Demand Shifting with Thermal Mass in Large Commercial Buildings in a California Hot Climate Zone

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Abstract

The potential for using building thermal mass for load shifting and peak energy demand reduction has been demonstrated in a number of simulation, laboratory, and field studies. Previous Lawrence Berkeley National Laboratory research has demonstrated that the approach is very effective in cool and moderately warm climate conditions (California Climate Zones 2–4). However, this method had not been tested in hotter climate zones.

This project studied the potential of pre-cooling the building early in the morning and increasing temperature setpoints during peak hours to reduce cooling-related demand in two typical office buildings in hotter California climates — one in Visalia (CEC Climate Zone 13) and the other in San Bernardino (CEC Climate Zone 10). The conclusion of the work to date is that pre-cooling in hotter climates has similar potential to that seen previously in cool and moderate climates. All other factors being equal, results to date indicate that pre-cooling increases the depth (kW) and duration (kWh) of the possible demand shed of a given building. The effectiveness of night pre-cooling in typical office building under hot weather conditions is very limited. However, night pre-cooling is helpful for office buildings with an undersized HVAC system. Further work is required to duplicate the tests in other typical buildings and in other hot climate zones and prove that pre-cooling is truly effective.

Keywords: Pre-cooling, demand response, thermal mass, hot climates, office buildings

Executive Summary

Introduction

The principle of pre-cooling with setpoint adjustment to shift energy demand is to pre-cool buildings during off-peak hours at night or in the morning, cooling the building thermal mass, and adjusting zone temperature setpoint during on-peak hours, to reduce cooling loads during the peak hours. Cost savings are achieved by reducing on-peak energy and demand charges. A great potential for using building thermal mass for load shifting and peak demand reduction has been demonstrated in a number of simulation, laboratory, and field studies.

This research study was preceded by three other studies conducted by Lawrence Berkeley National Laboratory on the potential for pre-cooling and demand limiting in large commercial buildings. The first of these studies was a 2003 pre-cooling case study at the Santa Rosa Federal Building. The second was a 2004 pre-cooling study along with occupant comfort surveys in two office buildings (Santa Rosa and Rancho Cordova). The third was a 2005 pre-cooling study in one heavy mass and one light mass commercial building in the San Francisco Bay Area.

Purpose

The purpose of this research project was to study the potential of pre-cooling and demand limiting in typical office buildings in extreme hot climate areas, such as Southern California and California's Central Valley.

Project Objectives

In previous studies, significant demand reductions have been achieved in field tests of both large and small commercial buildings—all with relatively small impacts on occupant comfort. However, none of these buildings were in extreme hot climates. To test pre-cooling strategies fully, there is a need to demonstrate demand reduction and evaluate occupant comfort under the more extreme conditions during which utility-based demand control requests would typically be issued. Furthermore, there is a need to develop a better fundamental understanding of the impact of short-term zone temperature variations on occupant comfort to determine the extent to which temperature setpoints could be raised during demand-limiting periods.

To address these questions, Lawrence Berkeley National Laboratory and the University of California at Berkeley's Center for the Built Environment performed field tests in two medium-sized office buildings—one in Visalia and another in San Bernardino. For confidentiality purposes, the buildings are referenced as CHCCC and TCCSB. Another key feature of the 2006 study was the intensive temperature monitoring through the two buildings. We installed more than 100 temperature sensors in the occupied space to correlate the comfort reaction with temperature measured in the space. To supplement the field tests of 2005, the team tested different reset strategies in the afternoon in both buildings and assessed the impact of these strategies and methods to avoid rebounds and maximize load reduction.

Different demand response strategies were tested under extreme hot weather conditions. Occupant comfort surveys were conducted on each test day. Based on demand reduction and occupant comfort survey results, the research team found that pre-cooling strategies in hot

weather (95 – 102°F) could reduce the whole building peak load with minimal impact on thermal comfort.

Project Outcomes

The pre-cooling and demand shifting strategies were equally effective in the hot- and cool-climate buildings tested in the studies to date. The team was able to reduce the peak electricity demand of the whole building by 15 to 30 percent on days when peak outside-air temperatures were over 100°F. The comfort survey results indicate that occupant comfort was generally maintained during the pre-cooling tests. There were some occupant complaints of feeling cold in the morning, but occupants were generally happy in the afternoon when setpoints were ramped up. As observed in the 2005 tests, it was important to manage the afternoon load shedding by ramping up the zone temperature setpoints exponentially rather than stepping them up or ramping them up linearly. This strategy could be particularly important on hot days or in buildings with smaller thermal time constants, where air conditioning-related electrical power could rebound (sharp increase in electricity load) and exceed the peak demand typically seen under normal operation. If the heating, ventilation and air-conditioning system is oversized, the minimum air supply through variable air volume boxes may use more cooling capacity than necessary and can complicate the demand response tests. This did not happen with the built up system previously tested, but this could be a problem with buildings with rooftop units.

Conclusions

The team found that pre-cooling has the potential to improve the demand responsiveness of commercial buildings while maintaining acceptable comfort conditions in extreme hot weather conditions. Results to date indicate that pre-cooling increases the depth (kilowatts) and duration (kilowatt-hours) of the shed capacity of a given building, all other factors being equal. Pre-cooling reduced peak loads by 15-30 percent for six hours in these two office buildings, both of which had typical levels of thermal mass. The team did not find that night pre-cooling under hot weather conditions was any better than in cool weather conditions and thus does not play a significant role. Further work is needed to duplicate the tests in other office buildings in hot climate zones to identify the most appropriate pre-cooling strategies for buildings with rooftop units, to estimate the broader benefits to the customer and the utility.

Recommendations

Although this study has established the potential for pre-cooling and demand shifting strategies, it has identified several issues that should be resolved before pre-cooling can be reliably implemented in large commercial buildings. The following activities are recommended for future work:

Develop guidelines for appropriate control strategies according to building characteristics.

Different buildings with different mechanical systems and different levels of control may require different pre-cooling strategies. For example, the zone temperature setpoint strategies studied in the work reported here are only practical if the zone temperatures are controlled by networked digital controllers. A detailed guide to selecting, implementing, and testing demand-shifting control strategies by building mechanical system and control type is needed to support their routine use.

Develop test methods and performance metrics to characterize building internal mass.

Internal mass plays an important role in peak load reduction and demand shifting. Field tests and simulation studies have proved that the internal thermal mass is more important than the building envelope in demand response effectiveness. However, it is difficult to characterize the internal mass such as furniture, books and internal walls. A detailed guide on how to test and quantify internal mass is needed.

Benefits to California

Reducing electrical peak loads has a huge economic and environmental benefit to California. This approach is cost-effective and can be easily implemented, without the added long-term capital investment associated with active thermal mass storage systems. This study expanded the previous pre-cooling study in cool buildings and has demonstrated that passive demand shedding can be as useful in hot climate areas as in cool climate areas. Under extreme weather conditions when demand reduction requests are typically issued, commercial office buildings in California can use pre-cooling strategies to reduce the peak load by 15-30% on average with minimal impact on perceived thermal comfort.

1.0 Introduction

1.1. Background and Overview

The structural mass within existing commercial buildings can be effectively used to reduce operating costs through simple adjustments of zone temperature setpoints within a range that does not compromise thermal comfort. Generally, the building is pre-cooled at night or in the early morning at moderately low cooling setpoint temperatures (for example, 68°F–70°F) and then the cooling setpoints are raised within the comfort zone (below 78°F) during peak electricity demand periods. Heating setpoints must be left unchanged or lowered to avoid unwanted increases in heating system energy. The cooled mass and higher on-peak zone setpoint temperatures lead to reduced on-peak cooling loads seen by the heating, ventilating, and air-conditioning (HVAC) systems, resulting in lower on-peak energy consumption and related demand charges. The potential for using building thermal mass for load shifting and peak demand reduction has been demonstrated in a number of simulation, laboratory, and field studies (Braun 1990; Ruud et al. 1990; Conniff 1991; Andresen and Brandemuehl 1992; Mahajan et al. 1993; Morris et al. 1994; Keeney and Braun 1997; Becker and Paciuk 2002; Xu et al. 2004; Xu et al. 2005; Lee K.H. and Braun, 2008a, Lee, K.H. and Braun, 2008b. This strategy appears to have significant potential for demand reduction if applied within an overall demand response program.

Over the past several years, Lawrence Berkeley National Laboratory (LBNL), the Center for the Built Environment (CBE) at the University of California, Berkeley, and Purdue University (West Lafayette, Indiana), in cooperation with three California utilities (Pacific Gas and Electric [PG&E], Southern California Edison [SCE], and the Sacramento Municipal Utility District [SMUD]) have conducted research to investigate strategies for using building thermal mass to shift building cooling loads in Northern California buildings.

In the summer of 2003, LBNL conducted a pre-cooling case study at the Santa Rosa Federal Building. The research team found that a simple demand-limiting strategy performed well in this building. This strategy involved maintaining zone temperatures at the lower end of the comfort range (70°F) during the occupied hours before the peak period (usually occurring between 12 noon and 6 p.m) and floating the zone temperatures up to the high end of the comfort range (78°F) during the peak period. With this strategy, the chiller power was reduced by 80% to 100% (1 to 2.3 watts per square foot [W/ft²]) during peak hours without having any thermal comfort complaints submitted to the facility operations staff (Xu et al. 2004).

In the summer of 2004, LBNL conducted pre-cooling tests along with online real-time comfort surveys to determine occupant reactions to the thermal conditions in the Santa Rosa Federal building and in a Sacramento office building. The results of these buildings' comfort surveys indicate that occupant comfort was maintained during the pre-cooling tests as long as the zone temperatures were between 70°F and 76°F (Xu 2006).

In Summer 2005, the team conducted additional tests to determine how thermal mass may be discharged more efficiently and more smoothly with no electrical load rebound. The team also started to determine building thermal mass metrics and estimate the load reduction potential. Two building sites were studied—a lightweight office building with 100% window-to-wall ratio and a heavy mass museum with modest direct solar heat gain. The team found that pre-cooling

and demand shift strategies worked well with no reductions in comfort levels in the lightweight office building and was able to reduce cool loads significantly (~35% on cool days, ~25% on hot days). The well-controlled exponential temperature setup (Lee and Braun 2006) test in those buildings used during the shed period discharged thermal mass smoothly and with no rebound. The study also indicated that night pre-cooling had noticeable effects on the second day's cooling load in heavy mass buildings.

1.2. Project Objectives

In previous studies, significant demand reduction has been demonstrated through testing of large and small commercial buildings, all with relatively small impacts on occupant comfort. However, in the previous phases of this overall effort, data were not obtained at very hot conditions. There is a need to demonstrate demand reduction and evaluate occupant comfort under more extreme conditions – conditions which could trigger a utility demand response program event, such as a Critical Peak Pricing (CPP) event. Furthermore, there is a need to develop a better fundamental understanding of the impact of short-term zone temperature variations on occupant comfort to determine the extent to which setpoints should be raised during demand-limiting periods (12 p.m.–6 p.m.).

Demand limiting refers to shedding loads when predetermined peak demand limits are about to be exceeded. Demand limits can be placed on equipment (such as a chiller or fan), systems (such as a cooling system), or a whole building. This is typically done to flatten the load shape when the pre-determined peak is the monthly peak demand. Demand shifting is achieved by changing the time that electricity is used. Thermal energy storage is an example of a demand-shifting technology. Thermal storage can be achieved with active systems such as chilled water or ice storage, or with passive systems such as building mass.

The tests in 2003, 2004, and 2005 were blind tests where the occupants were not informed in advance. In 2005, the team considered informing occupants before the tests so they could change their clothing level accordingly. Akin to commuting by carpool or bicycle on a regional air quality “spare the air day,” occupants may be willing to adjust to temporarily inconvenient or uncomfortable conditions that they know have long-term benefits. Since advance notice was thought to bias the tests, the 2005 tests were conducted without notifying the occupants. Since testing in 2006 and 2007 was conducted during extreme hot outside conditions, the indoor air temperatures were significantly lower than the outdoor temperature in the early morning. For those tests, occupants were informed prior to test end to see what the occupants’ reaction could be if pre-cooling persisted for a longer period and they had opportunities to adjust to the new thermal environment.

1.3. Report Organization

Chapter 1 provided an introduction with descriptions of previous studies, the theory and the objectives of this research. Chapter 2 gives field test results, covering load-shedding and thermal comfort surveys in two medium sized office buildings. Chapter 3 provides conclusions and recommendations for future work. Appendix A, Request for Participation, provides an example of the document sent to facility owners and operators to recruit sites. Appendix B includes the test plan for the study. Appendix C includes the web-based survey instrument that

was used to obtain comfort observations from building occupants, while Appendix D includes a copy of the e-mail sent out to recruit occupant participation in the comfort surveys.

