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**BIOLOGICAL RESPONSE MODIFIERS**

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## BIOLOGICAL RESPONSE MODIFIERS

Dr. Richard E. Weller

Much of what used to be called immunotherapy is now included in the term biological response modifiers. Biological response modifiers (BRMs) are defined as "those agents or approaches that modify the relationship between the tumor and host by modifying the host's biological response to tumor cells with resultant therapeutic effects." Most of the early work with BRMs centered around observations of spontaneous tumor regression and the association of tumor regression with concurrent bacterial infections. The BRM can modify the host response in the following ways:

1. Increase the host's antitumor responses through augmentation and/or restoration of effector mechanisms or mediators of the host's defense or decrease the deleterious component by the host's reaction.
2. Increase the host's defenses by the administration of natural biologics (or the synthetic derivatives thereof) as effectors or mediators of an antitumor response.
3. Augment the host's response to modified tumor cells or vaccines, which might stimulate a greater response by the host or increase tumor-cell sensitivity to an existing response.
4. Decrease the transformation and/or increase differentiation (maturation) of tumor cells.
5. Increase the ability of the host to tolerate damage by cytotoxic modalities of cancer treatment.

## I. Principles of BRM Use

- A. As an adjuvant therapy to definitive primary therapy, i.e., surgery, radiotherapy, chemotherapy, hyperthermia.
  - 1. Application as a primary therapy alone is unlikely.
  - 2. Examples of application as adjuvant therapy:
    - a) Malignant melanoma - surgery + BRM
    - b) Squamous cell carcinoma - radiotherapy + BRM
    - c) Acute myelogenous leukemia - chemotherapy + BRM
- B. Goals of primary therapy:
  - 1. Reduction of tumor size - diminish to finite tumor load ( $<10^5$  cells).
  - 2. Depletion of blocking factors
    - a) Decreases tumor antigens
    - b) Decreases circulating antibodies and circulating antigen-antibody complexes
    - c) Suppression of immunoglobulin production
- C. Goals of BRM Therapy
  - 1. Stimulate animal's immune system to recognize tumor cells (afferent)
    - a) Increase antigenicity of tumor cells
      - 1. Alteration of cell surface
      - 2. Alteration of internal structures
    - b) Selectively increase T- or B-cell populations
    - c) Increase amount of antigen presented to the immune system without increasing the number of tumor cells
    - d) Use of cross-reacting antigens
  - 2. Increase the immune system's ability to kill tumor cells (efferent).

## II. Current Classifications of Biological Response Modifiers

### Immunomodulator and/or Immunostimulating Agents

BCG  
Brucella abortus  
Corynebacterium parvum  
Cimetidine  
"Immune" RNAs  
Levamisole  
Muramyl dipeptide (MDP)  
Malic anhydride-divinyl ether (MVE-2)  
Mixed bacterial vaccines (MBV)  
Picibanil (OK-432)  
Prostaglandin inhibitors (aspirin, indomethacin)  
Thiobendazole  
Tilorones  
Tuftsin

### Interferons and Interferon Inducers

Interferons (alpha, beta, gamma)  
Poly ICLC  
Pyrimidinones  
Tilorones  
Viruses

### Thymosins

Thymosin alpha-1  
Thymosin fraction 5  
Other thymic fractions

### Lymphokines and Cytokines

Chalones  
Colony-stimulating factor (CSF)  
Interleukin 3 (IL-3)  
Lymphocyte activation factor (LAF-interleukin 1 [IL-1])  
Lymphotoxin  
Macrophage activation factor (MAF)  
Macrophage inhibitory factor (MIF)  
T-cell growth factor (TCGF - interleukin 2 [IL-2])  
Thymocyte mitogenic factor (TMF)  
Transfer factor  
Tumor-necrosis factor (TNF)  
B-cell growth factor (BCGF)

## II. Current Classifications of Biological Response Modifiers (cont)

### Monoclonal Antibodies

Monoclonal antibodies  
Anti-T cell  
Anti-T-suppressor cell  
Antitumor antibody endotoxin  
(including antibody  
fragments and/or conjugates  
with drugs, toxins, and  
isotypes)

### Antigens

Tumor-associated antigens  
Vaccines

### Effector Cells

Macrophages  
NK cells  
T-cell clones  
T helper cells

### Miscellaneous Approaches

Allogeneic immunization  
Bone marrow transplantation  
and reconstitution  
Plasmapheresis and ex vivo  
treatments (activation  
columns and  
immunoabsorbents)  
Virus infection of cells (oncolysates)  
Blood constituent therapy  
(serum factors)

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