program. There are many and varied. reasons why the potential major studont fails to get a good background in skill dovelopment. Some of these reasons will be elaborated on in the body of this thesis.

The effectiveness of any department of physical education depends upon the quality of its faculty. The number of men physical education majors in colleges and universities today is increasing, and it is imperative that this quantity of students be provided with quality instruction.

## Statement of the Study

This is a study of the administrative and curriculum procedures used for the development of skills in men physical education majors in the state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America.

## Definition of Terms

The following terms and their definition were used in the study:

Skills--proficiency in physical performance in individual and group activitics.

Physical activities--individual and group activities
taught to all students who take physical education. Procedures--manner in which a process or course of action is conducted.

State-supported institutions--colleges and universities that receive support from the state in which they are located. Thirteen selected states in the southeast portion of the United States of America--those states selected for the study comprising the southeast postion of the United States which include Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Texas, Virginia, and West Virginia.

Activity classes--those courses conducted by a department which are designed to help students acquire skill in and knowledge about specific physical activities.

Purpose of the Study
This study was undertaken for the following purposes:

1. To determine whether or not the department attempts to find or evaluate the students' level of proficiency in physical activities, and, if so, what method is used.
2. To learn methods employed by the institutions of the study to determine the skills which should be required of men physical education majors.
3. To determine provisions made in the curriculum for the major student to acquire these skills.
Limitations of the Study

This study was limited to evaluating current practices used in the development of skills in physical activities of men physical education majors in state supported colleges and universities in thirteen selected states in the southeast portion of the United States of America.

## Sources of Data

Data were gathered by means of questionnaires submitted to chairmen of physical education departments of state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America.

## CIMPTER II

## PROCEDURES FOR THE DEVELOPMEN' OF THE STUDY

The procedures for the development of the study are presented in this chapter.

Preliminary Procedures
Extensive reading was done in the area of professional preparation, and a survey of previous studies related to the topic was conducted.

Selection of Subjects
The chairmen of physical education departments in statesupported colleges and universities in thirteen selected states in the southeast portion of the United States of America were selected as respondents to the questiomaire used in the study. These men were selected because they were the most logical persons to know the facts that were sought in the study.

## Construction of Instrument

 for Collection of DataA questionnaire was selected as the instrument to collect the data because of the distance and inaccessability of the subjects chosen to participave in the study.

The questionnaire was divided into three parts. Part I
provided for general infomation about the college or university and the men's department of physical education. Part II provided for skills taught in tho activity program of the men's department of physical education. Part III dealt with methods the department used to evaluate the skill proficiency of men physical education majors.

To insure greater reliability and validity, instructions for responding to the questions were placed at the beginning of the questionnaire. Provision was made at the conclusion of the questionnaire for those who wanted a copy of the results of the study.

A pre-test of the questionnaire was administered to several graduate students in physical education to insure that questions were clear and that the persons responding would understand the questionnaire. A copy of the questionnaire can be found in Appendix $B$ of the study.

## Administering the Questionnaire

The Directory of Professional Preparation Institutions (June 1966) was acquired from the American Association for Health, Physical Education, and Recreation in Washington, D. C. This listing and Barron's Profilos of American Colleges were used to secure the names of state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America who offered a degree in physical education. From these listings 106 institutions qualified for the study.

The questionnaire, accompanied by a letter of introduction, was sent to the chairmon of the men's department of physical education in each of the 106 colleges and universities who qualified for the study. A selfaddressed, stamped envelope was provided for the return of each questionnaire.

Collection of Data
Data were collected from eighty-three of the 106 institutions selected for the study.
Treatment of Data

The data collected were classified and tabulated through a data processing system to give the rank and per cent of each response. The data were analyzed and interpreted.

## CHAPTER BIBLIOGRAPHX

1. Directory of Professional Preparation Institutions, Washington, American Association for Health, Physical Education, and Recreation, 1966.
2. Fine, Benjamin, Barron's Profiles of American Colleges, Woodbury, New York, Barron's Educational Series, Inc., 1967.

## ChAPTER II

## PRESENTATION OF DATA

Questionnaires were administered to each chairman of the department of physical education in 106 state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America. Of the 106 colleges and universities to which a questionnaire was administered, eighty-three returned the questionnaire. Of the eighty-three responding, five were too late to be included in the study. Thus, a total of seventy-eight questionnaires was used to acquire the results of this study.

## General Information

The subjects were asked for the enrollment of the college or university. Of the seventy-eight institutions, six (7.7 per cent) had enrollments of less than 2,000 students; twenty-one (20.9 per cent) had enrollments between 2,000 and 3,909 students; ten (12.8 per cent) had enrollments between 4,000 and 5,999 students; nine ( 11.5 per cont) had enrollments between 6,000 and 7,999 students; eleven (14.1 per cent) had enrollments between 8,000 and 9,999 students; nine ( 11.5 per cent) had enroliments between 10,000 and 12,999 students; three (3.9 per cent) had enroliments
between 13,000 and 14,999 students; four (5.1 per cent) had enrollments between 15,000 and 17,999 students; three (3.9 per cent) had enrollments above 18,000 students; and two (2.6 per cent) failed to answor the question. The enrollment of each institution can be found in Appendix C. An analysis of the responses revealed that one-fourth of these institutions range between an enrollment of 2,000 and 3,999 students.

The subjects were asked for the number of men physical education majors and minors in the department. Table I presents information concerning the results of the responses.

TABLE I
PIYSICAL EDUCATION MAJOR AND MINOR STUDENTS ENROLLED IN THE INSTITUTIONS SURVEYED

| Range of Major and Minor Students | Major Students |  | Minor Students |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number of | Per | Number of | Per |
|  | Institutions | Cent | Institutions | Cent |
| 0-19 | 1 | 1.3 | 1 | 1.3 |
| 20-39 | 2 | 2.6 | 10 | 12.8 |
| 40-59 | 1 | 1.3 | 8 | 10.3 |
| 60-79 | 4 | 5.1 | 4 | 5.1 |
| 80-99 | 4 | 5.1 | 3 | 3.8 |
| 100-119 | 5 | 6.4 | 1 | 1.3 |
| 120-139 | 8 | 10.3 | 4 | 5.1 |
| 140-159 | 10 | 12.8 | , | 1.3 |
| 160-up | 39 | 50.0 | 2 | 2.6 |
| no response | 4 | 5.1 | 44 | 56.4 |

An analysis of the responses concerning the number of men physical education majors in the department indicated that
one-half of the institutions surveyed had 160 or more men majors. Over one-tenth of the respondents had between 140 and 159 men majors. A majority of all the colleges and universities had 100 or more mon majors.

The number of men physical education minor students in the institutions responding is also shown in Table I. An analysis of the responses revealed that over one-tenth of the respondents had from twenty to thirty-nine men minor students. Over one-half of the institutions cither failed to answer the question or had no minor program.