2.0 Pre-Cooling Field Studies: Project Approach and Results

2.1. Introduction

With the help of Southern California Edison, the research team selected two typical office buildings to demonstrate the capability of automated demand shed in buildings on critical peak pricing (CPP) days – an office building in Visalia and the other one in San Bernardino. The selection was based on location, technical feasibility, and owner participation. A strategy similar to the demand-shifting strategy implemented in the 2004 study, based on zone temperature reset, was used in these two office buildings.

There were several reasons for selecting these two office buildings, which for the purpose of confidentiality are labeled *CHCCC* and *TCCSB*. Both were medium-sized buildings with full digital direct controls (DDC) that allow for zone temperature setpoint adjustments. *CHCCC* is a typical office building with open space cubicles and a large portion of the floor area covered with the carpets. It has a large glazing area on the west and east façades. *TCCSB* is also a typical three-story office building with carpeted floor. The windows are tinted single panes. Studying buildings with a typical design and layout gave researchers the opportunity to test and verify the thermal mass metrics models and applicability of the methods to other office buildings. In addition, both of these buildings are occupied by a single tenant. The building property management teams were innovative and interested in trying new ideas and methods to reduce their utility costs.

2.2. Methodology

2.2.1. Occupant Surveys

Demand shifting and load-shedding strategies should be acceptable from the perspective of the building users so that employee productivity and customer satisfaction are not hampered. CBE surveyed building occupants to assess their comfort levels during the tests. Occupants were surveyed in the morning, early afternoon, and late afternoon to assess the effects of the pre-cooling period, the moderate shed period, and the high shed period.

Employee Web-based Survey

The Center for the Built Environment had developed a web-based occupant indoor environmental quality survey that had been conducted in more than 230 office buildings in North America and Europe. For the 2004 tests, CBE developed a customized comfort survey instrument to assess employees' thermal sensation, comfort and productivity ratings. The same comfort survey instrument was employed during the 2006 tests.

The web-based comfort survey had three pages, preceded by a welcome page. The welcome page informed the users of the survey's purposes; its voluntary, confidential, and anonymous nature; and the expected time to complete it. On the first survey page, users were asked to fill in their office or cubicle number to identify their location in the building for later analysis with temperature logs. The second survey page contained questions about the occupants' current clothing and activity. This allowed CBE to calculate their clo value (the insulation value of clothes; 1 clo ~ a person wearing a typical business suit) and metabolic rate, and to evaluate

whether people take off/put on clothing as the temperature shifts to keep themselves comfortable. On the third page, as shown in Figure 1, two questions were asked. One was designed to assess sensation and comfort, and the other polled the respondents for their opinion of the effect of the temperature on their productivity. It should be noted that both questions are self-assessment questions rather than objective questions based on physical measurements. Both questions use seven-point scales for the users' responses. The information collected in the survey, along with the detailed thermal measurements recorded in proximity to the occupants, also enabled CBE to calculate the Predicted Mean Vote (PMV)¹ for comparison with the actual comfort vote. The entire survey instrument is included in Appendix C.

Please answer the following questions based on your experience right now:

How would you rate the current temperature in your workspace?

☐ Much too warm
☐ Too warm
☐ Comfortably warm
☐ Comfortable (and neither cool nor warm)
☐ Comfortably cool
☐ Too cool
☐ Much too cool

Does the current temperature in your workspace enhance or interfere with your ability to get your job done?

Enhances ☐ ☐ ☐ ☐ ☐ ☐ ☐ Interferes

Any additional comments or recommendations about the current temperature?

Figure 1. Web-based Polling station for surveying visitors

Source: Center for the Built Environment, UC Berkeley

Employee Survey Requests

Employees were asked by e-mail to take the survey at least twice per day (once in the morning and once in the afternoon) and more often if possible. The survey was brief and took two to three minutes to complete on the first viewing and about one minute thereafter. Although it

¹ PMV is predicated mean vote, the average comfort vote predicted by a theoretical index (generally that of Fanger) for a group of subjects when subjected to a particular set of environmental conditions.

would have been ideal to have all employees take the survey at frequent, specified times throughout the day, the reality of the typical office schedule made the success of this approach unlikely. Further, the research team was wary of demanding too much of the occupants. During the 2004 tests, the team had notified the occupants each time they wanted them to take the survey and learned that some of the employees had found the multiple e-mails intrusive. During the 2005 tests, the team attempted to minimize the communication impact. This strategy was apparently successful at an Oakland, California, site, but there was low participation from the employees at the Chabot Space and Science Center. During the 2006 tests, to increase the participation rate, CBE used in-kind support to offer three Apple iPods as the rewards to the occupants. The strategy worked well and spurred a higher participation rate from this building than from among all the buildings tested previously.

As a first step, an e-mail was sent to all building occupants to explain the purpose of the survey and to ask the recipient to fill out the survey on the days before the pre-cooling tests, to construct a baseline. Then a brief e-mail was sent the day before a test or baseline day to remind people to participate. See Appendix D for employee survey informational e-mails.

CBE sent the e-mail directly to the property manager, and the manager forwarded the e-mail to the occupants. In general, it has been preferable to have the occupants receive the survey request from a known, respected person in the building, such as a supervisor or facilities manager. This can foster good response rates because it conveys a sense of importance and sanctions taking the survey during working hours.

2.2.2. Thermal Conditions Monitoring

During the study period, LBNL monitored the study sites via the emergency management and control system (EMCS), and CBE logged thermal measurements in the spaces every five minutes using 100 HOBO® loggers. The new Onset Technology HOBO loggers allowed continuous logging through the test without reading and restarting. Three different types were used: 50 U-10 temperature loggers, 25 U-12 loggers with internal temperature and relative humidity sensors, and 25 U-12 loggers equipped with external temperature sensors in addition to the internal ones. The loggers were placed in a regular grid pattern throughout the building. In previous years, Indoor Climate Monitors (ICMs) were also used. The ICMs log ambient temperature, radiant temperature, and air speed. However, these devices are more difficult to transport and would have required multiple trips to download data. In the 2007 test, there were generally very low air speeds and little variation between the ambient and radiant temperatures. Therefore, it was decided that the ICMs would not be used and the density of HOBOs would be increased.

2.2.3. Weather and Test Conditions

The 2006 tests in Visalia began in late summer and weather conditions were slightly cooler than desired, although tests were conducted on several extremely hot days. During the 2005 tests, the weather was not as hot as hoped for at the test sites, so the majority of those tests were conducted in moderately warm weather. All of the surveys in 2006 were conducted between September and October. Most tests were conducted on days with 95°F-plus peak outside air temperatures. A few were conducted when outside air temperature reached above 100°F.

The 2007 tests in San Bernardino were conducted on extremely hot days, hot days, and cool days. The outside air temperature on the extremely hot day reached above 110°F. The peak outside air temperatures on the hot and cool days, respectively, was 104°F and 85°F.

3.0 Results

3.1. Test Site I – Office Building in Visalia, CHCCC

3.1.1. Test Site Description

The test site designated as CHCCC is an 87,000-square-foot typical office building in the city of Visalia, California (see Figure 2). The building is a medium mass rectangular building with most floors carpeted. The walls are well insulated, but the plenum space is not insulated. The window to wall ratio on the longer west and east sides was about 30%.

There are eight 50-ton air-handling rooftop units that chill water to condition outside air and provide air circulation throughout the entire facility. All of them are single-duct variable air volume (VAV) air handling units (AHUs). An AutomatedLogic Supervision DDC control system provides indoor comfort control.

Figure 2. Test site I, CHCCC

The building has a separate rooftop unit serving the north side of the building. Those units were off during the tests. In summer, the outside air ventilation rate is constant to keep the zonal CO₂ levels within the desired range. The supply and return fans for the larger dual duct system are equipped with variable frequency drives (VFD). There are about 40 zones in the building. Although the building is fully equipped with DDC, it had no global zone temperature adjustment capability before the study. This function was added to the DDC system's program as part of this study.

The building's operation is typical of that of many offices, except the early start in the morning as a call center. The building is open to workers from as early as 4 a.m. However, the majority of employees come to work after 8 a.m. In normal operation, the HVAC system starts at 2 a.m. and pre-heats or pre-cools the building until 8 a.m., depending on the outside weather conditions. Before the tests, no major faults in the mechanical system were apparent in this building; however, some controllers had not been tuned properly and certain valves and dampers were oscillating during operation. Because of broken VAV dampers, there were a few comfort

complaints in the corresponding offices. The building operators had worked at the building for a while and were quite confident and familiar with its mechanical system.

3.1.2. Test Strategies

Figure 3 shows the pre-cooling and zone temperature reset strategies that were tested. The building was normally operated at a constant setpoint of 74°F throughout the startup and occupied hours. After 6 p.m., the system was shut off and zone temperatures were allowed to float. Under normal operation (5 a.m. to 6 p.m.), the setpoints in individual zones ranged from 72°F to 76°F, with an average value of about 74°F.

Figure 3. Pre-cooling strategies tested

The first strategy tested was termed *pre-cooling + linear zonal reset*. The HVAC system was turned on earlier in the morning than in normal operation to pre-cool the building to 70°F from 3 a.m. to 7 a.m. From 7 a.m. to 12 p.m., mostly occupied hours, all the zone temperature setpoints were changed to 72°F. From 12 p.m. to 6 p.m., the CPP moderate and high price periods, the setpoints were raised linearly to 78°F. After 6 p.m., before the system was shut off, the setpoints were kept at 74°F.

The second strategy was termed *pre-cooling + exponential reset*. The temperatures were raised exponentially rather than linearly in the afternoon period. This increases the setpoint temperatures faster and is expected to reduce rebound effects as the system is not trying to maintain the lower temperatures longer.

The third strategy was called *no pre-cooling + exponential reset*. The zone temperatures were raised exponentially in the afternoon in the same way as in the second strategy, but there was no pre-cooling from 3 a.m. to 7 a.m. One aim of the tests was to determine the effect of the extended pre-cooling on the upcoming peak demand shedding period.

Table 1 shows the setpoints for the existing (baseline) operation and the test schedules that were proposed to be programmed into the control system. In the first week, different strategies were tested to collect information for analyzing the effect of pre-cooling strategies.

Table 1. Proposed test scenarios—zone temperature setpoint schedules

3.1.3. Monitoring

The building has a whole building power meter and no other sub-meters. There is no weather station measuring outside air temperature and humidity. The control system has a dedicated outside air temperature sensor. In addition to that, one HOBO sensor was installed on the rooftop to collect outside air temperature. The HVAC performance data were recorded using the building control system. Roughly 50 data points were collected at 15-minute intervals. Eight power meters were installed on the rooftop units to determine the impact of control strategies on the cooling load and cooling power. Temperatures in the zones were recorded through the building control system. These temperature data were compared with indoor air temperature measurements from devices installed by CBE in both the office and exhibition areas.

3.1.4. Confirm Baseline

In the 2003 and 2004 studies, the expected strong correlation between peak outside temperature and whole building power was observed in all tested buildings (Xu et al. 2004). For this study, in order to decrease the difference of the outside temperature profile between baseline and test days, baseline days for each test day were selected based on similarity of peak outside air temperature and outside temperature profiles.

First, according to similarity of peak outside air temperature, there were few days that could be selected as baseline days. The average variance of hourly outside air temperature (AVHOAT) between the baseline days and test days were calculated as:

$$AVHOAT = \frac{1}{24} \sum_{i=1}^{24} (B_i - T_i)^2$$

B_i = the hourly outside air temperature of baseline days

T_i = the hourly outside air temperature of test days

The tests were conducted on hot days from September 11 through September 25, 2006. The daily peak outside air temperatures were between 90°F and 100°F. The forecasted outdoor temperature was about three degrees higher than the real temperature measured from a HOBO sensor installed on the roof. The hottest temperature observed by the HOBO sensor during the summer 2006 was 102°F.

In total, the research team conducted nine tests (see Table 2). Each test lasted for one day. There were nine pre-cooling and zonal reset tests including no pre-cooling with zonal reset, seven of them were on cool days and two of them were on warm days. There were two *pre-cooling* +

linear reset tests, two *pre-cooling + aggressive linear reset* tests, one *pre-cooling + exponential reset* test, and two *non-pre-cooling + zonal reset* tests. All tests were duplicated except for the *pre-cooling + exponential reset* test, which was not duplicated because of time constraints. The remaining two days were *baseline survey* days on which no intervention occurred. Table 2 shows the dates, strategies, and weather conditions for the tests.