The subjects were asked whether or not there had been an increase, decrease, or consistency of mon physical education majors in the department. Of the seventy-eight institutions, sixty-one (78.2 per cent) indicated an increase, three ( 3.8 per cent) indicated a decrease, twelve ( 15.4 per cent) indicated a consistency of the number of men majors, and two ( 2.6 per cent) failed to answer the question. An analysis of the responses showed that over three-fourths of the institutions surveyed had an increase in men majors.

The subjects wore asked for the number of full-time staff members associated with the men's department of physical education. Table II presents this information. An analysis of these responses revealed that almost one-third of the institutions surveyed had between four and six full-time staff members. This range was indicated more often than any other.

## TABLE II

## STAFF MEMBERS ASSOCINTED WITH THE MLNS DEPARTMENT OF PHYSICAL EDUCATION AS INDICATED BY THE SEVENTY-EIGHT INSTITUTIONS SURVEYED

| Range of Staff Members in Department | Full-Time Sta: |  | Part-Time Staff |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number of | Per | Number of | Per |
|  | Institutions | Cent | Institutions | Cent |
| $1-3$ | 5 | 6.4 | 1 | 1.3 |
| $4-6$ | 21 | 26.9 | 17 | 21.8 |
| 7-9 | 15 | 19.2 | 21 | 26.9 |
| 10-13 | 16 | 20.5 | 5 | 6.4 |
| 14-16 | 12 | 15.4 | 5 | 6.4 |
| 17-19 | 3 | 3.8 | 0 | . 0 |
| 20-22 | 4 | 5.1 | 0 | . 0 |
| 23-25 | 0 | . 0 | 0 | . 0 |
| 26 - up | 2 | 2.9 | 0 | . 0 |
| no responses | 0 | . 0 | 29 | 37.2 |

The subjects were asked for the number of part-time staff members associated with the mon's department of physical education. Table II also presents this information. An analysis of the responses showed that almost one-third of the institutions surveyed had between seven and nine part-time staff members. Well over one-third either failed to answer the question or had no part-time staff members.

The subjects were asked to denote the number of staff members in the department with a doctoral degree. Of the seventy-eight institutions, eleven (14.1 per cent) had one, sixteen (20.5 per cent) had two, seventeen (21.9 per cent)
had three, six ( 7.7 per cent) had four, three (3.8 per cent) had five, three ( 3.8 per cent) had six, three ( 3.3 per cent) had seven, three ( 3.8 per cent) had eight, one ( 1.3 per cent) had nine or more staff members with a doctoral degree, and fifteen ( 19.3 per cent) either failed to answer the question or had no staff members with a doctoral degree. An analysis of the responses designated that the majority of the institutions surveyed had from one to three staff members with a doctoral degree.

The subjects were asked to specify the number of staff members in the department with a masters degree. Of the seventy-eight institutions, there wore no departments with only one person with a masters degree, two (2.6 per cent) had two, four ( 5.1 per cent) had threc, six ( 7.7 per cent) had four, seven ( 8.9 per cent) had five, ten ( 12.8 per cent) had six, eight ( 10.3 per cent) had seven, eight ( 10.3 per cent) had eight, and thirty-three ( 42.3 per cent) had nine or more staff members with a masters degree. An analysis of these responses specified that almost one-half of the institutions responding had nine or more staff members with a masters degreo.

The subjects were asked to designate the number of staff members with only a bachelors degree. Of the seventy-eight institutions, ten ( 12.8 per cent) had one, seven ( 9.0 per cent) had two, four ( 5.1 per cent) had three, one ( 1.3 per cent) had four, one ( 1.3 per cent) had five, two ( 2.6 per cent) had
six, none had seven, one ( 1.3 per cent) had eight, two ( 2.6 per cent) had nine or more, and fifty ( 64.1 per cent) either failed to answer the question or had no staff mombers with only a bachelors degrec. An analysis denoted that tho majority of the institutions surveyed who responded to the question had only one staff member with oniy a bachelors degree. Almost two-thirds of the institutions surveyed either had no staff members with only a bachelors degree or failed to answer the question.

The subjects were asked whether or not in selecting full-time instructors for the department it is necessary for them to be proficient in the physical performance of the skills they are to teach. Table III presents information concerning the selection of instructors based on proficiency of skill.

## TABLE III

SELECTION OF INSTRUCTORS BASED ON PROFICIENCY OF SKILLS THEY ARE TO TEACH AS REVEALED BY THL SEVENTY-EIGIIT INSTITUTIONS SURVEYED

| Responses | Number <br> of <br> Institutions | Per Cent |
| :--- | :---: | :---: |
|  |  |  |
|  |  |  |

An analysis revealed that almost one-half of the institutions surveyed indicated "always." With the exception of about onetenth of the institutions surveyed, the remainder indicated "sometimes."

The subjects were asked to denote the degrees offered by the institution in association with the physical education department. Table IV presents information related to these degrees.

TABLE IV
DEGREES OFPERED BY INSTITUTIONS SURVEYED
IN ASSOCIATION WITH THE PHYSICAL EDUCATION DEPARTMENT'

| Degrees Offered* | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :---: | :---: | :---: |
| B.S. | 66 | 84.6 |
| M.EA. | 37 | 47.4 |
| M. S. | 30 | 38.5 |
| B.A. | 19 | 14.4 |
| Ed. D. | 4 | 5.1 |
| Others | 2 | 2.6 |
| Ph. D. |  |  |

* Subjects were allowed more than one response.

An analysis revealed that the Bachelor of Science was offered twice as often as any other degree.

The subjects were asked to specify the person or persons responsible for determining what skills are to be taught in
the activity program of the physical education department. Table $V$ presents this information.

## TABLE V

PERSON OR PERSONS RESPONSIBLE FOR DETERMINING WLAT
SKILLS ARE TAUGIT IN THE ACTIVITY PROGRAM AS REVEALED BY THE INS'fITUTIONS SURVEYED

| Person or Persons Responsible | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
| Staff in General | 48 | 61.5 |
| Curriculum Committee | 18 | 23.1 |
| Department Head | 7 | 9.0 |
| Skills Committee | 4 | 5.1 |
| No Response | 1 | 1.3 |

An analysis of these responses denoted that in over threefifths of the institutions surveyed the staff in general was responsible.

The subjects were asked whether or not the department assigned the undergraduate student an advisor when he enrolled. Of the seventy-eight institutions, sixty-nine ( 88.5 per cent) indicated "always," three ( 3.8 per cent) indicated "sometimes," two (2.6 per cent) indicated "seldom," and four (5.1 per cent) indicated "never." An analysis of the responses revealed that almost nine-tenths of the institutions responding assign the new student an advisor. It was interesting to note that only four of the institutions
never assign the enrolling student an advisor.
The subjects were asked whether or not the school participated in intercollegiate athletics, and all seventyeight respondents ( 100.0 per cent) specified that they did.

The subjects were than asked to note in which intercollegiate sport or sports the school competed. Table VI presents information related to intercollegiate sports participation by the institutions responding.