Table 2. Pre-cooling and zonal reset test scenarios

Number	Date	Strategies	Peak Outside Air Temp
1	9/11/2006	Baseline, no comfort survey	99°F
2	9/12/2006	Morning pre-cooling + linear set up	99°F
3	9/13/2006	Night/morning pre-cooling + exp set up	102°F
4	9/14/2006	Morning pre-cooling + exp set up	102°F
5	9/19/2006	Baseline, comfort survey	95°F
6	9/20/2006	No pre-cooling + exp set up	95°F
7	9/21/2006	Morning pre-cooling + zonal set up	95°F
8	9/25/2006	Baseline	95°F
9	9/26/2006	No pre-cooling + zonal set up	99°F

Table 3 presents the comparisons of hourly outside air temperature between the pre-cooling test days and baseline days. The 9/7/06 baseline was confirmed to be the best baseline and that day was used as the baseline for all of the “Hot” weather test days.

Table 3. Hot weather conditions

Date	Test day		Baseline days			
	9/12/06	9/4/06	9/6/06	9/7/06	9/8/06	9/19/06
Peak Outside Air Temperature (°F)	99.0	93.2	98.6	98.6	91.4	93
AVHOAT	-	22.67	12.22	4.36	4.36	13.14

Date	Test day		Baseline days			
	9/13/06	9/4/06	9/6/06	9/7/06	9/8/06	9/19/06
Peak Outside Air Temperature (°F)	102	93.2	98.6	98.6	91.4	93
AVHOAT	-	39.77	7.17	7.05	51.01	67.07

The building property manager sent the web-based survey e-mail to the employees. All of the resulting data could be correlated with air temperature measurements made near the survey respondent.

3.1.5. Results

Total Energy Use

The test data showed significant peak demand savings for all the pre-cooling strategies in both cool and warm/hot conditions.

Morning pre-cooling with linear temperature reset. Figure 4 shows whole building power measurement for the “baseline” and “morning pre-cooling + linear temperature reset” on the hot days. The baseline day electricity usage for cooling was slightly lower than that on test days. At 12 p.m., when the zone temperature setpoints started to rise, the demand power was reduced with the linear temperature reset on the pre-cooling test days. An equal amount of the load was shifted from the afternoon on-peak period to the morning off-peak period. The afternoon cooling load was reduced by as much as 25% during the high price period from 3 p.m. to 6 p.m.

Table 4 presents the demand shed in the moderate and high price period. The high price period difference in maximum demand was 166 kilowatts (kW). During the test, the research team observed no rebound of package unit power before 6 p.m., which indicated that the temperature had not yet reached to the 78°F setpoint at the end of the test and some thermal mass had not been fully discharged in this building.

Figure 4. Night and morning pre-cooling with linear temperature reset in peak hours, CHCC

Table 4. Demand shed – Morning pre-cooling with linear temperature reset

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	94	49	1.08	0.56	13%	7%
High Price	166	124	1.91	1.42	25%	19%

Note: WBP% is the percent of whole building peak demand.

Morning pre-cooling with exponential temperature reset. Figure 5 shows the effects of exponential temperature reset in the afternoon. The demand reductions during the moderate price period were much more obvious than those during the linear temperature reset test, because the temperature setpoints were raised much faster during the exponential temperature reset test.

Figure 5. Effects of night pre-cooling on second day cooling load - warm days, CHCCC – exponential temperature reset.

Table 5 shows the demand shed for morning pre-cooling with exponential temperature reset. It was obvious that the pre-cooling with exponential strategy reduce the demand throughout the CPP period. The cumulative demand shed was 170 kW before 4 p.m.; however, the maximum demand was not reduced as much as expected during the high price period.

Table 5. Demand shed – Morning pre-cooling with exponential temperature reset

<i>Price Level</i>	<i>kW</i>		<i>W/sq ft</i>		<i>WBP%</i>	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	170	110	1.96	1.26	24%	16%
High Price	154	94	1.77	1.08	23%	14%

Similar to the linear temperature reset test, the reduction in demand did last until the unoccupied hours, but the cooling energy demand rebounded in the afternoon by the end of the test. The exponential temperature rise was a little bit too aggressive and a smaller building time constant should be used to calculate the optimal exponential trajectory. The thermal mass of this building is much heavier than that of the value calculated. The approaches and assumptions made in the model need to be evaluated. That said, the rebound demand was still smaller than the original peak demand and the overall demand savings are still very substantial.

Morning pre-cooling versus night pre-cooling. The effects of night pre-cooling on the upcoming day load were minimal. Figure 6 shows two tests that used the same exponential reset strategy in the afternoon. One test used night and morning pre-cooling and the other used morning pre-cooling only. On both test days, the demand reduction in the afternoon was substantial. However, compared to morning pre-cooling, only the night and morning pre-cooling scenarios had no strong effect on the morning and afternoon load reduction. The load reduction in the afternoon period for morning pre-cooling test was slightly lower than that of night and morning pre-cooling. Comparing the results in Table 5 (morning pre-cooling) and Table 6, (night and morning pre-cooling) the night pre-cooling did not take much advantage of cooling stored in the night period. On the night pre-cooling days, the rooftop units started about three hours earlier than that of the baseline. The effect of night pre-cooling seems to be very weak, and there was no substantial reduction in the morning load. It was mostly because of the relative light mass of the building. Night pre-cooling did not reduce the cooling load in the morning, while the afternoon temperature reset shifted the cooling load from peak hours to non-peak hours. In heavy mass buildings that the team had tested before, it was shown that night pre-cooling could reduce load in the morning.

These test results are helpful in addressing questions from tests performed in 2003, 2004, and 2005. The results from both 2003 and 2004 tests in lighter thermal mass building indicated that night pre-cooling had very limited effects on afternoon electrical demand, especially on relatively cool days. The results from 2005 tests indicated that, for heavy mass buildings, the effect of night pre-cooling could be very significant. This study indicated that, regardless of mass, level night pre-cooling had very little effect.

Figure 6. Effects of night pre-cooling on upcoming day cooling load - moderately warm days, CHCCC

Table 6. Demand shed – Night and morning pre-cooling with exponential temperature reset

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	131	64	1.51	0.73	19%	10%
High Price	136	101	1.56	1.17	20%	16%

Rooftop units' energy usage

Morning pre-cooling with linear temperature reset. Figure 7 shows the comparison of the electrical demand of the rooftop units between the baseline and the test day with “morning pre-cooling with linear temperature reset.” During the morning pre-cooling period, the demand was almost two times the baseline. After 12 p.m., the rooftop units' demand began to decrease, and it reduced further during the high price period. However, the results indicated that the demand profile of the rooftop units was not flat under pre-cooling with linear temperature reset.

Figure 7. Rooftop units total demand (kW) – Morning pre-cooling with linear temperature reset, CHCCC

Morning pre-cooling with exponential temperature reset. As shown in Figure 8, pre-cooling with exponential temperature reset was able to reduce demand throughout the CPP period, but there was a rebound during the high price period. Around 3 p.m., the demand of the rooftop units decreased rapidly by as much as 50%. As discussed before, the exponential temperature reset strategy setpoints resulted in peak demand savings.

Figure 8. Rooftop units – demand (kW) – Morning pre-cooling with exponential temperature reset, CHCCC

Night and morning pre-cooling with exponential temperature reset. Figure 9 shows the effect of “night & morning pre-cooling with exponential temperature reset.” The demand profile during the “exponential temperature reset” period was flat, as shown in Figure 9. Compared to the effect of “morning pre-cooling with exponential temperature reset,” it did not reduce the demand that much during the morning and moderate price periods, and there was a slight rebound in the high price period. The max/min demand power was reduced by 100 kW over the high price period.

Figure 9. Rooftops units – Total Demand (kW) – Night and morning pre-cooling with exponential temperature reset, CHCCC

Morning pre-cooling versus no pre-cooling. Figure 10 shows the impact of the morning pre-cooling temperature reset strategies. Temperature resetting in the afternoon alone (no pre-cooling) can result in peak demand reductions. However, morning pre-cooling shifts loads from the peak hours to off peak hours, resulting in a 50 kW higher than the demand savings without pre-cooling.

Figure 10. Rooftops units – Total Demand (kW) – Morning pre-cooling versus no pre-cooling, CHCCC

Return Air Temperature

Return air temperature. As shown in Figure 11, the return air temperature on a typical exponential temperature reset test day was never higher than 75°F, although the building setpoints were at 78°F by the end of the peak hour. In the night pre-cooling and morning pre-cooling period, the temperature followed the setpoints in the morning. In the afternoon period, the setpoints were reset higher, but the zone temperatures remained lower than the setpoints. This is one reason why no complaints were registered in the afternoon.

This could be due to the high minimum air flow rate - the VAV minimum air flow rate may have been set too high or the system supply air temperature may have been set too low. Although the VAV box dampers were pushed to their minimum positions, the cooling delivered through the minimum air flow rate was sufficient to keep the building at 75°F. To fully take advantage of the building thermal mass, the supply air temperature should be reset to a higher value than before the peak period. That test was not done in this study because the supply temperature reset function was not built in to the EMCS.

In summary, these tests underestimate both potential peak energy savings and impact on occupant comfort.

Figure 11. Return air temperature on one typical pre-cooling test days, CHCCC – Expanded temperature reset

Energy Demand Economic Analysis

Southern California Edison (SCE) is the utility provider for these two office building. Table 7 shows the Time of Use time period-General service rate schedules. Table 8 includes Schedule TOU-8-CPP details – the schedule on which the building is billed when participating in the Critical Peak Pricing program.

The total energy cost includes customer charge, energy charge, and demand charge. For the energy charge and demand charge, these charges are calculated according to time of use rates and time-related demand charge rates. Especially during CPP period, the effect of these pre-cooling strategies is obvious on energy cost saving. The energy charges during high price period (3 p.m. to 6 p.m.) are approximately nine times the standard rate schedule. The field test data indicate that the maximum demand shed always appears during the high price period, therefore, pre-cooling and demand shed strategies can reduce energy usage and energy cost.

Table 7. Time of Use time period-General service rate schedules

TOU-8 Summer Season

First Sunday in June to the first Sunday in October

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 a.m.							
Noon							
6 p.m.							
11 p.m.							
8 a.m.							

TOU-8 Winter Season

First Sunday in October to the first Sunday in June

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 a.m.							
10 a.m.							
9 p.m.							
8 a.m.							

On-Peak: Highest Energy Rate
 Mid-Peak: Medium Energy Rate
 Off-Peak: Lower Energy Rate

Source: Southern California Edison (2008)

Table 8. Detailed TOU-8-CPP rate schedule

Rate Schedule	Rate Structure	Customer Charge	Demand (kW) Charge	Energy Charge (per kWh)
TOU-8-CPP (Below 2 kV)	<ul style="list-style-type: none"> Time-of-Use rates Facilities- and Time-related demand charges Seasonal structure Benefits customers who can significantly reduce usage during an activated Critical Peak Pricing (CPP) period 	\$414.98 per month per meter	<p>Facilities-related demand charge per monthly maximum kW per meter <u>Delivery:</u> \$9.71 <u>Generation:</u> \$0.00</p> <p>Time-related demand charge per monthly maximum kW per meter in the summer season only <u>Delivery:</u> \$0.00/on-peak (Including CPP High-Price) \$0.00/mid-peak <u>Generation:</u> \$15.37/on-peak (Including CPP High-Price) \$5.19/mid-peak</p>	<u>Delivery:</u> \$.01390 <u>DWR Generation:</u> \$.09490 <u>SCE Generation:</u> Summer Season – \$.33377 (CPP Mod. Price Period Noon – 3:00 p.m.) High Price Period 3:00 p.m. – 6:00 p.m.) \$.73249 <u>Non CPP Event Time Periods</u> Summer Season – \$.08840/on-peak \$.06291/mid-peak \$.03637/off-peak Winter Season – \$.06547/mid-peak \$.04014/off-peak

Morning pre-cooling with linear temperature reset. The energy cost was calculated based on the rate schedule and energy usages. Figure 12 shows the energy usages in different rate periods and total energy consumption. Figure 13 shows the corresponding energy costs. It shows that an almost equal amount of the energy was shifted from CPP period to the non-CPP period. The energy charge on pre-cooling test day was reduced by \$278 because of the rate difference between the CPP period and the other period. The energy cost saving for the demand charge will be around \$1380 per month if the building runs this strategy in these hot weather conditions.

Figure 12. Morning pre-cooling with linear temperature reset, CHCCC – Energy usage (kWh)

Figure 13. Morning pre-cooling with linear temperature reset, CHCCC – Energy cost (\$)

Morning pre-cooling with exponential temperature reset. Figure 14 and Figure 15 show the comparison of energy usages and cost between the baseline day and pre-cooling test day. It could be seen that “morning pre-cooling with exponential temperature reset” decreased the total energy usage more than “morning pre-cooling with linear temperature reset.” However, the demand charge saving was much smaller because of the demand rebound in the high price period. It indicates that it is very important to prevent the demand rebounding in the high price period, or the effect of this pre-cooling strategy would be eliminated for decreasing peak demand.

Figure 14. Morning pre-cooling with exponential temperature reset, CHCCC – Energy usage (kWh)

Figure 15. Morning pre-cooling with exponential temperature reset, CHCCC – Energy cost (\$)

Night and morning pre-cooling with exponential temperature reset. Figure 16 shows the comparison of energy usage while Figure 17 shows the corresponding costs. “Night & morning pre-cooling with exponential temperature reset” did not reduce much demand in morning and moderate price period; at the same time, this strategy increased the energy consumption at night. The total energy consumption on pre-cooling test day was higher than the baseline day by 400 kWh. However, there was slight rebound in high price period for this strategy, therefore, the demand charge saving was around \$1358, which was much higher than “Morning pre-cooling with exponential temperature reset.”

Figure 16. Night and morning pre-cooling with exponential temperature reset, CHCCC – Energy usages (kWh)

Figure 17. Night and morning pre-cooling with exponential temperature reset, CHCCC – Energy cost (\$)

3.1.6. Occupant Comfort

Participation

In past years, participation in occupant comfort surveys had been rather low. Since the test was planned around kiosk voting, there was a concern that participation would be lower since users would need to vote during their breaks. Therefore, iPod Shuffles were raffled as an incentive. The users were informed that each vote gave them an entry in the raffle. Although users were able to vote at their desks in the end, it seems that the iPods were an effective incentive in general. In 2007, 844 valid votes were collected, 444 of which occurred on tests days. This was a significant increase from the previous year's results. In comparison, the Oakland site had 414 valid votes, and the Chabot Museum had even less. The e-mail about the survey and the iPod prizes went out on September 14, 2006. This day had the highest response, with 270 votes. Unfortunately because of the unexpected change to cubicle voting on this first day, the survey needed to be reworded. This change could not be implemented until noon, so the large turnout all occurred in the afternoon.

Day Types

Votes were collected on four test days: two days with pre-cooling and two days with only afternoon setup. Each test day was matched with a baseline day with the closest peak outside temperature and more than 10 votes. Table 9 shows the data associated with the matching days.

Table 9. Test days and their corresponding baseline days

<i>Test Days</i>	<i># Votes</i>	<i>Peak Temp*</i>	<i>Test</i>	<i>Baseline Days</i>	<i># Votes</i>
9/14/06	270	102.0	Morn pre-cool /Exponential Setup	9/19/06	78
9/20/06	52	95.0	No pre-cool/No Setup	9/22/06	36
9/21/06	89	95.0	Morn pre-cool /Exponential Setup	9/27/06	27
9/26/06	33	99.0	No pre-cool/ No Setup	9/19/06	78

* Measured from a HOBO sensor installed on the roof

Overall Data

Outdoor temperature was measured by a HOBO on the roof. Figure 18 shows the outdoor temperatures for the duration of the test.

Figure 18. Outside temperature profiles through the surveyed period

Temperature votes are consolidated in Figure 19. The first e-mail was sent out on September 14, 2006 and several times after that. Users continued to submit votes through the middle of October. Note that some users voted on weekend days such as September 16, 2006. This figure shows both the distribution of votes over the study and the thermal levels on each day.

Figure 19. Temperature votes per day

There is often a close relationship between thermal comfort and self-reported productivity. Productivity is an important factor in this study because occupant salaries and benefits generally represent over 90% of a building's total cost. Management will be unlikely to

implement demand shifting strategies if there is a concern that the occupants will be negatively affected. Figure 20 shows the relationship between thermal comfort and productivity throughout the study based on the survey data. The y-axis represents the productivity votes ranging from “temperature interferes” to “enhances the user’s ability to get their job done.” On the x-axis, temperature votes range from “much too cool” to “much too warm.” The size of the circle is proportional to the number of votes, so the largest group voted that they were comfortable (neither warm nor cool) and that the temperature has a neutral effect on their ability to get their job done. In general, there is an inverse U-shape to this relationship. As users become cooler or warmer, they tend to feel an increasing negative effect of their productivity. The groups that said the temperature enhances their ability to get their job done usually fell in the neutral thermal zone. However, it is interesting to note that some users said they were much too cool, but that it enhanced their productivity. In contrast, no one who said that they were much too warm said that this enhanced their productivity.

Figure 20. Correlation between temperature sensation and perceived productivity

Each user was matched to the closest HOBO, based on the cubicle number that they entered in the survey. The overall relationship between indoor temperature and sensation is shown in Figure 21. The y-axis shows sensation again, ranging from much too cool (-3) to much too warm (3). The red line on the graph is a linear fit to the data. This fit is shifted to the cooler sensation side, indicating that the users tend to vote on the cooler side more often than the warmer side. This corresponds to the user comments. Almost all of the user comments were cold complaints. These complaints were seen on both test days and baseline days.

Figure 21. Thermal sensation vs. indoor temperature

No Pre-cooling/Afternoon Setup

Figure 22 shows the sensation votes for the test day (on the right) and the corresponding baseline day (on the left). The outdoor temperatures are also shown. For the sensation plots the y-axis represents votes where a -3 is much too cool, 0 is comfortable (neither warm nor cool), and 3 is much too warm. These votes are plotted against the workday hours in the x-axis so that daily trends can be seen.

Figure 22. Daily outdoor temperature and sensation votes for 9/22/2006 baseline and 9/20/2006 test day

Figure 23 shows the split of sensation votes on the test and baseline day. Much too warm and too warm votes are in orange; comfortably warm, comfortable, and comfortably cool votes are pale yellow; too cool and much too cool votes are in blue. The chart on the left shows the general split of the votes, with the baseline day on the left and the test day on the right. The chart on the right displays the same information, but with each category based on zero. This allows a quicker comparison between percentage changes in the categories. Both charts show the number of votes at the bottom of each bar.

Figure 23. Breakdown of sensation votes for 9/22/2006 baseline and 9/20/2006 test

Figure 24 shows the breakdown of self-reported productivity for the test and baseline day. Here, the orange represents people who said that the temperature enhances their ability to get their work done. The pale yellow is the neutral group and blue is the group who said that the temperature interferes with their ability to get their work done. While increases in the “enhance” and “neutral” groups are good, the main concern of this study is that the “interferes” category does not increase on a test day.

Following the same pattern, Figures 25 to 33 show the survey results for the other test days.

Figure 24. Breakdown of productivity votes for 9/22/2006 baseline and 9/20/2006 test

Figure 25. Daily outdoor temperature and sensation votes for 9/19/2006 baseline and 9/26/2006 test day

Figure 26. Breakdown of sensation votes for 9/19/2006 baseline and 9/26/2006 test

Figure 27. Breakdown of productivity votes for 9/19/2006 baseline and 9/26/2006 test

Morning pre-cooling – September 19, 2006

Figure 28. Daily outdoor temperature and sensation votes for 9/19/2006 baseline and 9/14/2006 test day

Figure 29. Breakdown of sensation votes for 9/16/2006 baseline and 9/14/2006 test

Figure 30. Breakdown of productivity votes for 9/19/2006 baseline and 9/14/2006 test

Morning pre-cooling – September 27, 2009

Figure 31. Daily outdoor temperature and sensation votes for 9/27/2006 baseline and 9/22/2006 test day

Figure 32. Breakdown of sensation votes for 9/27/2006 baseline and 9/22/2006 test

Figure 33. Breakdown of productivity votes for 9/27/2006 baseline and 9/22/2006 test

3.2. Test Site II – Typical Office Building in San Bernardino, TCCSB

3.2.1. Test Site Description

The TCCSB test site, in San Bernadino, California, is a 104,500 ft² three story curtain wall office building with carpeted floor. The windows are single paned with tinted glass. The building has no external shading and uses internal blinds to manually control glare.

The building has three DX air-handling rooftop units that condition outside air and provide air circulation. Each unit serves one floor space. The distribution systems are single-duct VAV systems. In total, the system has roughly 150 zones. An AutomatedLogic *Webctrl* 3.0 DDC control system provides indoor comfort control.

The building's operation is typical of that of many offices, except the early start in the morning. The program has an optimal start and will decide when to start the HVAC system automatically, depending on the outdoor and indoor temperatures in early mornings. The majority of employees come to work after 8 a.m. The female-to-male occupant ratio in the building is about 40:60. In normal operation, the HVAC system starts at 5 a.m. and pre-heats or pre-cools the building until 8 a.m., depending on the outside weather conditions. The building does not have dedicated operators. The mechanical engineers of the Center are responsible for the daily building operation and the maintenance. The team has worked at the building for a while and was quite confident and familiar with its mechanical system.

3.2.2. Test Strategies

The pre-cooling and zone temperature reset strategies tested were the same as that of the CHCCC building. The strategies are listed in Table 10. The building was normally operated at a constant setpoint of 74°F throughout the startup and occupied hours. After 6 p.m., the system was shut off and zone temperatures started to float. Under normal operation, the setpoints in individual zones ranged from 72°F to 76°F, with an average value of about 74°F.

The first strategy was called *no pre-cooling + zonal reset*. There was no pre-cooling in the early morning. The zone temperature setpoints were increased by 1°F at 1:00 p.m and by another 1° at 2:00 p.m.

The second strategy tested was termed *pre-cooling + linear zonal reset*. The HVAC system was turned on at 5 a.m. to pre-cool the building to 72°F. This is 2°F lower than this time period's normal operating zone setpoint. At 12 p.m., the zone temperature setpoint was raised 1°F to 73°F. One hour later, at 1 p.m., the room temperature setpoint was raised by 1°F to 74°F. From 12 p.m. to 6 p.m. (the CPP moderate and high price periods), the setpoints were raised linearly to 78°F. The setpoints were kept at 78°F until the system was shut off for the night.

The third strategy was termed *pre-cooling + exponential reset*. The temperatures were raised up exponentially rather than linearly in the afternoon period. The temperature raise was more aggressive at the beginning and tailed off at the end.

The temperature setpoint offset is summarized in the table below.

Table 10. Demand response temperature setpoint offset (°F)

Type	Time of the day (military time)														
	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
No-precooling, zonal reset	off	0	0	0	0	0	0	0	0	1	2	2	2	2	off
Pre-cooling, linear reset	off	-2	-2	-2	-2	-2	-2	-2	-1	0	1	2	3	4	off
Pre-cooling, exp reset	off	-2	-2	-2	-2	-2	-2	-2	2	2	2	3	3	3	off

3.2.3. Monitoring

The building has a whole building power meter and no other sub-meters. There is a weather station measuring outside air temperature and humidity. The control system has a dedicated outside air temperature sensor to measure the temperature. The HVAC performance data were recorded using the building control system. Roughly 50 data points were collected at 15-minute intervals. Three power meters were installed on the rooftop units to determine the impact of control strategies on the cooling load and cooling power. Temperatures in the zones were recorded through the building control system. These temperature data were compared with indoor air temperature measurements from devices installed by CBE in both the office and exhibition areas.

3.2.4. Confirm the Baseline

Method

The baseline selection was similar to that used at the CHCCC test site. Baseline days for each test day were selected based on similarity of outside air temperature. For this field test, the research team not only tried to match the peak outside air temperature but also tried to minimize the hourly temperature difference between the baseline days and the test days.

The outside temperature data of these days were analyzed starting August 13 to September 30, 2007. In this period the peak outside air temperature was between 70°F and 115°F. This time period covered different weather conditions that are characterized as Cool Days, Hot Days, and Extreme Hot Days.

Seven tests in total were conducted, as listed in Table 11. Each test lasted for one day. There were five pre-cooling and zonal reset tests: three of these were on Hot Days, one was on an Extreme Hot Day, and one was on a Cool Day. There was one *no-pre-cooling + zonal reset* test, one *pre-cooling + linear zonal reset* test, and three *pre-cooling + exponential reset* tests. The remaining two days were baseline survey days on which no intervention occurred but with the system starting earlier than on normal days. Table 11 shows the dates, strategies, and weather conditions for the tests.