## TABLE VI

PARTICIPATION IN INTERCOLLEGIATE ATHLETIC PROGRAMS AS REVEALED BY THE INSTITUTIONS SURVEYED

| Intercollegiate Sports $*$ | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
|  | 77 | 98.7 |
|  | 73 | 93.6 |
| Tennis | 72 | 92.3 |
| Baseball | 71 | 91.0 |
| Football | 67 | 85.9 |
| Track and Field | 67 | 75.9 |
| Cross-Country | 58 | 39.4 |
| Swinming | 31 | 26.9 |
| Wrestling | 21 | 17.9 |
| Others | 14 | 14.1 |
| Gymastics | 11 | .0 |
| Handball | 0 |  |

* Subjects were allowed more than one response.

An analysis of the responses showed that a majority of the institutions participated more in basketball, golf, tennis,
and bascball than in any of the sports listed. Other sports listed by the institutions included soccer, bowling, rifle, weight lifting, crew, la crosse, fencing, judo, sailing, indoor track, polo, and rowing.

The subjects were asked whether or not the department required all men majors to participate in intercollegiate athletics. Of the seventy-eight institutions, two (2.6 per cent) indicated they required men majors to participate, and seventy-six (97.4 per cent) indicated they did not require men majors to participate in intercollegiate athletics. An analysis pointed out that almost all of the institutions did not require such participation.

The subjects were asked to designate the approximate number of men majors who did participate in intercollegiate athletics. Of the seventy-eight institutions, six (7.7 per cent) indicated between one and ten majors participated, ten (12.8 per cent) indicated between eleven and twenty major participants, eight ( 10.3 per cent) indicated between twentyone and thirty major participants, fifty-two (66.6 per cent) indicated over thirty men-major participants in intercollegiate athletics, and two ( 2.6 per cent) failed to answer the question. An analysis revealed that well over one-half of the institutions had thirty or more men-major participants.

The subjects were asked whether or not the department required all men majoiz ....ticipate in intramural athletics. Table VII presents information related to this requirement.

## TABLE VII

RESPONSES CONCERNING TIE REQUIREMENT OF INTRAMURAL ATHLETICS AS REVEALED

BY THE INSTITUTIONS SURVEYED

| Responses | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
| Never | 50 | 64.1 |
| Sometimes | 13 | 16.7 |
| Always | 9 | 11.5 |
| Seldom | 4.1 |  |
| No Response | 2 | 2.6 |

An analysis of the responses concerning the requirement of intramural athletics revealed that well over one-half of the institutions surveyed specified "never," and almost one-fifth indicated "sometimes." Several department heads indicated by note that intramurals should be a voluntary activity.

The subjects were asked whether or not men majors who demonstrate proficiency in activity skills were allowed to participate in intramurals for credit or grades rather than attend activity classes. Of the seventy-cight institutions, seventy-seven (98.7 per cent) indicated no, and one ( 1.3 per cent) failed to answer the question. An analysis revealed that no responding institutions were giving such credit.

The subjects were asked whether or not athletes in the intercollegiate program were required to participate in activity classes during the season of their sport. Of the
seventy-eight institutions, sixty-three ( 80.8 per cent) indicated yes, fourteen (17.9 per cent) indicated no, and one ( 1.3 per cent) failed to answer the question. An analysis of the responses concerning tho requirement of athletes to participate in activity classes during the season of their sport denoted that four out of five institutions surveyed did require such attendance.

The subjects were asked to specify facilities the department had for instructional purposes in activity skills. Table VIII presents information concerning facilities owned or used.

## TABLE VIII

FACILITIES THE SEVENTY-EIGHT INSTITUTIONS
OF THE SURVEY OWN OR NEED TO PROVIDE INSTRUCTIONS OF ACTIVITY SKILLS

| Facilities * | Facilities Owned |  | Facilities Needed |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number of Institutions | Per Cent | Number of Institutions | Per Cent |
| Gymnasium | 78 | 100.0 | 38 | 48.0 |
| Swimming Pool | 72 | 92.3 | 36 | 46.2 |
| Tennis Courts | 72 | 92.3 | 29 | 37.2 |
| Track | 66 | 84.6 | 32 | 41.0 |
| Adequate Grounds | 65 | 83.3 | 43 | 55.0 |
| Handball Courts | 38 | 48.7 | 49 | 62.8 |

* Subjects were allowed more than one response.

An analysis of the responses concerning these facilities
pointed out that each institution surveyed had a gymnasium,
ninc-tenths had a swimming pool and tennis courts, and four out of five had a track and adequate grounds. Other facilities listed by the institutions were weight room, gymnastics room, modern dance room, golf course, recreational camp, and archery range.

The subjects were asked to designate facilities needed by the department to provide adequate instruction in activity classes. Table VIII also presents this information. An analysis of these responses revealed that over one-half the institutions surveyed indicated adequate grounds and handball courts, amost one-half indicated a gymnasium and a swimming pool, and well over one-third of the institutions indicated tennis courts and track. Other facilities needed listed by the institutions were general activity rooms for dance, weight training, and gymnastics. Several of the respondents indicated by note or letter that complete new facilities were now under construction.

## Skills Taught in the Activity Program

The subjects were asked to indicate in what individual and group activities the department required their men majors to demonstrate proficiency. Table iX presents information concerning this requirement in the responding institutions. An analysis revealed that almost all of the institutions surveyed indicated tumbling, badminton, volleyball, temnis, gymnastics, basketball, swimming, golf, and soccer. Over

## TABLE IX

ACTIVITY SKILLS IN WHICH MEN MAJORS ARE REQUIRED TO DEMONSTRATE PROFICIENCY AS INDICATED BY THE SEVENTY-EIGHT INSTITUTIONS SURVEYED

| $\begin{gathered} \text { Activity } \\ \text { Skills } \end{gathered}$ | per Cent | $\begin{gathered} \text { Activity } \\ \text { Skills } \end{gathered}$ | $\begin{aligned} & \text { Per } \\ & \text { Cent } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Tumbling | 92.3 | Calisthenics | 66.7 |
| Badminton | 92.3 | Bowling | 57.7 |
| Volleyball | 91.0 | Wrestling | 55.1 |
| Tennis | 89.7 | Recreational Games | 53.8 |
| Gymnastics | 88.5 | Speedball | 47.4 |
| Basketball | 83.3 | Handball | 37.2 |
| Swimming | 83.3 | Fieldhockey | 21.8 |
| Golf | 82.1 | Fencing | 20.5 |
| Soccer | 80.8 | Diving | 20.5 |
| Softball | 76.9 | Pyramid Building | 20.5 |
| Football | 76.9 | Canocing | 5.1 |
| Apparatus | 74.4 | Casting | 5.1 |
| Archery | 71.8 | La Crosse | 2.6 |
| Track and Field | 69.2 | Others | 3.8 |

* Subjects were allowed more than one response.
two-thirds of the institutions specified softball, football, apparatus, archery, track and field, and calisthenics. Over one-half indicated bowling, wrestling, and recreational games, and more than one-third indicated speedball and handball. Over one-fifth of the institutions denoted fieldhockey, fencing, diving, and pyramid building. Very few, about onetwentieth or less, designated canoeing, casting, and la crosse.