Table 11. Test schedule and scenarios

<i>Number</i>	<i>Date</i>	<i>Strategies</i>	<i>Peak Outside Air temp</i>
1	8/14/2007	no-pre-cooling + zonal reset	104°F
2	8/15/2007	pre-cooling + linear zonal reset	104°F
3	8/16/2007	pre-cooling + exponential zonal reset	104°F
4	8/17/2007	Baseline, no comfort survey	101°F
5	8/28/2007	Baseline, comfort survey	103°F
6	8/29/2007	pre-cooling + exponential zonal reset	111°F
7	9/18/2007	pre-cooling + exponential zonal reset	84°F

Note: Peak outside air temperature is measured from the DDC system

The test days were divided into three different weather conditions periods: "Hot Days," when the peak outside temperatures were about 104°F; "Extreme Hot Days," with the peak outside temperatures at 111°F; and "Cool Days," with peak temperatures at about 84°F.

The peak outside temperature and AVHOAT for each test day and possible baseline days are shown in Table 12 (Hot Days), Table 13 (Extreme Hot Days), and Table 14 (Cool Days).

Table 12. Hot Days (8/14/07, 8/15/07, 8/16/07)

	Test day	Baseline days				
Date	8/15/07	8/17/07	8/20/07	8/21/07	8/28/07	9/04/07
Peak Outside Air Temperature (°F)	103.5	100.6	102.1	103.2	102.6	103.8
AVHOAT	-	4.63	13.58	23.85	9.78	13.14

	Test day	Baseline days				
Date	8/16/07	8/17/07	8/20/07	8/21/07	8/28/07	9/04/07
Peak Outside Air Temperature (°F)	103.5	100.6	102.1	103.2	102.6	103.8
AVHOAT	-	4.71	12.44	22.13	9.01	13.07

Table 13. Extreme Hot Days (8/29/07)

	Test day	Baseline days				
Date	8/29/07 ⁴	8/28/07	8/30/07	8/31/07	9/03/07	9/04/07
Peak Outside Air Temperature(°F)	110.7	102.6	109.1	108.6	111.1	103.8
AVHOAT	-	23.26	43.53	28.40	54.59	37.75

Table 14. Cool Days (9/18/07)

	Test day	Baseline days				
Date	9/18/07	9/06/07	9/17/07	9/19/07	9/21/07	9/24/07
Peak Outside Air Temperature(°F)	83.8	89.9	78.8	71.3	82.2	88.0
AVHOAT	-	250.1	4.41	16.84	35.96	19.00

Notes:

The outside air temperature, measured from the DDC system from 1 a.m. to about 12 p.m. on 8/14/07 was missing. All the baseline days were weekdays: weekend days and holidays are not included in the samples. On the test day, the AHU serving the third floor was tripped at approximately 4 p.m.

Table 12, Table 13, and Table 14 show comparisons of the peak and hourly outside air temperature between the test and baseline days. The calculation confirms that August 17, 2007 is the best baseline day for the “Hot Days” weather condition (August 14-16, 2007). According to Table 13 and Table 14, similarly the research team confirmed August 28, 2007 as the baseline for “Extreme Hot Days” weather condition (August 29, 2007) and September 17, 2007 as the baseline day for the “Cool Days” weather condition (September 18, 2007). Though the peak outside air temperature of September 17, 2007 was about 5°F lower than that of September 18, 2007, it has the closest weather condition to that of September 18, 2007.

3.2.5. Results

2.4.5.1 Total Energy Use

Hot Weather Conditions

No pre-cooling + zonal reset. Figure 34 shows the demand (kW) measurement of the whole building for the “baseline” and “no pre-cooling with zonal reset” on August 14, 2007. The HVAC system started roughly at 3 a.m. on the baseline day (August 17, 2007), which was earlier than the test days by two hours. Starting at 1 p.m., the electrical demand was reduced by about 30 kW on average during the peak period. However, the average outside temperatures from 12 p.m. to 6 p.m. on the test day were higher than that of the baseline day by 3°F, and the peak

outside temperature was higher than that of the baseline day by 6°F. The savings were not so obvious compared with the baseline, though the demand was reduced dramatically during the zonal reset period. These zonal reset strategy savings would have been more obvious if the test day period's temperature profile had been more similar to that of the baseline day.

Figure 34. No pre-cooling with zonal reset in peak hours, TCCSB

Table 15 presents the demand shed in the CPP period. Due to the lower outside temperature of the baseline, the demand shed in the high price period was not obvious, and the average demand shed was only 3% relative to the baseline.

Table 15. Demand shed – No pre-cooling with zonal temperature reset

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	60	-10	0.68	0.69	14%	-2%
High Price	36	12	0.41	0.41	8%	3%

Pre-cooling with linear temperature reset. Figure 35 shows the effect of “pre-cooling with linear temperature reset” on August 15, 2007. The power usage on the baseline day (August 17, 2007) was lower than that of the test day (August 15, 2007) from 5 a.m. to 12 p.m. because of the pre-cooling. At 2 p.m., when the zone temperature setpoints started to rise, the electrical demand was reduced dramatically on the pre-cooling test day (August 15, 2007). The afternoon demand was reduced by as much as 19% in the moderate price period and 15% in high price period. However, rebound did happen at around 2 p.m.

The total energy used on the pre-cooling test day was slightly higher than that of the baseline day. The research team studied the comparison of the hourly outside temperature between the baseline day and pre-cooling test day and found that the average outside air temperature of the pre-cooling test day from 1 p.m. to 6 p.m. was higher than that of the baseline day by 2°F. That finding means that the comparison presented here under predicts the afternoon peak load saving. Table 16 presents the summary of the demand shed. The average demand shed during the high price reached 53 kW.

Figure 35. Pre-cooling with linear temperature reset in peak hours, TCCSB

Table 16. Demand shed - pre-cooling with linear temperature reset

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	84	28	0.97	0.32	19%	6%
High Price	64	53	0.76	0.61	15%	13%

Pre-cooling with exponential temperature reset. Figure 36 shows the effect of “pre-cooling with exponential temperature reset” on August 16, 2007. Pre-cooling with exponential temperature reset strategy reduced the load in the afternoon more drastically than that of linear temperature reset. The load increased rapidly at 2 p.m. on the “pre-cooling with linear temperature reset” test day when the room temperature met the new setpoint. But it did not occur on the “pre-cooling with exponential temperature reset” test day. The package units ran a lot steadier than they had during the linear temperature reset strategy and no rebound was observed before 6 p.m.

Figure 36. Pre-cooling with exponential temperature reset in peak hours, TCCSB

By comparing the demand shed presented in Table 16 and Table 17, the demand shed in the high price period was almost equal between these two pre-cooling strategies. Moreover, for the “pre-cooling with exponential temperature reset” strategy, the demand shed in the moderate price period was much more than that of the “pre-cooling with linear temperature reset” Strategy.

Table 17. Demand shed – Pre-cooling with exponential temperature reset (hot days)

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	72	45	0.83	0.52	16%	10%
High Price	72	46	0.83	0.53	17%	11%

Extreme Hot Days Weather Condition

Pre-cooling with exponential temperature reset.

Figure 37 shows, for hot days, the outside air temperature profile on the “pre-cooling with exponential temperature reset” and the baseline day. Figure 38 shows the effect of “pre-cooling with exponential temperature reset” on August 28, 2007, an extreme hot day. The outside air temperature of the baseline is slightly lower than the test days. This is the closest baseline that the team could find. However, the saving was still significant, even with a slightly cool baseline.

The “Pre-cooling with exponential temperature reset” strategy savings were obvious on the hot days. The afternoon electrical demand was reduced by as much as 30% in the high price period from 3 p.m. to 6 p.m. The peak demand appeared at around 3 p.m. During the test, an AHU serving the third floor tripped off at around 4 p.m., resulting in a small rebound when it came back in. The maximum difference of the peak electrical demand during the on-peak period was 84 kW. The effect of pre-cooling with exponential temperature reset was more obvious on the Extreme Hot Day than that of the same strategy on the Hot Days for this building.

Figure 37. Outside air temperature – Hot Days

Figure 38. Pre-cooling with exponential temperature reset in peak hours – Ext. Hot Days

Note: On the test day, the AHU serving the third floor was tripped off at around 4 p.m.

Table 18. Demand shed - Pre-cooling with exponential temperature reset (Ext. Hot days)

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	102	43	1.17	0.49	20%	9%
High Price	144	109	1.66	1.25	30%	23%

Cool Day Weather Condition

Pre-cooling with exponential temperature reset.

Figure 39 shows, for cool days, the outside air temperature profile on the “pre-cooling with exponential temperature reset” and the baseline day. As shown in Figure 40, the amount of reduced electrical usage during the on-peak period was more than that of increased electrical usage with pre-cooling in the morning on the test day. The afternoon electrical demand was reduced by as much as 15% throughout the moderate and high price period from 12 p.m. to 6 p.m. Compared to test results on the hot days, the shed during the on-peak period on the cool days was smaller than the shed on the hot days with same strategy, but still significant.

Figure 39. Outside air temperature – Cool weather conditions, TCCSB

Figure 40. Pre-cooling with exponential temperature reset in peak hours – Cool Days, TCCSB

Table 19 shows that the demand shed in the moderate price period was almost equal to that in the high price period. There was no rebound throughout the moderate and high price periods.

Table 19. Demand shed – Pre-cooling with exponential temperature reset (cool days)

Price Level	kW		W/sq ft		WBP%	
	Max	Ave	Max	Ave	Max	Ave
Moderate Price	54	38	0.62	0.43	15%	10%
High Price	48	33	0.55	0.38	14%	10%

Rooftop Units' Total Energy Use

Hot Weather Conditions

No pre-cooling with zonal reset. Figure 41 shows the comparison of the total electricity demand of the rooftop units between the baseline and the test day with “No pre-cooling with linear temperature reset.” The average outside air temperature was higher than that of the baseline by 3°F during “zonal temperature reset” period and the max outside air temperature was higher than that of the baseline by nearly 6°F at 1 a.m. At the beginning of the “zonal temperature reset” period, the electrical demand decreased rapidly. Compared to the baseline, the electricity demand was decreased by as much as 75 kW at 2:30 p.m., which was equal to the 32% of the total electrical demand of the baseline. However the test results indicated that the shed with

zonal temperature reset did not last a long time. The electricity demand increased quickly and rose to a higher level, still lower than the peak demand of baseline.

Figure 41. No pre-cooling with zonal reset in peak hours, TCCSB

Pre-cooling with linear temperature reset. As shown in Figure 42, the rooftop units' electricity consumption was higher than that of the baseline in the morning before the peak period. The total electricity consumption was slightly higher than the baseline by 2.4% from 5 a.m. to 6 p.m., which indicated that almost equal electricity consumption was moved from the on-peak period to the off-peak period. However, there was a big rebound just during the temperature reset period. After 2 p.m., the total electricity demand was reduced by about 30%, on average, in the high price period.

Figure 42. Pre-cooling with linear temperature reset in peak hours, TCCSB

Pre-cooling with exponential temperature reset. Figure 43 shows the effect of “pre-cooling with exponential temperature reset.” The total electricity consumption was slightly higher than the baseline by 1.7% from 5 a.m. to 6 p.m., which also indicated that almost equal electricity consumption was moved from the on-peak period to the off-peak period. The shed during the on-peak period was almost identical to that of “pre-cooling with linear temperature reset.” But the rebound was significantly reduced and the shed during the on-peak period lasted a long time. The rooftop units’ power was essentially constant while slightly floating during the on-peak period.

Figure 43. Pre-cooling with exponential temperature reset in peak hours, TCCSB

Extremely Hot Weather Conditions

Pre-cooling with exponential temperature reset. Figure 44 shows the rooftop units electricity usage under pre-cooling with exponential temperature reset strategy in hot weather conditions. The total electricity consumption was slightly lower than the baseline by 1.7% from 3 a.m. to 6 p.m. The total electricity demand was reduced by about 30% on average throughout the moderate and high price period. Especially in high price period, the peak demand of rooftop units was reduced by as much as 100 kW.

Figure 44. Pre-cooling with exponential temperature reset in peak hours, TCCSB

Cool Weather Conditions

Pre-cooling with exponential temperature reset. Figure 45 shows the rooftop units total electricity usage under pre-cooling with exponential temperature reset strategy on a Cool Day weather condition. The total electricity consumption was lower than the baseline by as much as 11.1% from 4 a.m. to 6 p.m. This result was not same as that under pre-cooling strategies in Hot Day weather conditions and Extremely Hot Day weather conditions. The total electricity demand was reduced by about 27.5% on average from 12 p.m. to 6 p.m. It can be assumed that pre-cooling in the morning in the cool weather condition was not useful.

Figure 45. Pre-cooling with exponential temperature reset in peak hours, TCCSB

Return Air Temperature

Hot Weather Condition

Return air temperature. Figure 46 shows the return air temperature on three strategies' test days. On the "no pre-cooling with zonal temperature reset" test day, the value was higher than 76°F, which was the building setpoint by the end of the peak hour. On "pre-cooling with linear temperature reset" and "pre-cooling with exponential temperature reset" test days, the values were never higher than 76°F. Return air temperature increased rapidly at 8 a.m. However, a half hour later the return air temperature began to decrease to normal building setpoints. During the pre-cooling period, the return air temperature was not "too low" ($> 73.2^{\circ}\text{F}$) for the occupants, and also it would be more comfortable on such a hot day.

Figure 47 and Figure 48 show the return air temperature on the "Extreme Hot Day" and "Cool Day," respectively. For the "pre-cooling with exponential temperature reset" on the Extreme Hot Day, the return air temperature was never higher than 76°F through the on-peak period. After 6 p.m., the zone temperature reached 77°F.

Figure 46. Return air temperature under three strategies on test days – Hot Days, TCCSB

Figure 47. Return air temperature on test days – Extreme Hot Day, TCCSB

Figure 48. Return air temperature on test days – Cool Day, TCCSB

Billing Energy Use and Demand

Hot Weather Conditions

Figure 49 shows the energy usage of this building in detail. The total energy consumption for these different strategies was almost the same. It seems that a near equal amount of the energy was shifted from the on-peak period (including CPP High and Moderate Price) to the off-peak period.

The research team applied the rate schedule and calculated the energy cost of the test days. Figure 50 shows the energy cost in detail. Compared to the baseline, the energy charge of the “pre-cooling with exponential temperature reset” test days was reduced by 11.2%. The energy cost includes the energy charge and the demand charge. For the energy charge, it was reduced by \$128; the effect of these “pre-cooling with zonal temperature reset” strategies was obvious, as shown in this figure. The peak electrical demand charge also decreased a lot. For demand charge, the rate for on-peak demand is \$15.37 per kW. If the building used the pre-cooling setting on CPP days in such weather conditions, the demand charge saving would amount to approximately \$922 per month.

Figure 49. Energy usages (kWh) on test days – Hot Days, TCCSB

Figure 50. Energy cost on test days – Hot Days, TCCSB

Extremely Hot Weather Conditions

Figure 51 shows the energy use of this building on Extreme Hot Day weather condition. The energy consumption was shifted from the CPP high price and moderate price period to Non-CPP period. The energy use during the high price period was reduced by as much as 23%. It indicated that pre-cooling under extreme hot weather conditions was effective.

Figure 52 shows the energy charge. Compared the same strategy on the Hot Days, the shed of energy charge during high price period is larger. The energy charge on the “pre-cooling with exponential temperature reset” test day was reduced by 14.3%, compared with the baseline. The total energy cost includes energy charge and the demand charge. As to the demand charge, the maximum electrical demand during high price period was reduced by 96 kW; if the building operating in pre-cooling mode on CPP days in summer season, as seen in Figure 52, the demand charge would be reduced by \$1476 per month in extreme hot day weather conditions, and the energy charge would be reduced by \$263 on test days. The potential of this strategy applied on the Extreme Hot Day is greater than that on the Hot Days.

Figure 51. Energy use (kWh) on test day – Extreme Hot Day, TCCSB

Figure 52. Energy cost (\$) on test days – Extreme Hot Day, TCCSB

Figure 53 shows the energy use of this building. The energy use during the high price period was reduced by as much as 10%, and the total energy use through the test day was reduced by 3.1%. Figure 54 shows the energy cost on test day. The energy charge of this building was reduced by \$127 (6.5%). If the customer would use the strategy all month long in such weather conditions, it would achieve a demand charge saving of approximately \$646 per month.

Figure 53. Energy use (kWh) on test days – Cool Day, TCCSB

Figure 54. Energy cost (\$) on test days – Cool Day, TCCSB

3.2.6. Comfort Analysis

The method for the comfort analysis was the same as that used in 2006, but with improved data collection.

Occupant Comfort

Votes were collected on a regular basis, including both baseline and test days. The first e-mail was sent out on August 14, and reminders were sent several times after that. Users continued to submit votes through September 19. Unlike the 2006 test, no users responded on weekend days.

The five test days represent weather conditions; three hot-weather days, one extreme hot-weather day, and one cool-weather day. The test days are matched with a baseline day for comparison. Dates are shown in Table 20.

The thermal sensation survey responses were primarily collected during the afternoon temperature-setup period, not in the morning, following the observation during the test that no cold complaints were reported during the morning pre-cooling.

CBE offered 10 iPod Shuffles in a lottery for survey respondents, since this incentive had proven successful in 2006. In 2007, response rates were lower, probably a function of the type of occupancy in this building. Response rates on test days vary from 25% to under 1%.

Table 20. Number of responses on test days and their corresponding baseline days

<i>Test Days</i>	<i>Test</i>	<i>Test Days</i>	<i># Votes</i>	<i>Baseline Days</i>	<i># Votes</i>
Hot Days	No pre-cooling with zonal reset	8/14/07	54	8/28/07	70
	Morning pre-cooling with linear reset	8/15/07	8	8/28/07	70
	Morning pre-cooling with exponential reset	8/16/07	37	8/28/07	70
Extreme Hot days	Morning pre-cooling with exponential reset	8/29/07	74	8/28/07	70
Cool Day	Morning pre-cooling with exponential reset	9/18/07	37	8/28/07	70

Temperature Measurements

Figure 55. Location of HOBOT data loggers at the office

Figure 55 shows the location of the HOBOT data loggers in the offices. During the study period, CBE logged thermal measurements in the spaces every 10 minutes using 118 HOBOT data loggers. Two different types of HOBOT data loggers were used: 66 U-10 temperature loggers, 52 U-12 loggers with internal temperature, external temperature, and relative humidity sensors. The loggers were placed in a regular grid pattern throughout the building, but the density of HOBOT in the perimeter zone was higher than interior zone.

HOBOT data loggers were attached on the desks of office occupants, avoiding the spots near office equipment. Each user was matched to the HOBOT on his or her desk based on the HOBOT number the user entered in the survey.

Results

Thermal Sensation

All the thermal sensation votes are consolidated in Figure 56. This figure shows both the distribution of votes over the study and the thermal levels on each day. Respondents most often reported a thermally comfortable environment. The individual test days are described in the sections describing the test days below.

Figure 56. Temperature votes per day (orange = too warm; yellow = just right; blue = too cool)

Productivity

There is often a close relationship between thermal comfort and self-reported productivity. Productivity is an important factor in this study because occupant salaries and benefits generally represent over 90% of a building's total cost. Management will be unlikely to implement demand shifting strategies if there is a concern that the occupants will be negatively affected.

Figure 57 shows the relationship between thermal comfort and productivity throughout the study. The z-axis represents the total number of votes at each intersection of productivity and thermal sensation. Productivity votes range from "temperature interferes" to "enhance" the user's ability to get their job done. On the x-axis, temperature votes range from "much too cool" to "much too warm." The y-axis represents the corresponding productivity rating.

The largest group voted that they were comfortable (neither warm nor cool) and that the temperature has a positive effect on their ability to get their job done. In general, as users become cooler or warmer, they tend to feel an increasing negative effect of their productivity. This relationship is a skewed one however, as too-warm occupants report a much larger negative effect on their productivity than do their too-cool counterparts. A large number of people who felt that the thermal environment was comfortable also said that their productivity was not affected.

Figure 57. Correlation between thermal sensation and perceived productivity.

Thermal Sensation Related to Temperature

The overall relationship between desktop level indoor temperature and sensation is shown in Figure 58. The scale of y-axis shows sensation ranging from "much too cool" (-3) to "much too warm" (3). The line on the graph is a linear fit to the data. This fit is toward the warmer side, indicating that the survey users tend to be warmer during the observed period.

Figure 58. Thermal sensations vs. indoor temperature

Hot Day - weather test #1

Figure 59 shows the outdoor temperature and the sensation votes for the test day (on the right) and the corresponding baseline day (on the left). For the sensation plots, the y-axis represents votes where a -3 is "much too cool," 0 is "comfortable" (neither warm nor cool), and 3 is "much too warm." Figure 59 indicates that the survey responses are becoming warmer during the course of the day, for both the August 28 baseline and the August 14 test day. There is no significant difference between the baseline and test day votes.

Figure 59. Daily outdoor temperature and sensation votes in the five zones for the 8/28/2007 baseline and the 8/14/2007 test day

Figure 60 indicates the average indoor air temperatures of each hour in the five zones for the test day (on the right) and the corresponding baseline day (on the left). The figure explains the similarity in thermal sensation to that seen in Figure 58 by showing that the trend that the indoor temperatures of the five zones are increasing on both baseline and test days. The indoor temperatures of the test day are slightly higher than the temperatures on the baseline day.

Figure 60. Average indoor air temperatures in the five zones for the 8/28/2007 baseline and the 8/14/2007 test day

Figure 61 shows the split of sensation votes on the test and baseline day. “Much too warm” and “too warm” votes are in orange; “comfortably warm,” “comfortable,” and “comfortably cool” votes are pale yellow; and “too cool” and “much too cool” votes are in blue. The chart on the left shows the general split of the votes with the baseline day on the left and the test day on the right. The chart on the right displays the same information, but with each category based on zero. This allows a quicker comparison between percentage changes in the categories. Figure 61 indicates an increase in votes for “too cool” and “too warm” in comparison to the baseline day while “just right” votes are decreasing.

Figure 61. Breakdown of sensation votes for the 8/28/2007 baseline and the 8/14/2007 test

Figure 62 shows the breakdown of self-reported productivity for the test and baseline day. Here, the orange represents people who said that the temperature enhances their ability to get their work done. The pale yellow represents the neutral group, and blue represents the group

who said that the temperature interferes with their ability to get their work done. The percentage of neutral responses decreases on the test day. The number of "enhance" votes however, remains about the same on both the test and baseline days, while the number of "interfere" vote increases.

Figure 62. Breakdown of productivity votes for the 8/28/2007 baseline and the 8/14/2007 test

Hot Day - weather test #2

Figure 63 indicates that the survey responses shifted to “too warm” during the afternoon of the periods August 15 and August 16 test days.

Figure 63. Daily outdoor temperature and sensation votes for the 8/28/2007 baseline and combined votes from the 8/15/2007 and 8/16/2007 test days

Figure 64 shows the overall indoor temperatures of the test day are slightly higher than the temperatures of the baseline day, and there is only a very small increase during the course of the day.

Figure 64. Average indoor air temperatures in the five zones for the 8/28/2007 baseline day and combined temperatures from the 8/15/2007 and 8/16/2007 test days

Both graphs in Figure 65 show a slight increase in extreme votes (both “too warm” and “too cool”) in comparison to the baseline day. The result is that approximately 74% of respondents remain in the “just right” category.

Figure 65. Breakdown of sensation votes for the 8/28/2007 baseline day and combined votes from the 8/15/2007 and 8/16/2007 test days

Figure 66 shows that the percentage of neutral responses remains about the same on both the test and baseline days. The number of “enhance” votes however, decreases on the test day, while the number of “interfere” votes increase slightly. In both cases, the difference is about 9%.

Figure 66. Breakdown of productivity votes for the 8/28/2007 baseline and combined votes from the 8/15/2007 and 8/16/2007 test days

Extreme Hot Day - Weather Test

Figure 67 indicates that the survey responses shifted to “too warm” during the course of the August 28 baseline and August 29 test days, and that the tendency is much more significant on the test day.

Figure 67. Daily outdoor temperature and sensation votes for the 8/28/2007 baseline and the 8/29/2007 test day

In Figure 68, indoor temperature of both the August 28 baseline and August 29 test days was around 75°F at 12 p.m.; however, temperatures of the five zones (including the interior zone) increased significantly on the test day. It is possible that the outside hot weather influenced indoor temperature in the perimeter zones through strong solar radiation.