The subjects were asked to check the number of basic skill hours required of men majors. Of the seventy-eight institutions responding, none required only one hour, one
( 1.3 per cent) indicated two hours, three ( 3.9 per cent) indicated three hours, twenty-one ( 26.9 per cent) indicated four hours, three (3.9 per cent) indicated five hours, twenty ( 25.6 per cent) indicated six hours, ten ( 12.8 per cent) indicated seven hours, fifteen (19.2 per cent) indicated eight hours, nine indicated nine hours, and five (6.4 per cent) either failed to answer the question or had no requirement. An analysis of the responses concerning the number of basic skill hours required of men majors pointed out that one-fourth of the institutions surveyed required four hours. Another one-fourth of the institutions required six hours. Almost one-fifth required eight hours; over onetenth required seven hours; and less than one-twentieth required two hours, three hours, or five hours.

The subjects were asked to designate the number of basic skill hours required on non-majors. Of the seventy-eight institutions, two (2.6 per cent) indicated one hour, fifteen (19.2 per cent) indicated two hours, seven ( 9.0 per cent) indicated three hours, forty-two ( 53.8 per cent) indicated four hours, one ( 1.3 per cent) indicated five hours, four (5.1 per cent) indicated six hours, and seven ( 9.0 per cent) either failed to answer the question or had no requirement. An analysis of the responses concerning the number of basic skill hours required of non-majors revealed that a majority of the institutions responding required four hours. Almost one-fifth of the respondents required two hours.

The subjects were asked whether or not academic credit was given for activity classes. Of the seventy-eight institutions, seventy-one (91.0 per cent) indicated yes, five ( 6.4 per cent) indicated no, and two ( 2.6 per cent) failed to answer the question. An analysis of the responses revealed that over nine-tenths of the institutions surveyed specified that they did give such credit.

The subjects were asked whether or not the departments designated beginning, intermediate, and advanced classes in the activity program. Table $X$ presents information related to the range of activity classes for students with different levels of ability.

TABLE X
RANGE OF ACTIVITY CLASSES FOR STUDENTS WITH DIFFERENT LEVELS OF ABILITY AS INDICATED BY THE SEVENTY-EIGHT INSTITUTIONS SURVEYED

| Range of Classes | Yes |  | No |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number of Institutions | $\begin{aligned} & \text { Per } \\ & \text { Cent } \end{aligned}$ | Number of Institutions | $\begin{aligned} & \text { Per } \\ & \text { Cent } \end{aligned}$ |
| Beginning Activity Classes | 70 | 89.7 | 8 | 10.3 |
| Intermediate Activity Classes | 46 | 59.0 | 30 | 38.5 |
| Advanced Activity Classes | 52 | 66.7 | 25 | 32.1 |
| Activity Classes for Majors | 36 | 46.2 | 42 | 53.8 |

An analysis of the responses concerning the beginning, intermediate, and advanced activity classes revealed that almost nine-tenths of the institutions did have beginning activity classes, over one-half had intermediate activity classes, and two thirds of the institutions responding had advanced activity classes.

The subjects were asked whether or not the department had special or advanced activity classes limited to men majors. Table $X$ also presents this information. An analysis of the responses revealed that just over one-half the institutions did not have such classes for men majors.

The subjects were asked whether or not the department had a rhythmic requirement for men majors. Of the seventyeight institutions, forty-seven ( 60.3 per cent) indicated yes, twenty-six ( 33.3 per cent) indicated no, and five ( 6.4 per cent) failed to answer the question. As revealed, over one-half of the institutions surveyed did require some type of rhythmic activity.

The subjects were then asked to denote the type of rhythmic activities required of men majors. Table XI presents information related to these rhythmic activities. An analysis of the responses revealed that almost one-half of the institutions surveyed had square dance and folk dance. About one-tenth of the institutions had a different type rhythmic requirement. Of the different types, a majority of the institutions indicated a ball room or social dance class.

## TABLE XI

DISTRIBUTION OF RESPONSES CONCERNING RIYTHMIC ACTIVITIES REQUIRED OF MEN MAJORS IN TIE INSTITUTIONS SURVEYED

| Rhythmic Activities* | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
| Square Dance | 37 | 47.4 |
| Folk Dance | 35 | 44.9 |
| Students Choice | 10 | 12.8 |
| No Requirement | 9 | 11.5 |
| Creative Dance | 7 | 9.0 |
| Tap Dance | 2 | 2.6 |

* Subjects were allowed more than one response.

The subjects were asked whether or not the department had co-educational activity classes. Of the seventy-eight institutions, twenty ( 25.6 per cent) answered "always," fortyfour ( 56.4 per cent) answered "sometimes," six ( 7.7 per cent) indicated "seldom," six (7.7 per cent) answered "never," and two (2.6 per cent) failed to answer the question. An analysis revealed that over one-half of the institutions had. such classes only sometimes, and about one-fourth of the institutions always had co-educational activity classes.

The subjects were then asked to designate what classes were co-educational. Table XII presents information related to department participation in the different types of coeducational activity classes.

## TABLE XII

DEPARTMENT PARTICIPATION IN CO-EDUCATIONAL ACTIVITY CLASSES AS REVEALLD BY THE SEVENTY-EIGHT INSTITUTIONS SURVEYED

| Activity Classes* | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
| Dance | 62 | 79.5 |
| Aquatics | 56 | 71.8 |
| Recreational Games | 48 | 61.5 |
| Badminton | 48 | 61.5 |
| Tennis | 47 | 60.3 |
| Bowling | 44 | 56.4 |
| Gymnastics | 29 | 37.2 |
| Tumbling | 18 | 23.1 |
| Others | 9 | 11.5 |

* Subjects were allowed more than one response.

An analysis of the responses showed that a majority of the institutions responding did participate in dance and aquatics. Well over one-half of the institutions participated in recreational games, badminton, tennis, and bowling, About one-third participated in gymnastics, and about one-fourth of the institutions surveyed indicated department participation in tumbling.

The subjects were asked whether or not the department had an adaptive or corrective program for men majors. of the seventy-eight institutions, thirty-two (41.0 per cent) answered yes, forty-four ( 56.4 per cent) answered no, and two (2.6 per cent) failed to answer the question. The
responses revealed that over one-half of the institutions surveyed had no such program.

The subjects were asked to denote the number of men majors who needed an adaptive or corrective program. Of the seventy-eight institutions, thirty-eight (48.7 per cent) indicated ten students or less, three ( 3.8 per cent) indicated between eleven and twenty students, two ( 2.6 per cent) indicated between twenty-one and thirty students, two (2.6 per cent) indicated thirty or more students, and thirtythree ( 42.3 per cent) either failed to answer the question or had no students who needed an adaptive or corrective program. An analysis revealed almost one-half of the institutions surveyed specified ten students or less needed such a program. With the exception of about one-tenth of the institutions the remainder either failed to answer the question or had no students who needed such a program.