The significant increase in warmer votes (shown in Figure 67) and indoor temperature (shown in Figure 68) most likely resulted from a problem with an AHU that occurred around 4 p.m. The AHU was responsible for the air-conditioning on the third floor, and it tripped off around 4 p.m. causing the substantial increase in indoor temperature after that. In the Figure 67, the peak temperature (89°F) in the west perimeter at 5 p.m. was collected from the data logger located on the third floor.

Figure 68. Average indoor air temperatures in the five zones for the 8/28/2007 baseline and the 8/29/2007 test day

Figure 69 shows the number of “too warm” responses increased on the test day, albeit to a much greater degree than hot weather condition test days. Some of this increase can be attributed to the high temperatures both indoors and outdoors on August 29.

Figure 69. Breakdown of sensation votes for the 8/28/2007 baseline and the 8/29/2007 test day

When looking at productivity in Figure 70, the number of “enhance” votes again decreases on the test day while the number of “interfere” votes again increases. The differences on this day are dramatic—15 and 24 percentage points respectively. This may be attributable to the warm sensation from the extreme temperatures on 8/29. Another reason for that is the AHU problem. On the test day, the AHU serving the third floor was tripped off at around 4 p.m., and the third floor was too hot after that.

Figure 70. Breakdown of productivity votes for the 8/28/2007 baseline and the 8/29/2007 test

Cool Day - Weather Test

The baseline day for the cool weather condition test is also August 28 in spite of the difference in outdoor temperature, because the number of survey responses from a cooler baseline day was too small for a valid comparison. Figure 71 shows that the survey responses are slightly trending toward the warmer side during the course of September 18 test day. According to Figure 72, the five indoor air zone temperatures show similar ranges from 2 p.m. to 6 p.m. on the two days, suggesting that the indoor thermal condition for the August 28 baseline and the September 18 test day was similar.

Figure 71. Daily outdoor temperature and sensation votes for the 8/28/2007 baseline and the 9/18/2007 test days

Figure 72 shows that the indoor temperatures of five zones are relatively stable during the 9/18 test day.

Figure 72. Average indoor air temperatures in the five zones for the 8/28/2007 baseline and the 9/18/2007 test days

In Figure 73, sensation votes show an increase in “too warm” and “too cool” votes in comparison with the baseline day; whereas the percentage of responses in the “just right” category decreases. The productivity votes in Figure 74 show an increase in “interfere” votes and a decrease in “enhance” votes. As a result, the percentage of “neutral” votes decreases. However, the percentage of “enhance” votes is greater than the sum of “interfere” and “neutral” vote percentages.

Figure 73. Breakdown of sensation votes for the 8/28/2007 baseline and the 9/18/2007 tests

Figure 74. Breakdown of productivity votes for the 8/28 /2007 baseline and the 9/18 /2007 test

Thermal Comfort Summary

Productivity

Compared to the baseline days, the test days show a decrease in the percentages of persons who rated their productivity as "enhanced." This decrease may be due to the increase in "too-warm" votes on the test days. There were two main reasons for this. First, the setpoint of normal operation was 74°F–76°F, much higher than that of the other office building tested, which was 70°F–72°F. Second, the 2007 surveys were almost entirely performed during the afternoon, when the temperatures were high on both test days (during temperature setup) and baseline days.

It continues to be true as in previous years that most respondents chose the neutral point for the thermal sensation question. In 2007, however, the productivity responses were more often in the extremes, with "enhance" votes outnumbering "interfere" votes. This is a change from last year's findings, where the neutral point was most often selected. Across both test days and baseline days thermal sensation votes show a standard inverted "U" distribution.

Thermal Sensation

The neutral zone for thermal comfort includes "comfortably warm," "comfortable" (neither warm nor cool), and "comfortably cool." In this category, about the same number of users indicated that they were comfortably cool or comfortably warm. The users' comments suggest an awareness of the pre-cooling with temperature setup test strategy. Comments in the morning hours mostly indicate that occupants are comfortable. As the day progresses, some comments change to "too warm." The number of too warm comments increased until the early evening hours. Some comments even suggest that after-hours workers are the warmest, due to the AHU system shutting off.

The plot in Figure 75 shows all of the thermal comfort votes for all test and baseline days. The non-parametric line (solid black) indicates the general trend as the temperature increases from a

high probability of “too cool” votes (7 on this scale) to a high probability of “too warm votes” (1 on this scale). The dotted line, as well as the significant overlapping of votes from each sensation category, illustrates the high variability of survey respondents at any given temperature.

Figure 75. Plot of survey responses to thermal comfort using data from all days. 7 = “Too Cool” and 1 = “Too Warm.” N = 287.

The CDF plot in Figure 76 indicates the indoor air temperature level where 20% of the building occupants will become dissatisfied with the temperature. Votes of 1 and 2 were used to determine the “too warm” bin and votes of 6 and 7 were used to determine the “too cool” bin. The “too cool” (n = 17) data are represented by the blue dotted line, and the “too warm” (n = 78) data are represented by the red line. The solid red line on the plot indicates that any temperature above 77°F will produce greater than 20% dissatisfaction with the thermal environment in the “too warm” dimension. Although it is tempting to interpret the dotted blue line to determine a threshold for “too cool” (working from the right to the left), the relatively low number of survey responses in this bin (n = 17) prohibits any reasonable assumptions from being made. Therefore, these data should only be used to estimate the threshold for the occupants’ tolerance of warm temperatures.

Figure 76. Cumulative Distribution Function (CDF) plot of binned “too hot” and “too cold” votes

The logit curves in Figure 77 can be used to predict the probability of an event—in this case “too warm” or “too cool” thermal dissatisfaction, given the indoor temperature. The Y-axis indicates the probability that a randomly selected individual will be dissatisfied at a given set-point temperature. The green line represents the 20% dissatisfaction threshold cited in the ASHRAE and ISO indoor environmental standards. The above plot indicates that greater than 80% of occupants will be satisfied with the indoor air temperature as long as it remains below 77°F.

Over the range of indoor temperatures recorded, this plot shows that there is a much greater probability of an occupant being “too warm” rather than “too cool.”

Figure 77. Plot of binned “too warm” and “too cool” votes with logit curves fitted to the binned sensation responses. “Too cool” = votes 6 and 7, N = 17 (descending curve), and “Too Warm” = votes 1 and 2, N = 78 (ascending curve). The dotted lines provide a visual approximation of the variability of the data

4.0 Conclusions and Recommendations

4.1. Conclusions

On the thermal side, the following conclusions can be drawn from the field tests of pre-cooling strategies in the commercial buildings:

- Pre-cooling and demand shift strategies worked well in the office buildings tested under extreme hot weather and were able to reduce cool load significantly (20% – 30% on hot days).
- There is a slight increase in the number of cold complaints in the morning on extreme hot days.
- Properly controlled exponential temperature setup in the shed period can maximize the load reduction.
- Night pre-cooling has no noticeable effects on second-day cooling load reduction.

The following conclusions are drawn from the comfort surveys:

- In general, the survey results did not show a significant difference between test days and baseline days with respect to overall thermal comfort and productivity. However, there was a difference in the daily trends on test days with pre-cooling and those without. While the overall numbers were comparable, on test days with pre-cooling, users tended to be warmer in the afternoon.
- The majority of the votes were in the neutral category for both thermal comfort and productivity. However, the neutral zone for thermal comfort includes comfortably warm, comfortable (neither warm nor cool), and comfortably cool. In this category, more users indicated that they were comfortably warm than comfortably cool. In addition, almost all of the written complaints were about warm conditions in the afternoon. This indicates that the building may be too warm in the afternoon in general during the extreme hot day.

4.2. Recommendations

This study has established the potential for pre-cooling and demand shift strategies, and it has also identified several uncertainties that should be resolved before pre-cooling can be reliably implemented in large commercial buildings. The following work is proposed:

- **Develop guidelines for appropriate control strategies according to building characteristics.** Different buildings with different mechanical systems and different levels of control may require different pre-cooling strategies. For example, the zone temperature setpoint strategies studied in the work reported here are only practical if the zone temperatures are controlled by networked digital controllers. A detailed guide to selecting, implementing and testing demand-shifting control strategies by building mechanical system and control type is needed to support their routine use.
- **Assess the market potential.** Assessment tools for small and large commercial buildings could be used to estimate the statewide potential in California for demand reduction in commercial buildings. This work would require an estimate of the building stock in different climate zones within California. The building stock statistics could be used

along with estimates of demand reduction potential according to building type and location determined using the screening tool and guidelines described above. Information from such a study would be extremely useful in identifying appropriate utility incentives for demand reduction according to building type and location.

- **Further test the method to determine building thermal mass metrics.** The research team developed and tested a method to calculate the temperature trajectory in the afternoon in the two buildings in this study. There are two key parameters affecting pre-cooling performance: the effective building thermal mass and the thermal conductance between the thermal mass and the zone air. The first parameter determines how much cooling (Btu) can be stored in the mass for a given temperature change, while the second parameter determines the heat transfer rate (Btu/hour) for charging and discharging the thermal mass. Another metric of interest is the building time constant ($1/s$), calculated by dividing the thermal capacity by the thermal conductance, which determines the timescale of the building response to increases in zone temperature setpoint. The research team wants to further test the temperature trajectory method with different time constants in other buildings under a wider range of weather conditions.

4.3. Benefits to California

Reducing electrical peak demand has a huge economic and environmental benefit to California. Most existing buildings do not have space to install active thermal mass storage system and the capital investment is not cost effective with the current tariff. This study demonstrated that passive demand shedding can be as useful as active system and the load shed in this study is consistent with the results from the previous tests. In average, with this approach, commercial office buildings in California can reduce the peak load by 15% – 30%, with minimal effort on occupants' thermal comfort.

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6.0 Glossary

AHU	Air Handling Unit
ASHRAE	American Society of Heating, Refrigerating and Air-Conditioning Engineers
AVHOAT	average variance of hourly outside air temperature
CBE	Center for the Built Environment
CDF	cumulative distribution function
CEC	California Energy Commission
CPP	Critical peak pricing
DDC	Digital direct control
DLAT	Demand-Limiting Assessment Tool
DR	Demand response
DRRC	Demand Response Research Center
DRQAT	Demand Response Quick Assessment Tool
EMCS	Energy management and control system
EPA	Environmental Protection Agency
GSA	General Services Administration
HVAC	Heating, ventilating, and air conditioning
ICM	Indoor climate monitor
ISO	International Organization for Standardization
LBNL	Lawrence Berkeley National Laboratory
PG&E	Pacific Gas and Electric
PMV	Predicted mean vote
SCE	Southern California Edison
SMUD	Sacramento Municipal Utility District
VAV	Variable air volume
VFD	Variable frequency drive
WBP	Whole Building Power (kW)

7.0 Other Resources

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Appendix A.

Request for Participation: Summer 2006 Demand Shifting with Thermal Mass

Appendix A. Request for Participation

Summer 2006 Demand Shifting with Thermal Mass

California is embarking on a new era of dynamic pricing with the introduction of Critical Peak Pricing and Demand Bidding. This new tariff was designed to produce incentives to change building operations and manage peak-time energy use on days when the utility grid is constrained. Building owners and facility managers need to evaluate various demand shedding strategies on their sites to reduce peak-period electricity use.

Is your facility ready for using pre-cooling to shed peak demand?

The idea of pre-cooling and demand limiting is to pre-cool buildings at night or in the morning during off-peak hours, storing cooling in the building thermal mass and thereby reducing cooling loads during the peak periods. Savings are achieved by reducing on-peak energy and demand charges. The potential for utilizing building thermal mass for load shifting and peak demand reduction has been demonstrated in a number of simulation, laboratory, and field studies.

To know whether your facility is suitable for passive demand shifting using building thermal mass, the 2006 summer pre-cooling program is a low risk way to get prepared.

Figure B-1. Sample results of the previous pre-cooling tests

Technical assistance available

LBNL will conduct two case studies of preliminary assessment of the savings from pre-cooling in two commercial buildings during the summer, 2006. Researchers at the Lawrence Berkeley National Lab (LBNL) will provide guidance to your staff in:

- Develop the pre-cooling and demand limiting strategy and assessing its impacts
- Reset the monitoring plan, install additional sensors and conduct the tests with you.
- Evaluate economic savings under CPP and Demand Bidding programs.