## Evaluation of Skills

The subjects were asked whether or not the department had a committee to evaluate skills. The responses pointed out that over two-thirds of the institutions surveyed had no such committee.

The subjects were asked whether or not the department attempted to evaluate the skill proficiency of beginning men majors. An analysis showed that over one-half the institutions surveyed did make such an evaluation.
TABLE XIII
METHODS USED IN EVALUATING THE SKILL PROFICIENCY OF BEGINNING
MEN PHYSICAL EDUCATION MAJORS AS INDICATED BY THE
SEVENTY-EIGHT INSTITUTIONS SURVEYED

| Does the Department? | Yes |  | No |  | Failed to Answer |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of Institutions | $\begin{aligned} & \text { Per } \\ & \text { Cent } \end{aligned}$ | Number of Institutions | $\begin{aligned} & \text { Per } \\ & \text { Cent } \end{aligned}$ | Number of Institutions | Per Cent |
| Have a Committee to evaluate Skills | 24 | 30.8 | 53 | 67.9 | 1 | 1.3 |
| Evaluate Skills of Beginning Men Majors | 42 | 53.8 | 33 | 42.3 | 3 | 3.9 |
| Use Evaluation to <br> Plan Development <br> Program for Indi- <br> vidual Major | 38 | 48.7 | 27 | 34.6 | 13 | 16.7 |
| Keep a Record of Skill Development of Men Majors | 43 | 55.1 | 33 | 42.3 | 2 | 2.6 |

The subjects were then asked whether or not this evaluation was used to help plan a skill development program for the individual major. The responses revealed that almost onerhalf of the institutions responding did use such an evaluation for individual program planning.

The subjects were asked whether or not the department kept records of skill development of men majors. An analysis revealed that over one-half of the institutions did keep such a record. Table XIII presents information related to the different methods used in evaluating the skill proficiency of beginning men majors.

The subjects were then asked what type of record was used by the department for rocording skill development of men majors. Of the seventy-eight institutions, twenty-nine (37.2 per cent) designated an individual card file, seven (9.0 per cent) indicated transcript, nine (11.5 per cent) used results of skill test, seven ( 9.0 per cent) indicated all of these, and four ( 5.1 per cent) indicated none of these. It should be noted that some of the institutions indicated the use of more than one type. An analysis revealed that the individual card file was used by the institutions surveyed almost four times as often as any other type listed.

The subjects were asked to designate the method or methods used by the department to determine when a student is proficient in the basic skills. Table XIV presents
information related to the different type methods used for determining such proficiency.

TABLE XIV

## METHODS USED BY THE PHYSICAL EDUCATION DEPARTMENT TO determine when a student is propicient in the BASIC SKILLS AS REVEALED BY THE INSTITUTIONS SURVEYED

| Methods* | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | ---: | ---: |
| Credit or Passing Grade | 39 | 50.0 |
| Skill Tests |  |  |
| Record of Students Progress | 35 | 44.9 |
| All of These | 15 | 19.2 |

* Subjects were allowed more than one response.

An analysis of the responses showed that one-half of the institutions surveyed used credit or passing grade. Slightly less than one-half of the institutions used skill tests, and about one-fifth used a record of the student's progress.

The subjects were asked whether or not the department administered a battery of skill tests to graduating. seniors. Of the soventy-cight institutions, three ( 3.8 per cent) indicated yes, seventy-three (93.6 per cent) specified no, and two ( 2.6 per cent) failed to answer the question. The responses pointed out that over nine-tenths of the institutions surveyed did not give such a test to graduating seniors.

The subjects who indicated they gave a battery of skill tests to graduating seniors were then asked whether or not a student would be allowed to graduate if he failed the tests. Of the three institutions who designated they gave such a test, three answered yes to the question.

The subjects were asked whether or not there was a need for further study in the area of skill development of men majors. Of the seventy-eight institutions, sixty-seven ( 85.9 per cent) specified "always," nine (11.5 per cent) denoted "sometimes," one (l.3 per cent) stated "seldom," none indicated "never," and one (1.3 per cent) failed to answer the question. An analysis revealed that over four-fifths of the institutions responding believed there was always a need for further study in this area.

The subjects were asked to designate the area of skill development that needed the greatest improvement. Table XV prescnts information related to these areas of skill development. An analysis of the responses revealed that one-third of the institutions responding specified all areas; about one-fifth denoted activity classes and curriculum development; and one-tenth designated instructor's initiative. Less than one-twentieth of the institutions surveyed specified administrative policy, student initiative, or facilities as the area of skill development that needed the greatest improvenent.

TABLE XV
AREAS OF SKILL DEVELOPMENT THAT NEED THE GREATEST IMPROVEMENT AS INDICATED BY THE SEVENTY-ELGHT INSTITUTIONS SURVEYED

| Areas | Number <br> of <br> Institutions | Per Cent <br> of <br> Institutions |
| :--- | :---: | :---: |
|  | 28 | 35.9 |
| Activity Classes | 16 | 20.5 |
| Curriculum Development | 15 | 19.2 |
| Instructor's Initiative | 8 | 10.3 |
| Administrative Policy | 3 | 3.8 |
| StuclentInitiative | 5 | 6.4 |
| Facilities | 1 | 1.3 |
| No Response | 2 | 2.6 |

## CHAPTER IV

SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

## Summary of Study

A study of the administrative and curriculum procedures used in the development of skill of men physical education majors in state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America was made.

The study was developed for the following purposes:

1. To determine whether or not the department attempted to find or evaluate the student's level of proficiency in physical activities, and, if so, what method was used.
2. To learn methods employed by the institutions of the study to determine the skills which should be required of men physical education majors.
3. To determine provisions made in the curriculum for the major student in acquiring these skills.

The study was limited to evaluating current practices used in the development of skills in physical activities of men physical education majors in state-supported colleges and universities in thirteen selected states in the southeast portion of the United States of America. Data were gathered by means of questionnaires submitted to chairmen of physical
education departments of the selected institutions. The data collected were classified and tabulated through a data processing system in order to attain the rank and per cent of each response.

Summary of Findings
The findings of the study revealed that one-fourth of the colleges and universities range between an enrollment of 2,000 and 3,999 students. Approximately one-half of the responding institutions had 160 or more men majors. The majority of men minor students in the institutions reporting ranged from zero to nineteen students in the department of physical education. Over three-fourths of the institutions reported an increase in enrollment of men physical education majors over the previous year.

Almost one-third of the institutions surveyed had between four and six full-time staff members associated with the department, and almost one-third of the departments had between seven and nine part-time members. A majority of the institutions had from one to three staff members with a doctoral degree, one-half of the institutions had nine or more staff members with a masters degree, and almost twothirds of the institutions had no staff member with a bachelors degree only. Approximately one-half of the institutions surveyed revealed that the selection of instructers was always based on proficiency of skills in the aroa they
were to teach. With the exception of about one-tenth of the institutions, the remainder indicated the selection was sometimes based on such proficiency.

The Bachelor of Science Degree was offered twice as often as any other degree by the institutions surveyed, and the Doctor of Philosophy Degree was offered less often than any other degree.