Site requirements

The buildings to be selected will have of a medium to lightweight mass structure in a southern California. The ideal building to conduct case study should be:

- Located in hot climate zone
- With innovative owners and motivated operators
- With properly functioning HVAC system, ideally commissioned recently.
- With medium to heavy mass structure, buildings with a small window to wall ratios and high accessible building mass be preferable
- With conventional VAV system equipped with central EMCS system
- With direct DDC control of zone temperature

Implementation and Customer requirements

The case study will be conducted in the following steps

- Collect general building information and determine the feasibility of the pre-cooling.
- Working with building owners, develop pre-cooling, demand limiting strategies and data trending requirements.
- Install sensors and data loggers in the building and collect baseline performance data
- Implement pre-cooling and demand limiting strategy and collect performance data
- Analyze the data and determine economic savings

Schedule

- Site recruitment and selection before June 1st 2006
- System development in June 2005
- Conduct tests through August 2005

To sign-up and/or request more information, please contact

Peng Xu (510) 486-4549 pxu@lbl.gov

This project will be conducted through the **PIER Demand Response Research Center** (see drrc.lbl.gov) with joint funding from **CEC** and **SCE**.

Appendix B.

Demand Shedding with Building Thermal Mass for Large Commercial Facilities

Appendix B. Demand Shedding with Building Thermal Mass for Large Commercial Facilities

Test Plan

I. Background

California utilities have been exploring the use of critical peak prices (CPP) to help reduce needle peaks in customer end-use loads. CPP is a form of price-responsive demand response. Recent experience has shown that customers have limited knowledge of how to operate their facilities to reduce their electricity costs under CPP. At the same time LBNL has been conducting research to demonstrate how to use building thermal mass for passive electrical demand control. The idea of pre-cooling and demand limiting is to pre-cool buildings at night or in the morning during off-peak hours, storing cooling in the building thermal mass and thereby reducing cooling loads during the peak periods. Savings are achieved by reducing on-peak energy and demand charges. The potential for utilizing building thermal mass for load shifting and peak demand reduction has been demonstrated in a number of simulation, laboratory, and field studies.

II. Project Goals

The primary goal associated with the research in the report is to develop information and tools necessary to assess the viability of and, where appropriate, implement demand-response programs involving building thermal mass in buildings throughout California. The project involves evaluating the technology readiness, overall demand reduction potential, and customer acceptance for different classes of buildings. This information can be used along with estimates of the impact of the strategies on energy use to design appropriate incentives for customers.

III. Objectives

The objective of this part of the work was to evaluate and demonstrate DR technologies in real buildings. Field-testing of DR control strategies will be performed in two commercial sites in PG&E territory.

The potential for utilizing building thermal mass for load shifting and peak demand reduction has been demonstrated by LBNL and the Center for the Built Environment (CBE) at the

University of California, Berkeley in 2003 and 2004. Although the studies were quite successful and the large peak shed was achieved while maintaining the occupant comfort, some key questions remaining unanswered include:

- What will be the comfort reaction if the occupants are informed in advance of the test?
- What will be the comfort reaction when the pre-cooling strategies are performed in truly hot weather?
- What will be the occupant reaction if the pre-cooling persists for a longer period and they have opportunities to adjust to the new thermal environment?
- What are the metrics of the building thermal mass and how are they determined?
- How can thermal mass be discharged more efficiently and more smoothly with no rebound?
- How can a building's pre-cooling potential and determine economic saving quickly? [repeats]
- All our previous tests were conducted manually. On the tests days, the building operators changed the temperature setpoints manually, following our pre-cooling strategies. The automation of the demand-shed has been demonstrated successfully in the previous auto-DR projects. It is worth investigating the possibility of implementing the pre-cooling strategies automatically or semi-automatically, with notice given one day in advance.

IV. Before Tests

In preparation of tests, the participating sites must work with LBNL on the following tasks:

- Provide General Site Data - LBNL will request general information about your site including: facility size, use, HVAC equipment type, etc.
- Define Electric Data Collection Methods - Most commercial sites have Web access to whole building electric data provided by their utility. If this is the case, please provide a username and password for use by LBNL staff for downloading electric data from your site. Alternately, if your site has local databases that archive data from electric meters, Energy Management Control Systems (EMCS) or Energy Information Systems (EIS) please allow for access by LBNL project staff.
- Define shed strategies using building thermal mass. LBNL will provide guidance based on the previous experience of demand shedding in commercial buildings. Building owners need to choose the pre-cooling temperature and operation schedule.
- Program the EMCS - Each site needs to program the shed strategies into their control system. The strategies can be run either manually with modest efforts or automatically.
- Develop comfort survey plan. LBNL and CBE will provide the web based online survey tool to the owners. Owners need to define a way to communicate with building occupants in a timely fashioned way, such as mail or daily paper notice.

V. Conduct Tests

Manual test before CPP days – LBNL will work with each participating site run preliminary tests before CPP days and determine whether the temperature setpoints and pre-cooling

schedules are appropriate. LBNL will analyze the test results and adjust the pre-cooling parameters accordingly if necessary.

Test in CPP days. LBNL and each participating site will receive a CPP notification one day ahead. LBNL will work with each participant to initiate pre-cooling events. The pre-cooling and demand limiting actions at your site will be based on the strategy created ahead of time jointly. In the mean time, LBNL will send out the comfort survey requests.

Documenting Your Shed – LBNL will collect whole-building electricity consumption data for each site in the pilot. When available, the research team will also collect detailed data from an EMCS or other end-use meters to help us understand the dynamics of the shed strategies.

Documenting Your Comfort and Thermal Condition – LBNL will work with CBE to collect the thermal condition and comfort survey data. The data will be later used to evaluate the changes of the thermal comfort conditions in the buildings before and during the tests.

VI. Project Report

After the test, LBNL will provide a detailed project report that evaluates the pre-cooling and demand shed strategies; and develop metrics to measure building thermal mass. The report will include the electric consumption data from your facility, a statistical analysis of the shed data (using a weather-corrected baseline), and the comfort survey or related data. These results will be presented publicly in academic and trade publications and conferences.

VII. Project Timeline for Auto-CPP Pilot

Activity	Date
Site selections	Now – July 30th
Plan pre-cooling strategies and preprogram	July – August
Conduct preliminary tests	August
CPP days	May – October
Data Analysis and Reporting	September – December

VIII. Staff

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Appendix C.

Web-based Survey Instrument for Employees

Appendix C. Web-based Survey Instrument for Employees

Figure C-1. Comfort survey welcome screen – upper half

Figure C-2. Comfort survey welcome screen – lower half

APC-5

CBE Survey: Clothing & Activity (513661-635-0) - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Forward Stop Home Search Favorites Media Print Mail News RSS Feeds

Clothing & Activity

Your clothing and physical activity influence your thermal comfort, and is important for our calculations. All your responses will remain confidential.

Have you taken on or off any article of clothing in the last hour (excluding the start of the day or coming in from outdoors, such as removing a jacket)?

☐ Yes

☐ No

Using the list below, please check each item of clothing that you are wearing right now. (If the checklist shows your previous answers, please review them and add or remove any checks as appropriate. Thick refers to fabrics such as sweater knits, corduroy, velvet, velour, thick flannel, fleece, sweats, heavier wool tweeds, suiting fabrics, etc. Thin refers to all others, such as various shirting fabrics, dress fabrics, etc.) (check all that apply)

- ☐ Shirt: Sleeveless
- ☐ Shirt: Short-sleeve
- ☐ Shirt: Long-sleeve (thin)
- ☐ Shirt: Long-sleeve (thick)
- ☐ Sweater: Sleeveless
- ☐ Sweater: Short-sleeve
- ☐ Sweater: Long-sleeve (thin)
- ☐ Sweater: Long-sleeve (thick)
- ☐ Skirt (thin)
- ☐ Skirt (thick)
- ☐ Dress, sleeveless
- ☐ Dress, short-sleeve
- ☐ Dress, long-sleeve
- ☐ Shorts
- ☐ Long pants (thin)
- ☐ Long pants (thick)
- ☐ Vest
- ☐ Suit Jacket: single-breasted
- ☐ Suit Jacket: double-breasted
- ☐ Undershirt
- ☐ Slip
- ☐ Socks or nylons
- ☐ Sandals
- ☐ Shoes
- ☐ Boots
- ☐ Other: (please note if you are wearing something not described above, or if you think something you are wearing is

Figure C-4. Comfort survey page 2 – upper half

The upper half of page 2 collects data to calculate the participant's clo (the insulation value of clothes; 1 clo ~ a person wearing a typical business suit).

☐ Other: (please note if you are wearing something not described above, or if you think something you are wearing is especially heavy)

Using the list of typical office tasks below, please check which best describes your primary activity during the last 30 minutes.

- ☐ Seated and reading or talking
- ☐ Seated and typing or working on the computer
- ☐ Mostly seated, some moving around the office
- ☐ Mostly standing and moving around the office
- ☐ Very active (lifting, packing, etc.)

Survey Progress...

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Revised: September 14, 2004

Done Trusted sites

Figure C-5. Comfort survey page 2 – lower half

The lower half of page 2 collects data to calculate the participant's metabolic rate.

CBE Survey: Thermal Comfort (513661-635-0) - Microsoft Internet Explorer

File Edit View Favorites Tools Help

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Thermal Comfort

Please answer the following questions based on your experience right now:

How would you rate the current temperature in your workspace?

☐ Much too warm
☐ Too warm
☐ Comfortably warm
☐ Comfortable (and neither cool nor warm)
☐ Comfortably cool
☐ Too cool
☐ Much too cool

Does the current temperature in your workspace enhance or interfere with your ability to get your job done?

Enhances Interferes

Any additional comments or recommendations about the current temperature?

Thank you for participating in this Survey!

[Exit](#)

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Done Trusted sites

Figure C-6. Comfort survey page 3

Page 3 includes the Bedford scale to collect the participant's comfort/sensation vote, self-reported productivity affected by temperature, and an open-ended comment field.

Appendix D.

Employee Web-Based Survey Invitations

Appendix D. Employee Web-based Survey Invitations

Introduction e-mail:

Dear Cigna employees:

Lawrence Berkeley National Lab and UC Berkeley are conducting a study of energy-efficient strategies in this building. Your facility managers are working with PG&E to use energy more efficiently on certain days when energy is more expensive. These days are called "Critical Peak Pricing" days, and are akin to "Spare the Air" days.

As we employ strategies to reduce energy use during the afternoons on CPP days, we are concerned with the effect on your comfort. We will use an online survey to collect your impressions of temperature sensation and comfort, and its impact on productivity.

Since you will not have access to this survey at your desk, we have designated four computers for voting located in cubicles 1162, 2072, 2400, and next to cubicle 2684. When taking the survey, please base your answers on your recent experience at your cubicle (not where you are taking the survey).

This survey will take 1-2 minutes to complete and your responses will be kept completely confidential. We will ask that you take the survey at least twice a day on CPP days, and also a few days when the building systems run as usual. Your participation is very important to our understanding of the effectiveness of these strategies.

As an incentive, when you enter your cubicle number, you will be placed in a drawing to win 1 of 3 iPods!

In addition, researchers from LBNL and UCB have placed small, unobtrusive temperature sensors at various places throughout the building. The purpose is to monitor the thermal conditions in close proximity to the survey takers.

We appreciate your cooperation during the next few weeks as your facility takes part in this study. The results could help California conserve substantial amounts of energy.

If you have questions or concerns about the study, please contact your facility management, or me at the contact information below. Thank you in advance for your participation.

Carrie Brown

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Day before tests day e-mail:

Dear Cigna employees:

Many thanks for your continued participation in the LBNL and UCB study of thermal conditions in your building. The next two days (Thursday and Friday) will be "mock" Critical Peak Pricing days. On a real CPP day, energy would be more expensive during the afternoon, and we would be encouraged to reduce energy use towards the end of the day. (Similarly, we would be encouraged to take public transit on a "Spare the Air" day.) To do this, we will cool the building a bit more than usual during the morning, and then allow the temperature to rise slightly higher than usual during the afternoon.

We believe that this will not significantly impact your comfort, and wish to verify this with your feedback. Please take our brief online survey at least twice each day.

Since you do not have access to this survey at your desk, we have designated four computers for voting located in cubicles 1162, 2072, 2400, and next to cubicle 2684. When taking the survey, please base your answers on your recent experience at your cubicle (not where you are taking the survey).

We ask that you take the survey approximately one hour after you arrive at the office at the beginning of your workday, and again at about 4 p.m. (or earlier, if you leave the office for the day before 4). We encourage you also to take the survey at other times throughout the day, as often as once per hour.

You are, as always, welcome to take the survey on other days too (the more data the better for us), but please especially take care to do so this Thursday and Friday.

As an incentive, when you enter your cubicle number, you will be placed in a drawing **to win 1 of 3 iPods!**

Feel free to contact me with any questions or concerns about the study.

Thank you!

Carrie Brown

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