The findings revealed that over three-fifths of the institutions surveyed indicated that the staff in general determined what skills were to be taught in the activity. program.

Approximately nine-tenths of the institutions surveyed assigned the new men physical education majors an advisor, while only about one-twentieth of the institutions never assigned the new major an advisor.

All seventy-eight institutions reporting participated in intercollegiate athletics. Those sports in which the institutions participated most often were basketball, golf, tennis, and baseball. The sports in which there was the least participation were swimming, wrestling, and gymastics. The subjects were asked to indicate other sports in which the institutions had participated, and bowling, riflery, weight lifting, crew, la crosse, fencing, judo, sailing, indoor track, polo, and rowing were listed. Although all reporting institutions had intercollegiate sports, twothirds of the institutions surveyed indicated that no
requirement for participation in intercollegiate athletics was made for men majors. However, the remaining one-third indicated there was some requirement of participation. Well over one-half of the institutions indicated that thirty or more men majors did participate in intercollegiate athletics, while less than one-tenth of the institutions had only between one and ten major students as participants.

While approximately one-half the institutions surveyed never required intramural athletics of men majors, almost one-fifth indicated a requirement sometimes, and over onetenth indicated a requirement always. Several subjects indicated by note that intramurals should be a voluntary activity. Men majors who demonstrated proficiency in activity skills were not allowed credit for participation in intramurals rather than attendance in activity classes in any of the institutions surveyed.

The findings revealed that four-fifths of the departments required athletes to participate in activity classes during the season of their sport, while the remaining one-fifth did not require such attendance.

All the institutions surveyed had a gymnasium, and ninetenths of the institutions had a swimming pool and tennis courts. Over one-half of the institutions indicated a need for more adequate grounds and handball courts. Other facilities needed by the departments were general activity rooms for dance, weight training, and gymnastics.

Approximately one-fourth of the departments required four hours of activity skills for men majors, while another one-fourth required six hours. Less than one-twentieth required two hours, three hours, or five hours. Over onehalf of the institutions required four hours of activity classes for non-major students. Over nine-tenths of the institutions surveyed gave academic credit for activity classes. Tumbling, badminton, volleyball, tennis, and gymnastics were the most frequently indicated activity skills in which men majors were required to demonstrate proficiency. Only one-fifth of the institutions required proficiency in fieldhockey, fencing, and diving; and one twenticth or less of the institutions required proficiency in canocing, casting, and la crosse.

Almost nine-tenths of the institutions surveyed had beginning activity classes in the activity program, over one-half had intermediate activity classes, and two-thirds had advanced activity classes in the curriculum. Over onehalf the institutions surveyed indicated they did not have activity classes limited only to men physical education majors.

Over one-half the department chairmen responding indicated a rhythmic requirement was made of mon majors. The types of requirements which received the bulk of resporses were square dance and folk dance. Just over one-tenth of the department chairmen indicated they had no requirement
in rhythms, while another one-tenth indicated the student had a choice of rhythmic activities. Other types of rhythmic activities offered by the institutions surveyed were social dance and ballroom dance.

While approximately one-half the subjects indicated they had co-educational activity classes sometimes, about one-fourth indicated that they had always had co-educational activity classes. Over one-half the institutions indicated co-educational participation in recreational games, badminton, tennis, and bowling; but dance and aquatics were indicated as being the co-educational classes in which most students participated.

The findings revealed that over one-half the institutions surveyed did not have an adaptive or corrective program for men majors. Of those departments that indicated having such a program, onchalf had ten students or less noeding an adaptive or corrective class.

Over two-thirds of the institutions reporting did not have a committee to evaluate skills; however, over one-half of the subjects indicated that an evaluation of new men majors was made and was used to help plan a skill development program for the individual major student.

The findings revealed that over one half the departments surveyed indicated that a record of skill development of men majors was kept. In the departments that indicated they kept such a record, the individual card file was used almost
four times as often as any other type listed. It was also revealed that one-half the departments used credit or passing grades as the method for determining when a student is proficient in the basic skills, while less than one-half indicated the use of skill tests for determining proficiency. Over nine-tenths of the subjects indicated that there was no battery of skill tests given to graduating seniors. Those departments that indicated giving such a test allowed the student to graduate regardless of whether or not the student passed the test.

The findings revealed that over four-fifths of the department chairmen indicated there was always a need for further study in the area of skill development of men majors. One-third of the chairmen indicated that improvement was needed in all areas of skill development.

Conclusions of the Study
Based on the results of the study, the following conclusions seem appropriate:

Each department should have a skills committee and/or a curriculum committee to determine what skills should be taught in the activity program.

Men majors should be encouraged to participate in intramural or intercollegiate sports to further develop skill and to better equip them for future instruction of activity skills.

All departments should require athletes who are men majors not only to attend but also to participate in activity classes during the season of their sport.

An introduction of a wider varicty of activity skills to men physical education majors seems appropriate with particular emphasis on those activity skills not common to the geographical location of the institution.

Physical education departments should require more skill classes of men majors and limit more classes to only major students. Co-educational classes should receive more consideration in the curriculum.

Facilities and equipment never seem to be adequate to meet all the demanding needs of physical education students. All facilities and equipment should be employed and improved with more emphasis on individual activity skills.

All men majors should be introduced to a corrective program to gain a broader concept of all the aspects of physical education.

An evaluation of the skill proficiency of beginning men majors should be made, and this evaluation should be used to help plan a program of development for cach individual major.

Departments should keep a record of the development of men majors to use in determining when the individual is proficient in the activity skills. A battery of skill tests should be given to all graduating physical education majors
to make sure the majors doveloped somo proficioncy in tho activity skills.

Particular emphasis should bo placed on the qualiry of activity classes so that all students rocoivo as good an experience in physical education as possible.

Recommendations for Futuro Studies
The following recommendations are mado for future studies:

1. That similar studies be made of other sections of the United States.
2. That a similar study be made concorning physical education requirements of all students onrolled in tho same selected institutions of this survey.
3. That a similar study bo made of the total profossional preparation curriculum for men physicai education majors.

## APDiNDIX A

1704 Breckenridgo
Toxarkana, Texas, 7550:
November 5, 1508

## Chairman of the Department

Men's Department of Physical Education
Dear Sir:
Physical activity skill wevelopment in mon physical education majors is of extrome concera m many colleges and universities. It is my desire to contribute townrd the improvement of competencios of men physical eduwation majors.

I am interested in tho areparation of mon physican education majors in the stato supported collemes and univer. sities in thirteon selectod states in the sonthoast portuon of the United States of Amorica; anc, am Limiting my stuby to these schools.

Your assistance in this study will be preatly approw ciated, as it is also to bo usod in conjunction with a similar study in progress by tho Mon's Dopartmont at worth 'toxas stato Waivorsity.

A self-addressed, stamped envolope is onclosed for your convenience in returning the questionnaire.

Sinceroly,

Hubert Dungan
Enclosures (2)

## APPENDIX B

## QUESTIONNAIRL CONCERNING A STUDY OF SKILL <br> development of men physical <br> LDUCATION MAJORS

## DIRECTIONS:

please indicate preferenco by checking ( ) or writing in the correct response.

PART I
General Information

1. What is the curront enroliment of the collego or university?
2. How many men physical education majors and minors are enrolled in the department?

Majors
——Minors
3. Has the number of men majors increased or decreased in the past two years? Increased
—__Decreased
——Memained Constant
4. How many staff members are associated with tho Men's Department of Physical Education?

Full-time
——Part-time
5. How many staff mombers hold the following dogrecs?

6. In selecting full-time instructors for tho dopartment, is it nocessary for them to bo proficzont in tho physical performance of the skills they aro to toach? Nlways Soldom
$\qquad$ Novor
7. Check () the degreos offered by tho school in association with the Physical Education Department.

8. Who determines what skills are to bo taught in tho activity program?

Department Head

| Skills Committeo |
| :--- |
| $\square$ Curriculum Comattee |
| $\square$ Staff in general |
| Others |

9. Does the departmont assign the undergraduate studont an advisor when he enrolls?

Always $\qquad$ Scldom
$\qquad$ Sometimes
 Never
10. Does the school participate in intercollegiate athletics?
$\qquad$ Yes $\qquad$ No
11. If yes, in which intercollegiato sport or sports does the school compete?

Baseball
Swimming
——Basketball Tennis
Cross-Country
Football
GOIf
Handball

12. Docs the department require all men majors to participate in intercollegiato athletics?
$\qquad$ Yes No
13. Approximately how many majors participate in intercollegiate athletics?

14. Does the department roquire all men majors to participate in intramural athlotics?

Always
Sometimes

15. Are men majors who demonstrate proficiency in activity skills allowed to participate in intramurals for credit or grades rather than attend activity classos?

Yes
No
16. Are athletes required to participato in activity classes during the season of thoir sport?

17. What facilities does the department have now to instruct students in activity skills? Gymasium

$\qquad$ Others
18. What facilities are needed to provide instruction of activity skills?

Gymnasium
Handball courts
Swimming pooi (outdoor indoor $\qquad$ Track (outdoor indoor Tennis courts (Number


Adequate grounds for outdoor classes Others

## PART II

## Skills Taught in Activity Program

1. In what individual and group activities does the department require its men majors to demonstrate proficiency?

| Apparatus | Fieldhockay | Speedball |
| :---: | :---: | :---: |
| Archery | Footioal | Swimming |
| Badminton | Colf | Tennis |
| Basketball | Gymmastics | Track and Pield |
| Bowling | llandball | Tumbing |
| Calisthenics | La Crosse | Volleyball |
| Canoeing | Pyramid Building | Wrestling |
| Casting | Recreational Games | Others |
| Diving | Soccer |  |
| Fencing | Softball |  |

2. How many semesters or hours of basic skills aro required of men majors? Semesters $\qquad$ Hours
3. How many semosters or hours of basic skills are required of non-majors? Semesters
4. Is academic credit given for the requirod activity classes?

Yes $\qquad$
5. Does the department have begimning classes in the activity program?
Yos No Non_ Non
6. Does the department have intermediate classes in the activity program?

Yes No
7. Does the department have advanced classes in the activity program?
$\qquad$ Yes $\qquad$
8. Does the department require special or advanced activity classes limited to men majors?
$\qquad$ Yes No
9. Does the department have a rhythmic requirement for men majors?
_ Yes $\qquad$ No
10. What type of rhythmic activities are roquired of men majors?

Creative Dance
Folk Dance Square Dance Tap Dance

No Requirement Students Choice Others $\qquad$
11. Does the department have co-educational activity ciasses?

Always Sometimes

Seldom ——_Mever
12. In what co-educational classes do the departments participate?

| $\quad$ Dance |
| :--- |
| Aquatics |
| $\quad$ Gymastics |
| $\quad$ Bowling |
| $\quad$ Badminton. |

Tennis
——Mumbling
___ Recreational Games
——OThers $\qquad$
13. Does the dopartment havo an adaptive or corroctive program for men majors? Yes
_No
14. How many men majors need an adaptive or corrective program?


## PART III

Evaluation of Skills

1. Does the dopartment have a committee to evaluate skills":
$\qquad$ Yes No
2. Does the department attempt to evainate the skill proficiency of beginning men majors? Yes
3. Are these ovaluations used to help plan a skill development program for the individual major?
$\qquad$ Yes

No
4. Does the department keep records of skill development of men majors?
 Yes
No
5. What type of record is used by the department? Individuni Card File
Transcript
Results of Skill Test
All of These
None of These
Others $\qquad$
6. What method is used by the department to determine whon the student is proficient in the basic skills?

Skill Tests (Advanced Standing)
——_ Record of Students Progress
All of These
$\longrightarrow$
No Method
Others
7. Does the department administer a uattery of skill tests to graduating seniors?

Yos

8. If the student fails this test, is ho allowed to graduate?

Yes
No
9. If the student fails the test, is he allowed or required to repeat the tests until he passes it?
$\qquad$ Yes.

No

## PART IV

Conclusion

1. Is there a need for furthor study in tho aroa of skill development of men majors? Always
——Sometimes

2. What area of skill development needs the greatest improvement?

Curaiculum Developnont
Administrative Policy
Activity Classes
— Students Initiative
——nstructors Initiative
Facilities
All of These
Needs No Improvement Others

If you desire a copy of the results of this study, complete the following:

Name $\qquad$
Address $\qquad$

## APPENDIX C

COLLAGLS AND UNIVLRSITIES RESPONDLNG TO THE QUIECTIONNAKRE USED IN THIS STUDY WI'H THLIR ENROLLMENT, NUMBER OF MEN MAJORS, AND NUMBER OF MEN MINORS

| College of University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| Alabama |  |  |  |
| Alabama College |  |  |  |
| Montevallo, Alabama | 2,100 | 44 | 0 |
| Alabama State College |  |  |  |
| Montgomery, Alabama | 2,100 | 108 | 10 |
| Auburn University |  |  |  |
| Auburn, Alabama | 14,049 | 140 | 5 |
| Florence State College |  |  |  |
| Florence, Alabama | 3,054 | 100 | 0 |
| Livingston State College Livingston, Alabama | 1,625 | 0 | 0 |
| Troy State College Troy, Alabama |  |  |  |
| Troy, Alabama | 3,000 | 150 | 75 |
| Arkansas |  |  |  |
| Arkansas A. ¢ M. College | , |  |  |
| College Heights, Arkansas | 2,000 | 200 | 0 |
| Arkansas Polytechnic College Russellville, Arkansas | 2,560 | 115 | 0 |
| Arkansas State College |  |  |  |
| State College, Arkaris as | 7,000 | 250 | 0 |
| Arkansas State Teachers College Conway, Arkansas | 4,500 | 136 | 41 |

APPENDIX C - Continucd

| College or University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| Henderson State Teachers College |  |  |  |
| Arkadelphia, Arkansas | 3,350 | 245 | 0 |
| Southern State College Magnolia, Arkansas | 2,400 | 154 | 5 |
| University of Arkansas Fayetteville, Arkansas | 11,000 | 225 | 0 |
| Florida |  |  |  |
| Florida A. \& M. University Tallahassee, Florida | 3,694 | 140 | 0 |
| University of Florida Gainesville, Florida | 20,386 | 280 | 0 |
| Georgia |  |  |  |
| Albany State College Albany, Georgia | 1,500 | 142 | 10 |
| Fort Valley State College Fort Valley, Georgia | 2,100 | 136 | 0 |
| Georgia Southern College Statesboro, Georgia | 4,600 | 120 | 0 |
| North Georgia College Dahionega, Georgia | 1,200 | 27 | 0 |
| Savannah State College |  |  |  |
| Savannah, Georgia | 2,100 | 125 | 0 |
| University of Georgia Athens, Georgia | 17.500 | 150 | 0 |
| Valdosta State College |  |  |  |
| Valdosta, Georgia | 2,300 | 0 | 0 |

APPENDIX C --Continued

| College or University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| Kentucky |  |  |  |
| Eastern Kentucky State College Richmond, Kentucky | 9,000 | 431 | 0 |
| Morehead State College Morehead, Kentucky | 6,300 | 500 | 100 |
| Murray State College Murray, Kentucky | 7.850 | 250 | 150 |
| University of Louisville Louisville, Kentucky | 9,500 | 126 | 0 |
| Western Kentucky State College Bowling Green, Kentucky | 10,679 | 530 | 100 |
| Louisiana |  |  |  |
| Frances T. Nichocls State College Thibodaux, Louisiana | 4,500 | 175 | 25 |
| Grambling College Grambling, Louisiana | 3,800 | 80 | 25 |
| Louisiana Polytechnic Institute Ruston, Louisiana | 7,300 | 130 | 0 |
| McNeese College Lake Charles, Louisiana | 5,000 | 360 | 10 |
| Northeast Louisiana State College, Monroe, Louisiana | 7,620 | 260 | 10 |
| Southern Louisiana College Hammond, Louisiana | 5,462 | 177 | 25 |
| Southern Louisiana |  |  |  |
| Baton Rouge, Louisiana | 8,020 | 142 | 3 |
| University of Southwestern Louisiana, Lafayette, Louisiana | 10,500 | 110 | 0 |

## APPENDIX C-Continued

| College or University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| Mississippi |  |  |  |
| Delta State College Cleveland, Mississippi | 2,700 | 183 | 18 |
| Mississippi State University State College, Mississippi | 9,000 | 242 | 0 |
| University of Mississippi University, Mississippi | 6,800 | 150 | 0 |
| University of Southern Mississippi Hattiesburg, Mississippi | 9,700 | 550 | 300 |
| North Carolina |  |  | . |
| Appalachian State Teachers College Boone, North Carolina | 5,600 | 325 | 0 |
| Agricultural and Technilogical College of North Carolina Greensburo, North Carolina | 3,844 | 170 | 0 |
| East Carolina College Greenville, North Carolina | 10,000 | 250 | 0. |
| Pembroke State College Pembroke, North Carolina | 1,650 | 150 | 40 |
| University of North Carolina Chapel Mill, North Carolina | 15,500 | 75 | 0 |
| University of North Carolina Greensboro, North Carolina | 5,000 | 3 | 1 |
| Western Carolina College Cullowhee, North Carolina | 4,313 | 83 | 0 |
| South Carolina |  |  |  |
| Gitadel, The Charleston, South Carolina | 2,000 | 60 | 0 |

APBENDIX C - -Continued

| College or University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| South Carolina State College Orangeburg, South Carolina | 1;601 | 92 | 3 |
| University of South Carolina Columbia, South Carolina | 15,000 | 100 | 0 |
| Tennessee |  |  |  |
| Austin Peay State College Clarksville, Tennessee | 3,200 | 175 | 50 |
| East Tennessee State University Johnson City, Tennessee | 9,200 | 300 | 0 |
| Memphis State University <br> Memphis, Tennessee | 16,638 | 250 | 0 |
| Tennessee Polytechnic Institute Cookeville, Tennessee | 5,178 | 175 | 30 |
| University of Tennessee Martin, Tennessee | 3,750 | 183 | 0 |
| Texas |  |  |  |
| East Texas State University Commerce, Texas | 9,200 | 450 | 0 |
| Lamar State College of Technology, Beaumont, Texas | 10,420 | 165 | 0 |
| Midwostern University Wichita Falls, Texas | 3,800 | 30 | 30 |
| North Texas State University Denton, Texas. | 14,800 | 319 | 0 |
| Pan American College Edinburg, Texas | 4,100 | 0 | 0 |
| Sam Houston State Teachers College, Huntsville, Texas | 7,600 | 242 | 250 |

## APPENDIX C --Continued

| College or University | Enrollment | Majors | Minors |
| :---: | :---: | :---: | :---: |
| Southwest Texas State College San Marcos, Texas | 8,000 | 450 | 110 |
| Stephen F. Austin State College Nacogdoches, Texas | 8,700 | 300 | 100 |
| Sul Ross State College Alpine, Texas | 2,400 | 140 | 60 |
| Tarlton State College Stephensville, Texas | 2,500 | 0 | 0 |
| Texas A. E M. University College Station, Texas | 12,500 | 160 | 25 |
| Texas Technological University Lubbock, Texas | 18,306 | 210 | 75 |
| University of Houston Houston, Texas | 23,900 | 250 | 50 |
| University of Texas at El Paso El Paso, Texas | 10,250 | 205 | 86 |
| West Texas State University Canyon, Texas | 7,000 | 285 | 0 |
| Texas College of Arts and Industries, Kingsville, Texas | 6,500 | 130 | 0 |
| Virginia |  |  |  |
| Old Dominion College Norfolk, Virginia | 10,100 | 340 | 0 |
| Richmond Professional Institute Richmond, Virginia | 10,000 | 135 | 0 |
| University of Virginia Charlottesville, Virginia | 9,500 | 4 | 0 |
| Virginia polytechnic Institute Blacksburg, Virginia | 10,275 | 90 | 10 |

APPENDIX C --Continued

| College or University | Enrollment | Majors | Minors |
| :--- | :---: | :---: | :---: |
| Virginia State College <br> Petersburg, Virginia | 2,300 | 79 | 0 |
| West Virginia |  |  |  |
| Concord College <br> Athens, West Virginia | 1,850 | 160 | 0 |
| Glenville State College <br> Glenville, West Virginia <br> Marshall University <br> Huntington, West Virginia | 1,600 | 245 | 20 |

## BIBLIOGRAPHY

## Books

Fine, Benjamin, Barron's Profiles of American Colleses, Woodbury, New York, Barron's Educational Series, Inc., 1967.

## Publications of Learned Organizations

Directory of Professional preparation Institutions, Washington, American Association for Mealth, Physical Education, and Recreation, 1966.

